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FUNMILY B0DXPZXPK7

FUNMILY Walking Pad Treadmill with Desk Workstation User Manual

Model: B0DXPZXPK7
Brand: FUNMILY

1. Introduction

This manual provides essential information for the safe and effective operation, setup, and maintenance of your FUNMILY Walking Pad Treadmill with Desk Workstation. Please read this manual thoroughly before initial use and retain it for future reference.



Figure 1: FUNMILY Walking Pad Treadmill in various configurations, including with desk, with handrail, and folded for storage.

2. Safety Information

Your safety is paramount. Adhere to all warnings and instructions to prevent injury or damage to the product.

2.1 General Safety Guidelines

- Ensure the treadmill is placed on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Wear appropriate athletic footwear during use.
- The maximum weight capacity for this treadmill is 300 lbs. Do not exceed this limit.

2.2 Safety Key

The treadmill is equipped with a safety key for immediate emergency stops. Attach the safety key clip to your clothing before beginning your workout. If the safety key is detached from the console, the treadmill will automatically stop.



Figure 2: Console with safety key prominently displayed.

3. Included Components

Please verify that all components are present in the package:

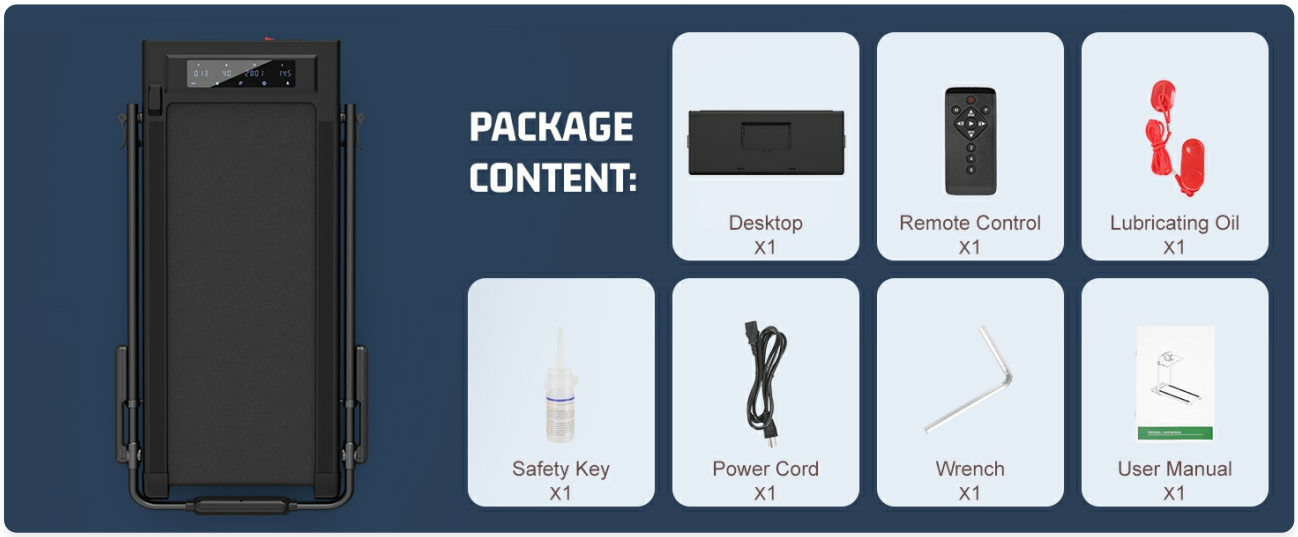


Figure 3: Package Contents.

- Treadmill Unit
- Desk Tabletop
- Remote Control
- Lubricant
- Safety Key
- Power Cord
- Wrench
- User Manual (this document)

4. Setup

The FUNMILY Walking Pad Treadmill requires no assembly. It is ready for use directly out of the box.

4.1 Initial Placement

Unfold the treadmill and place it on a level surface. Ensure there is adequate clear space around the unit for safe operation.

4.2 Connecting Power

Plug the power cord into a grounded electrical outlet. Ensure the power switch on the treadmill is in the 'ON' position.

5. Operating Instructions

Your FUNMILY treadmill offers versatile control and multiple operating modes to suit your fitness needs.

