

## ZIPRO Newlite

# ZIPRO Newlite Foldable Treadmill User Manual

Model: Newlite | Brand: ZIPRO

## 1. INTRODUCTION AND OVERVIEW

The ZIPRO Newlite Foldable Treadmill is designed for home use, offering two distinct training modes: walking and jogging. Its compact, foldable design allows for convenient storage in small spaces. This manual provides essential information for the safe assembly, operation, and maintenance of your treadmill.



Image 1.1: The ZIPPRO Newlite treadmill in use, showcasing its compact design and integrated control options.

## 2. SAFETY INFORMATION

Please read all safety instructions carefully before using the treadmill. Failure to follow these instructions may result in injury or damage to the product.

- **Maximum User Weight:** Do not exceed the maximum user weight of **110 kg (242 lbs)**.
- **Clearance:** Ensure a minimum clearance of 2 meters (6.5 feet) behind the treadmill and 0.6 meters (2 feet) on each side during operation.
- **Emergency Stop:** Always attach the safety key clip to your clothing before starting a workout. In case of an emergency, pull the safety key to immediately stop the treadmill.
- **Children and Pets:** Keep children and pets away from the treadmill during operation. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- **Power Source:** Connect the treadmill only to a properly grounded outlet. Do not use extension cords.
- **Maintenance:** Perform regular maintenance as described in this manual to ensure safe operation.
- **Footwear:** Always wear appropriate athletic footwear when using the treadmill.

### 3. PACKAGE CONTENTS

Verify that all components are present in the package:

- ZIPPRO Newlite Treadmill Unit
- Remote Control
- Safety Key
- Instruction Manual

### 4. SETUP AND ASSEMBLY

The ZIPPRO Newlite treadmill comes largely pre-assembled. Follow these steps to prepare it for use:

1. **Unpacking:** Carefully remove the treadmill from its packaging.
2. **Unfolding:** Gently lift the handlebar assembly until it locks into the upright position. Ensure all locking mechanisms are securely engaged.
3. **Placement:** Place the treadmill on a flat, stable surface, ensuring adequate clearance around the unit.
4. **Power Connection:** Plug the power cord into a grounded electrical outlet.



Image 4.1: Folding and storage options for the ZIPPRO Newlite treadmill, demonstrating its compact design for under-sofa or vertical storage.

When not in use, the treadmill can be folded flat for storage. Its slim profile (17 cm high when folded) allows it to be stored under a bed or sofa, or vertically against a wall. Integrated transport wheels facilitate easy movement.



Image 4.2: Compact dimensions and transport wheels for easy relocation and storage.

## 5. OPERATING INSTRUCTIONS

The ZIPPRO Newlite treadmill offers intuitive controls for a personalized workout experience.

### 5.1 Powering On and Off

- **Power On:** Plug in the treadmill and press the power button on the console. The display will illuminate.
- **Power Off:** Press the stop button on the console or remote control. Unplug the treadmill from the power outlet when not in use.

### 5.2 Using the Console and Remote Control

The treadmill can be controlled via the integrated console or the included remote control.





Image 5.1: Console and remote control for easy adjustment of settings during your workout.

- **Start/Stop:** Use the 'START' and 'STOP' buttons on the console or remote to begin and end your workout.
- **Speed Adjustment:** Use the 'SPEED UP' (+) and 'SPEED DOWN' (-) buttons to adjust the treadmill speed from 1 km/h to 10 km/h.
- **Display:** The LED display shows key metrics such as speed, time, distance, and calories burned.
- **Tablet Holder:** The integrated tablet holder allows you to place your mobile device for entertainment or app integration during your workout.

### 5.3 Training Modes

The Newlite treadmill supports two primary training modes:

- **Walking Mode:** Speeds up to 6 km/h, ideal for relaxed walking or light cardio.
- **Jogging Mode:** Speeds up to 10 km/h, suitable for dynamic running workouts.



Image 5.2: Illustrates the two training modes and their respective speed ranges.

