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Jawploy PX02

Jawploy Smart Ring Fitness Tracker User Manual

Model: PX02



1. INTRODUCTION

This manual provides essential instructions for the setup, operation, and maintenance of your Jawploy Smart Ring Fitness Tracker. Please read this guide thoroughly to ensure proper use and to maximize the device's capabilities.



Image 1.1: Jawplay Smart Ring with charging case and cables.

2. WHAT'S IN THE BOX

Verify that all items are present in your package:

- Smart Ring x 1
- Charging Case x 1
- Charging Cable x 1
- USB-C Cable x 1
- User Manual x 1

3. SETUP GUIDE

3.1. Initial Charging

Before first use, fully charge your Jawplay Smart Ring. Place the ring into the charging case, then connect the

charging case to a power source using the provided USB-C cable. The indicator light on the charging case will show charging status.

3.2. App Installation

Download the official Jawplay companion app from your device's app store. The app is compatible with Android 5.0 and above, and Apple iOS 10.0 and above.

3.3. Device Pairing

1. Ensure your smart ring is charged and within Bluetooth range of your smartphone.
2. Enable Bluetooth on your smartphone.
3. Open the Jawplay app and follow the on-screen instructions to search for and pair your smart ring.
4. Confirm the pairing request on both your phone and, if prompted, on the ring (though typically not required for rings).

3.4. Ring Sizing

Accurate sizing is crucial for comfortable wear and precise data collection. Refer to the sizing instructions and comparison table below to determine your correct ring size.


Please SIZE FIRST before buying

We RECOMMEND using SIZING KIT

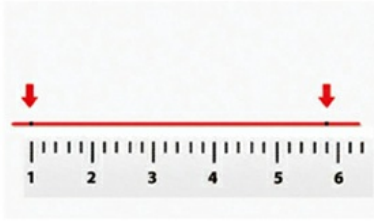
Click on the "Sizing Kit" above

(If not sure about proper size)

Measuring with string MAY be HARD to get accurate data



STEP-01
Please select a thin line without elasticity when measuring. Circle the line around the finger.



STEP-02
Straighten the thin line and measure its length with a ruler. Now you get the perimeter of the finger. Choose according to the following: (See the Length and find the Size)

International Popular Ring Size Comparison Table

Scale numbers of various countries							Length(mm)	
United States	UK	Japan	Germany	France	Switzerland	China	Perimeter	diameter
7	0	14	17.25	54	14	14	54.4	17.4
8	Q	16	18	56.5	16.5	16	56.9	18.2
9	S	18	19	59	19	18	59.5	19.0
10	T1/2	20	20	61.5	21.5	20	62.1	19.9
11	V1/2	23	20.75	64	24	23	64.6	20.7
12	Y	25	21.25	66.5	27.5	25	67.2	21.5

Image 3.1: Guide for measuring ring size and an international comparison table.

Measuring Steps:

1. Select a thin, non-elastic line. Wrap it around the base of the finger where you intend to wear the ring.
2. Mark the point where the line overlaps.
3. Straighten the line and measure its length with a ruler to find the perimeter of your finger.
4. Use the provided table to match your perimeter measurement to the corresponding ring size.

International Ring Size Comparison Table

United States	UK	Japan	Germany	France	Switzerland	China	Perimeter (mm)	Diameter (mm)
7	O	14	17.25	54	14	14	54.4	17.4
8	Q	16	18	56.5	16.5	16	56.9	18.2
9	S	18	19	59	19	18	59.5	19.0
10	T1/2	20	20	61.5	21.5	20	62.1	19.9
11	V1/2	23	20.75	64	24	23	64.6	20.7
12	Y	25	21.25	66.5	27.5	25	67.2	21.5

4. OPERATING INSTRUCTIONS

4.1. Wearing the Ring

Wear the smart ring on any finger where it fits comfortably and securely. Ensure the sensors on the inner surface of the ring are in contact with your skin for accurate readings.

4.2. Health Monitoring

The Jawplay Smart Ring tracks key health metrics automatically. View detailed data in the companion app:

- **Heart Rate:** Real-time heart rate monitoring.
- **Blood Oxygen (SpO2):** Manual measurement via the app.
- **Steps Counter:** Tracks daily steps taken.



Image 4.1: High-precision sensors track key health metrics via the app.

4.3. Sleep Tracking

The ring monitors your sleep stages (deep, light, awake) with comprehensive analysis available in the app. Wear the ring comfortably overnight to receive detailed sleep reports and insights to improve sleep habits.



Image 4.2: Sleep monitoring with detailed app charts.

4.4. Activity Tracking

The Jawplay Smart Ring serves as a workout companion, logging various activity types. It tracks routes (via smartphone GPS), steps, calories burned, duration, speed, and heart rate during exercise. Supported activities include running, walking, cycling, and climbing.

