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WALKINGPAD X218

WalkingPad X218 Foldable Treadmill User Manual

Model: X218 (WP510B4)

1. INTRODUCTION

Welcome to the WalkingPad X218 Foldable Treadmill user manual. This document provides essential information for the safe and efficient operation, setup, and maintenance of your new treadmill. Please read this manual thoroughly before first use and retain it for future reference.

The WalkingPad X218 is designed for home and office use, offering a compact and powerful solution for your fitness needs. Its innovative folding mechanism allows for easy storage, making it suitable for spaces where traditional treadmills might be too large.



The WalkingPad X218 treadmill is shown in its operational state with a user running, alongside an inset image demonstrating its compact vertical folded position for easy storage.

2. PRODUCT OVERVIEW

Key Features

- **Compact and Foldable Design:** Vertical folding technology for optimized storage.
- **Powerful and Quiet Motor:** 3HP brushless motor, speeds up to 18 km/h, ultra-quiet operation.
- **Robust Construction:** Aluminum alloy frame supports up to 136 kg.
- **Spacious Running Surface:** 51 cm x 140 cm for optimal movement and joint impact reduction.
- **Personalized Workouts:** Connects to the KS Fit app, 11 pre-defined training modes, central SpeedDial button.
- **Elegant LED Display:** Clear and modern interface.

Components Included

- WalkingPad X218 Treadmill Unit
- Safety Key
- Power Cord
- User Manual

3. SETUP AND ASSEMBLY

Unfolding the Treadmill

1. Place the folded treadmill on a flat, stable surface.
2. Carefully lift the main body of the treadmill until it is fully extended.
3. Lower the running deck until it lies flat on the floor. Ensure all locking mechanisms are securely engaged.
4. Raise the side handles to their upright position and secure them.

Technologie de Pliage Vertical Brevetée

Un design innovant pour un rangement simple et efficace

59.5kg

Poids brut

108cm

84cm

162.2cm



This visual guide demonstrates the three-step vertical folding mechanism of the WalkingPad X218 treadmill, illustrating how to transition it from an operational state to a compact, upright storage position.

Initial Placement

Choose a location with sufficient clear space around the treadmill (at least 0.5 meters on each side and 2 meters behind). Ensure the surface is level and stable. Connect the power cord to a grounded outlet.

