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## SUNKTA FV15-A

# SUNKTA Military Smart Watch User Manual

Model: FV15-A

Your guide to setting up, operating, and maintaining your new smartwatch.

## 1. INTRODUCTION

The SUNKTA Military Smart Watch is a robust and feature-rich device designed for active lifestyles. It combines advanced health monitoring, extensive sports tracking, and convenient communication features in a durable, military-grade design. This manual provides detailed instructions to help you get the most out of your smartwatch.



The SUNKTA Military Smart Watch, showcasing its large 1.85-inch HD display and various functional icons.

## 2. WHAT'S IN THE Box

Please check the package contents to ensure all items are present:

- SUNKTA Military Smart Watch (FV15-A)
- Black Steel Band

- Silicone Strap
- Magnetic Charger
- Strap Replacement Tool
- User Manual (this document)

## 3. SETUP GUIDE

### 3.1 Charging the Smart Watch

Before first use, fully charge your smartwatch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2.5 hours.



The smartwatch features an 800mAh battery, offering extended usage times. Daily use can last 14+ days, with energy-saving mode extending to 60+ days.

### 3.2 App Installation and Pairing

To unlock the full potential of your smartwatch, download the companion app (e.g., FitCloudPro, as mentioned by users) from your smartphone's app store. The watch is compatible with iOS 9.0 or higher and Android 6.0 or higher.

1. Scan the QR code in the included mini-manual or search for the app name in your app store.
2. Install and open the app.
3. Follow the in-app instructions to register an account and pair your smartwatch via Bluetooth. Ensure Bluetooth is enabled on your phone.
4. Grant necessary permissions to the app for full functionality (e.g., notifications, health data access).

### 3.3 Band Installation

Your smartwatch comes with both a black steel band and a silicone strap. Use the provided strap replacement tool to attach your preferred band. The metal band may require link removal for a proper fit; the tool is included for this purpose.

## 4. OPERATING INSTRUCTIONS

### 4.1 Basic Navigation

The smartwatch features a 1.85-inch HD touchscreen (360x360 pixels) for intuitive navigation. Swipe left, right, up, or down to access different menus, functions, and quick settings. Press the side buttons for specific actions, such as turning on the screen or accessing the main menu.

### 4.2 Bluetooth Calling & Message Notifications

Once paired with your smartphone via Bluetooth 5.2, you can manage calls directly from your watch. The built-in 60dB speaker and noise-cancelling microphone ensure clear communication.

- **Making Calls:** Access the dial pad or contacts through the watch interface to initiate calls.
- **Answering Calls:** Incoming calls will display on the watch; tap to answer or decline.
- **Message Alerts:** Receive notifications from SMS, Facebook, WhatsApp, TikTok, and other apps directly on your watch screen.



The smartwatch allows for direct Bluetooth calls and displays various message notifications.

### 4.3 LED Flashlight

The smartwatch is equipped with a powerful LED flashlight, offering three distinct modes for various situations:

- **Steady Mode:** Provides a continuous light source for general illumination.
- **Flash Mode:** Emits periodic flashes, useful for attracting attention or as a warning signal.
- **SOS Mode:** Sends out an international distress signal, crucial in emergency situations.

The flashlight has an illumination range of 6-8 meters. To activate, locate the dedicated flashlight button or option on the watch interface.



The integrated LED flashlight offers Bright Light, Flash, and SOS modes for diverse lighting needs.

#### 4.4 Health Monitoring

The smartwatch serves as a personal health assistant, providing continuous monitoring of key health metrics:

- **Heart Rate:** 24-hour monitoring with an hourly graph. Alerts can be set for high heart rate thresholds.
- **Blood Pressure/Blood Oxygen:** Real-time detection with a simple tap.
- **Sleep Tracking:** Records sleep duration and quality, distinguishing between deep and light sleep.

*Note: Health data from the watch is for reference only and should not be used as a substitute for medical-grade measurements.*



Monitor your heart rate, blood oxygen, and blood pressure directly from your wrist.



Track your sleep patterns, including total duration, awake time, light sleep, and deep sleep.

#### 4.5 Sports Modes

With over 100 sports modes, the smartwatch tracks a wide range of physical activities. It monitors total exercise time, calorie burn, exercise heart rate, steps, and distance, providing a comprehensive overview of your workout performance.



Choose from over 100 sports modes to track your activities and monitor key performance indicators.

#### 4.6 Other Functions

The smartwatch offers a variety of additional useful features:

- Pedometer
- Alarm Clock

- Stopwatch & Timer
- Calculator
- Weather Forecast
- Music Playback & Control
- Voice Assistant (SIRI compatible)
- Remote Camera Control
- Password Lock
- Find Watch & Phone
- Brightness Setting
- Do Not Disturb Mode
- Support for 27 languages

## 5. MAINTENANCE

### 5.1 Waterproofing (IP68)

The smartwatch is built to military-grade standards and features IP68 waterproofing, making it resistant to dust and immersion in water up to 1.5 meters for 30 minutes. It has passed tests for salt spray, rain, and impact.

