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> Pautios Smart Watch EW1 User Manual

## Pautios EW1

# Pautios Smart Watch EW1 User Manual

Model: EW1



## INTRODUCTION

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This manual provides detailed instructions for the Pautios Smart Watch EW1. Please read this manual carefully before using the device to ensure proper operation and to fully utilize its features. This smartwatch is designed to be user-friendly, offering fitness tracking and health monitoring capabilities.



*Image: The Pautios Smart Watch EW1 in black, showcasing its main display with time, date, and activity metrics. The watch features a rectangular screen and a comfortable silicone strap.*

## SETUP

### 1. Charging the Device

Before first use, fully charge your Pautios Smart Watch EW1. The watch uses a magnetic charging method.

- Connect the magnetic charging cable to the charging contacts on the back of the watch.
- Connect the USB end of the cable to a standard USB power adapter (not included) or a computer's USB port.
- The watch screen will display a charging indicator.
- A full charge typically takes approximately 1.5 hours. A full charge can provide up to 7 days of usage or 30 days of standby time.



Image: A detailed view of the Pautios Smart Watch EW1, illustrating the magnetic charging cable connection and key dimensions of the watch and strap.

## 2. Power On/Off

- **Power On:** Press and hold the side button until the screen lights up.
- **Power Off:** Navigate to the settings menu on the watch, select "Power Off," and confirm.

## 3. Initial Setup (No App Required)

The Pautios Smart Watch EW1 can function as a standalone pedometer and basic fitness tracker without requiring a smartphone application. All basic settings and operations can be completed directly on the watch's 1.69-inch color touch display.

# No APP/ Phone Required

Easy to setup and use



*Image: Two individuals jogging in a park, each wearing the Pautios Smart Watch EW1, emphasizing its standalone functionality without requiring a smartphone app.*

## 4. Optional App Binding (for Advanced Features)

To access advanced features such as Bluetooth calling, message notifications, additional watch faces, and more sports modes, you will need to bind the watch to a smartphone application. The watch is compatible with Android OS 5.0 & iOS 10.0 & Bluetooth 4.0 or above.

- Download the recommended application (refer to the watch's on-screen instructions or packaging for the app name).
- Enable Bluetooth on your smartphone.
- Open the application and follow the on-screen instructions to pair your watch.
- Once paired, you can enable features like call answering, contact syncing, and message notifications from various social media platforms.



Image: A visual comparison highlighting that the watch can function independently, but connecting to an app unlocks additional features like Bluetooth calling and message notifications.

## OPERATING THE SMART WATCH

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### 1. Basic Navigation

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select.
- **Side Button:** Press to return to the home screen or wake the display.

### 2. Customizing Watch Faces

The watch offers various pre-installed dials. If connected to the app, you can access over 100 additional watch faces or customize one with your own photos.

- From the home screen, press and hold the display to enter the watch face selection menu.
- Swipe left or right to browse available watch faces and tap to select.
- If connected to the app, use the app to download or create custom watch faces.

### 3. Activity Tracking

The watch accurately monitors and records your steps, calories burned, distance traveled, and activity time. It supports multiple workout modes such as running, walking, yoga, and badminton.

# All-day Activity Tracking

Record sports data anytime



2.35 KM  
Distance



168 Kcal  
Calories



98 BPM  
Heart Rate



14684 Steps  
Steps



Image: A cyclist wearing the Pautios Smart Watch EW1, with an overlay displaying various activity metrics including distance, calories, heart rate, and steps, illustrating the all-day activity tracking feature.

## Gift for Your Family



Activity Tracker



Heart Rate Monitor



Blood Oxygen



Sleep Monitor



Alarm Clock



Stopwatch



Timer



*Image: A woman exercising outdoors, wearing the Pautios Smart Watch EW1, accompanied by icons representing various supported workout modes such as running, walking, and yoga.*

### 4. Health Monitoring

The watch provides real-time health data directly on your wrist.

- **Heart Rate Monitor:** Monitors your heart rate continuously. You can also manually initiate a heart rate measurement from the watch interface.
- **Blood Oxygen (SpO2) Measurement:** Manually detect your blood oxygen levels.
- **Stress Monitoring:** Manually detect your stress levels.
- **Sleep Tracker:** Automatically tracks your sleep data (awake time, light sleep, deep sleep) after you fall asleep, helping you understand your sleep patterns.

