

[Manuals.plus](#) /

› [QTLLBT](#) /

› QTLLBT Q5 Smartwatch User Manual: 8-Language Translation, Bluetooth Call, Fitness Tracker

QTLLBT Q5

QTLLBT Q5 Smartwatch User Manual

Model: Q5

1. INTRODUCTION

The QTLLBT Q5 Smartwatch is a versatile wearable device designed to enhance your daily life with smart communication, comprehensive health monitoring, and advanced fitness tracking. This manual provides detailed instructions for setting up, operating, and maintaining your smartwatch to ensure optimal performance.



Figure 1: QTLBT Q5 Smartwatch (Green variant)

The QTLBT Q5 features an 1.83-inch HD full touch screen, Bluetooth calling, 8-language translation, an LED flashlight, 100+ sports modes, and real-time health monitoring capabilities including heart rate, blood oxygen, and sleep tracking. It is compatible with Android 6.0 and iOS 9.0 or higher smartphones.

2. SETUP

2.1 What's in the Box

- QTLBT Q5 Smartwatch
- Instruction Manual

- Charging Cable (Magnetic USB)

2.2 Charging the Smartwatch

Before initial use, fully charge your smartwatch. The device uses a proprietary magnetic charging cable. Connect the magnetic end to the charging points on the back of the watch and the USB end to a compatible power source.



Figure 2: Smartwatch displaying battery charging status. A full charge typically takes approximately 2 hours.

2.3 App Installation and Pairing

To unlock the full potential of your QTLBT Q5 Smartwatch, you need to install the 'FitCloudPro' application on your smartphone and pair the devices.

1. **Download the App:** Scan the QR code displayed on the smartwatch screen upon first power-on, or search for 'FitCloudPro' in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Bind Device:** Open the 'FitCloudPro' app, navigate to the 'Device' section, and click 'Bind Device'. The app will

search for nearby smartwatches.

4. **Connect:** Select 'HT23' (or similar device name) from the list to initiate pairing. Confirm the pairing request on both your phone and smartwatch.
5. **Binding Successful:** Once connected, the app will display 'Binding successful'.

