

## Musicross BSM003

# Musicross BSM003 Bluetooth Sleep Mask with Headphones User Manual

Model: BSM003

## 1. INTRODUCTION

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Thank you for choosing the Musicross BSM003 Bluetooth Sleep Mask with Headphones. This product combines a comfortable sleep mask with integrated Bluetooth headphones, designed to enhance your sleep, meditation, or travel experience by blocking light and providing audio. Please read this manual carefully before use to ensure proper operation and maintenance.

### Safety Information

- This product is intended for adult use only.
- Keep out of reach of children.
- Do not use if you have difficulty breathing or removing the mask by yourself.
- This product contains electronic components. Do not swallow any parts.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## 2. PRODUCT OVERVIEW

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The Musicross BSM003 is a 3D contoured sleep mask featuring built-in HD stereo speakers and Bluetooth 5.2 connectivity. It is designed for comfort and effective light blocking.



Image: The Musicross BSM003 Bluetooth Sleep Mask, showing the control panel and Bluetooth logo.

### Key Features:

- **3D Contoured Design:** Ergonomic eye sockets prevent pressure on eyes and eyelashes.
- **100% Blackout:** Effectively blocks all light for an optimal sleep environment.
- **Integrated Bluetooth Headphones:** Thin, high-definition stereo speakers for audio playback.
- **Adjustable Strap:** Ensures a comfortable and secure fit for various head sizes.
- **Washable Material:** Made from soft, elastic cotton (electronics are removable for washing).
- **Long Battery Life:** Up to 10 hours of continuous play on a single charge.



Image: Diagram illustrating the ergonomic design, 100% blackout, close-fit nose pads, comfortable fit, and soft elasticity of the sleep mask.

### 3. SETUP

#### Charging the Device

1. Locate the charging port on the control panel of the sleep mask.
2. Connect the provided USB charging cable to the mask and a suitable USB power source (e.g., computer USB port, wall adapter).
3. The indicator light will illuminate during charging.
4. A full charge typically takes 1-2 hours. The indicator light will change or turn off once charging is complete.

A fully charged mask provides approximately 8-10 hours of continuous playback.



Image: Visual representation of the sleep mask charging process and its long-life battery, indicating 1-2 hours charging for 10+ hours of continuous play.

#### Bluetooth Pairing

1. Ensure the sleep mask is charged.
2. Press and hold the Power button (usually the middle button) on the control panel until the indicator light flashes, indicating it is in pairing mode.
3. On your device (smartphone, tablet, etc.), go to Bluetooth settings and turn Bluetooth on.
4. Search for available devices. The mask should appear as 'Musicross BSM003' or similar.

5. Select the mask from the list to pair. Once paired, the indicator light will stop flashing and remain solid or turn off, and you will hear an audible confirmation.
6. The mask will automatically connect to the last paired device when turned on, if the device's Bluetooth is active and within range.

## 4. OPERATING INSTRUCTIONS

### Control Panel Functions



Image: Close-up of the control panel on the sleep mask, detailing the functions of the buttons: On/Off/Play/Pause/Answer, Volume Down/Next Track, and Volume Up/Previous Track.

- **Power Button (Middle Button):**

- Press and hold: Power On/Off.
- Short press: Play/Pause music.
- Short press (during incoming call): Answer call.
- Press and hold (during call): End call.

- **Volume Down / Next Track Button ('-'):**

- Short press: Decrease volume.
- Press and hold: Skip to the next track.

- **Volume Up / Previous Track Button ('+'):**

- Short press: Increase volume.
- Press and hold: Go to the previous track.

## **Wearing the Mask**

1. Place the mask over your eyes, ensuring the 3D contoured cups align with your eye sockets.
2. Adjust the strap at the back of your head for a snug yet comfortable fit. The strap should not be too tight to avoid discomfort.
3. Ensure the nose bridge area is properly seated to achieve 100% blackout.

# 100% BLOCKING LIGHT

Improve The Quality Of Your Sleep



Fit **All** Types Noses

Ultra-soft Flexible  
Nose Bridge



Image: A person comfortably wearing the Musicross BSM003 Bluetooth Sleep Mask, demonstrating its fit.

## Making and Receiving Calls

When paired with your smartphone, the mask's built-in microphone allows for hands-free calling.

- **Answering a Call:** Short press the Power button when a call comes in.
- **Ending a Call:** Press and hold the Power button during a call.
- **Rejecting a Call:** Press and hold the Power button when a call comes in.



Image: A man wearing the sleep mask while a woman is on the phone, illustrating the call function of the mask.

## 5. MAINTENANCE

### Cleaning Instructions

The fabric portion of the sleep mask is washable, but the electronic components must be removed first.

1. Carefully open the Velcro closure on the inside of the mask.
2. Gently remove the Bluetooth module, speakers, and wiring from their pockets within the mask.
3. Hand wash the fabric mask with mild detergent and cold water. Do not machine wash or tumble dry.
4. Allow the mask to air dry completely before reinserting the electronic components.
5. Once the mask is dry, carefully reinsert the speakers and Bluetooth module into their designated pockets, ensuring the wires are not twisted or pinched.
6. Close the Velcro closure securely.



Image: Illustration showing the adjustable headband and the process of removing internal accessories before washing the sleep mask.

## 6. TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Device will not power on.	Low battery.	Charge the mask for 1-2 hours.
Cannot pair with Bluetooth device.	Mask not in pairing mode; Bluetooth off on device; device too far.	Ensure mask is in pairing mode (flashing light). Turn on Bluetooth on your device. Move device closer to the mask. Forget previous pairings and try again.
No sound or poor sound quality.	Volume too low; speakers misaligned; poor Bluetooth connection.	Increase volume on both mask and connected device. Adjust speaker position inside the mask. Re-pair the Bluetooth connection.
Bluetooth disconnects frequently.	Device too far; interference; low battery.	Keep device within 10 meters (33 feet) of the mask. Avoid strong electromagnetic interference. Ensure mask is fully charged.

## 7. SPECIFICATIONS

- **Model:** BSM003
- **Brand:** Musicross
- **Material:** Cotton
- **Bluetooth Version:** 5.2
- **Charging Time:** 1-2 hours
- **Playback Time:** 8-10 hours
- **Special Features:** 3D Contoured, Adjustable Strap, Bluetooth, Complete Blackout
- **Package Dimensions:** 8.9 x 4.72 x 1.42 inches
- **Item Weight:** 6.38 ounces

## 8. WARRANTY AND SUPPORT

### Warranty Information

Musicross offers a **12-month warranty** on this product from the date of purchase. This warranty covers manufacturing defects and workmanship under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or improper maintenance.

### Customer Support

If you encounter any problems or have questions regarding your Musicross BSM003 Bluetooth Sleep Mask, please contact our customer support team. We offer **24-hour online services** and are committed to helping you resolve any issues within 24 hours during working days.

For support, please visit the Musicross store on Amazon or refer to the contact information provided with your product packaging.

