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> MOSHAY 20 inch Adaptive Training Wheel Bicycle User Manual

MOSHAY SD-2024-1225

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Model: SD-2024-1225

INTRODUCTION

This manual provides essential instructions for the safe assembly, operation, and maintenance of your MOSHAY 20 inch Adaptive Training Wheel Bicycle. Please read this manual thoroughly before using the bicycle to ensure proper function and user safety. Retain this manual for future reference.

SAFETY INFORMATION

WARNING: Failure to follow these safety instructions could result in serious injury or death.

- Always wear a helmet that meets safety standards when riding.
- Ensure all bolts, nuts, and quick-release mechanisms are securely tightened before each ride.
- Check tire pressure before each use. Refer to the tire sidewall for recommended pressure.
- Test brakes before riding. Ensure both hand brake and coaster brake are fully functional.
- Do not ride at night without proper lighting (front white light, rear red light) and reflectors.
- Avoid riding in adverse weather conditions, such as heavy rain, snow, or ice.
- This bicycle is designed for individuals who require enhanced stability. While the training wheels provide support, riders should still exercise caution, especially on uneven terrain.
- Regularly inspect the bicycle for any signs of wear, damage, or loose components.
- The enclosed chain guard is designed to protect from injury; ensure it is always in place and undamaged.

PACKAGE CONTENTS

Verify that all components are present and undamaged upon unpacking:

- MOSHAY 20 inch Adaptive Training Wheel Bicycle (partially assembled)
- Front Wheel
- Handlebar

- Seat Post with Saddle
- Pedals (Left and Right)
- Training Wheels Assembly
- Assembly Tools (Wrenches, Hex Keys)
- User Manual (this document)

COMPONENTS OVERVIEW

Familiarize yourself with the main parts of your MOSHAY bicycle:



THE PERFECT TRAINING WHEELS FOR ADULTS!

Image: A white bicycle with large training wheels, featuring labels pointing to key components such as rubber locking grips, adjustable handlebar, alloy front brake, deluxe padded comfort saddle, quick-adjust seat post, lightweight aluminum step-thru frame, oversized multi-use tires, heavy-duty training wheels, and front suspension fork.

- **Lightweight Aluminum Step-Thru Frame:** Designed for easy mounting and dismounting.
- **Heavy Duty Training Wheels:** Provide enhanced stability for riders.

- **Oversized Multi-Use Tires:** Offer improved traction and comfort.
- **Alloy Front Brake:** Hand-operated brake for front wheel control.
- **Coaster Brake:** Rear brake activated by pedaling backward.
- **Deluxe Padded Comfort Saddle:** Adjustable for rider comfort.
- **Quick-Adjust Seat Post:** Allows for easy height adjustments without tools.
- **Angle Adjustable Handlebar:** Can be positioned for optimal rider posture.
- **Enclosed Chain Guard:** Protects the chain and prevents clothing from getting caught.
- **Front Suspension Fork:** Absorbs shocks for a smoother ride.

SETUP AND ASSEMBLY

Your MOSHAY bicycle comes 85% pre-assembled. Follow these steps to complete the assembly. It is recommended to watch the assembly video for visual guidance.

Assembly Video Guide

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Video: An official assembly guide demonstrating the step-by-step process of putting together the MOSHAY 20 inch Adaptive Training Wheel Bicycle. The video covers attaching the front wheel, handlebars, seat, pedals, and training wheels.

Step-by-Step Assembly Instructions

1. Install the Front Wheel:

Carefully remove the protective packaging from the front fork. Align the front wheel into the fork dropouts. Ensure the quick-release skewer or axle nuts are properly installed and tightened securely. The wheel should spin freely without rubbing against the brake pads.

RIDE ON WITH SAFETY!



Heavy duty steel bicycle wheels and hubs



Works with bikes with and without suspension



Mounts to most 24"- 29" bicycles



Comes with Two 10" Inflatable Tube Tires



Image: A close-up view of the front wheel being installed into the bicycle's front fork, showing the axle and brake components.

2. **Attach the Handlebar:**

Insert the handlebar stem into the fork steerer tube. Ensure the handlebar is centered and aligned with the front wheel. Tighten the stem bolts securely. Adjust the handlebar angle for comfortable riding posture.

3. **Install the Seat Post and Saddle:**

Insert the seat post with the saddle into the seat tube of the frame. Adjust the seat height so the rider can comfortably touch the ground with their feet while seated. Use the quick-release lever to secure the seat post at the desired height.

4. **Attach the Pedals:**

Identify the Left (L) and Right (R) pedals. The Left pedal has a left-hand thread (tightens counter-clockwise), and the Right pedal has a right-hand thread (tightens clockwise). Apply a small amount of grease to the pedal threads. Screw the pedals into the crank arms firmly using a wrench.