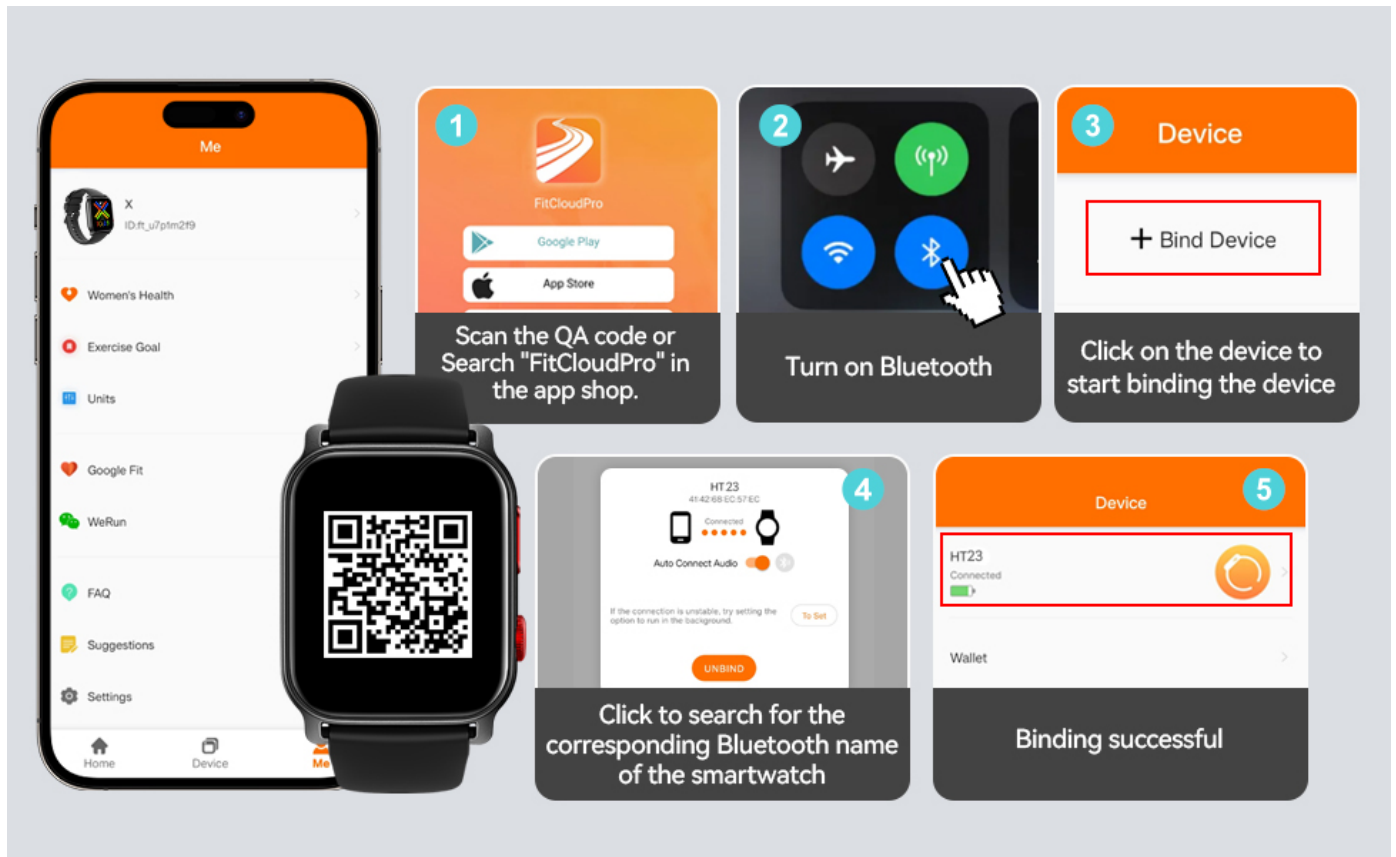


Figure 3: Visual guide for installing the FitCloudPro app and pairing the smartwatch. The QR code for the app can be found at <http://fitcloud.hetangsmart.com/qrcode/>.

Your browser does not support the video tag.

Video 1: Demonstrates the unboxing, initial setup, and pairing process of the QTLLBT Smartwatch, including navigating the user interface and connecting to the companion app.

3. OPERATING INSTRUCTIONS

3.1 Basic Navigation and Customization

The QTLLBT Q5 Smartwatch features a full touch screen for intuitive navigation. Swipe across the screen to access different menus and functions.

- **Main Screen:** Displays time, date, battery life, and customizable widgets like steps and heart rate.
- **Quick Menu:** Swipe down from the top of the screen to access quick settings (brightness, flashlight, phone call, SOS).
- **App Menu:** Swipe up from the bottom or press the side button to view all available applications (music, weather, health data, etc.).
- **Custom Watch Dials:** Personalize your watch face by selecting from a variety of online options or uploading your favorite photos via the 'FitCloudPro' app.

Customized Watch Dial

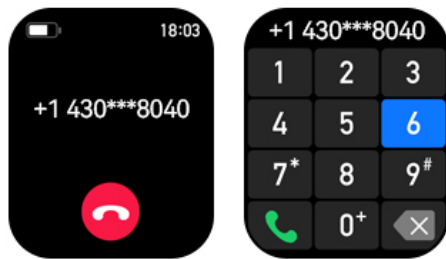


Figure 4: Examples of customizable watch dials available for the QTLLBT Q5 Smartwatch.

3.2 Communication Features

- **Bluetooth Calls:** After connecting to Bluetooth, you can answer or make calls directly from the smartwatch using its built-in HiFi stereo speakers and microphone. The 'FitCloudPro' app allows you to store multiple contacts for quick access.
- **Message Notifications:** Receive real-time notifications for incoming calls and messages from various apps (WhatsApp, Facebook, Instagram, etc.) directly on your smartwatch.
- **AI Voice Assistant:** Talk to the AI voice assistant for quick help with tasks like weather forecasts, making calls, or setting alarms.
- **8-Language Translation:** The smartwatch supports instant translation and text-to-speech in 9 major languages (Chinese, English, German, French, Spanish, Italian, Portuguese, Russian, Japanese, Arabic), facilitating cross-border communication.

Bluetooth Call & Message Reminder



Dial



Call records



Frequent
contacts



Contancts



Figure 5: Bluetooth Call and Message Reminder features on the smartwatch.

QTLBT



Figure 6: Smartwatch showing the translation function, with options for source and target languages.

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Video 2: Demonstrates the smartwatch's user interface, including the translation feature, call functions, and various app icons.

