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› iPhanmis X20 Smart Watch with Earbuds User Manual

iPhanmis X20

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Model: X20

Brand: iPhanmis

1. INTRODUCTION

Welcome to the iPhanmis X20 Smart Watch with Earbuds user manual. This guide provides essential information for setting up, operating, and maintaining your device. Please read this manual thoroughly to ensure proper usage and to fully utilize all features of your new smart watch and integrated earbuds.

2. PRODUCT OVERVIEW

The iPhanmis X20 is an all-in-one smart device combining a fitness tracker, Bluetooth call smartwatch, and TWS earbuds. It features a 1.43-inch round AMOLED touch display and is designed for seamless integration with your smartphone.

Key Features:

- 1.43-inch 466*466 AMOLED touch display
- Integrated TWS Bluetooth 5.0 earbuds
- Bluetooth 4.0 for watch connectivity
- Health monitoring: 24-hour continuous heart rate, sleep tracking, pedometer, calorie counter
- Multi-sport modes
- Bluetooth call functionality
- Information storage and alerts
- Weather display, multi-language support
- Long standby time

Package Contents:

- 1 x X20 Smart Watch with Earbuds
- 1 x Charging Cable
- 1 x User Manual



Figure 2.1: iPhanmis X20 Smart Watch with integrated earbuds.

1.43" **AMOLED** HD screen

Resolution: 466 * 466, more energy-efficient, long standby time



Small and compact
Smaller volume



Full dynamic menu with multiple styles

Cool scrolling and classic regular lists, switch freely to meet diverse aesthetic preferences based on mood, outfit, and occasion



Figure 2.2: The 1.43-inch AMOLED HD screen with 466*466 resolution and various dynamic menu styles.

3. SETUP

3.1 Charging the Device

Before first use, ensure both the smart watch and earbuds are fully charged.

- **Watch Charging:** Connect the provided charging cable to the watch's charging port and a USB power source.
- **Earbuds Charging:** Place the earbuds into their designated slots within the smart watch. The watch acts as a charging case for the earbuds, capable of providing 2-3 full charge cycles.

Charging time for the watch is approximately 2.5 hours. Earbuds music time is approximately 3.5 hours per charge.



Put the earphones into the watch, and the watch can charge the earphones



The earphones are magnetically attached above for easy access and placement

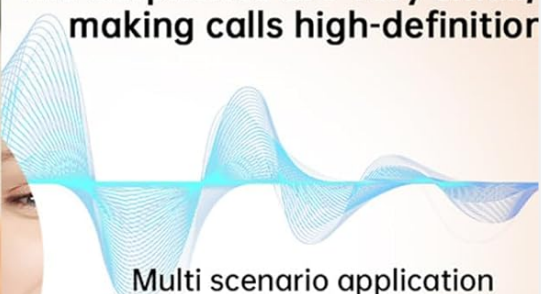
Watch connected to APP via Bluetooth

Scan the QR code to download the watch app and synchronize data with your phone



The watch can set the time in 12 hour/24 hour format

The earphones are very small, making calls high-definition



Multi scenario application



Figure 3.1: Earbuds magnetically attach and charge within the smart watch.

Headphone touch control is easy to operate



Figure 3.2: Overview of wireless magnetic charging and battery life estimates for the X20 Smart Watch and Earbuds.

3.2 App Installation and Pairing

To unlock the full potential of your X20 Smart Watch, download and install the companion application.

1. **Download App:** Scan the QR code provided in the watch interface or search for 'FitCloudPro' in your smartphone's app store (compatible with Android 4.4 and above; iOS 8.0 and above).
2. **Register/Login:** Follow the on-screen instructions to create an account or log in.
3. **Pair Watch:** Open the FitCloudPro app, navigate to the device section, and search for your X20 Smart Watch. Select it to pair. Ensure Bluetooth is enabled on your smartphone.
4. **Pair Earbuds:** Once the watch is paired, the earbuds will typically pair automatically when removed from the watch. If not, go to your phone's Bluetooth settings and manually pair the earbuds (they may appear as 'X20 Earbuds' or similar).

Designing for outdoor adventure and indoor fitness



Dream Sweet Dreams.

In addition to daytime nap monitoring, evaluates your overall sleep quality via in-depth sleeptracking of awake, light sleep, deep sleep, and REM sleep stages, all data of which is available in detail on the compatible APP



Sleep Stage Monitoring



Daytime Nap Tracking



In-depth Sleep Analysis

Figure 3.3: The smart watch connected to the FitCloudPro app via Bluetooth for data synchronization and settings.

