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› Vipbear Twin XL Adjustable Bed Frame Instruction Manual

Vipbear ABF01-VIP

Vipbear Twin XL Adjustable Bed Frame Instruction Manual

Model: ABF01-VIP

1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before assembly and use. Keep this manual for future reference.

- Always follow the assembly instructions carefully.
- Do not exceed the weight limit of **750 pounds**.
- Keep the remote control out of reach of children.
- Use the 0 Gravity/Anti-Snore Mode feature as directed to avoid potential health risks.
- Ensure all connections are secure before operating the bed frame.

2. PACKAGE CONTENTS

Verify that all components are present before beginning assembly.

- 1x Twin XL adjustable bed base
- 6x Bed Legs
- 1x Wireless Remote Control
- 1x Power Cord and Adapter
- 1x Foot Bar (Mattress Retainer Bar)

Why Choose Our Upgraded Version?



Normal Version

Flimsy

Easy to Wear &
Not Durable

Uncomfortable

Hard to Clean

Sharp Edges

Wired Remote



Upgraded Version

Very Sturdy Metal Support

Durable & Long Lasting

Flat & Comfortable

Easy Cleaning

Soft Edges & Protection

Wireless Remote & Voice Control

Image 1: All components included with the Vipbear Twin XL Adjustable Bed Frame, including the frame, legs, remote, power supply, and mattress retainer bar.

3. SETUP AND ASSEMBLY

The Vipbear Twin XL Adjustable Bed Frame is designed for easy assembly. Follow these steps for quick installation.

- 1. Unfold the Bed Frame:** Carefully unfold the bed frame on a flat, clear surface.
- 2. Install Bed Legs:** Thread the six bed legs into the designated holes on the underside of the frame. Ensure they are securely tightened.
- 3. Connect Power:** Connect the power cord to the control box located on the underside of the bed frame, then plug the adapter into a power outlet.
- 4. Install Mattress Retainer Bar:** Insert the foot bar (mattress retainer bar) into the slots at the foot of the bed frame. This prevents the mattress from sliding during adjustments.
- 5. Pair Remote Control:** Follow the instructions provided with the remote control to pair it with the bed frame. Typically, this involves pressing a pairing button on the control box and then a button on the remote.



Image 2: Visual guide showing the remote control functions and the 5-minute tools-free assembly steps, including opening the frame, hand-tightening legs, installing the mattress retainer bar, and plugging in the power.

Your browser does not support the video tag.

Video 1: This video from Vipbear Home demonstrates the assembly and features of an adjustable bed base, including the frame setup and motor operation.

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Video 2: This FlexiSpot video provides a detailed installation guide for an adjustable bed frame, which can be helpful for understanding general assembly principles.

4. OPERATING INSTRUCTIONS

Your Vipbear Adjustable Bed Frame features a wireless remote for convenient control of various positions.

4.1 Wireless Remote Control

The wireless remote allows you to adjust the head and foot sections independently, as well as access preset positions.

- **Head Up/Down:** Use the 'HEAD UP' and 'HEAD DOWN' buttons to raise or lower the head section (0° - 65°).
- **Foot Up/Down:** Use the 'FOOT UP' and 'FOOT DOWN' buttons to raise or lower the foot section (0° - 45°).
- **Flat:** Press the 'FLAT' button to return the bed frame to a completely flat position.
- **0 Gravity Preset:** Activate the '0 GRAVITY' preset for a position that elevates your head and feet, promoting circulation and reducing pressure on your back.
- **Anti-Snore Preset:** Use the 'ANTI-SNORE' preset to slightly elevate the head, which can help open airways and reduce snoring.
- **Memory Presets (M1, M2):** Program your favorite positions using the memory buttons. Consult the remote's specific instructions for saving custom positions.

Various Scenes & Various People

Enjoy a portable and relaxing life in bed



Deep Sleep Mode



Napping Mode



Viewing Mode



Reading Mode



Stress Relief Mode



Older Adults



Pregnant Women



Couples



Special Patients

Image 3: The wireless remote control for the Vipbear Adjustable Bed Frame, showing buttons for head/foot adjustments, flat, 0 gravity, and anti-snore presets.



Image 4: Illustration of the adjustable head (0°-65°) and foot (0°-45°) lift capabilities, highlighting the 750 lbs weight capacity, 0 Gravity, and Anti-snoring modes.

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Video 3: This FlexiSpot brand video showcases various features and operational modes of an adjustable bed base, demonstrating its versatility.

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Video 4: This Tami Tami video highlights the features of their adjustable bed frame, including massage functions and various positions, offering insight into adjustable bed operation.

5. MAINTENANCE

Proper care ensures the longevity and optimal performance of your adjustable bed frame.

- **Cleaning:** Wipe the metal frame with a damp cloth and mild detergent. Avoid harsh chemicals.
- **Inspections:** Periodically check all bolts and connections to ensure they are tight. Re-tighten if necessary.
- **Motor Care:** The motors are designed for maintenance-free operation. Keep the areas around the motors clear of obstructions.
- **Cables:** Ensure all power and control cables are routed safely and are not pinched or tangled.

6. TROUBLESHOOTING

If you encounter any issues with your Vipbear Adjustable Bed Frame, please refer to the following common troubleshooting tips:

- **No Power:** Ensure the power cord is securely plugged into both the bed frame and a working electrical outlet. Check the power adapter for any damage.
- **Remote Not Responding:** Replace the batteries in the wireless remote. Re-pair the remote control with the bed frame if necessary (refer to Section 3. Setup and Assembly).

- **Bed Not Adjusting:** Check for any obstructions under the bed frame that might be preventing movement. Ensure the weight limit is not exceeded.
- **Unusual Noises:** Verify that all legs and frame connections are securely tightened. If unusual noises persist, contact customer support.

If these steps do not resolve the issue, please contact Vipbear customer support for further assistance.

7. SPECIFICATIONS

Feature	Detail
Size	Twin XL
Special Feature	0 Gravity/Anti-Snore Mode, Easy Assembly, Separate Head/Foot Lift, Sturdy Metal, Wireless Remote
Color	Black-bed Frame Only
Product Dimensions	80"L x 38"W x 14"H
Brand	Vipbear
Included Components	1x Twin XL adjustable bed base
Finish Type	Varnished
Weight Limit	750 Pounds
Item Weight	70 Pounds
Assembly Required	Yes
Form Factor	Metal
Warranty Type	Lifetime
Item Model Number	ABF01-VIP
UPC	840418667828

8. WARRANTY

The Vipbear Twin XL Adjustable Bed Frame comes with a**Lifetime Warranty**. This warranty covers manufacturing defects and ensures the quality and durability of your product.

For detailed information regarding warranty claims, please refer to the warranty card included with your product or contact Vipbear customer support.

9. SUPPORT

Should you have any questions, concerns, or require assistance with your Vipbear Twin XL Adjustable Bed Frame, please do not hesitate to contact our customer support team.

We are committed to providing excellent after-sales service and ensuring your satisfaction.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question