OUKITEL BT20

OUKITEL BT20 Smartwatch User Manual
Model: BT20

INTRODUCTION

Welcome to the OUKITEL BT20 Smartwatch user manual. This guide provides essential information for setting up, operating, maintaining, and troubleshooting your new smartwatch. Please read this manual carefully to ensure proper use and to maximize the device's features.

1. GETTING STARTED

1.1 Package Contents

Before you begin, please verify that all items are present in your package:

- OUKITEL BT20 Smartwatch
- Charging Cable
- User Manual

1.2 Charging the Device

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2.5 hours.

1.3 Powering On/Off

- **Power On:** Press and hold the power button (usually on the side) until the screen lights up.
- **Power Off:** Press and hold the power button, then select the 'Power Off' option on the screen.

1.4 App Installation and Pairing

To unlock the full potential of your OUKITEL BT20 Smartwatch, download and install the **FitCloudPro** app on your smartphone.

1. Scan the QR code in the manual or on the watch, or search for "FitCloudPro" in your phone's app store (Android or iOS).
2. Install and open the FitCloudPro app.
3. Ensure Bluetooth is enabled on your smartphone.
4. In the app, navigate to 'Device' and select 'Add Device'.
5. Choose 'OUKITEL BT20' from the list of available devices to pair.
6. Follow the on-screen prompts to complete the pairing process.

Image: The OUKITEL BT20 Smartwatch paired with a smartphone, demonstrating the Bluetooth calling feature.

2. BASIC OPERATION

2.1 Navigating the Interface

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or widgets.
- **Tap:** Select an item or confirm an action.
- **Side Buttons:** The watch features dedicated 'POWER' and 'SPORT' buttons for quick access to

functions.

2.2 Bluetooth Calling

The OUKITEL BT20 supports Bluetooth calls, allowing you to make and receive calls directly from your wrist when connected to your smartphone.

- Ensure your watch is paired via Bluetooth to your phone.
- Access the call function from the watch menu.
- You can dial numbers or access your synchronized phone contacts.
- Receive incoming call notifications and answer directly on the watch.

2.3 Customizing Watch Faces

Personalize your smartwatch with over 200 rich user interfaces and custom watch face designs available through the FitCloudPro app.

- Open the FitCloudPro app on your smartphone.
- Navigate to the 'Watch Faces' or 'Dial Settings' section.
- Browse available designs or upload your own photos to create a custom watch face.
- Select and synchronize your chosen watch face to the smartwatch.

Image: The OUKITEL BT20 Smartwatch showcasing diverse watch face designs and the customization options within the companion app.

3. HEALTH MONITORING

The OUKITEL BT20 Smartwatch is equipped with precise optical tracking sensors to monitor your health 24 hours a day.

3.1 Heart Rate Monitoring

The watch continuously tracks your heart rate. View real-time data on the watch or detailed historical trends in the FitCloudPro app.

3.2 Blood Oxygen (SpO2) Monitoring

Monitor your blood oxygen levels to understand your physical condition. Ensure the watch is worn snugly on your wrist for accurate readings.

3.3 Blood Pressure Monitoring

The smartwatch can detect and record your blood pressure. For medical accuracy, consult a healthcare professional and do not rely solely on smartwatch readings.

3.4 Sleep Tracking

The watch automatically records your sleep status throughout the night, providing data on sleep duration and quality. Connect to the FitCloudPro app for detailed sleep analysis and insights to improve your sleep habits.

Image: The OUKITEL BT20 Smartwatch's 24-hour health monitoring features, including heart rate, blood pressure, and blood oxygen tracking.

Image: The OUKITEL BT20 Smartwatch's scientific sleep tracking mode, recording comprehensive sleep quality data.

4. Sports Modes and Activity Tracking

The OUKITEL BT20 Smartwatch supports over 120 sports modes to track your physical activities.

4.1 Accessing Sports Modes

From the watch menu, select the 'Sport' icon to browse and choose from a wide range of activities such as mountaineering, skiing, running, hiking, cycling, and more.

