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› COMHOMA Ergonomic Office Chair Instruction Manual

COMHOMA L-CH116

COMHOMA Ergonomic Office Chair Instruction Manual

Model: L-CH116

PRODUCT OVERVIEW

The COMHOMA Ergonomic Office Chair is designed for comfort and support during extended periods of sitting. It features adaptive lumbar support, a 3D saddle-shaped cushion, flip-up armrests, and a breathable mesh back. This manual provides detailed instructions for assembly, operation, maintenance, and troubleshooting to ensure optimal use and longevity of your chair.



Figure 1: COMHOMA Ergonomic Office Chair (Grey Standard)

SAFETY INFORMATION

Always assemble the chair according to the provided instructions. Do not exceed the maximum weight limit of 330 lbs. Be cautious when adjusting the lumbar support and armrests to prevent injury. Keep the chair away from heat sources and sharp objects to prevent damage to the mesh material.

SETUP AND ASSEMBLY

Before beginning assembly, ensure all parts are present and undamaged. Refer to the 'Details of Accessories' section for

a complete list of components. It is recommended to use the packing box for support during installation, especially when attaching the mechanism to the seat, as this can make the process easier for one person.

1. Unboxing and Parts Verification

Carefully unpack all components from the box. Lay them out on a clean, flat surface. Refer to the included accessory list to verify all parts are present. If any parts are missing or damaged, please contact COMHOMA customer support.



Figure 2: All components laid out for assembly, including the accessory list.

2. Base Assembly

Insert the five chrome legs (e2) into the central base hub (e1). Secure them using the provided bolts (o) and the wrench (f). Ensure all bolts are tightened securely for stability.

PRODUCT DIMENSION

Weight capacity: 350lbs

✓ Height adjustable

✓ Armrests adjustable

✓ lumbar adjustable



Figure 3: Attaching the chrome legs to the chair's base.

3. Caster and Gas Lift Installation

Insert the five casters (g) into the ends of the assembled base legs. Push firmly until they click into place. Then, insert the gas lift (d) into the central hole of the base. No tools are required for this step.



Figure 4: Installing the rolling casters and the gas lift cylinder.

4. Armrest Assembly

Attach the armrests (c) to the backrest (a). Ensure correct left (L) and right (R) orientation by checking the markings on the armrests and their corresponding attachment points. Use screws (p and n) and ensure the gasket (n) is placed between the screw and the armrest for proper fit. Do not overtighten initially; position all screws with 70% filling and then tighten them completely for best alignment.

3D Adjustable Lumbar Support

Precise support, no waist fatigue,
more efficient work



Figure 5: Detailed view of armrest attachment, showing left and right markings.

5. Mechanism Installation on Seat

Align the mechanism (h) with the underside of the seat (b). Ensure the "FRONT" arrow on the mechanism points towards the front of the seat. Secure the mechanism using the appropriate screws. Using the packing box to support the seat during this step can make it easier to manage.