4. OPERATING INSTRUCTIONS

4.1 Smart Watch Operation

- **Touch Screen:** Navigate through menus and select options by swiping and tapping the 1.43-inch AMOLED display.
- **Power On/Off:** Press and hold the side button for 2 seconds to power on, or 3 seconds to shut down.
- **Time/Date:** The watch can set the time in 12-hour or 24-hour format, typically synchronizing with your paired smartphone.
- **Shake to Take Photos:** Enable this feature in the app to remotely control your phone's camera by shaking your wrist.

4.2 Earbud Touch Button Functions

The earbuds feature touch controls for various functions:

- **Language Switch (before pairing):** 4 keystrokes to switch between Chinese and English.
- **Power On:** Press for 2 seconds.
- **Reject Call:** Press for 1.5 seconds during an incoming call.
- **Power Off:** Press for 3 seconds.
- **Answer/Hang Up Call:** Double-click the key.
- **Wake Up Voice Assistant (SIRI/Android):** 4 keystrokes.
- **Play/Pause Music:** Double-click the key.
- **Previous Track:** Triple-click on the left earbud.
- **Next Track:** Triple-click on the right earbud.

Headphone touch control is easy to operate



Figure 4.1: Visual guide to the touch control functions of the X20 earbuds.

5. HEALTH MONITORING

The X20 Smart Watch is equipped with sensors to monitor various health metrics:

- **Heart Rate Monitor:** Provides 24-hour continuous heart rate tracking.
- **Sleep Monitor:** Evaluates sleep quality by tracking in-depth sleep stages (awake, light sleep, deep sleep, and REM sleep). Data is available in detail via the FitCloudPro app.
- **Multi-Sport Mode:** Tracks various activities including cycling, weightlifting, exercise bike, healthy walking, running, and indoor running.
- **Pedometer:** Counts your steps throughout the day.
- **Calorie Counter:** Estimates calories burned based on activity.



Figure 5.1: The X20 Smart Watch supports various fitness activities and provides detailed sleep analysis.

6. NOTIFICATIONS AND ASSISTANT FEATURES

Stay connected and organized with the X20 Smart Watch's smart features:

- **Bluetooth Call:** Make and receive calls directly from your watch using the integrated earbuds.
- **Call Reminder/Rejection:** Receive notifications for incoming calls and choose to answer or reject them from your wrist.

- **Information Storage:** Stores recent notifications and messages.
- **Information Alert:** Receive alerts for messages from various social media and communication apps (e.g., Facebook, Twitter, WhatsApp).
- **Weather:** Displays current weather information.
- **Alarm Clock:** Set alarms directly on the watch or through the app.
- **Multi-Language Support:** The watch supports 24 languages, and the app supports 26 languages.



Figure 6.1: The X20 Smart Watch supports mobile message push notifications from various applications.

7. MAINTENANCE

7.1 Water Resistance

The X20 Smart Watch is rated IP67 for water resistance. This means it is protected against dust and can withstand

immersion in water up to 1 meter for up to 30 minutes. It is suitable for daily use such as handwashing, rain, and sweat. However, it is not recommended for swimming, diving, or hot showers/saunas as steam and hot water can damage the seals.



Figure 7.1: The X20 Smart Watch features IP67 water resistance, suitable for daily exposure to water.

7.2 Cleaning

Regularly clean your smart watch and earbuds to ensure optimal performance and hygiene.

- Wipe the watch screen and body with a soft, damp cloth.
- For earbuds, gently clean the touch sensors and charging contacts with a dry cotton swab.
- Avoid using harsh chemicals or abrasive materials.

8. SPECIFICATIONS

Feature	Specification
Screen	1.43" 466*466 AMOLED touch display
Main Shell Material	Glass lens + zinc aluminum alloy
Watch Battery	240mAh polymer battery
Earbuds Battery	25mAh polymer battery (each)
Earbuds Bluetooth Version	Bluetooth 5.0
Watch Bluetooth Version	Bluetooth 4.0
Compatible Systems	Android 4.4 and above; iOS 8.0 and above
App	FitCloudPro
Water Resistance	IP67
Item Weight	162 Grams (5.7 ounces)
Memory Storage Capacity	128 MB

9. TROUBLESHOOTING

9.1 Common Issues and Solutions

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source.
- **Earbuds not pairing:** Ensure Bluetooth is enabled on your phone and the earbuds are charged. Try resetting the earbuds to factory settings (see below).
- **App not connecting to watch:** Ensure Bluetooth is on, the app has necessary permissions, and the watch is within range. Restart both the watch and your phone.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor regularly.

9.2 Resetting Earbuds to Original Settings

If the earbuds are experiencing pairing issues or other malfunctions, you can restore them to their original factory settings:

1. Disconnect the phone from the headset (unpair them in your phone's Bluetooth settings).
2. Take the earbuds out of the watch.
3. Quickly double-tap and hold the earbud touch area for 5 seconds.

10. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the documentation included with your purchase or contact iPhanmis customer service through the retailer where you purchased the product. Keep your proof of purchase for warranty claims.

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Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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