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> IKEEPFIT MAXwarm 3.0 Portable Heating Pad Instruction Manual

## IKEEPFIT MAXwarm 3.0

# IKEEPFIT MAXwarm 3.0 Portable Heating Pad Instruction Manual

Model: MAXwarm 3.0

## INTRODUCTION

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Thank you for choosing the IKEEPFIT MAXwarm 3.0 Portable Heating Pad. This cordless wearable heat belt with massager is designed to provide effective relief for lower back pain, menstrual cramps, and general discomfort. Featuring advanced MAXwarm Technology, it offers triple-action relief through heat, vibration, and lumbar support. This manual will guide you through the proper setup, operation, and maintenance of your device to ensure optimal performance and safety.

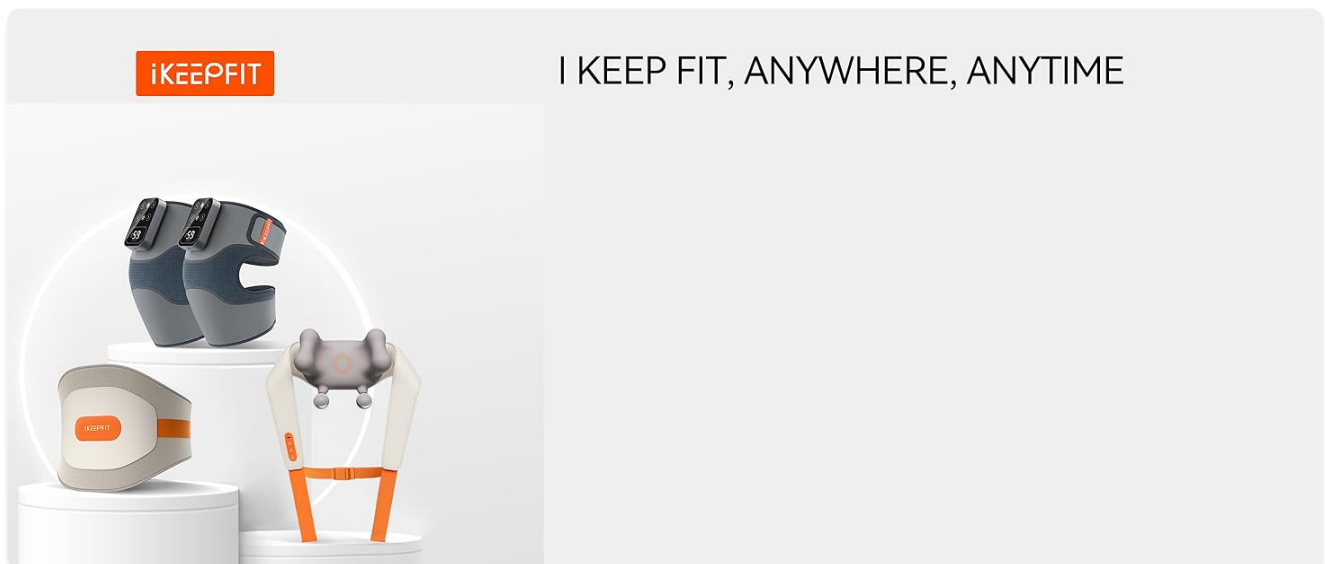


Image: The IKEEPFIT MAXwarm 3.0 Portable Heating Pad worn on the lower back, illustrating its heating and vibration capabilities for targeted relief.

## IMPORTANT SAFETY WARNINGS

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- **Avoid prolonged use:** To prevent skin irritation, do not use the device for extended periods.
- **Automatic Shut-off:** For your safety, the device automatically turns off after 20 minutes.
- **Re-use Interval:** If you wish to continue a session, please wait at least 30 minutes before turning the device back on.
- **Charging Adapter:** Always use a 5V/2A adapter for charging. Using high-voltage chargers may shorten battery life.
- **Skin Contact:** Avoid direct skin contact with the heating elements. Always wear thin clothing between the device and your skin.



Image: Safety Assurance information highlighting product testing and certifications.