4. OPERATING INSTRUCTIONS

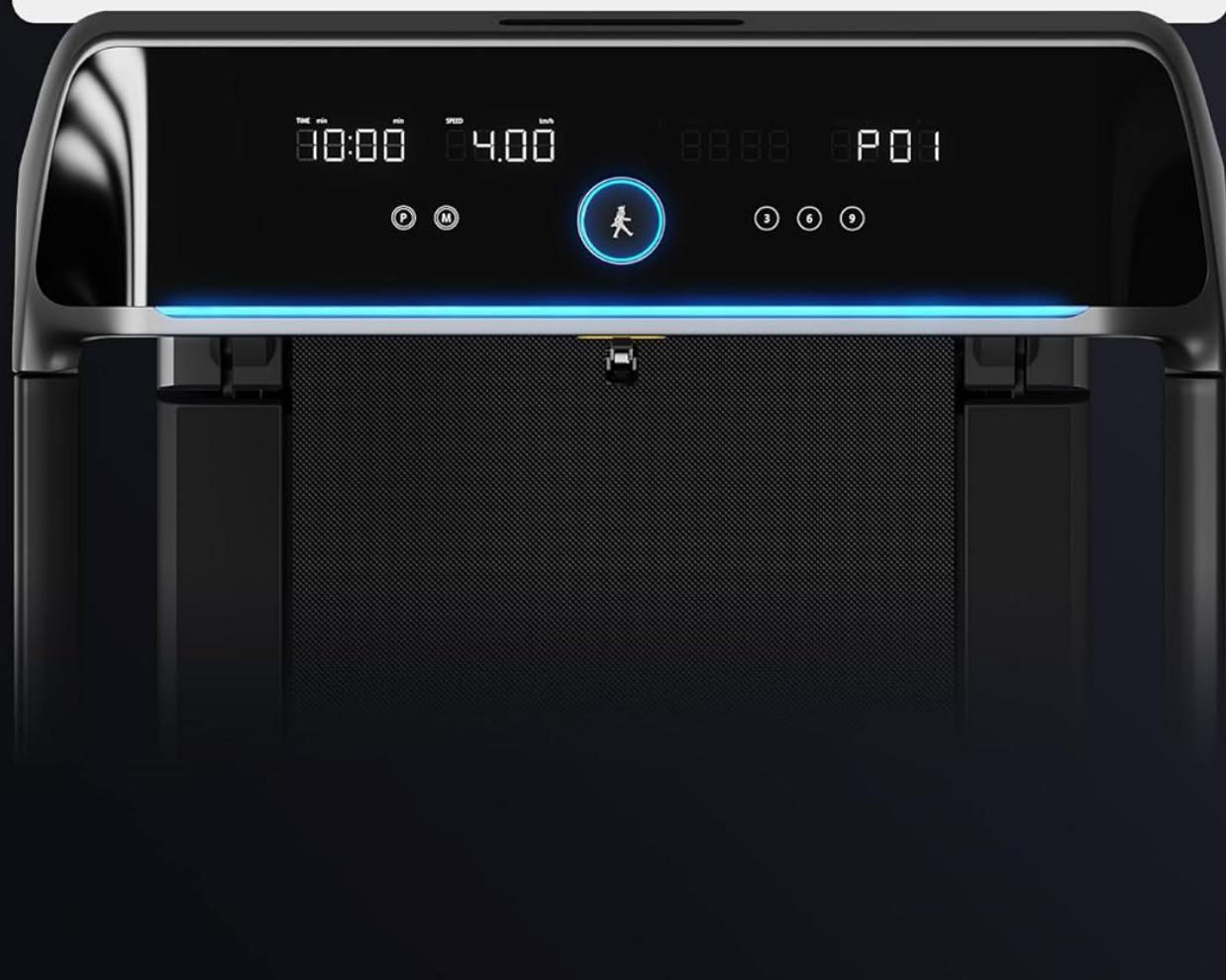
Basic Controls

The WalkingPad X218 features an integrated LED display and a central SpeedDial knob for intuitive control.

- **Power On/Off:** Use the main power switch located on the unit.
- **Start/Stop:** Press the central SpeedDial knob to start or stop the treadmill.
- **Speed Adjustment:** Rotate the SpeedDial knob to increase or decrease speed. The speed range is 1-18 km/h.
- **Safety Key:** Attach the safety key to your clothing. If the key is detached, the treadmill will stop immediately.

Entraînements personnalisés

Adaptez vos séances à vos objectifs sportifs



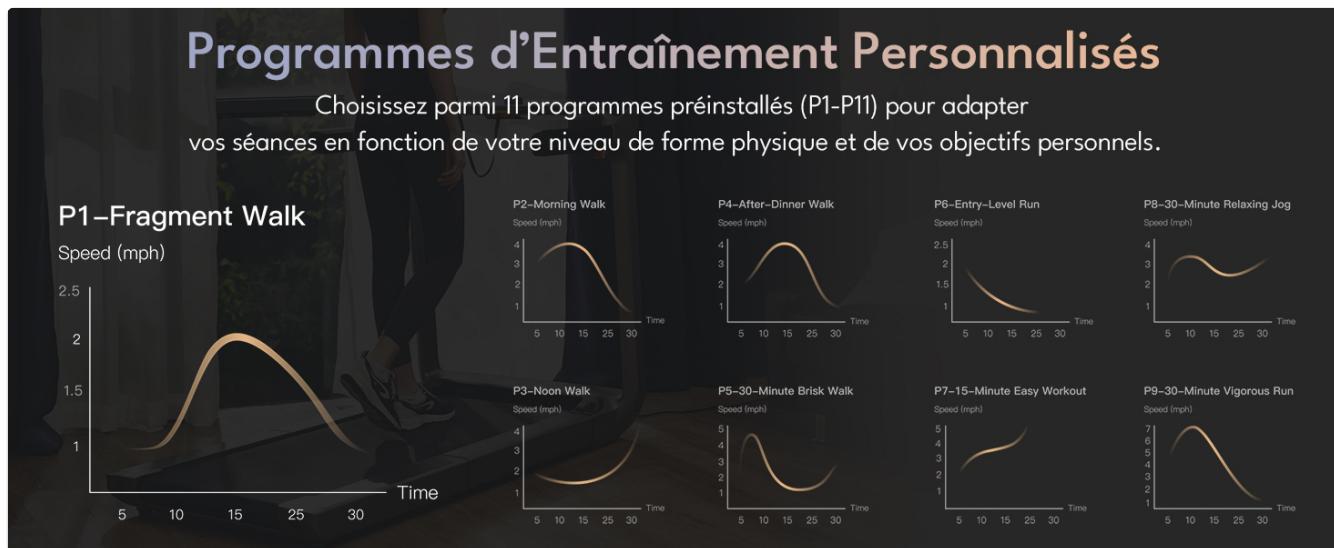
A detailed view of the WalkingPad X218's integrated LED display and central control knob. A smartphone displaying the KS Fit application is also visible, illustrating the treadmill's connectivity for tracking progress and accessing personalized training programs.

KS Fit App Connectivity

Download the KS Fit app from your device's app store to unlock personalized training programs and track your

progress. The treadmill connects via NFC for quick pairing.

- **Pairing:** Tap your NFC-enabled smartphone to the designated NFC area on the treadmill's console to connect.
- **Training Modes:** Choose from 11 pre-defined workout programs or create custom routines.
- **Progress Tracking:** Monitor speed, distance, time, and calories burned.



The WalkingPad X218 console displays various personalized training programs (P1-P11) designed to help users achieve their fitness goals.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your WalkingPad X218 treadmill.

Lubrication

The treadmill belt requires lubrication every 30 to 60 hours of operation to reduce friction and wear. Use 100% silicone treadmill oil.