4.2 GPS Tracking

When connected to your mobile phone, the smartwatch utilizes the phone's global positioning system to record your movement track. You can view specific movement routes and data in the FitCloudPro app.

4.3 Daily Activity Data

The BT20 automatically provides daily exercise data, including steps taken, calories burned, and distance covered, helping you stay informed about your fitness progress.

Image: The OUKITEL BT20 Smartwatch supporting over 100 sports modes, showing activity data like calories, distance, and steps.

5. Durability and Features

The OUKITEL BT20 Smartwatch is built with a hard, highly resistant metal and durable glass, designed for rugged environments.

5.1 5ATM Water Resistance

The smartwatch is 5ATM waterproof, suitable for swimming and other water activities up to 50 meters deep. It is resistant to water splashes, rain, and brief immersion.

Image: The OUKITEL BT20 Smartwatch submerged in water, highlighting its 5ATM water resistance suitable for swimming.

5.2 Extreme Temperature Resistance

The BT20 is designed to operate in extreme temperatures, from -40 degrees Celsius (anti-freeze) to 70 degrees Celsius (heat resistance), making it suitable for various outdoor adventures.

5.3 Shock and Drop Resistance

Engineered to be ultra-resistant to drops and scratches, the watch can withstand impacts and harsh conditions.

5.4 Dust Resistance

The watch is also dust-resistant, protecting its internal components from fine particles in dusty environments.

Your browser does not support the video tag.

Video: This video demonstrates the OUKITEL BT20 Smartwatch's exceptional durability, showcasing its resistance to freezing temperatures, impacts, dust, and water submersion, along with its robust construction.

Image: The two-color injection molding process used in the OUKITEL BT20 Smartwatch, contributing to its enhanced water resistance and shock performance.

6. BATTERY LIFE

The OUKITEL BT20 Smartwatch is equipped with a 350 mAh large capacity battery, optimized for extended use.

- **Charging Time:** Approximately 2.5 hours for a full charge.
- **Typical Usage Duration:** Up to 15 days on a single charge, depending on usage patterns and activated features.

7. SPECIFICATIONS

Feature	Description
Brand	OUKITEL
Model	BT20

Feature	Description
Operating System	Wear OS
Special Features	Phone call, Voice control, Notification, Custom activity tracker, Multisport tracker
Battery Capacity	350 Milliampere-hour (mAh)
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Composition	Lithium-polymer
GPS	GPS via smartphone
Shape	Rectangular
Screen Size	1.95 Inches

Écran AMOLED durci de 1,96 pouces

410*502 Resolution   Crash Resistance   Eye Protection

8. MAINTENANCE

8.1 Cleaning Your Smartwatch

Regularly clean your smartwatch to maintain its appearance and functionality. Use a soft, lint-free cloth to wipe the screen and body. For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.

8.2 Storage

When not in use for extended periods, store the smartwatch in a cool, dry place. Ensure it is partially charged (around 50%) to preserve battery health.

9. TROUBLESHOOTING

9.1 Connectivity Issues

- **Watch not pairing:** Ensure Bluetooth is enabled on your phone and the watch is within range. Restart both devices and try pairing again.
- **Frequent disconnections:** Check for app updates for FitCloudPro. Ensure the app is running in the background and not being closed by your phone's power-saving settings.

9.2 Sensor Inaccuracies

- **Heart Rate/SpO2:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch.
- **Activity Tracking:** Ensure your personal information (height, weight) is accurately entered in the FitCloudPro app for optimal step and calorie tracking.

9.3 Battery Not Charging

- Check if the charging cable is securely connected to both the watch and the power source.
- Ensure the charging contacts on the watch and cable are clean and free of debris.
- Try a different USB power adapter or port.

10. WARRANTY AND SUPPORT

For warranty information, please refer to the warranty card included with your product or contact OUKITEL customer support. If you encounter any issues not covered in this manual, please visit the official OUKITEL website or contact their customer service for further assistance.