Saddle Even-Pressure Cushion Design

360° fit to hip curve, over 10 Hours Comfort

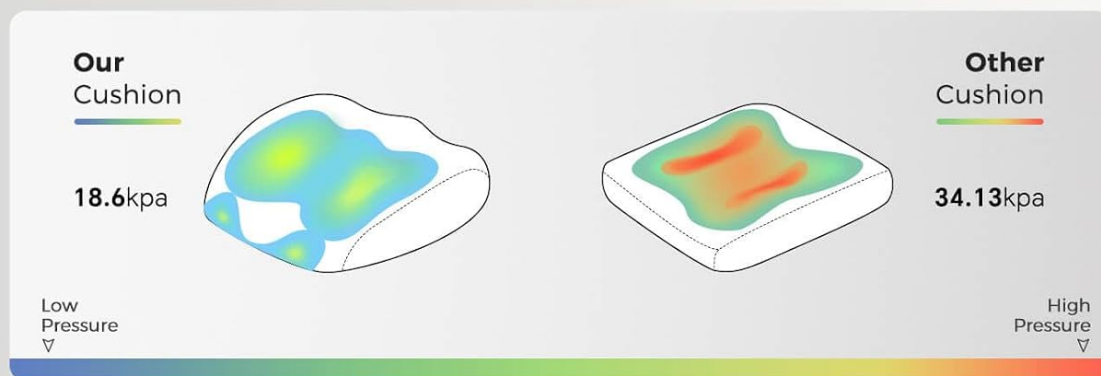
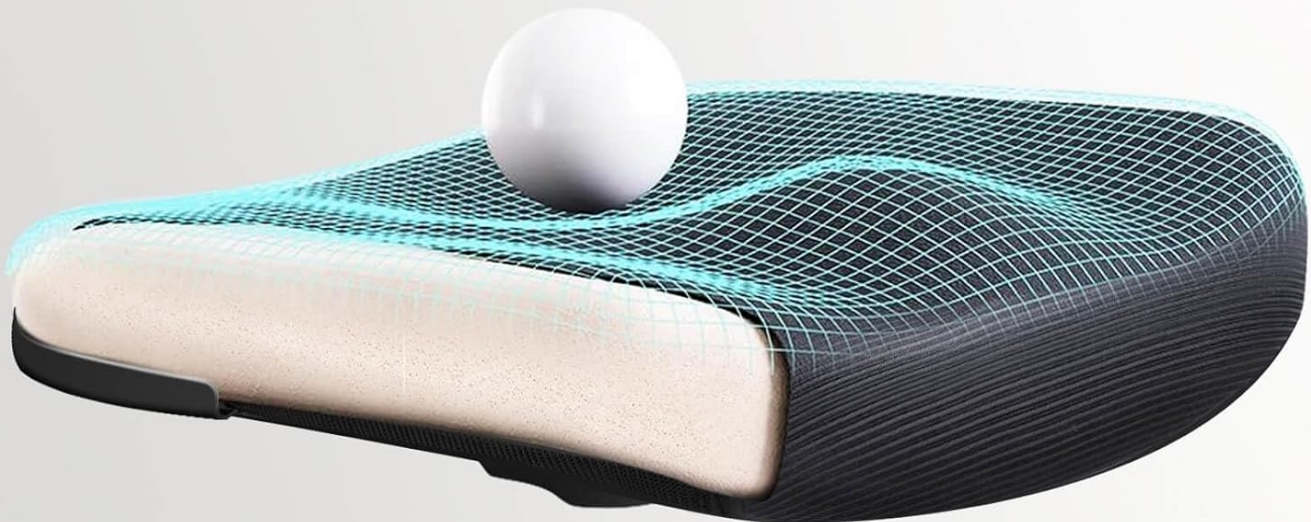


Figure 6: Attaching the control mechanism to the seat base.

6. Attaching Seat to Backrest

Connect the assembled seat (with mechanism) to the backrest (a) with the attached armrests. Use the designated screws to firmly secure these two main components together.

7. Final Assembly: Seat to Gas Lift

Carefully place the assembled seat and backrest onto the gas lift (d) installed in the base. Ensure the central hole of the mechanism aligns perfectly with the top of the gas lift. Apply gentle downward pressure to secure the connection.

90° Flip-Up Armrests

Flip-up armrests help to save room space for you



Figure 7: The final step of placing the assembled chair onto its base.

8. Headrest Installation (if applicable)

If your model includes a headrest (i), insert it into the designated slot on the top of the backrest (q). Secure it with the provided screws and then cover the screw holes with the decorative cover (j).

Your browser does not support the video tag.

Video 1: COMHOMA Assembly instruction for office chair-CH117. This video provides a visual step-by-step guide to assembling your office chair.

OPERATING INSTRUCTIONS

Height Adjustment

To adjust the chair's height, pull the lever located under the seat upwards. While holding the lever, either stand up to raise the chair or remain seated and apply pressure to lower it. Release the lever at the desired height.

Tilt and Recline Function

The chair features a unique recline function allowing you to tilt the backrest from 90° (work mode) to 125° (rest mode). Use the lever under the seat to unlock the tilt. Adjust the tension knob to control the resistance of the recline. The chair supports various modes including work, read, and rest, ensuring comfort and relaxation.



Figure 8: Chair recline positions for different activities.