1. Turn off and unplug the treadmill.
2. Lift one side of the running belt.
3. Apply 5-10 ml of silicone oil (2-3 presses of the applicator) in a wave pattern on the running deck, about 10-15 cm from the edge of the belt and 40 cm from the motor cover.
4. Repeat the process on the other side of the belt.
5. Plug in the treadmill and walk on it for 3 minutes at a low speed (e.g., 3 km/h) to spread the lubricant evenly.

Video demonstrating how to lubricate a treadmill belt with silicone oil. Regular lubrication is essential for maintaining the treadmill's performance and extending its lifespan.

Cleaning

Wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Do not use abrasive cleaners.

6. TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|------------------------------|---|--|
| Treadmill does not power on. | Power cord not connected, main switch off, safety key not in place. | Check power connection, ensure main switch is on, attach safety key. |

| Problem | Possible Cause | Solution |
|---------------------------------|---|--|
| Belt slips or is off-center. | Belt tension incorrect, belt alignment off. | Adjust belt tension and alignment using the provided Allen key as per instructions in the full manual. |
| Unusual noise during operation. | Lack of lubrication, loose components. | Lubricate the belt (see Maintenance section). Check for and tighten any loose screws. |
| KS Fit app not connecting. | NFC not enabled, app not updated, device compatibility. | Ensure NFC is on, update the app, check device compatibility, restart both devices. |

7. SPECIFICATIONS

| Feature | Specification |
|---------------------------------|---|
| Model Number | WP510B4 |
| Brand | WALKINGPAD |
| Speed Range | 1-18 km/h |
| Motor Power | 3 HP (Peak) |
| Running Surface (L x W) | 140 cm x 51 cm |
| Maximum User Weight | 136 kg |
| Folded Dimensions (L x W x H) | 83 cm x 84 cm x 108 cm (approximate, based on images) |
| Unfolded Dimensions (L x W x H) | 162.2 cm x 84 cm x 108 cm |
| Product Weight | 59.5 kg |
| Display Type | LED |
| Connectivity | KS Fit App, NFC |
| Programs | 11 Pre-defined |
| Frame Material | Aluminum |

Capacité de Charge Jusqu'à 136 kg

Testé pour une fiabilité et une
stabilité optimales



A heavy kettlebell rests on the WalkingPad X218 treadmill belt, visually representing its robust construction and maximum user weight capacity of 136 kg (300 lbs).



A close-up view of the WalkingPad X218's spacious running surface, clearly marked with its dimensions of 51 cm in width and 140 cm in length, providing ample space for comfortable exercise.

8. WARRANTY AND SUPPORT

Your WalkingPad X218 treadmill comes with a manufacturer's warranty. Please refer to the warranty card included in your packaging for specific terms and conditions. For technical support, spare parts, or any inquiries, please contact WalkingPad customer service through their official website or the contact information provided in your product documentation.

Included Components: Safety Key, Power Cord, User Manual.

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Related Documents - X218

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|---|--|
|  A small, compact, foldable treadmill with a black frame and a grey running surface. The brand name 'WalkingPad' is visible on the side panel. | WalkingPad C2: Compact, Foldable Treadmill for Home Fitness Discover the WalkingPad C2, a lightweight, foldable, and space-saving treadmill designed for convenient home fitness. Features include double-fold technology, adaptive speed control, and easy storage. |
|  A white document cover for the 'WalkingPad WPA1F Pro User Manual'. It features the WalkingPad logo and the text 'WalkingPad WPA1F Pro User Manual'. | WalkingPad WPA1F Pro User Manual: Features, Operation, and Safety Comprehensive user manual for the WalkingPad WPA1F Pro folding treadmill by KING SMITH. This guide covers product features, detailed specifications, operation modes (standby, manual, automatic), remote control functions, initial setup, safety warnings, maintenance procedures, and error code explanations. Learn how to use and care for your WalkingPad for an optimal home fitness experience. |

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|  | <p><u>WalkingPad WPA1F Pro User Manual: Operation, Maintenance, and Safety Guide</u></p> <p>Comprehensive user manual for the WalkingPad WPA1F Pro treadmill. Learn about setup, operation, maintenance, troubleshooting, and safety precautions for your home fitness equipment.</p> |
|  | <p><u>WalkingPad WPA1F Pro User Manual</u></p> <p>User manual for the WalkingPad WPA1F Pro, providing instructions on setup, operation, maintenance, safety, and disposal.</p> |
|  | <p><u>WalkingPad WPS1F User Manual - Safety, Operation & Maintenance Guide</u></p> <p>The WalkingPad User Manual provides comprehensive instructions for safe operation, maintenance, and troubleshooting of the WPS1F walking device. Learn about product features, initial setup, control modes, and important safety guidelines to ensure optimal performance and longevity of your WalkingPad.</p> |
|  | <p><u>WalkingPad WPA1F User Manual - Walking Device</u></p> <p>User manual for the WalkingPad WPA1F walking device, covering product features, operation, safety guidelines, maintenance, and technical specifications provided by Beijing Kingsmith Technology Co., Ltd.</p> |