5.1 Control Methods

The treadmill can be controlled using three methods:

1. **Handlebar Touch Buttons:** Located on the sturdy handrails for immediate access.
2. **Console Touch Panel:** A modern interface on the main console for effortless adjustments.
3. **Remote Control:** Manage your workout from a distance for added flexibility.



Figure 4: Three available control methods for the treadmill.

5.2 Operating Modes & Speed Ranges

The treadmill supports different modes based on its configuration:

- **Under-Desk Walking Pad Mode:** When the handrail is folded down, the speed range is 0.6 - 4 MPH. Ideal for light activity while working.
- **Treadmill with Desk Workstation Mode:** With the desk attached and handrail up, the speed range is 4 - 7.5 MPH. Suitable for walking or jogging while using the desk.
- **Foldable Treadmill with Handrail Mode:** With the handrail up and desk removed, the speed range is 4 - 7.5 MPH. For more active walking or running.



Figure 5: Treadmill operating modes and speed capabilities.

5.3 Starting and Adjusting Speed

Press the 'Start' button on the console or remote. Use the up/down arrows to adjust the speed. The LED display will show speed, distance, time, and calories burned.

▶ **Watch video online**
FUNMILY Walking Pad Treadmill Incline and Desk

Video 1: Demonstration of the FUNMILY Walking Pad Treadmill's incline and desk features, showcasing its versatility for different workout and work scenarios.

6. Key Features

6.1 Detachable Desk Workstation

The spacious desk can accommodate a laptop, allowing you to work or enjoy media while walking or jogging. The desk's height is adjustable for optimal comfort and efficiency.



Figure 6: Treadmill with detachable desk workstation.



Figure 7: Adjustable height desk for user comfort.

6.2 Adjustable & Foldable Handrail

The innovative handrails provide personalized support and stability. They can be extended for use or folded away for a more compact walking pad experience or for storage.