5. **Install the Training Wheels:**

Attach the heavy-duty training wheel assembly to the rear axle of the bicycle. Ensure the training wheels are securely fastened and provide stable support. The training wheels should be adjusted so that the main rear wheel is slightly off the ground or just touching, allowing for a slight lean while still providing stability.

START RIDING TODAY!



Each set is easy to attach and can be mounted with simple tools.
It's a great way to help individuals bring back their confidence
and enjoy scenic rides!

Image: A close-up of the rear wheel and the heavy-duty training wheels attached to the bicycle frame, illustrating the secure mounting.

6. Final Checks:

Before the first ride, double-check all bolts, nuts, and quick-release levers for tightness. Ensure brakes are functioning correctly and tires are inflated to the recommended pressure. Verify that the chain guard is properly installed.

OPERATING INSTRUCTIONS

Riding the Bicycle

- **Starting:** Mount the bicycle by stepping through the frame. Place your feet on the pedals.
- **Pedaling:** Begin pedaling forward. The single-speed drivetrain is designed for simplicity and ease of use.
- **Steering:** Use the handlebars to steer the front wheel in the desired direction. The training wheels provide stability, reducing the need for constant balance adjustments.
- **Braking:**
 - **Hand Brake:** Squeeze the lever on the handlebar to activate the front brake. Apply gently to avoid sudden

stops.

- **Coaster Brake:** Pedal backward to engage the rear coaster brake. This is particularly useful for riders with limited hand strength or coordination.
- **Stopping:** Apply both brakes smoothly and gradually to come to a controlled stop. Disembark by stepping through the frame.



Image: A white MOSHAY 20 inch Adaptive Training Wheel Bicycle with black tires and seat, positioned on a paved path with trees in the background, demonstrating its intended use.

MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your bicycle.

- **Cleaning:** Clean the bicycle regularly with a damp cloth and mild soap. Avoid high-pressure washers, which can damage bearings and seals.
- **Lubrication:** Lubricate the chain periodically with bicycle-specific chain lubricant. Apply sparingly and wipe off

excess.

- **Tire Pressure:** Check tire pressure before each ride. Maintain the pressure recommended on the tire sidewall.
- **Brake Inspection:** Regularly check brake pads for wear and replace them when necessary. Ensure brake cables are not frayed and are properly adjusted.
- **Bolt Tightness:** Periodically check all bolts and nuts, especially on the handlebars, seat post, wheels, and training wheels, to ensure they are securely tightened.
- **Training Wheel Condition:** Inspect the training wheels for any damage or excessive wear. Ensure they remain securely attached and provide adequate support.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Brakes feel weak or spongy.	Loose brake cable, worn brake pads, or improper adjustment.	Adjust brake cable tension. Replace worn brake pads. Consult a bicycle mechanic if unsure.
Tires lose air quickly.	Puncture in inner tube, loose valve stem, or faulty valve.	Inspect tires for punctures. Tighten valve stem. Replace inner tube if punctured.
Pedals are stiff or noisy.	Lack of lubrication, loose or damaged bearings.	Lubricate pedal threads and bearings. Tighten pedals. Replace if damaged.
Training wheels wobble or feel unstable.	Loose attachment bolts, bent training wheel arm.	Ensure training wheel bolts are securely tightened. Inspect for damage and replace if necessary.
Chain slips or makes noise.	Dry chain, worn chain, or bent chainring/cog.	Lubricate chain. Inspect for wear and replace if needed.

SPECIFICATIONS

- **Model Name:** SD-2024-1225
- **Brand:** MOSHAY
- **Bike Type:** Multi-Use Bike
- **Wheel Size:** 20 inches
- **Frame Material:** Aluminum
- **Number of Speeds:** 1 (Single-speed)
- **Brake Style:** Linear Pull (Front), Coaster Brake (Rear)
- **Suspension Type:** Front
- **Minimum User Height:** 135 cm (approximately 4'5")
- **Recommended Age Range:** Adult (suitable for individuals requiring adaptive support)
- **Included Components:** 20 inch training wheel bike
- **GTIN/UPC:** 739017991017

SUPPORTS OVER 250 POUNDS

The Original & strongest Bike Training Wheels for Adults. Patented design provides for added safety while learning to balance on two wheels.



Image: A white MOSHAY 20 inch Adaptive Training Wheel Bicycle with black components, highlighting its robust construction and ability to support over 250 pounds.

WARRANTY AND SUPPORT

This MOSHAY bicycle comes with a Limited Warranty. For specific warranty details and duration, please refer to the documentation included with your purchase or contact the seller directly.

For technical support, assembly assistance, or warranty claims, please contact the seller, **shengdabike**, through the platform where the purchase was made. Provide your purchase details (order number, date of purchase) for faster service.

Manufacturer: MOSHAY

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