

BOB AND BRAD H50

BOB AND BRAD Hand Massager with Heat and Compression (Model H50) User Manual

Model: H50 | Brand: BOB AND BRAD

1. IMPORTANT SAFETY INFORMATION

Please read all safety warnings and instructions before using this product. Failure to follow these instructions may result in injury or damage to the device.

- May cause burns if used on broken skin or while sleeping.
- Do not use for more than 15 minutes at a time.
- Keep away from water.
- Not suitable for users with certain medical conditions. Consult a physician before use if you have pre-existing health conditions.
- Always follow the instructions provided with the product.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

2. PRODUCT OVERVIEW

The BOB AND BRAD Hand Massager with Heat and Compression (Model H50) is designed to provide targeted relief for hand fatigue, muscle tension, and discomfort associated with conditions like arthritis and carpal tunnel. It features an innovative 8-zone finger division, NTC smart heating, and multiple massage modes for a customizable experience.



Figure 2.1: BOB AND BRAD Hand Massager unit and retail packaging.

3. PACKAGE CONTENTS

Verify that all items are included in your package:

- BOB AND BRAD Hand Massager Unit (Model H50)
- USB-C Charging Cable
- Storage Pouch
- Hygienic Single-Use Moisturizing Gloves (10 pieces)
- Dedicated Finger Massager
- User Manual (this document)

4. SETUP

4.1 Charging the Device

The Hand Massager is equipped with a 2500 mAh automotive-grade Lithium Polymer battery. Before first use, fully charge the device.

1. Locate the USB-C charging port on the device.
2. Connect the provided USB-C charging cable to the device and to a compatible USB power adapter (not included) or a power bank.
3. The battery indicator on the control panel will show charging status. A full charge typically takes approximately 2.5 to 3.5 hours.



Figure 4.1: Connecting the USB-C charging cable.

5. OPERATING INSTRUCTIONS

5.1 Power On/Off

- To power on: Press and hold the power button (**U**) on the control panel for a few seconds until the display illuminates.
- To power off: Press and hold the power button (**U**) again until the display turns off.

5.2 Inserting Your Hand

Gently slide your hand into the massager, ensuring your fingers align with the individual finger compartments. The device is designed to accommodate both left and right hands.



Figure 5.1: Ergonomic finger divider design for targeted relaxation.

5.3 Selecting Massage Modes and Intensity

The device offers 3 massage modes and 3 adjustable intensity levels. It is recommended to start with the lowest intensity to acclimatize.

- Press the **M** (Mode) button to cycle through the available modes: Vitality, Relaxation, and

Intensive.

- Press the ||| (Level) button to adjust the intensity: Mild, Medium, or Strong.



Figure 5.2: Control panel with mode and intensity selection.

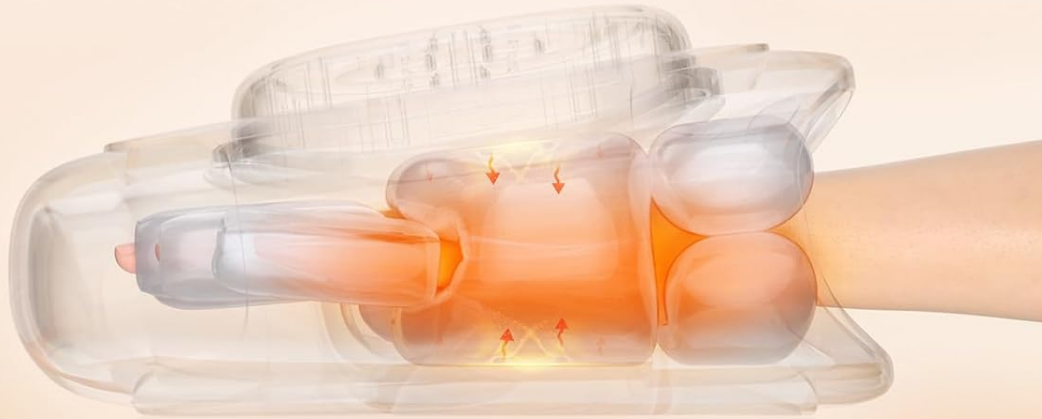
5.4 Activating Heat Function

The NTC smart heating function provides consistent heat at an optimal 42°C (108°F) to the palm and back of the hand.

- Press the **SSS** (Heat) button to activate or deactivate the heat function.
- The heat will reach the optimal temperature in approximately 5 seconds.

Immersive Warmth for Hands

NTC Heating Control for Stable Temp
Experience Hand Comfort Post-Work



Concentrated Warmth for Palm & Back of Hand

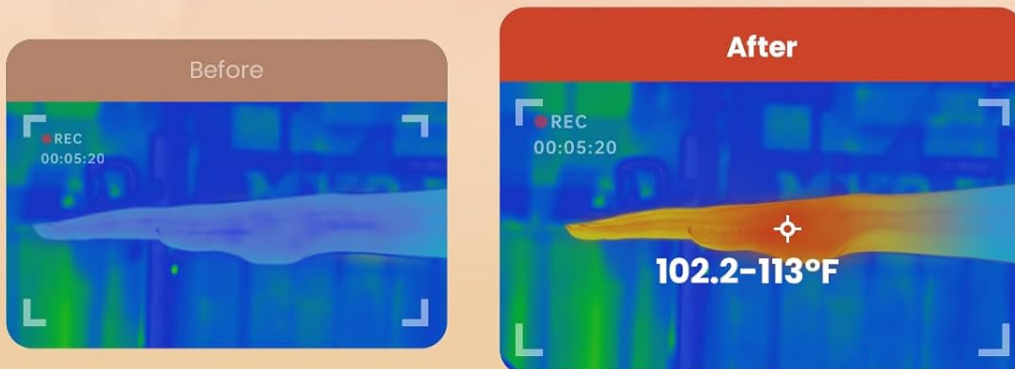


Figure 5.3: Visual representation of immersive warmth for hands.