## PACKAGE CONTENTS

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Please check the box for the following items:

- IKEEPFIT MAXwarm 3.0 Portable Heating Pad (1 unit)
- USB-C Charging Cable (1 unit)
- User Manual (1 unit)
- Extension Straps (2 units: 12-inch and 28-inch)

## PRODUCT OVERVIEW

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The IKEEPFIT MAXwarm 3.0 is a versatile device offering comprehensive relief:

- **Triple-Action Relief:** Combines even heat, relaxing vibration, and lumbar support for stiffness, sore muscles, and tension.
- **MAXwarm Technology:** Features an extra-wide graphene heating area for rapid 5-second heating, NTC smart temperature control, and a 20-minute auto-off safety feature. It includes dual front/back heating zones.
- **Cordless Freedom:** Equipped with a built-in 8000 mAh rechargeable battery for true portability without the hassle of cords.
- **Wearable Design:** Flexible and easy to pack, designed for comfortable movement and on-the-go relief.

# Instant Target Back Relief

Larger Heating Area & 5-Second Fast Heat for Rapid Back Pain Relief. Gentle Massage Provides Lasting Comfort.



Everyday Back Relief



After Exercise Relaxation



Stay Warm in Cold Days

Image: The IKEEPFIT MAXwarm 3.0 in use, highlighting its instant target back relief with heat and gentle massage.

# Portable Cordless Freedom

Comfort that moves with you anytime, anywhere.