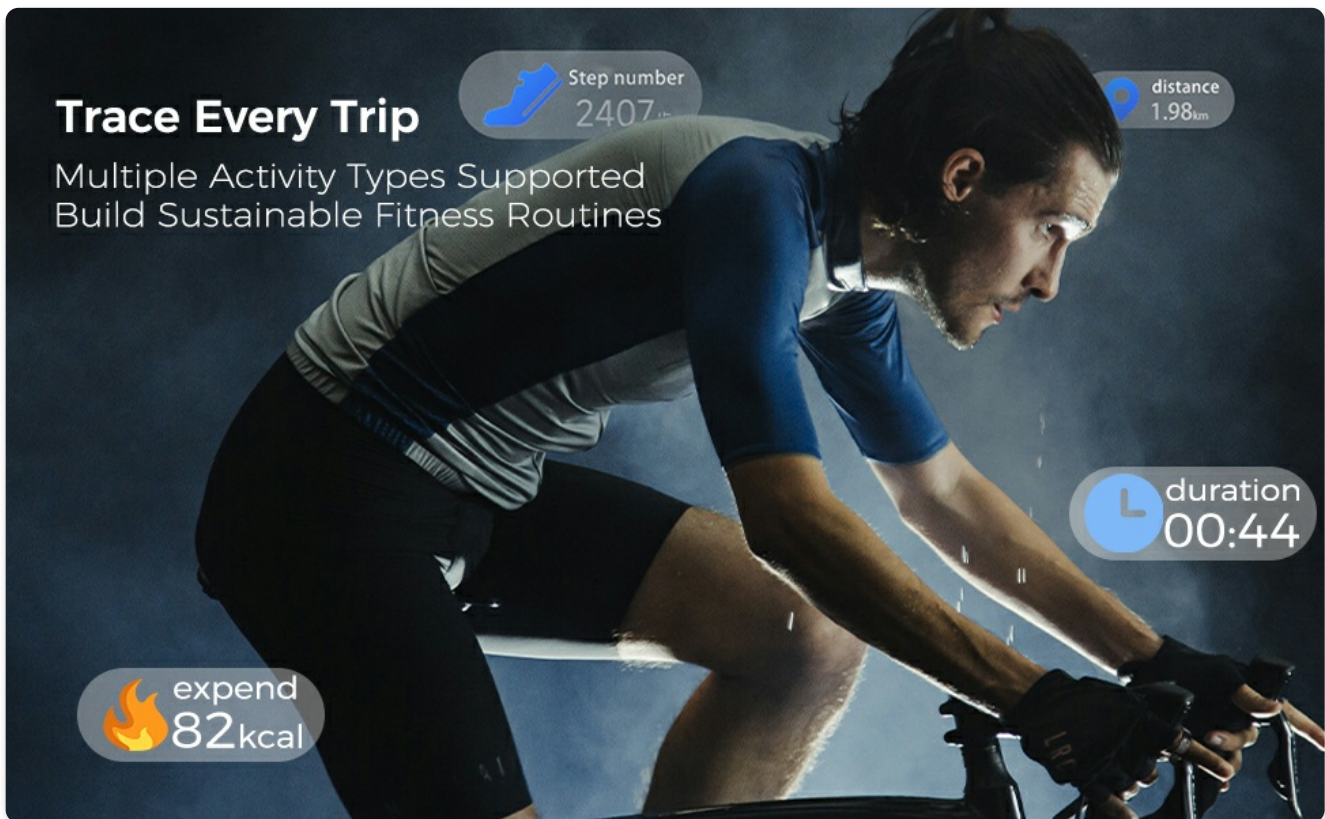


Image 4.3: Activity tracking for various sports modes.

4.5. Gesture Controls

The smart ring features gesture controls for enhanced convenience:

- **Short Video Control:** Navigate short video content hands-free.
- **Remote Photography:** Snap photos remotely using ring gestures.

Image 4.4: Gesture controls for media and remote photography.

4.6. Water Resistance

The Jawplay Smart Ring is 5ATM waterproof, supporting immersion up to 50 meters. This allows for use during swimming, in the rain, and during handwashing.

5. MAINTENANCE

5.1. Cleaning

To maintain optimal performance and hygiene, regularly clean your smart ring. Wipe the ring with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials that could damage the sensors or finish.

5.2. Battery Management

The smart ring offers 7-10 days of use and up to 15 days of standby time on a single charge. The included charging case (200mAh) can extend the ring's battery life to over 30 days by providing multiple recharges on the go.

- Charge the ring when the app indicates low battery.
- Store the ring in its charging case when not in use to keep it charged.

6. TROUBLESHOOTING

If you encounter issues with your Jawploy Smart Ring, refer to the following common solutions:

- **Inaccurate Tracking (Sleep/Steps):** Ensure the ring is worn snugly and correctly on your finger. Verify that the app is updated to the latest version. Note that environmental factors and individual physiology can influence sensor accuracy.
- **Connectivity Issues:** Check that Bluetooth is enabled on your smartphone and the ring is within range. Try restarting both your phone and the smart ring. Re-pair the device through the app if necessary.
- **App Syncing Problems:** Open the Jawploy app regularly to ensure data synchronization. Some data may not sync automatically in the background.
- **Ring Not Responding:** Place the ring in its charging case to ensure it has sufficient power. If unresponsive, allow it to charge for a few minutes before attempting to use it again.
- **Excessive Phone Battery Drain:** While the ring itself is low-power, continuous Bluetooth connection and frequent app usage can impact phone battery. Adjust app notification settings and background refresh permissions if concerned.

For persistent issues, consult the support section of the Jawploy app or contact customer support.

7. SPECIFICATIONS

Feature	Detail
Brand	Jawploy
Model Number	PX02
Item Weight	3.17 ounces (0.09 Kilograms)
Package Dimensions	3.62 x 3.31 x 1.06 inches
Battery Capacity	16 Milliamp Hours
Battery Cell Composition	Lithium Ion
Operating System Compatibility	Android 5.0 and above; Apple iOS 10.0 and above
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Special Features	Activity Tracker, Gesture Control, Lightweight
GPS	Via Smartphone
Memory Storage Capacity	24 MB
RAM Memory Installed Size	96 KB
Shape	Round

8. WARRANTY AND SUPPORT

8.1. Warranty Information

For detailed warranty information, please refer to the documentation included with your purchase or visit the official Jawplay website. Warranty terms typically cover manufacturing defects for a specified period from the date of purchase.

8.2. Customer Support

If you require further assistance, have questions, or encounter issues not covered in this manual, please contact Jawplay customer support. Support contact details can usually be found on the official Jawplay website or within the companion app.

