

KNQZE KP7

KNQZE Heated Lumbar Support Pillow KP7 User Manual

Model: KP7 | Brand: KNQZE

INTRODUCTION

Thank you for choosing the KNQZE Heated Lumbar Support Pillow. This manual provides essential information for the safe and effective use of your new lumbar support pillow. Designed for use in various settings such as office chairs, cars, beds, and recliners, this pillow offers adjustable heating and customizable lumbar traction to enhance comfort and support your lower back.

Please read this manual thoroughly before use and retain it for future reference.

IMPORTANT SAFETY INFORMATION

- Always ensure the power adapter is securely connected to a suitable power source.
- Do not use the pillow if the power cord or plug is damaged.
- Avoid continuous use of the heating function for more than 30 minutes to prevent overheating. The device includes overheating protection, which will temporarily pause heating if temperatures become too high.
- Do not immerse the pillow in water or other liquids. The pillowcase contains heating wires and should not be removed for washing.
- Keep out of reach of children and pets.
- Consult a physician before use if you have any medical conditions, especially those related to heat sensitivity or circulatory issues.
- Do not use while sleeping or in a state of unconsciousness.
- Do not use pins or other metallic fasteners with this appliance.

PACKAGE CONTENTS

Please check the package to ensure all items are present:

- KNQZE Heated Lumbar Support Pillow
- Controller with Power Cord
- Manual Inflatable Ball (for traction adjustment)
- Car Adapter
- User Manual (this document)



Image: The KNQZE Heated Lumbar Support Pillow, its wired controller, and the manual inflatable pump.

PRODUCT FEATURES

- **Adjustable Lumbar Traction Height:** Manually inflate the pillow to adjust the lumbar support height from 4.3 to 6.1 inches (11-15.5 cm) for personalized comfort.
- **3 Heating Levels:** Provides soothing heat at Low (100.4°F), Medium (113.0°F), and High (126.9°F) to help relieve lower back pain and improve blood circulation.
- **3 Timer Settings:** Choose between 10, 20, or 30-minute auto-shutoff timers for safe and convenient use.

- **Ergonomic Design:** Streamlined shape designed to fit the natural curve of the lumbar spine.
- **Premium Materials:** Constructed with high-quality slow-rebound memory foam and a breathable 4D mesh pillowcase.
- **Non-Slip Adjustable Strap:** Secures the pillow to various chairs, preventing slippage.
- **Versatile Power Options:** Includes both a standard power adapter and a car adapter for use at home, office, or in a vehicle.

Adjustable Traction Height

This personalized adjustment ensures optimal support for your lumbar spine

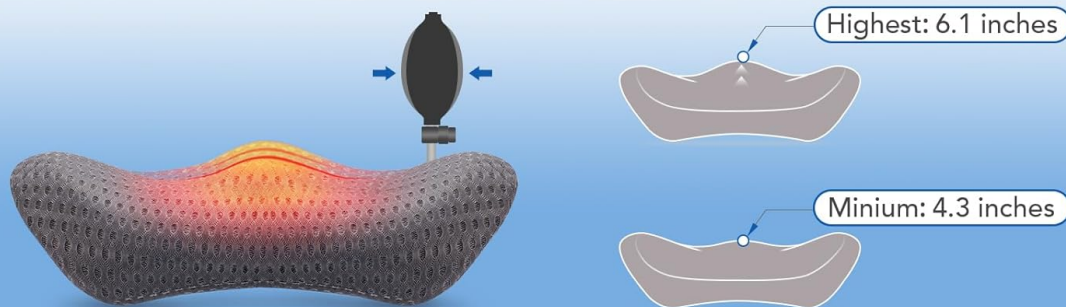


Image: A user demonstrating the manual inflation process to adjust the pillow's height for optimal lumbar support.

Adjustable Waist Traction Height

Adjust the height you needs and wants

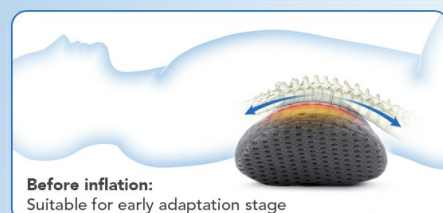


Image: A diagram illustrating how the manual pump adjusts the pillow's height to stretch the lumbar spine, showing

'before inflation' (suitable for early adaptation) and 'after inflation' states.



Image: A diagram detailing the three available heating levels: Low (100.4°F), Medium (113.0°F), and High (126.9°F).