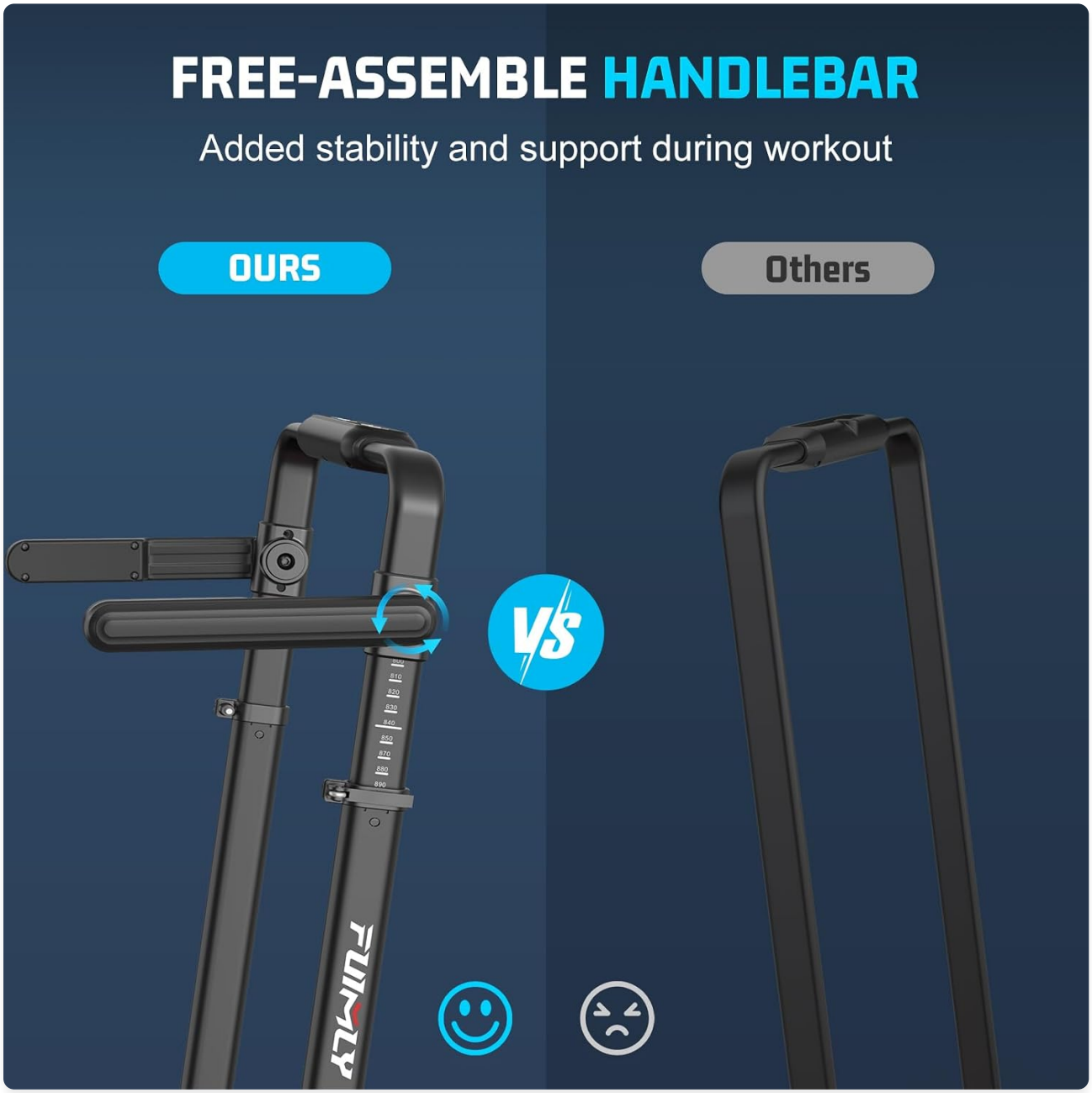


Figure 8: Free-assemble handlebar design for enhanced stability.

6.3 8% Manual Incline

The treadmill features an 8% manual incline option, allowing you to increase the intensity of your workout and simulate uphill training for enhanced calorie burn and strength building.



Figure 9: Treadmill with 8% manual incline capability.

6.4 Running Belt & Shock Absorption

The 7-layer running belt ensures a smooth and comfortable experience, minimizing joint impact. It is supported by 8 silicone shock absorbers for enhanced comfort and stability.



Figure 10: Features contributing to stability and comfort.

6.5 Quiet 2.5HP Motor

Equipped with a 2.5 horsepower motor, the treadmill operates with low noise, typically below 30dB, allowing for quiet workouts without disturbing others.

6.6 Space-Saving Design

The sleek, foldable design makes storage convenient, ideal for home gyms, apartments, or small spaces. Integrated wheels allow for easy relocation.



Figure 11: Foldable design for easy storage and space-saving.

7. Maintenance

Regular maintenance ensures the longevity and optimal performance of your treadmill.

7.1 Lubrication

Apply the provided lubricant to the running belt as instructed in the detailed user manual to ensure smooth operation and prevent wear. Frequency of lubrication depends on usage.

7.2 Cleaning

Wipe down the treadmill surfaces with a damp cloth after each use. Avoid using abrasive cleaners or solvents.

8. Troubleshooting

If you encounter issues with your treadmill, refer to the following common problems and solutions. For more complex issues or specific error codes, consult the comprehensive user manual.

8.1 Common Issues

- **Treadmill not starting:** Ensure the power cord is securely plugged in, the power switch is on, and the safety key is correctly placed on the console.
- **Belt slipping:** This may indicate the belt needs tensioning or lubrication. Refer to the detailed manual for adjustment instructions.
- **Unusual noises:** Check for loose parts or foreign objects under the belt. If the noise persists, contact customer support.
- **Error Codes:** If an error code appears on the display (e.g., 'ER04'), consult the detailed user manual for specific troubleshooting steps related to that code.

9. Specifications

Attribute	Value
Brand	FUNMILY
Model	B0DXPZXPK7
Color	Black
Product Dimensions	54"D x 29"W x 5.7"H
Material	Alloy Steel
Maximum Speed	7.5 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	2.5 Horsepower
Maximum Incline Percentage	8% (Manual)
Assembly Required	No
Display Type	LED
Number of Programs	12

Maximum Weight Recommendation	300 Pounds
Folded Size	54 x 29 x 5.7 inches

10. Warranty & Support

For warranty information, technical support, or any inquiries regarding your FUNMILY Walking Pad Treadmill, please refer to the contact details provided in the original packaging or visit the official FUNMILY website. Customer support is available to assist you with any product-related concerns.
The product is certified by SGS to meet CE, RoHS, CB, EN 957, and IEC standards.

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