

EZON C009Pro

EZON C009Pro Heart Rate Monitor Chest Strap User Manual

Model: C009Pro | Brand: EZON

1. INTRODUCTION AND OVERVIEW

The EZON C009Pro Heart Rate Monitor Chest Strap is a high-precision device designed to accurately track your heart rate and other vital fitness metrics during various physical activities. Utilizing advanced ANT+ and Bluetooth 5.1 dual protocols, it offers seamless connectivity with a wide range of sports watches, smartphones, and fitness applications, empowering you to optimize your training and monitor your health effectively. Its comfortable, waterproof design ensures reliable performance in diverse environments.



Image: The EZON C009Pro Heart Rate Monitor Chest Strap, showcasing its compact sensor and adjustable strap.

[Product Overview Video](#)

Video: EZON C009pro - Monitor Your Heart, Maximize Your Workout. This video highlights the key features and benefits of the heart rate monitor, demonstrating its use in various fitness activities.

2. KEY FEATURES

- **Dual-Protocol Connectivity:** Equipped with both ANT+ and Bluetooth 5.1, ensuring broad compatibility with a wide range of fitness devices and applications, including Garmin, Huawei, Xiaomi, Strava, Wahoo, and Polar Beat.
- **High Precision ECG Electrode:** Provides accurate real-time heart rate data, essential for effective training and health monitoring.
- **Long-Lasting Battery:** Enjoy extended usage with up to 400 hours of continuous operation on a single battery (CR2032), minimizing the need for frequent replacements.
- **3ATM Waterproof Rating:** Designed to withstand water immersion up to 30 meters, making it suitable for various indoor and outdoor sports, including swimming.
- **Comfortable & Skin-Friendly Design:** Features a soft, highly elastic, sweat-absorbent, and breathable chest strap with anti-slip silicone dots, ensuring comfort and stability during intense workouts.
- **Lightweight & Easy Disassembly:** The sensor weighs approximately 16g, making it barely noticeable during exercise. The detachable main unit allows for easy cleaning of the strap and battery replacement.
- **Comprehensive Data Tracking:** Beyond heart rate, the device can track distance, pace, step frequency, and provide insights into physical fitness indicators like aerobic and anaerobic effects, and calories burned.

EZON

High Precision

Upgraded version of ECG electrode

Variety of Connection

ANT+/Bluetooth Dual Protocol

Long Battery Life

Up to 400H battery life using for one year workout

Anti-sliding in Wearing

Silicone dots design in strap



Image: Visual summary of key features including high precision, dual connection, long battery life, and anti-sliding design.



Image: Illustration of the BLE 5.1 and ANT+ dual protocol for data transmission.

HOW TO CONNECT WITH SMART PHONE APPS?

Support Wahoo/Polar/Strava/Peloton...Wear the chest strap (with sensor) and moisten the pads to activate it.