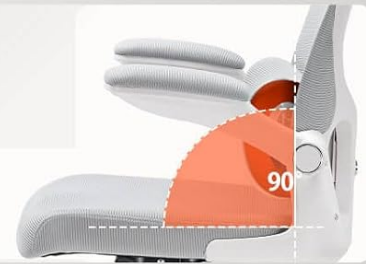
Adaptive Lumbar Support

The independent adaptive lumbar support offers 1.96" of up and down adjustable support over 3 levels. This feature aligns accurately with the lumbar spine, reducing lower back pressure and seamlessly adjusting its position in response to your body's movements, delivering uninterrupted support. Adjust the lumbar support by gently pushing or pulling it to your preferred height and depth.

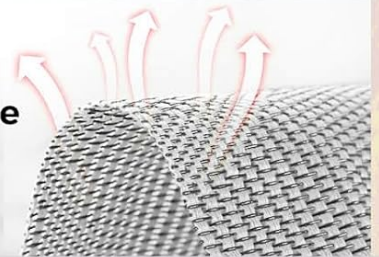
Ergonomic Office Chair Details



Adjustable
Arm
Supports



Breathable
Mesh



Lumbar
Support



Contoured
Seat
Cushion



Figure 9: Adjusting the adaptive lumbar support for personalized comfort.

Flip-up Armrests

The 90° flip-up armrests allow you to easily push the chair under your desk, saving valuable space when not in use. Simply lift the armrests upwards until they lock into the vertical position. To return them, gently pull them down.



**Weight Bearing
Pedestal**



**Sleek And Silent
Rolling Casters**



**High-Quality
Gas lift**

Figure 10: Demonstrating the space-saving flip-up armrests.

360° Swivel and Casters

The chair features a 360° swivel function and quiet casters, allowing for smooth and effortless movement across various floor types in your office, study, or conference room.

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Video 2: Demonstrating the chair's automatic-adjusting lumbar support, W-shaped seat, flip-up armrests, and responsive rebound. This video highlights the chair's adaptability for various sitting positions, including cross-legged, and its overall ergonomic design for comfort during long hours.

MAINTENANCE

To ensure the longevity and optimal performance of your COMHOMA office chair, regular maintenance is recommended.

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners that could damage the mesh or other materials.
- **Caster Care:** Periodically check the casters for hair or debris that may hinder smooth movement. Clean as necessary.
- **Tightening Bolts:** Over time, bolts may loosen. Periodically check all assembly bolts and tighten them if necessary to maintain stability and safety.

TROUBLESHOOTING

If you encounter any issues with your COMHOMA office chair, refer to the following common troubleshooting tips:

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Chair does not adjust height.	Gas lift not properly installed or damaged.	Ensure gas lift is fully inserted into the base and mechanism. If still not working, contact support for replacement.
Chair wobbles or feels unstable.	Loose assembly bolts.	Check and tighten all bolts, especially those connecting the seat, backrest, and base.
Casters do not roll smoothly.	Debris caught in casters or casters not fully inserted.	Remove any debris from the casters. Ensure casters are fully pushed into the base legs.
Lumbar support feels uncomfortable or doesn't adjust.	Incorrect adjustment or mechanism issue.	Re-adjust the lumbar support to different height levels. Ensure it moves freely. If stuck, check for obstructions.

SPECIFICATIONS

- **Brand:** COMHOMA
- **Model Name:** L-CH116
- **Color:** Grey
- **Product Dimensions:** 23.23"D x 26.38"W x 40"H
- **Seat Dimensions:** 19.17" W x 19.68" D x 18.1"-22.1" H (Adjustable Height)
- **Maximum Weight Recommendation:** 330 Pounds
- **Back Style:** Ergonomic Mesh
- **Special Features:** Adjustable Lumbar, Adjustable Headrest, Flip-up Armrests, 3D Saddle Shaped Cushion, Tilting (90-125°)
- **Material:** Sponge (Cushion), Mesh (Back)
- **Item Weight:** 34 pounds
- **Country of Origin:** China
- **UPC:** 810170304309

WARRANTY AND SUPPORT

COMHOMA provides a 1-year warranty for this product. Our chairs are manufactured to high standards and undergo strict testing before packaging to ensure customers receive the best product and service. If you have any problems or require assistance, please feel free to contact us. We are committed to replying within 24 hours. For further assistance, please visit the official COMHOMA Store:[COMHOMA Store](#)

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