Truly Wireless  
Freedom



Wearable Design  
Ergonomic Fit



2000+  
Rechargeable Lifespan

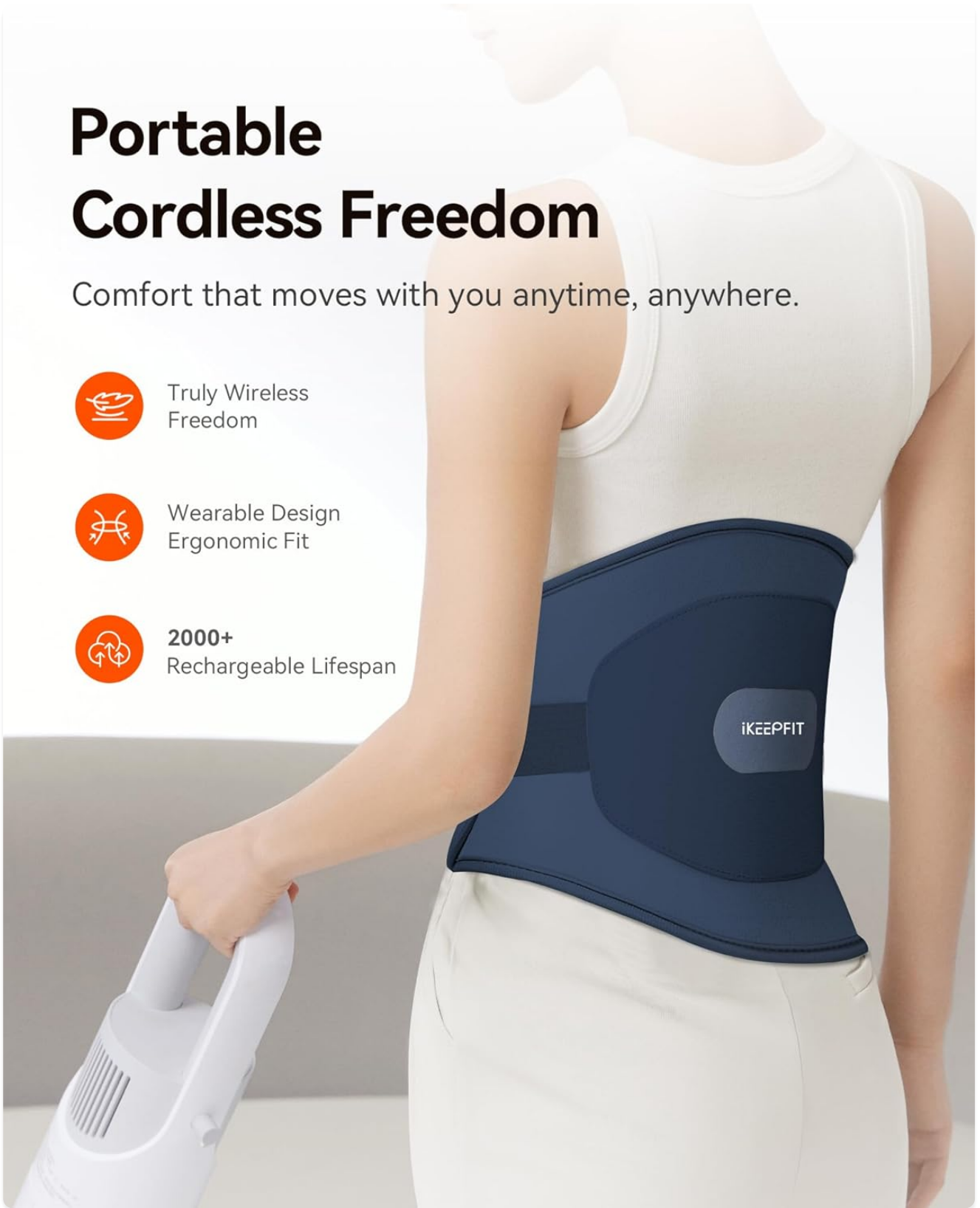


Image: A user wearing the cordless heating pad, emphasizing its portable and ergonomic design.

## SETUP

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### 1. Initial Charging

Before first use, fully charge the device using the provided USB-C charging cable and a 5V/2A adapter. A full charge

provides approximately 4-5 sessions on maximum heat and vibration, or up to 20 sessions on the lowest setting.

## 2. Attaching Extension Straps (If Needed)

The belt is designed to fit most waist sizes (28"–70" waists, 90-310 lbs). If a larger fit is required, attach the provided 12-inch or 28-inch extension straps to the Velcro sections of the main belt.

Your browser does not support the video tag.

Video: Demonstrates how to attach the battery and use the charging cable for the heating pad.

## WEARING INSTRUCTIONS

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1. **Wear over clothing:** Always wear the heating pad over snug, thin clothing to avoid direct skin contact and potential irritation.
2. **Positioning:** Place the main heating pad unit on your lower back or abdomen, depending on the area requiring relief.
3. **Secure with Velcro:** Wrap the belt around your waist and secure it firmly with the Velcro closures. Adjust for a comfortable yet snug fit.
4. **Use Elastic Straps:** For additional lumbar support and to prevent slipping, pull and secure the elastic straps to tighten the belt further.

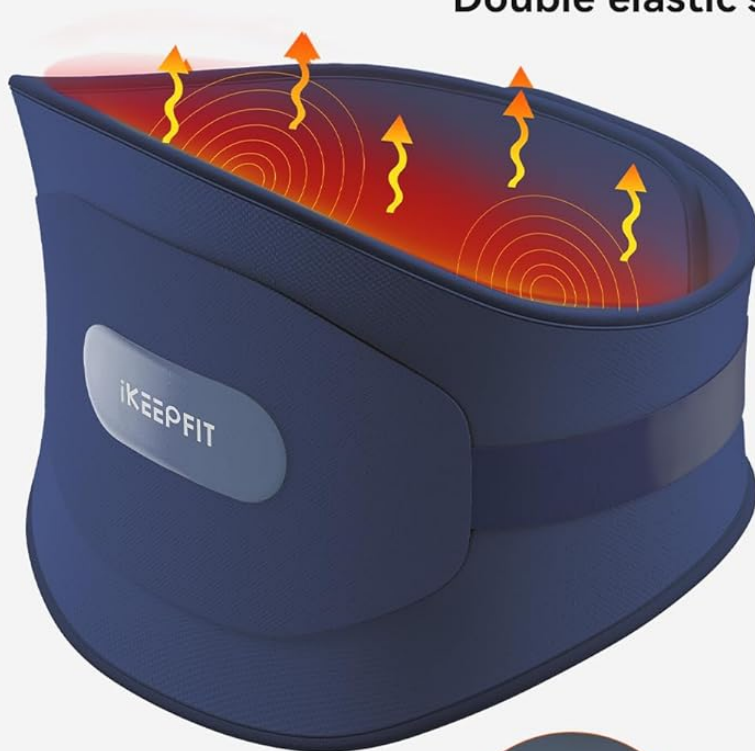
# Lasts Longer, Feels Better



41 inch belt + 12" & 28" extensions (UP to 65")



**Double elastic straps**



**Baby-soft touch**



**Extra-large area velcro**



**Stylish PU Liner**

Image: Visual guide on how to correctly wear the heating pad, emphasizing wearing over clothing and securing the straps.

Your browser does not support the video tag.

Video: A detailed demonstration on how to properly wear the IKEEPFIT Heating Pad for effective use.

**OPERATING INSTRUCTIONS**

The control panel is conveniently located on the belt for easy access.