1. Turn on Bluetooth on your phone

Bluetooth



2. Open the app and select pair sensor

Pair or link sensors



3. Wake up the sensor and select it

Heart rate sensor



4. Display "connected" and "save sensor"

SAVE SENSOR



THE WRONG WAY

1. Open phone setting

2. Open Bluetooth

3. Searching sensor

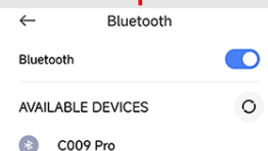


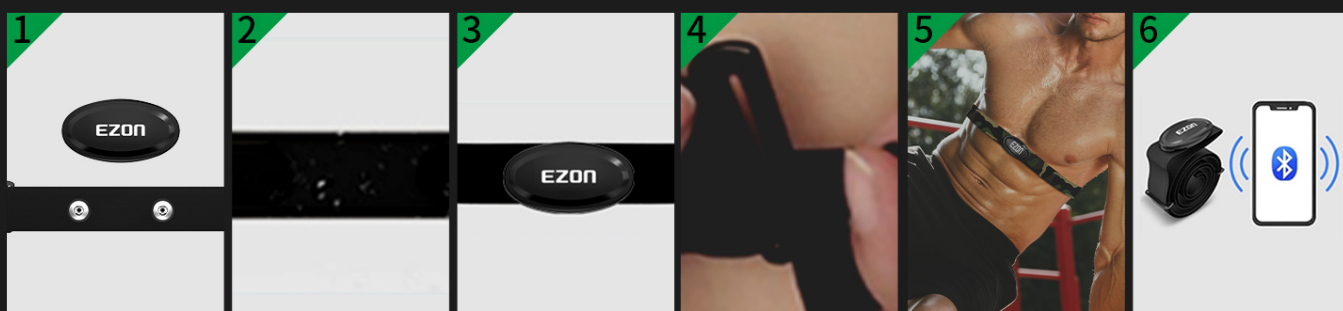
Image: Visual representation of the 3ATM waterproof capability, suitable for multiple indoor and outdoor sports.

3. SETUP AND INSTALLATION

Follow these steps to properly set up and install your EZON C009Pro Heart Rate Monitor Chest Strap:

- 1. Prepare the Strap and Transmitter:** Ensure the chest strap and the heart rate monitor transmitter are clean and ready for use.
- 2. Moisten Electrodes:** Lightly moisten the two black rubber electrode areas on the back of the chest strap with water or electrode gel. This improves conductivity for accurate readings.
- 3. Fasten Transmitter:** Attach the heart rate monitor transmitter to the two snap buttons on the chest strap. Ensure it is securely fastened.
- 4. Place on Chest:** Position the chest strap around your upper torso, just below your pectoral muscles. The transmitter should be centered on your chest.
- 5. Adjust Tightness:** Use the adjustable buckle to ensure the strap fits snugly but comfortably. It should be tight enough to stay in place during activity but not restrict breathing.
- 6. Pair with Device/App:** The HRM turns on automatically once worn and activated by moisture. Manually pair it with your fitness app or sports watch via Bluetooth or ANT+ settings.

How to Use?



Prepare the strap and transmitter for use.

Moisten the two black rubber electrode areas on the chest strap with water.

Fasten the transmitter onto the chest strap.

Place the black rubber electrode areas of the chest strap against your chest skin. Adjust the strap for a secure fit.

Adjust the chest strap to a comfortable length using the buckles.

The HRM turns on automatically. Manually pair with your fitness app via Bluetooth.

Image: Step-by-step visual guide on how to wear and connect the heart rate monitor.

Connectivity Demonstration Video

Video: Dual Bluetooth and ANT Protocols for Seamless Connectivity. This video demonstrates the process of connecting the EZON C009Pro to a smartphone application, showcasing its dual protocol capabilities.

4. OPERATING INSTRUCTIONS

Once your EZON C009Pro is properly installed and paired, you can begin monitoring your workouts. The device transmits real-time data to your connected app or sports watch.

Connecting to Smartphone Apps

To connect to popular fitness apps like Strava, Wahoo, Polar Beat, or Peloton:

1. Ensure Bluetooth is enabled on your smartphone.
2. Open your preferred fitness app and navigate to the sensor pairing or device connection section.
3. Wear the chest strap (with sensor) and moisten the pads to activate it. The app should detect the heart rate sensor.
4. Select the detected sensor (e.g., "C009 Pro" or "Heart rate sensor") and confirm pairing.
5. Once connected, the app will display "connected" and you can save the sensor for future use.



Image: Diagram illustrating the correct steps to connect the heart rate monitor to smartphone applications.

Monitoring Your Workout

Once connected, your app or device will display real-time data. The EZON C009Pro provides comprehensive metrics to help you track and improve your performance:

- **Heart Rate:** Real-time beats per minute (BPM).
- **Distance:** Total distance covered (when paired with GPS-enabled devices/apps).
- **Pace:** Your current speed or pace.
- **Duration:** Length of your workout.
- **Calories:** Estimated calories burned during activity.
- **Physical Fitness Indicators:** Insights into aerobic and anaerobic effects of your workout.

