

SOUYIE SOUYIE SM-7

SOUYIE SM-7 Smart Watch User Manual

Brand: SOUYIE | Model: SM-7

1. INTRODUCTION

Welcome to the SOUYIE SM-7 Smart Watch user manual. This guide provides detailed instructions on how to set up, operate, and maintain your new smartwatch. Please read this manual thoroughly to ensure optimal performance and longevity of your device.

2. PACKAGE CONTENTS

Upon unboxing your SOUYIE SM-7 Smart Watch, please verify that all the following items are included:

- SOUYIE Men's Smart Watch x1
- Metal Watch Strap x1
- Silicone Watch Strap x1
- USB Magnetic Charging Cable x1
- Instruction Manual x1
- Metal Watch Adjustment Tool x1

400mAh LONG LASTING POWER SUPPLY

- 🔋 Charging Time **2 Hours**
- 📅 Standby Time **20-30 Days**
- 🕒 Working Time **7-10 Days**



LUXURIOUS PACKAGING



Image: Contents of the SOUYIE SM-7 Smart Watch package, including the watch, two strap options, charging cable, and adjustment tool.

3. PRODUCT OVERVIEW

The SOUYIE SM-7 Smart Watch features a 1.43-inch HD AMOLED display with a 466x466 resolution, offering clear and vibrant visuals. Its full metal body provides a premium feel, complemented by interchangeable metal and silicone straps for versatile styling.



Image: The SOUYIE SM-7 Smart Watch, highlighting its elegant design and the option for a silicone strap.

1.43" AMOLED DISPLAY

High contrast ratio and wide color gamut bring high definition picture quality experience , full screen touch sliding at will



Clear vision
under the sun



Self-luminous,
energy-saving



wide viewing angle,
viewing angle 178°



High color accuracy
restores true colors.



Image: Detailed view of the 1.43-inch HD AMOLED display, showcasing its vibrant colors and sharp resolution.

4. SETUP GUIDE

4.1 Initial Charging

Before first use, fully charge your SOUYIE SM-7 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (5V/1A recommended). A full charge typically takes approximately 2 hours.

4.2 App Download & Installation

To unlock the full functionality of your smartwatch, download the **Dafit APP**. Scan the QR code provided in the included user manual or search for "Dafit" in your device's app store (compatible with iOS 9.0+ and Android 4.4+).

4.3 Device Pairing

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the Dafit APP and follow the on-screen instructions to add your device.
3. Select "SOUYIE SM-7" from the list of available devices to pair.
4. Confirm the pairing request on both your smartphone and the smartwatch.

4.4 Strap Adjustment

The metal watch strap can be adjusted to fit your wrist using the included metal watch adjustment tool. Follow the instructions in the separate strap adjustment guide (if provided) or consult online resources for proper link removal/addition. The silicone strap offers easy interchangeability for a sportier look.

5. OPERATING INSTRUCTIONS

5.1 Basic Navigation

The SOUYIE SM-7 features a full touchscreen display and side buttons for navigation:

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different watch faces.
- **Tap:** Select an item or confirm an action.
- **Side Buttons:** Typically used for power on/off, returning to the home screen, or accessing specific functions (refer to on-screen prompts).

5.2 Customizing Watch Faces

Your smartwatch comes with 15 pre-loaded watch faces. You can add over 100 more from the Dafit APP or customize a watch face using your personal photos. To change the watch face directly on the watch, long-press the current watch face and swipe left or right to select a new one.

Your Style, Your Way Personalize Your Watch Face!

Infuse your smartwatch with personality by choosing your favorite photos as a custom watch face. Elevate your style and make every moment uniquely yours.



Image: Examples of customizable watch faces available for the SOUYIE SM-7 Smart Watch.

5.3 Bluetooth Calling & Notifications

Equipped with an integrated microphone and high-fidelity speaker, the SOUYIE SM-7 allows you to make, receive, and reject calls directly from your wrist. You can also view call logs and add contacts via the paired app. The watch receives reminder notifications from various apps, including SMS, Facebook, WhatsApp, Twitter, Instagram, and Facebook Messenger, ensuring you stay connected.

Make Bluetooth Calls With Elegance

Answer/Dial calls, and manage contacts effortlessly using the smart Bluetooth calling feature on SOUYIE smart watch. Whether in a business setting or embracing leisure, stay connected with ease.



Image: Bluetooth calling features on the SOUYIE SM-7 Smart Watch.

Reminder Notification & Voice Assistant

- 📧 Instant Notifications, Effortless Control Get SMS and reminder notifications.
- 🗣️ Command your watch with AI voice assistance.
- 🔗 Simplify control, and stay connected effortlessly.



Image: Notification and voice assistant capabilities of the SOUYIE SM-7 Smart Watch.

