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MERACH MR-T21B1

MERACH Walking Pad Treadmill MR-T21B1 User Manual

Model: MR-T21B1

INTRODUCTION

Thank you for choosing the MERACH Walking Pad Treadmill. This manual provides essential information for the safe operation, setup, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before using the device to ensure proper function and safety.

IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of serious injury, always follow basic precautions when using this appliance, including the following:

- Read all instructions before using the walking pad.
- Keep children and pets away from the equipment.
- Place the walking pad on a flat, stable surface.
- Ensure adequate clearance around the walking pad (at least 2 feet on all sides).
- Do not operate the walking pad if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate athletic footwear.
- Do not exceed the maximum weight capacity of 120 kg (264 lbs).
- Unplug the walking pad from the power outlet when not in use, before cleaning, and before performing maintenance.
- Consult a physician before starting any exercise program.

PRODUCT OVERVIEW

The MERACH Walking Pad Treadmill is designed for home and office use, offering a compact and quiet solution for walking or light jogging. It features a 2.5 HP silent motor, LED display, and can be controlled via remote or a dedicated app.



Figure 1: MERACH Walking Pad Treadmill in use. This image shows the compact design of the walking pad, suitable for both standalone use and placement under a standing desk. The LED display is visible at the front of the unit.

Key Components:

- **Running Belt:** 5-layer non-slip surface for comfortable and safe use.
- **LED Display:** Shows speed, time, distance, and calories.
- **Motor:** 2.5 HP silent motor.
- **Remote Control:** For adjusting speed and starting/stopping the unit.
- **Power Cord:** Connects the unit to an electrical outlet.
- **Tool Kit:** Includes necessary tools for basic maintenance.

SETUP

1. **Unpacking:** Carefully remove the walking pad from its packaging. Retain packaging materials for future storage or

transport.

2. **Placement:** Place the walking pad on a firm, level surface. Ensure there is at least 2 feet of clear space around the unit.
3. **Power Connection:** Connect the power cord to the walking pad and then plug it into a grounded electrical outlet.
4. **Initial Inspection:** Before first use, inspect the running belt for any damage and ensure it is centered.

OPERATING INSTRUCTIONS

Powering On/Off:

- To power on, plug in the unit and press the power button on the walking pad or remote control. The LED display will illuminate.
- To power off, press the power button again. Unplug the unit from the wall for complete power disconnection.

Using the Remote Control:

- **Start/Stop:** Press the START/STOP button to begin or end your workout.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the walking speed. The speed range is 2-6 km/h.

Using the MERACH Fitness App:

- **Download:** Download the MERACH fitness app from your device's app store.
- **Pairing:** Follow the in-app instructions to pair your walking pad with your smartphone or tablet via Bluetooth.
- **Features:** The app allows you to access guided workouts, track real-time data (distance, speed, calorie consumption), and participate in interactive fitness games.

LED Display Information:

The integrated LED display cycles through various metrics during your workout:

- **Time:** Duration of your workout.
- **Speed:** Current walking speed in km/h.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your MERACH Walking Pad.

- **Cleaning:** Wipe down the walking pad with a damp cloth after each use. Do not use abrasive cleaners or solvents. Ensure the unit is unplugged before cleaning.
- **Belt Lubrication:** The running belt may require lubrication periodically. Refer to the specific instructions in the included tool kit or contact customer support for guidance.
- **Belt Adjustment:** If the running belt becomes misaligned or feels loose, use the provided tool kit to adjust it. Consult the detailed instructions for belt centering and tensioning.
- **Storage:** When not in use, store the walking pad in a dry, cool place. Its compact size allows for storage under a desk or bed.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Walking pad does not power on.	Not plugged in; power switch off; faulty power cord.	Ensure power cord is securely plugged into a live outlet. Check power switch. Contact support if issue persists.
Running belt stops or slips.	Belt too loose; insufficient lubrication; motor overload.	Adjust belt tension. Lubricate belt as per instructions. Reduce user weight or speed.
Remote control not responding.	Dead batteries; not paired; interference.	Replace remote control batteries. Re-pair remote with walking pad. Ensure no obstructions.
App connection issues.	Bluetooth off; app not updated; device not paired.	Ensure Bluetooth is enabled on your device. Update the MERACH app. Follow in-app pairing instructions.
Unusual noise during operation.	Loose components; belt friction; foreign object.	Inspect for loose parts and tighten. Lubricate belt. Check for any objects under the belt.

SPECIFICATIONS

Feature	Detail
Brand	MERACH
Model Name	MR-T21B1
Product Dimensions	42.91"D x 4.33"W x 18.11"H (1094*468*111.5mm)
Item Weight	13 Kilograms
Material	Acrylonitrile Butadiene Styrene (ABS)
Maximum Speed	6 Kilometers per Hour
Minimum Speed	2 Kilometers per Hour
Maximum Horsepower	2.5 Horsepower
Maximum Weight Recommendation	120 Kilograms
Power Source	Corded Electric
Assembly Required	No
Included Components	Power Cord, Remote Control, Tool Kit, User Manual

WARRANTY AND SUPPORT

MERACH provides a 1-year warranty for this walking pad. In case of any issues covered by the warranty, the product will be replaced, not repaired. For technical support, warranty claims, or general inquiries, please contact MERACH customer service. They offer 24/7 support.

Please note that a seam on the treadmill belt is a normal design feature and does not affect the safety or performance of the device.

For further assistance, visit the [MERACH Store on Amazon](#).



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