Clear Data Overview for More Efficient Workouts



Image: A user wearing the chest strap during a workout, demonstrating how the device provides a clear data overview for efficient training.

Excellent Connectivity with Leading training apps

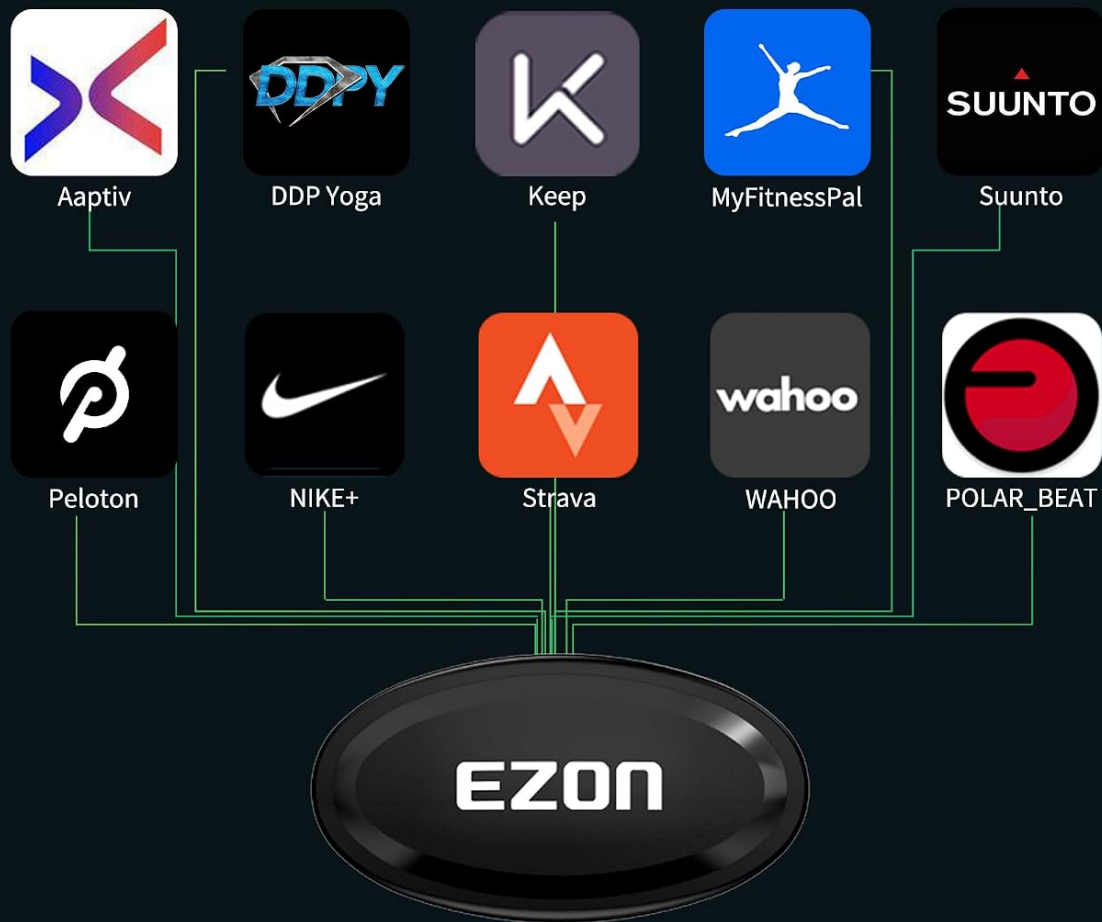


Image: Visual representation of the EZON C009Pro's compatibility with various leading fitness applications like Strava, Wahoo, and Peloton.