5.4 Personal Smart Assistant Features

Beyond communication, the SOUYIE SM-7 offers a range of smart assistant functions:

- **Activity Tracking:** Monitors steps, calories burned, and distance traveled.
- **Remote Controls:** Control music playback and your smartphone camera remotely.
- **Utilities:** Includes a calculator, weather forecast, alarm, stopwatch, and 'find phone' function.
- **Settings:** Adjust brightness, manage calls, and activate power-saving mode.

View your detailed health summary and trends on the Dafit APP.

24 HOUR HEALTH MONITORING

Monitor your heart rate, blood oxygen, blood pressure, and sleep patterns for a holistic approach to well-being. Elevate your health with precision tracking.

The image is a composite of three parts. The top part shows a man with glasses and a vest sitting at a desk with a laptop, looking thoughtful. A smartwatch is shown with a green ECG line overlaid on its face. Below the watch are three circular data displays: 'Heart Rate' showing 102 bpm with a small graph, 'SpO2' showing 98% with an O2 icon, and 'Blood Pressure' showing SBP 124 mmHg and DBP 96 mmHg with a vertical bar chart. The bottom part shows a man sleeping in a bed. A smartphone is held up, displaying a 'Sleep' analysis screen with a purple header, a bar chart showing sleep stages (Awake, REM, Light, Restful), and a 'Quality Score' of 08 hr 30 min. A smartwatch is also shown next to the phone, displaying the same sleep data on its screen.

Image: Overview of the 24-hour health monitoring features, including heart rate, blood oxygen, and blood pressure tracking.

7. SPORTS MODES

The fitness tracker watch supports over 100 sports modes, including cycling, running, basketball, football, climbing, and more. It provides real-time monitoring of sports heart rate, walking distance, speed, and calorie consumption, assisting you in tracking and enhancing your sports performance.

100+ SPORTS MODES

Experience the precision of SOUYIE smart watch – accurate tracking for every detail of your workout data. Achieve your fitness goals with confidence!



Image: The SOUYIE SM-7 Smart Watch tracking various sports activities.

8. BATTERY & CHARGING

The SOUYIE SM-7 is powered by a large capacity 400mAh battery. It charges in approximately 2 hours and offers 7-10 days of typical usage, with a standby time of up to 30 days.

8.1 Charging Guidelines

- Use only the provided magnetic charging cable.
- Ensure the charging pins are clean and properly aligned with the watch's charging contacts.
- Avoid charging in extreme temperatures.

9. MAINTENANCE

9.1 Cleaning

Regularly clean your smartwatch and straps with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then wipe dry. Avoid harsh chemicals or abrasive materials.

9.2 Water Resistance

The SOUYIE SM-7 is suitable for handwashing and jogging in the rain. It **isnot** recommended for swimming, diving, showering, or sauna use. Exposure to hot water or steam may damage the device.

10. TROUBLESHOOTING

If you encounter any issues with your SOUYIE SM-7 Smart Watch, please refer to the following common solutions:

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Press and hold the power button for several seconds.
Unable to pair with phone	Ensure Bluetooth is on and the watch is within range. Restart both the watch and your phone. Check app permissions.
Inaccurate health data	Ensure the watch is worn snugly on your wrist. Clean the sensor on the back of the watch. Note that readings are for reference and not medical diagnosis.
Notifications not received	Check app notification settings on your phone and within the Dafit APP. Ensure the watch is connected via Bluetooth.

If the issue persists, please contact the SOUYIE customer service team through your Amazon account for professional assistance. Our team aims to reply within 24 hours.

11. SPECIFICATIONS

Feature	Detail
Model Number	SOUYIE SM-7
Screen Display Size	1.43 Inches AMOLED
Resolution	466x466 Pixels
Battery Capacity	400 mAh (Lithium Polymer)
Charging Time	Approx. 2 Hours
Usage Time	7-10 Days (typical)
Standby Time	Up to 30 Days
Connectivity	Bluetooth

Feature	Detail
Operating System	Wear OS (compatible with iOS 9.0+ and Android 4.4+)
Item Weight	136 Grams (approx. 4.8 ounces)
Water Resistance	Suitable for handwashing and jogging in rain (not for swimming/diving/showering/sauna)

12. WARRANTY AND SUPPORT

SOUYIE is committed to providing high-quality products and customer satisfaction. For any questions, concerns, or support needs regarding your SOUYIE SM-7 Smart Watch, please do not hesitate to contact our dedicated customer service team. You can reach us through your Amazon account, and our professional service team will respond within 24 hours to provide the best solution.

This product is covered by a manufacturer's warranty. Please refer to the warranty information provided with your purchase for specific terms and conditions.