5.5 Automatic Timer

The massager features a 15-minute auto-shutoff function to prevent overuse.

- The device will automatically power off after 15 minutes of continuous operation.
- You can manually stop the massage at any time by pressing and holding the power button.

5.6 Official Product Videos

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Video 5.1: BOB AND BRAD Individual Fingers Hand Massager. This video provides a general overview of the massager's features and how it targets individual fingers.

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Video 5.2: BOB AND BRAD Hand Massager with Heat and Compression. This video demonstrates the heat and compression functions of the device.

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Video 5.3: BOB AND BRAD Individual Fingers Hand Massager with Heat. This video highlights the combined benefits of individual finger massage and heat.

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Video 5.4: BOB AND BRAD Hand Massager for Pain Relief. This video showcases the massager's effectiveness in providing pain relief.

6. MAINTENANCE

6.1 Cleaning

The Hand Massager is made with Cloud-Touch PU material, which is easy to clean.

- Wipe the exterior of the device with a soft, damp cloth.
- Do not use abrasive cleaners or immerse the device in water.
- For hygienic use, utilize the provided single-use moisturizing gloves, especially when applying creams or lotions.

6.2 Storage

Store the Hand Massager in a cool, dry place when not in use.

- Use the handy storage pouch to keep the massager clean and protected.
- Avoid placing heavy objects on top of the device.

7. TROUBLESHOOTING

If you experience any issues with your Hand Massager, please refer to the following general advice:

- **Device not turning on:** Ensure the device is fully charged. Connect it to the USB-C charging cable and allow sufficient time for charging.
- **No heat:** Verify that the heat function is activated by pressing the SSS (Heat) button. Allow a few seconds for the heat to build up.
- **Discomfort during massage:** Start with the lowest intensity setting. If discomfort persists, discontinue use. Ensure your hand is properly positioned within the device.
- **Airbags not inflating/deflating:** Ensure the device is powered on and a massage mode is selected. If the issue persists, contact customer support.

8. SPECIFICATIONS

Feature	Detail
Product Dimensions	9.25 x 7.01 x 4.45 inches

Item Weight	1.6 Pounds
Model Number	H50
Battery	1 Lithium Polymer battery (included), 2500 mAh
Power Source	Battery Powered, 2.5–3.5 Hours of Runtime
Material	Soft PU Foam
Heating Temperature	NTC Smart Heating at 108°F (42°C)
Massage Modes	3 (Vitality, Relaxation, Intensive)
Intensity Levels	3 (Mild, Medium, Strong)
Timer	15-Minute Auto-Shutoff

9. WARRANTY AND SUPPORT



BOB AND BRAD is committed to providing quality products and customer satisfaction.





- **2-Year Warranty:** This product comes with a 2-year warranty.
- **100% Satisfaction:** Your happiness is our promise.
- **US Customer Support:** Real people, real help. For assistance, please contact our customer support team. Refer to the product packaging or our official website for contact details.

10. FSA/HSA ELIGIBILITY

The BOB AND BRAD Hand Massager with Heat and Compression is FSA (Flexible Spending Account) and HSA (Health Savings Account) eligible. You may use your health savings for wellness support with this product.

Related Documents - H50

  <p>Electric Hand Massager User Manual Model No.: H60</p>	<p>Bob and Brad H60 Electric Hand Massager User Manual - Features, Safety & Operation Guide</p> <p>Comprehensive user manual for the Bob and Brad H60 Electric Hand Massager. Learn about its features, safety instructions, operation modes, maintenance, and troubleshooting. Get relief for hand pain, arthritis, and carpal tunnel.</p>
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 <p>User Manual M00042AE12-US M00042AE19-US NECK & BACK MASSAGER</p>	<p>Bob and Brad Neck & Back Massager User Manual</p> <p>User manual for the Bob and Brad Neck & Back Massager (Models M00042AE12-US, M00042AE19-US), including safety instructions, product features, operation, care, troubleshooting, and specifications.</p>
 <p>User Manual Back and Neck Massager</p>	<p>Bob and Brad Back and Neck Massager User Manual</p> <p>User manual for the Bob and Brad Back and Neck Massager, detailing instructions for use, precautions, maintenance, troubleshooting, and technical specifications.</p>
 <p>User Manual Back and Neck Massager EZBack</p>	<p>Bob and Brad EZBack Massager User Manual</p> <p>User manual for the Bob and Brad EZBack Back and Neck Massager, providing instructions for use, safety precautions, troubleshooting, and warranty information.</p>
 <p>User Manual C2 Pro Massage Gun Model: GLJMS C2-J</p>	<p>Bob and Brad C2 Pro Massage Gun User Manual</p> <p>Comprehensive user manual for the Bob and Brad C2 Pro Massage Gun, covering operation, safety guidelines, technical specifications, and usage protocols for muscle recovery and pain relief.</p>
	<p>Bob and Brad D6 Pro-C Massage Gun User Manual</p> <p>Comprehensive user manual for the Bob and Brad D6 Pro-C Massage Gun, detailing its features, operation, maintenance, safety precautions, and troubleshooting.</p>