5. MAINTENANCE

Proper maintenance ensures the longevity and accuracy of your EZON C009Pro Heart Rate Monitor.

Cleaning the Chest Strap

After each use, detach the heart rate monitor transmitter from the chest strap. Rinse the strap under running water and hang it to dry. Do not machine wash or tumble dry the strap. Avoid using harsh chemicals or abrasive cleaners, as these can damage the electrodes.

Battery Replacement

The EZON C009Pro uses a standard CR2032 coin cell battery. When the battery is low or depleted, replace it as follows:

1. Carefully detach the transmitter from the chest strap.
2. Locate the battery compartment on the back of the transmitter.
3. Use a small coin or screwdriver to gently twist open the battery cover counter-clockwise.
4. Remove the old battery.
5. Insert a new CR2032 battery with the positive (+) side facing upwards.
6. Replace the battery cover and twist clockwise to secure it.



Image: Illustration showing the CR2032 battery and its placement within the heart rate monitor for up to 400 hours of battery life.

Comfortable Wear No Burden During Exercise

Easy Disassembly

Detachable main unit for easy cleaning of the chest strap and battery replacement

Lightweight Design

The sensor is ultra-lightweight and compact, weighing just 16g— same as two 1-dollar coins.

Anti-Slip, Breathable

Non-slip, stays in place during intense workouts, breathable and comfortable.

High Elasticity Skin-Friendly

Soft, skin-friendly chest strap that won't chafe, perfect for intense workouts.



Image: The detachable main unit of the heart rate monitor, highlighting its easy disassembly for cleaning and battery replacement.

Storage

Store the heart rate monitor and strap in a cool, dry place when not in use. Do not store the transmitter attached to the strap, as this can drain the battery.

6. TROUBLESHOOTING

If you encounter issues with your EZON C009Pro, try the following troubleshooting steps:

- **No Heart Rate Reading:**
 - Ensure the electrode areas on the strap are sufficiently moistened.
 - Check that the transmitter is securely snapped onto the strap.
 - Verify the strap is worn correctly and snugly on your chest.

- Replace the battery if it's low or depleted.

- **Cannot Pair with Device/App:**

- Make sure Bluetooth (or ANT+) is enabled on your device.
- Ensure the heart rate monitor is active (worn and electrodes moistened).
- Try restarting your device/app and the heart rate monitor.
- Check if the heart rate monitor is already paired with another device. Disconnect it if so.
- Ensure your app is updated to the latest version.

- **Inaccurate Readings:**

- Re-moisten the electrodes.
- Adjust the strap for a better fit; it should not be too loose or too tight.
- Ensure there are no strong electromagnetic interferences nearby.
- Clean the strap and electrodes thoroughly.

If these steps do not resolve the issue, please refer to the Warranty and Support section for further assistance.

7. SPECIFICATIONS

Specification	Detail
Brand	EZON
Model Name	C009Pro
Material	Resin (sensor), Fabric (strap)
Color	Deep Black
Compatible Devices	Smartphones, Sports Watches, Cycling Computers, Gym Equipment (via ANT+/Bluetooth)
Item Weight	2.12 Ounces (approx. 60g)
Waterproof Rating	3ATM (30 meters)
Connectivity	ANT+, Bluetooth 5.1
Battery Type	CR2032 Coin Cell
Battery Life	Up to 400 hours

8. WARRANTY AND SUPPORT

Limited Warranty

The EZON C009Pro Heart Rate Monitor Chest Strap comes with a limited warranty. Please retain your proof of purchase for any warranty claims. For specific details regarding the warranty period and coverage, refer to the documentation included with your product or contact EZON customer support.

Customer Support

For technical assistance, troubleshooting, or any other inquiries regarding your EZON C009Pro, please visit the official EZON website or contact their customer support team. Contact information can typically be found on the product packaging or the brand's official online presence.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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