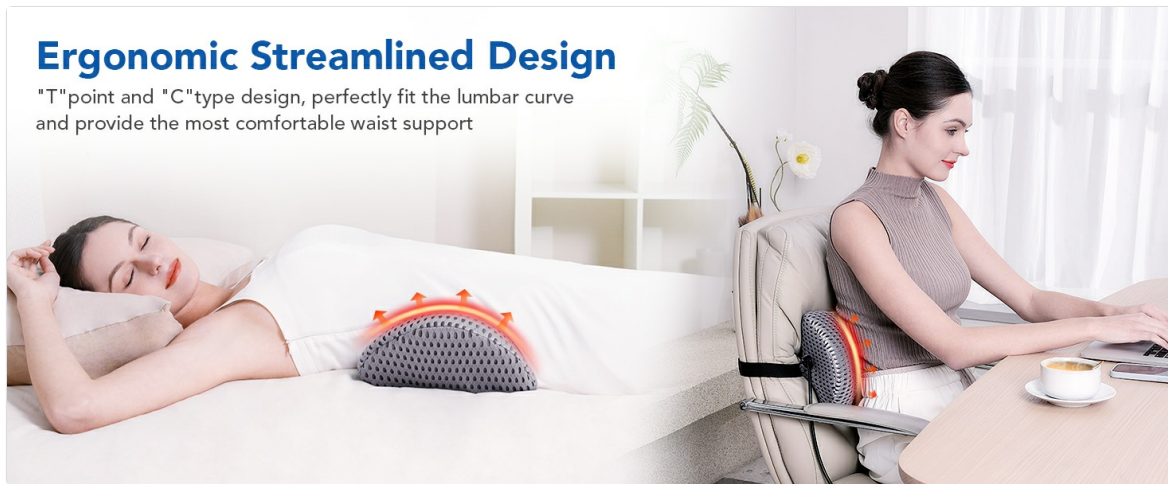


Image: An illustration demonstrating the ergonomic streamlined design of the pillow, showing how it perfectly fits the lumbar curve for comfortable waist support.



Image: Visual representation of the pillow's premium materials and accessories, including the breathable 4D mesh pillowcase, slow-rebound memory foam, car adapter, and adjustable strap.

SETUP AND INSTALLATION

- 1. Positioning the Pillow:** Place the lumbar support pillow against the backrest of your chair (office chair, car seat, recliner, etc.) at the desired height for your lower back.
- 2. Securing with Strap:** Use the adjustable non-slip strap to secure the pillow to the chair. Wrap

the strap around the backrest and fasten the buckle. Adjust the strap length to ensure a snug fit, preventing the pillow from slipping down.

3. Connecting Power:

- For home or office use, connect the power cord from the controller to a standard wall outlet.
- For car use, connect the power cord from the controller to the included car adapter, then plug the car adapter into your vehicle's 12V power socket.

4. Initial Adjustment: Before sitting, ensure the pillow is positioned comfortably against your lower back.



Image: The lumbar support pillow installed in both a car seat and an office chair, highlighting the car adapter and the adjustable non-slip strap for secure placement.

OPERATING INSTRUCTIONS

Using the Controller:



Image: A detailed view of the wired controller, showing the power button, heat level indicator (L, M, H), and timer settings (10, 20, 30 minutes).

- **Power On/Off:** Press the **Power Button** (usually indicated by a circle with a vertical line) to turn the pillow on or off.
- **Adjusting Heat Levels:** Press the **Heat Button** (often indicated by a wavy lines icon) to cycle through the three heating levels: Low (L), Medium (M), and High (H). The corresponding indicator light will illuminate.
- **Setting the Timer:** Press the **Timer Button** (often indicated by a clock icon) to select a duration of 10, 20, or 30 minutes. The pillow will automatically shut off after the selected time.



Image: A diagram illustrating the auto-stop timer function with options for 10, 20, and 30 minutes, ensuring safe usage.

Adjusting Lumbar Traction Height:



Image: A diagram illustrating the manual inflation process by pressing the airbag to increase height and long-pressing to deflate.

- Locate the manual inflatable ball attached to the pillow.
- To increase the lumbar support height, repeatedly press the inflatable ball until the desired firmness and height are achieved.
- To decrease the lumbar support height, long-press the small button on the inflatable ball to release air.
- Adjust the height gradually to find the most comfortable and supportive position for your spine.

MAINTENANCE AND CARE

- **Cleaning:** Do not remove the pillowcase for washing, as it contains heating wires. To clean the pillow, gently wipe the surface with a damp cloth and mild detergent. Allow it to air dry completely before reuse.
- **Storage:** Store the pillow in a cool, dry place away from direct sunlight when not in use.
- **Memory Foam Characteristics:** The memory foam may feel firmer in cold conditions and softer in warmer conditions. This is a normal characteristic of memory foam and does not affect the product's functionality or durability.

TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Pillow does not heat up.	Not properly plugged in. Overheating protection activated. Faulty power source.	Ensure all connections are secure. Allow the pillow to cool down; heating will resume automatically. Try a different power outlet or car socket.
Pillow feels too firm or too soft.	Lumbar traction height needs adjustment. Ambient temperature affecting memory foam.	Use the manual inflatable ball to adjust the height. This is normal; the pillow will adapt to body heat.
Pillow slips down the chair.	Strap not securely fastened or adjusted.	Tighten the adjustable non-slip strap around the chair backrest.

SPECIFICATIONS

- **Model:** KP7
- **Dimensions:** 18.9 x 8.3 x 4.3 inches (48 x 21 x 11 cm)
- **Weight:** Approximately 1.43 Pounds (0.65 kg)
- **Material:** Slow-rebound Memory Foam, 4D Mesh Fabric
- **Power Source:** Corded Electric (AC adapter and 12V car adapter included)
- **Heating Levels:** Low (100.4°F), Medium (113.0°F), High (126.9°F)
- **Timer Settings:** 10 / 20 / 30 minutes
- **Adjustable Traction Height:** 4.3 to 6.1 inches (11-15.5 cm)

WARRANTY AND CUSTOMER SUPPORT

KNQZE offers a **1-year warranty** for this product. This warranty covers manufacturing defects and provides free replacements for any damage occurring within the first year of purchase.

For warranty claims, technical assistance, or any questions regarding your KNQZE Heated Lumbar Support Pillow, please contact our customer support team through the retailer where you purchased the product or visit the official KNQZE website for contact information.

Please retain your proof of purchase for warranty validation.