*Note: Due to factors such as water pressure and temperature, wearing the smartwatch while showering or in hot tubs is not recommended. Steam can severely damage the product's waterproof capabilities.*



The smartwatch is designed with military-grade durability, featuring anti-impact, temperature resistance, dust-proof, and anti-fluid corrosion properties.

### 5.2 Cleaning and Care

To maintain your smartwatch's appearance and functionality:

- Wipe the screen and body with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive cleaners.

- Ensure the charging contacts are clean and dry before charging.

## 5.3 Battery Care

To prolong battery life:

- Avoid extreme temperatures.
- Do not leave the watch fully discharged for extended periods.
- Charge the watch regularly, even if not in daily use.

## 6. TROUBLESHOOTING

If you encounter issues with your SUNKTA Military Smart Watch, please refer to the following common solutions:

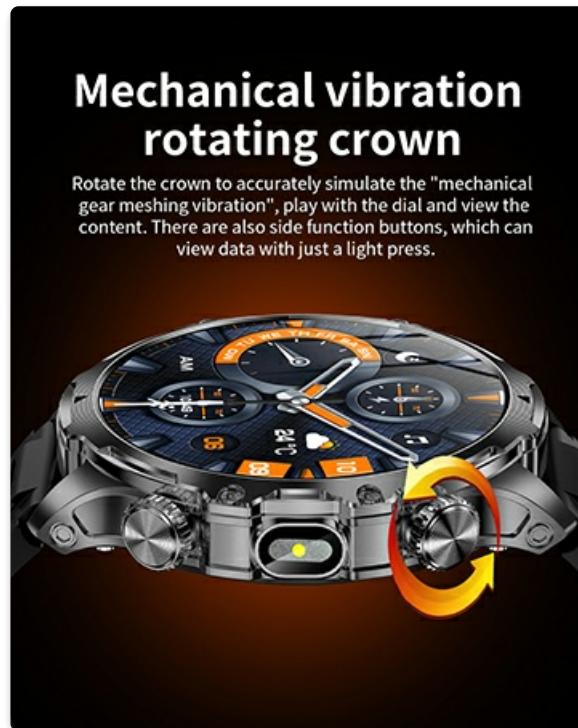
Problem	Possible Solution
Watch won't turn on	Ensure the watch is fully charged. Connect to the magnetic charger and allow it to charge for at least 30 minutes before attempting to power on.
Cannot pair with smartphone	Ensure Bluetooth is enabled on your phone and the watch. Restart both devices. Check the app for pairing instructions and ensure all necessary permissions are granted.
Inaccurate health readings	Ensure the watch is worn snugly on your wrist. Clean the sensor on the back of the watch. Remember that health data is for reference only.
Notifications not appearing	Check app permissions on your phone to ensure notification access is granted. Verify notification settings within the smartwatch app. Ensure the watch is connected via Bluetooth.
Short battery life	Reduce screen brightness, limit continuous heart rate monitoring, and disable unnecessary notifications. Ensure background app refresh is optimized.

If the problem persists, please contact customer support as detailed in the Warranty and Support section.

## 7. SPECIFICATIONS

Feature	Detail
Model Number	FV15-A
Screen Size	1.85 Inches HD Touchscreen (360x360 pixels)
Battery Capacity	800 mAh Lithium Polymer
Battery Life	20-30 days (typical usage), 60+ days (standby)
Charging Time	Approx. 2.5 hours
Connectivity	Bluetooth 5.2
Operating System	Wear OS 2.0

Feature	Detail
RAM Memory	126 MB
Waterproof Rating	IP68
Item Weight	3.53 ounces (100 Grams)
Compatibility	Android 6.0+ / iOS 9.0+



The 1.85-inch HD large touchscreen provides a clear and expansive display compared to smaller screens.

## 8. WARRANTY AND SUPPORT

SUNKTA offers a **2-year warranty** for your smartwatch, ensuring peace of mind regarding product quality and performance.

### Customer Support

If you have any questions, require assistance, or encounter issues not covered in this manual, please do not hesitate to reach out to our dedicated service team. We are committed to providing the best possible solution and will respond within 24 hours.

You can contact us via the Amazon messaging system or through the contact information provided on the warranty card included in your package.

# Extensive Health Features

24H Averge HR

102BPM

It gets wrist heart rate, focuses on blood oxygen and sleep monitors, focuses on stress monitoring, and more.



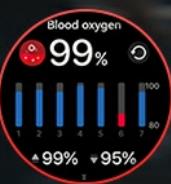
Heart Rate Monitor



Blood Oxygen Monitor



Blood Pressure Monitor



SUNKTA provides a 2-year warranty and 24-hour online customer service for product support.

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