# Sleep Monitor



**Awake**

0 H 33 Min (6%)



**Light Sleep**

4 H 25 Min (52%)



**Deep Sleep**

3H 36 Min (42%)

*Image: A visual representation of the sleep monitoring feature, showing a couple asleep and the watch displaying categorized sleep data including awake, light sleep, and deep sleep durations.*

# Get A Clear View of Your Health Without A Phone or App



*Image: A display of five Pautios Smart Watches EW1 in various colors, each showcasing a different health monitoring feature such as blood oxygen, heart rate, stress, sleep, and women's health tracking.*

## 5. Bluetooth Calls and Message Reminders (App Required)

When connected to the smartphone app via Bluetooth 5.3, the watch allows you to answer and make calls directly from your wrist. It also supports notifications for incoming calls, texts, and messages from various applications (e.g., Facebook, WhatsApp, Twitter, Instagram, Gmail).

# Stay In Touch

Need to Connect to Your Phone



Call



Contacts



Call History



*Image: A man interacting with his Pautios Smart Watch EW1, which shows an incoming call notification, alongside icons for call management, contacts, and call history.*

## 6. Other Practical Tools

The watch includes several useful tools:

- Breath Training
- Music Control
- Alarm Clock
- Stopwatch
- Adjustable Brightness
- Calendar
- Time Display

## MAINTENANCE

## 1. Cleaning the Watch

- Regularly clean the watch and strap with a soft, damp cloth.
- Ensure the charging contacts are free from dust and debris to maintain efficient charging.
- Avoid using harsh chemicals or abrasive materials, as these can damage the watch's finish.

## 2. Water Resistance (IP68)

The Pautios Smart Watch EW1 is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as washing hands, showering, or light rain. However, it is not recommended for hot water baths, saunas, or diving, as steam and high water pressure can compromise the seal.



*Image: The Pautios Smart Watch EW1 being splashed with water, visually confirming its IP68 waterproof rating.*

## 3. Battery Care

- Avoid completely draining the battery frequently.
- Charge the watch using the provided magnetic charger.

- Store the watch in a cool, dry place when not in use for extended periods.

## TROUBLESHOOTING

If you encounter issues with your Pautios Smart Watch EW1, please refer to the following common solutions:

Problem	Possible Solution
Watch does not power on or screen flickers.	Ensure the watch is fully charged. Connect it to the charger and wait for the charging indicator to appear. If the issue persists, try a different USB power source.
Cannot pair with smartphone app.	<ul style="list-style-type: none"> <li>◦ Ensure Bluetooth is enabled on your phone and the watch.</li> <li>◦ Make sure the watch is within range of your phone.</li> <li>◦ Restart both the watch and your phone.</li> <li>◦ Check if the app is updated to the latest version.</li> <li>◦ Ensure the watch is not already paired with another device.</li> </ul>
Inaccurate or inconsistent health data (e.g., heart rate, sleep).	<ul style="list-style-type: none"> <li>◦ Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.</li> <li>◦ Avoid excessive movement during measurements.</li> <li>◦ Note that sleep tracking may have limitations for short naps or irregular sleep schedules.</li> <li>◦ Environmental factors and individual physiology can affect sensor accuracy.</li> </ul>
Notifications or calls not appearing on the watch.	<ul style="list-style-type: none"> <li>◦ Confirm the watch is successfully paired with the app.</li> <li>◦ Check notification permissions for the app on your smartphone.</li> <li>◦ Ensure the app is running in the background and not restricted by battery optimization settings.</li> </ul>

## SPECIFICATIONS

Feature	Detail
Model Number	EW1
Screen Size	1.69 Inches
Display Type	Color Touchscreen
Connectivity	Bluetooth 5.3
Operating System	Wear OS (as per product specifications, though basic functions are standalone)
Water Resistance	IP68
Battery Type	Lithium Ion (300 Milliamp Hours)

Feature	Detail
Battery Life	Up to 7 days (usage), 30 days (standby)
Charging Time	Approx. 1.5 hours
Item Weight	2.39 ounces
Compatible Devices	Android OS 5.0+, iOS 10.0+

## WARRANTY AND SUPPORT

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### Warranty Information

The Pautios Smart Watch EW1 comes with a lifetime warranty. For details regarding warranty claims or service, please retain your proof of purchase and contact customer support.

### Customer Support

For further assistance, technical support, or inquiries, please contact Pautios customer service. Refer to the product packaging or the official Pautios website for contact information.

You can also visit the [Pautios Store on Amazon](#) for more product information and support resources.