1. **Power On/Off:** Press and hold the power button to turn the device on or off.
2. **Adjust Heat Levels:** Press the 'Heating' button to cycle through three uniform heat levels:
  - Low (113°F)
  - Medium (131°F)
  - High (149°F)
3. **Select Vibration Modes:** Press the 'Vibration' button to choose from three powerful vibration modes:
  - Gentle
  - Rhythmic
  - Intense
4. **Automatic Shut-off:** The device will automatically power off after 20 minutes of continuous use as a safety measure. You can restart it after a 30-minute rest period.
5. **Dual Zone Heating:** The MAXwarm 3.0 features dual front/back heating zones. You can turn off the front zone if only back relief is desired.

**MAXwarm**  
Pad 3.0

# Easy to Use

## 3-Level Heat



Low(113°F)



Medium(131°F)



High(149°F)

### 3-Level Vibration



Gentle



Rhythmic



Intense



20 Min  
Auto Off



Temp

Vibrate

Power/Back/Front&Back

Image: The easy-to-use control panel with 3-level heat and 3-level vibration settings, including a 20-minute auto-off timer.

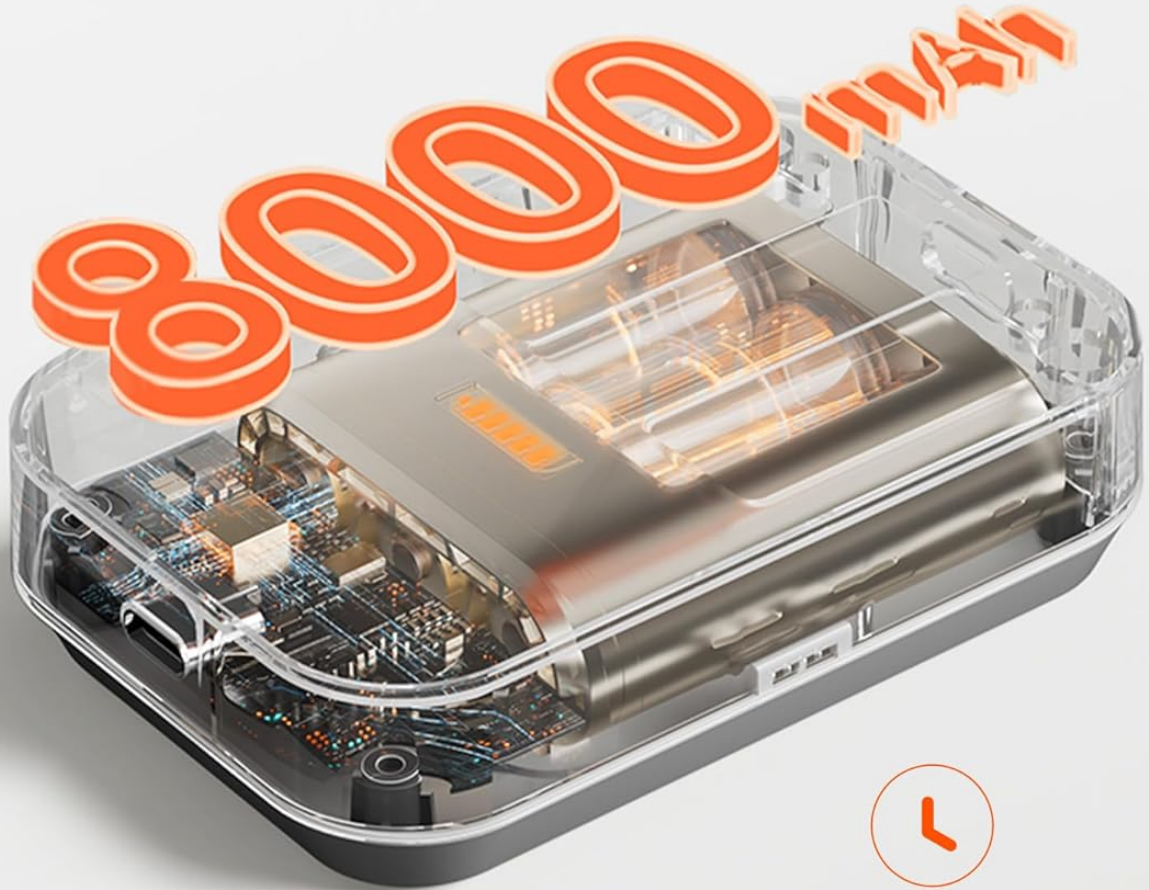
## CHARGING THE DEVICE

Your IKEEPFIT MAXwarm 3.0 is powered by a built-in 8000 mAh rechargeable battery.