## 5.4 App Connectivity

Enhance your training experience by connecting the treadmill to compatible fitness applications like Kinomap and FitShow. These apps allow you to track your results, set goals, and train on virtual routes.



## Tapis de course compatible avec les applications

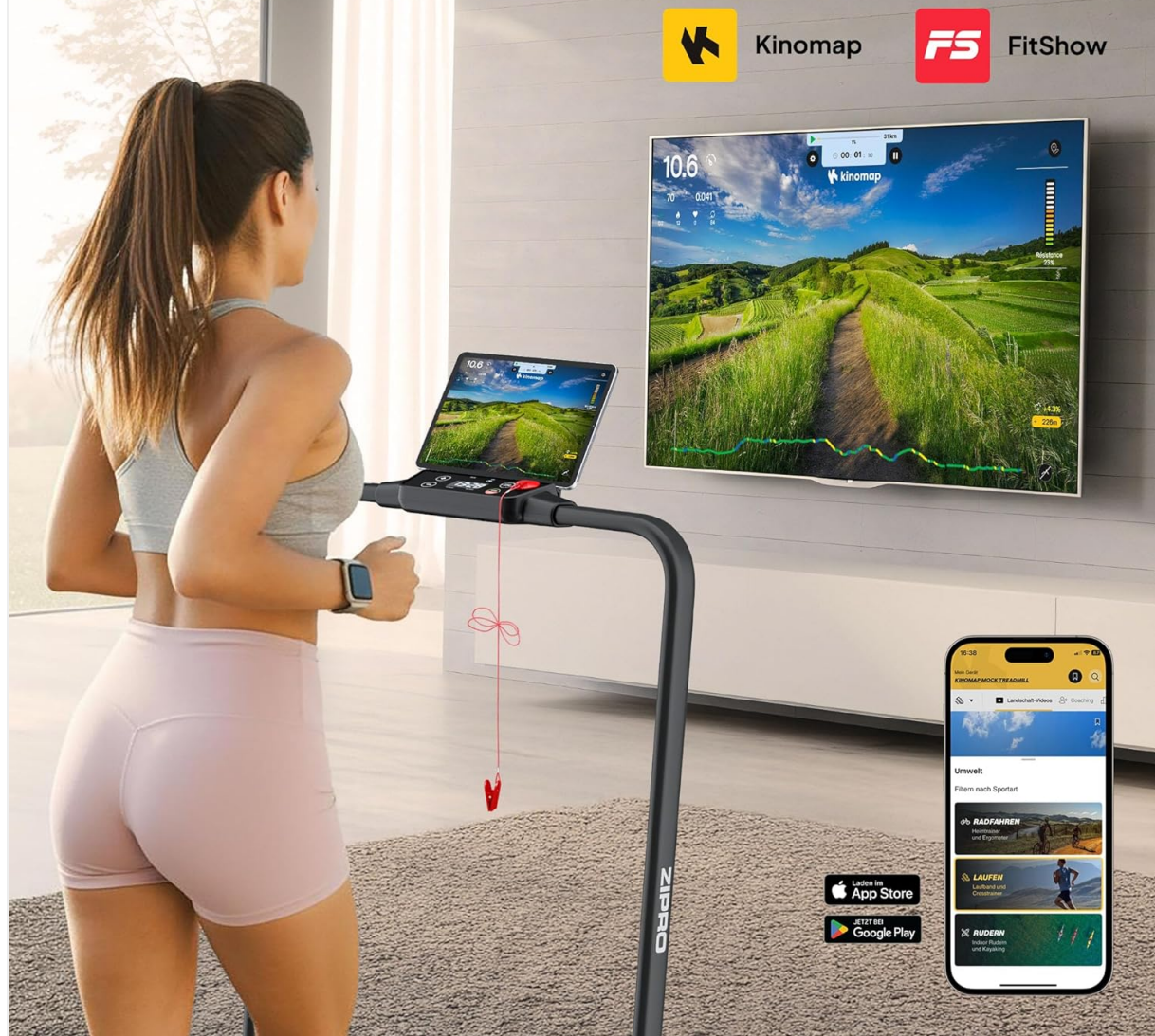


Image 5.3: The treadmill's compatibility with fitness applications like Kinomap and FitShow for interactive workouts.