3.3 Utility Features

- **LED Flashlight:** The smartwatch is equipped with an LED flashlight (lighting range up to 10-15 meters) and a black light function, useful for outdoor activities or in low-light conditions.
- **Camera Control:** Remotely control your smartphone's camera from your smartwatch.
- **Music Control:** Control music playback on your connected smartphone (play, pause, skip tracks, adjust volume).
- **Weather Forecast:** View current weather conditions and forecasts.
- **Other Tools:** Includes stopwatch, timer, alarm clock, and sedentary reminder.



Figure 7: Smartwatch utility features including camera control, drink reminder, and sedentary reminder.

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Video 3: Showcases the smartwatch's flashlight and black light features, along with various customizable watch faces and app navigation.

4. HEALTH AND FITNESS TRACKING

4.1 Real-time Health Monitoring

The QTLLBT Q5 uses a high-performance optical sensor for continuous health tracking:

- **Heart Rate Monitor:** Monitors dynamic heart rate in real-time 24/7.
- **Blood Oxygen Saturation (SpO2):** Detects blood oxygen saturation levels.
- **Sleep Tracking:** Accurately tracks personal sleep patterns, including light, deep, and awake sleep stages. The app provides detailed sleep quality analysis reports.

- **Stress Levels:** Monitors stress levels to help you adjust your physical condition.
- **Female Menstrual Cycle:** Accurately monitors dates for menstrual and ovulation periods.

Note: This watch cannot be used as a medical diagnostic tool.



Figure 8: 24/7 Health Monitoring features, including heart rate and blood oxygen tracking.



Figure 9: Female Menstrual Cycle tracking feature.

4.2 Fitness Tracking

The smartwatch is a comprehensive fitness tracker:

- **100+ Sports Modes:** Supports a wide range of activities including running, cycling, walking, climbing, yoga, skiing, football, and more.
- **Daily Data Tracking:** Tracks steps, time, distance, and calories burned.
- **GPS Connectivity:** Connects to your phone's GPS to record all your training routes and fitness data within the 'FitCloudPro' application.



Figure 10: Over 100 sports modes available for activity tracking.

All-day Activity Recording

Whether you are running, swimming, or engaging in other sports, the smartwatch will record all your exercise data 24/7.



Figure 11: All-day activity recording, tracking calories and steps.

5. MAINTENANCE

5.1 Waterproofing

The QTLLBT Q5 Smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, including hand washing and light rain.

Note: Not suitable for sauna, hot water, or seawater. Avoid prolonged immersion or use in extreme water conditions.

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Video 4: Demonstrates the smartwatch's waterproofing capabilities by showing it submerged in water and still functioning.

5.2 Battery Life

The smartwatch is equipped with a 300mAh battery. It offers:

- **Standby Time:** Up to 30+ days.
- **Usage Time:** 5-7 days, depending on feature usage.
- **Charging Time:** Approximately 2 hours for a full charge.

6. TROUBLESHOOTING

- **Pairing Issues:** If the smartwatch fails to pair, ensure Bluetooth is active on your phone, the 'FitCloudPro' app is open, and the watch is sufficiently charged. Try restarting both devices.
- **Inaccurate Data:** For best results in health and fitness tracking, ensure the watch is worn snugly on your wrist. Environmental factors and movement can affect accuracy.
- **Translation Functionality:** Some users report that the translation feature may require specific usage patterns or a stable connection to function optimally. Ensure clear speech and a quiet environment for voice input.

- **No Blood Pressure Monitoring:** Please note that this model does not include blood pressure monitoring, despite some product images or user reviews that may suggest otherwise. Refer to the official specifications for confirmed features.
- **Proprietary Charger:** The smartwatch uses a specific magnetic charger. Keep it safe as replacements might be difficult to source.

7. SPECIFICATIONS

Item Model Number	Q5
Screen Size	1.83 Inches
Battery Capacity	300 Milliamp Hours
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Operating System	Android 5.0, iOS 8.0 and higher
Water Resistance	IP68
Item Weight	39 Grams (1.38 ounces)
Memory Storage Capacity	128 MB
RAM Memory Installed Size	128 MB
Special Features	Activity Tracker, Alarm Clock, Email, Phone Call, Weather Forecast, Flashlight, Language Translation

8. WARRANTY AND SUPPORT

Information regarding product warranty and customer support is not available in the provided context. Please refer to the product packaging or the manufacturer's official website for details on warranty coverage and how to contact support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

How do I set the time and date on the QTLLBT Q5 (HT29/HT23) smartwatch after it has been reset following a charge?

To set the time and date on your QTLLBT Q5 Smartwatch (which may appear as model HT29 or HT23 in your Bluetooth settings), you must synchronize it with your smartphone. Smartwatches typically do not...

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