

Hello 3 Pro Plus

Hello 3 Pro Plus Smartwatch User Manual

Model: Hello 3 Pro Plus

1. PRODUCT OVERVIEW

The Hello 3 Pro Plus Smartwatch is a versatile and stylish wearable device designed to enhance your daily life and fitness journey. Featuring a vibrant AMOLED display and a durable aluminum alloy casing, it offers a comprehensive suite of features including advanced health monitoring, extensive sports tracking, and smart connectivity options.

This smartwatch is built for both performance and convenience, providing seamless integration with your smartphone and a long-lasting battery to keep up with your active lifestyle.



Figure 1.1: Contents of the Hello 3 Pro Plus Smartwatch package, including the smartwatch unit, charging cable, and additional strap.

2. SPECIFICATIONS

Feature	Detail
Screen Material	AMOLED
Screen Resolution	320 x 385
Screen Refresh Rate	60Hz
CPU	JL7012 Dual-core
Battery Capacity	400mAh Lithium-ion Polymer
RAM	128MB
ROM	4GB
Casing Material	45mm 1:1 Aluminum Alloy with strap lock button
Charging Method	Wireless Magnetic Charging
Compatibility	Android 5.0+, iOS 8.0+
Bluetooth Version	5.0
Water Resistance	IP68 Rating
Special Features	NFC Access Control, Always-On Display (low brightness), Compass Function, Voice Assistant, Local Music/Picture Storage, Voice Recording, 173 Sports Modes

3. SETUP GUIDE

3.1 Initial Charging

Before first use, fully charge your Hello 3 Pro Plus Smartwatch. Place the watch on the wireless magnetic charger, ensuring the charging contacts align. The screen will indicate charging status.

3.2 App Installation and Pairing

1. Scan the QR code provided in the watch's packaging or on the watch screen to download the companion mobile application. Alternatively, search for the app name (if provided) in your device's app store.
2. Install the application on your Android (5.0+) or iOS (8.0+) smartphone.
3. Open the application and follow the on-screen instructions to create an account or log in.
4. Enable Bluetooth on your smartphone.
5. Within the app, navigate to the device pairing section and select your Hello 3 Pro Plus Smartwatch from the list of available devices.

6. Confirm the pairing request on both your smartphone and the smartwatch.

Once paired, the watch will synchronize data with your phone, including time, date, and notifications.



Figure 3.1: The Hello 3 Pro Plus Smartwatch displaying its main interface with various application icons.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and screens. Tap to select items.
- **Side Button/Crown:** Press to return to the home screen or wake the device. Rotate (if applicable) to scroll through lists or zoom.
- **Strap Lock Button:** Used for securing or releasing the watch strap.

4.2 Key Features

- **Health Monitoring:** Access Heart Rate, Blood Oxygen, and Sleep Monitoring from the main menu. Ensure the watch is worn snugly for accurate readings.
- **Sports Modes:** Select from 173 sports modes to track your activities. The watch records data such as steps, distance, calories, and heart rate during workouts.
- **Bluetooth Calls:** Once paired, you can make and receive calls directly from your watch. Access your 500-contact phonebook.
- **Notifications:** Receive alerts for calls, messages, and app notifications. A red dot indicator may appear for unread messages.

- **NFC Access Control:** Utilize NFC for compatible access control systems. Refer to specific NFC setup instructions within the app.
- **Always-On Display:** Enable this feature in settings for the screen to remain on at low brightness.
- **Voice Assistant:** Activate the voice assistant for hands-free control and information retrieval.
- **Local Music/Picture:** Store music and pictures directly on the watch's 4GB ROM. Connect Bluetooth earphones for audio playback.
- **Reminders:** Set drinking water and sedentary reminders to maintain healthy habits.



Figure 4.1: The Hello 3 Pro Plus Smartwatch in use, showcasing its vibrant display and user interface.

5. MAINTENANCE AND CARE

5.1 Cleaning

- Wipe the watch screen and body with a soft, lint-free cloth.
- For stubborn smudges, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts periodically to ensure efficient charging.

5.2 Water Resistance (IP68)

The Hello 3 Pro Plus Smartwatch has an IP68 water resistance rating, meaning it is protected against dust ingress and can withstand immersion in water up to 1.5 meters for 30 minutes. While it is suitable for daily use and light water exposure (e.g., hand washing, rain), it is not recommended for swimming, diving, or high-pressure water activities.

5.3 Battery Care

- Avoid fully discharging the battery frequently.
- Charge the watch using only the provided magnetic charger.
- Store the watch in a cool, dry place when not in use for extended periods.

6. TROUBLESHOOTING

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Press and hold the side button for several seconds.
Cannot pair with smartphone	Ensure Bluetooth is enabled on both devices. Restart both the watch and phone. Clear previous pairings and try again. Ensure the app is updated.
Inaccurate health readings	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Avoid excessive movement during readings.
Notifications not received	Check app notification permissions on your phone. Ensure the watch is connected via Bluetooth. Verify notification settings within the smartwatch app.
Short battery life	Reduce screen brightness. Disable unnecessary features like always-on display or frequent heart rate monitoring. Ensure background app usage is optimized.

If you encounter issues not listed here or if the suggested solutions do not resolve the problem, please contact customer support.

7. WARRANTY AND SUPPORT

This product comes with a standard manufacturer's warranty. For detailed warranty terms and conditions, please refer to the warranty card included in your product packaging or visit the official Generic website.

For technical support, troubleshooting assistance, or service inquiries, please contact Generic customer support through the contact information provided on their official website or within the product's companion application.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question