## 6. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your ZIPRO Newlite treadmill.

- **Cleaning:** Wipe down the treadmill surfaces with a damp cloth after each use. Avoid using abrasive cleaners.
- **Running Belt Lubrication:** The running belt requires periodic lubrication to reduce friction and extend its lifespan. Refer to the specific instructions for lubrication frequency and type of lubricant.
- **Running Belt Adjustment:** Over time, the running belt may become misaligned or loose. Adjust the belt tension and centering as needed, following the instructions provided in the full manual.
- **Inspection:** Regularly inspect all bolts, nuts, and moving parts for tightness and wear. Tighten any loose fasteners.

## 7. TROUBLESHOOTING

If you encounter issues with your treadmill, refer to the following common problems and solutions:

- **Treadmill Not Starting:** Ensure the power cord is securely plugged in and the safety key is correctly

inserted. Check the power outlet.

- **Belt Slipping:** The running belt may be too loose. Refer to the maintenance section for instructions on adjusting belt tension.
- **Unusual Noises:** Check for loose parts or foreign objects under the belt. Lubricate the belt if necessary. If the noise persists, contact customer support.
- **Inaccurate Display Readings:** Ensure all connections are secure. Recalibrate if the manual provides instructions for doing so.

For problems not listed here, or if solutions do not resolve the issue, please contact ZIPRO customer support.

## 8. SPECIFICATIONS

Feature	Specification
Model	Newlite
Brand	ZIPRO
Color	Black
Material	Polyethylene (PE), Metal
Motor Horsepower	1.35 HP (Peak Power)
Speed Range	1 - 10 km/h
Max User Weight	110 kg
Running Belt Dimensions	110 cm (Length) x 42 cm (Width)
Unfolded Dimensions (L x W x H)	130.5 cm x 65.5 cm x 112 cm
Folded Dimensions (L x W x H)	142.5 cm x 65.5 cm x 17 cm
Item Weight	26.13 kg
Display Type	LED
Display Metrics	Speed, Time, Distance, Calories Burned
Special Features	Foldable Design, Easy Walk Cushioning, Remote Control, App Connectivity (Kinomap, FitShow)





Image 8.1: Running belt dimensions and Easy Walk cushioning system for joint protection.

## 9. WARRANTY AND SUPPORT

For warranty information, technical support, or service inquiries, please refer to the warranty card included with your product or visit the official ZIPRO website. Keep your purchase receipt as proof of purchase.

### Related Documents - Newlite



[ZIPRO Sigma Treadmill User Manual](#)

Comprehensive user manual for the ZIPRO Sigma treadmill, covering assembly, operation, safety guidelines, computer functions, maintenance, and troubleshooting. Includes multilingual support and product specifications.



## ZIPRO Luma Treadmill User Manual

Comprehensive user manual for the ZIPRO Luma treadmill, covering assembly, operation, safety guidelines, maintenance, and troubleshooting.



## ZIPRO Ramble Treadmill User Manual

Comprehensive user manual for the ZIPRO Ramble treadmill, covering assembly, operation, maintenance, and troubleshooting. Learn how to safely and effectively use your treadmill for home workouts.



## ZIPRO STRIDE Workout Bench User Manual

Comprehensive user manual for the ZIPRO STRIDE workout bench, covering assembly, operation, maintenance, safety guidelines, and warranty information.



## Instrukcja obsługi bieżni ZIPRO Newlite

Kompleksowa instrukcja obsługi i montażu bieżni ZIPRO Newlite. Dowiedz się o bezpiecznym użytkowaniu, konserwacji i składaniu.



## ZIPRO Pacto Treadmill User Manual

Comprehensive user manual for the ZIPRO Pacto Treadmill, covering assembly, operation, safety guidelines, maintenance, and troubleshooting. Includes technical specifications and parts list.