- **Charging Port:** Locate the USB-C charging port on the control panel.

- **Adapter Requirement:** Use a 5V/2A adapter for optimal and safe charging. Avoid high-voltage chargers to protect battery life.
- **Battery Life:** On a full charge, expect approximately 4-5 sessions with maximum heat and vibration (around 2 hours total). For single mode lowest settings, you can get up to 20 sessions (around 6 hours total).
- **Low Battery Indication:** If the indicator starts flashing fast with three beeps, it signifies low battery and the device will shut down. Recharge the device.

# Industry Leading Battery Capacity



EV-grade Cells  
**Safer, longer life**



2000 Charge Cycles  
**>5 years Lifespan**



4-20 Use/Charge\*  
**No Overstatement**

\* Estimate: max heat + massage 4 – 5 uses  $\approx$  2 hours;  
Either 1 mode lowest setting up to 20 times = 6 hours.

Image: Illustration of the 8000 mAh battery, highlighting its EV-grade cells for safer, longer life and estimated usage times.

## MAINTENANCE

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- **Cleaning:** Gently wipe the surface of the heating pad with a soft, damp cloth. Do not immerse the device in water or use harsh cleaning agents.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures. Ensure it is fully charged before long-term storage.
- **Fabric Care:** The faux leather material is durable. Avoid sharp objects that could puncture or tear the fabric.

## TROUBLESHOOTING

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- **Device shuts off automatically:** This is a safety feature. The device is designed to turn off after 20 minutes. Wait 30 minutes before restarting.
- **Indicator flashing fast with three beeps:** The battery is low. Please recharge the device.
- **Battery life is shorter than expected:** Ensure you are using a 5V/2A adapter for charging. If the issue persists and your unit runs less than 3 sessions per charge on Max heat + vibration, please contact customer support for assistance.
- **Skin irritation:** Ensure you are wearing thin clothing between the device and your skin. Avoid direct skin contact. Reduce the heat level if discomfort occurs.

## SPECIFICATIONS

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<b>Model Number</b>	PUS-W14S-pad massage
<b>Brand</b>	IKEEPFIT
<b>Product Dimensions</b>	42 x 10 x 0.6 inches
<b>Item Weight</b>	11.2 ounces
<b>Battery</b>	8000mAh Built-In Rechargeable Battery
<b>Voltage</b>	5 Volts
<b>Wattage</b>	23 watts
<b>Number of Heat Settings</b>	3
<b>Number of Vibration Settings</b>	3
<b>Material Type</b>	Faux Leather
<b>Color</b>	A-blue

UPC

634413218280

## WARRANTY AND SUPPORT

IKEEPFIT is committed to providing quality products and excellent customer service.

- **2-Year Warranty:** Your MAXwarm 3.0 Portable Heating Pad is backed by a 2-year warranty. This includes 730 days of free replacement for any reasons.
- **24/7 Customer Support:** We offer quick assistance 24/7. For any questions, concerns, or support needs, please contact our customer service team.
- **Contact Information:** Refer to the product packaging or our official website for the most up-to-date contact details.

## Why Choose IKEEPFIT MaxWarm 3.0?

✔ Smarter, safer, more comfortable heating experience.




		
Wires/5000mAh Outer Cell <input checked="" type="checkbox"/>	Power source <input checked="" type="checkbox"/>	8000mAh Ture Cordless <input checked="" type="checkbox"/>
15000mm <sup>2</sup> (back only) <input checked="" type="checkbox"/>	Heating area <input checked="" type="checkbox"/>	29400mm <sup>2</sup> (front+back) <input checked="" type="checkbox"/>
Ordinary Wire / Gradual <input checked="" type="checkbox"/>	Heating Tech / Warm Speed <input checked="" type="checkbox"/>	Graphene Layer / <5s Heat <input checked="" type="checkbox"/>
Unstable <input checked="" type="checkbox"/>	Temp control <input checked="" type="checkbox"/>	Even Warmth <input checked="" type="checkbox"/>
Mesh Fabric + Mailer Box <input checked="" type="checkbox"/>	Material <input checked="" type="checkbox"/>	PU Leather + Rigid Gift Box <input checked="" type="checkbox"/>

Image: IKEEPFIT's commitment to customer support, offering quick assistance and a 2-year free replacement policy.