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SOUQDWL B0DSZBTXKJ

SOUQDWL Treadmill Lubricant User Manual (A: Straight Nozzle)

Model: B0DSZBTXKJ

INTRODUCTION

This manual provides instructions for the proper use and maintenance of your SOUQDWL Treadmill Lubricant (A: Straight Nozzle). Regular lubrication is essential for maintaining the performance and longevity of your treadmill. This silicone oil lubricant is designed to reduce friction between the treadmill belt and deck, ensuring smooth operation and reducing wear on components.





Image: SOUQDWL Treadmill Lubricant bottle with a straight nozzle, 30ml capacity.

SAFETY INFORMATION

- Keep out of reach of children and pets.
- Avoid contact with eyes. In case of contact, rinse thoroughly with water.
- Do not ingest. If swallowed, seek medical attention immediately.
- Use in a well-ventilated area.
- Store in a cool, dry place away from direct sunlight and heat sources.

PRODUCT OVERVIEW

The SOUQDWL Treadmill Lubricant is a high-quality silicone oil designed for various treadmill types. Key features include:

- **Volume:** 30ml per bottle.
- **Application:** Suitable for almost all types of treadmills, including commercial, gym, professional, heavy-duty, household, folding, and compact models.
- **Function:** Lubricates and reduces friction between the treadmill belt and deck.
- **Design:** Features a straight nozzle for precise application in hard-to-reach areas.
- **Benefits:** Reduces motor resistance and load, prevents damage to the treadmill deck, and is anti-static, lubricating, and

non-volatile.



Image: Treadmills in a gym environment, demonstrating the lubricant's suitability for various treadmill types.

SETUP: PREPARING YOUR TREADMILL FOR LUBRICATION

1. **Power Off:** Ensure your treadmill is completely powered off and unplugged from the electrical outlet before beginning any maintenance.
2. **Clean the Deck:** Use a clean, damp cloth to wipe away any dust or debris from the treadmill deck, especially under the belt. Allow it to dry completely.
3. **Loosen the Belt (if necessary):** For some treadmills, it may be easier to apply lubricant if the belt is slightly loosened. Consult your treadmill's user manual for instructions on how to safely loosen and re-tension the belt.

OPERATING INSTRUCTIONS: APPLYING THE LUBRICANT

Follow these steps to properly lubricate your treadmill belt and deck:

1. **Lift the Belt:** Gently lift one side of the treadmill belt. You may need to use your hand or a flat, non-abrasive tool to create a small gap between the belt and the deck.
2. **Apply Lubricant:** Position the straight nozzle of the SOUQDWL lubricant bottle under the belt, about 6-12 inches from the front of the treadmill. Apply a thin, continuous line of lubricant down the center of the deck, moving from the front to the back.
3. **Repeat on Other Side:** Repeat the process on the other side of the treadmill belt, ensuring an even application across the deck.
4. **Spread Evenly:** Once the lubricant is applied, carefully lower the belt. Plug in and power on your treadmill. Walk on the treadmill at a slow speed (e.g., 1-2 mph) for 3-5 minutes to help spread the lubricant evenly across the entire deck surface.
5. **Wipe Excess:** If any lubricant appears on the top surface of the belt or on the side rails, wipe it off immediately with a clean cloth to prevent slipping.



Image: Close-up view of hands applying lubricant under the treadmill belt using the straight nozzle.



Image: Illustrates the process of applying lubricant to the treadmill deck.

MAINTENANCE SCHEDULE

The frequency of lubrication depends on your treadmill's usage. General guidelines are:

- **Light Use (1-3 hours/week):** Lubricate every 3-6 months.
- **Moderate Use (3-5 hours/week):** Lubricate every 2-3 months.
- **Heavy Use (5+ hours/week):** Lubricate every 1-2 months.

Always refer to your treadmill's specific manufacturer recommendations for lubrication frequency and type of lubricant.



Image: The lubricant bottle placed on a treadmill deck, ready for maintenance.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Squeaking Noise	Insufficient lubrication or worn belt/deck.	Apply lubricant as per instructions. If noise persists, inspect belt and deck for wear.
Belt Sticking/Slipping	Lack of lubrication or improper belt tension.	Lubricate the deck. Check and adjust belt tension according to your treadmill's manual.
Motor Overheating	Increased friction due to lack of lubrication.	Lubricate the treadmill deck. Ensure proper ventilation around the motor.

SPECIFICATIONS

Brand: SOUQDWL

Model: B0DSZBTXKJ (A: Straight Nozzle)

Product Type: Treadmill Lubricant

Volume: 30ml

Composition: Silicone Oil

Nozzle Type: Straight

Item Weight: 1.76 ounces (approx. 50g)

Package Dimensions: 1.18 x 0.79 x 0.39 inches (approx. 3 x 2 x 1 cm)

Department: Unisex Adult

Manufacturer: SOUQDWL

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