

- Manuals.plus /
- > Dekala /
 - > Dekala RestOnn Sunrise Alarm Clock Sunset Sound Machine User Manual

Dekala SSM01-S

Dekala RestOnn Sunrise Alarm Clock User Manual

Model: SSM01-S | Brand: Dekala

PRODUCT OVERVIEW

The Dekala RestOnn Sunrise Alarm Clock is a multi-functional device designed to enhance your sleep and wake-up experience. It combines a sunrise simulation alarm clock, a sunset sleep sound machine, a Bluetooth speaker, and an ambient night light. This device aims to gently guide you into and out of sleep using light and sound, promoting a more natural and refreshing daily rhythm.

All in One Wake-up to Rest Companion



Sunrise
Alarm



Sunset Sound
Machine



Night
Light



Bluetooth
Speaker



Figure 1: Overview of the Dekala RestOnn's primary functions including sunrise alarm, sunset sound machine, night light, and Bluetooth speaker capabilities.

PACKAGE CONTENTS

Please verify that all items are present in the package:

- Sound Machine: 1 unit
- Adapter: 1 unit
- Charging Cable (USB-C): 1 unit
- User Manual: 1 unit

Package List

Sound Machine*1

Adapter*1

Charging Cable*1

User Manual*1

Product weight: 1.14 lb



Figure 2: The complete package contents of the Dekala RestOnn Sunrise Alarm Clock.

SETUP GUIDE

1. Power Connection

Connect the provided USB-C charging cable to the port on the back of the device. Plug the adapter into a standard wall outlet. The device will power on automatically.

2. App Download and Installation

For full functionality and smart control, download the "Dekala" app from your smartphone's app store (available for iOS and Android). Follow the on-screen instructions within the app to create an account or log in.

3. Wi-Fi Connection

Ensure your device is within range of a 2.4G Wi-Fi network. Open the Dekala app and follow the pairing instructions. The app will guide you through connecting your RestOnn device to your home Wi-Fi network. A stable Wi-Fi connection is required for remote control and advanced features.

Tailor Scenes & Alarms in APP

5 Custom scenes for sleep, meditation, etc.
Dual alarms for easy wake-ups.



Dekala App
control



Figure 3: The Dekala app provides tailored comfort and seamless control over your device settings.

OPERATING INSTRUCTIONS

Time Setting

To set the time, long-press the appropriate button (refer to the quick start guide included in your package for specific button identification). Rotate the knob to adjust the hour and minute. Press the button again to confirm.

Alarm Setting (Dual Alarms)

The device supports two independent alarms. Press the alarm button (bell icon) to toggle an alarm on or off. Long-press the alarm button to enter alarm settings. You can set the time, choose from various wake-up sounds (e.g., bird chirping, ocean waves, piano, wind chimes, alarm beep), and select the days of the week (5-day, 7-day, or 2-day options). The alarm volume can be adjusted.



Figure 4: Dual alarm functionality allows for customized schedules for workdays and weekends.

Sunrise Simulation

The sunrise alarm gradually brightens over a set duration (e.g., 30 minutes) before your chosen alarm time, simulating a natural sunrise. This helps to gently rouse you from sleep. The light intensity increases from a dim red to a bright white light.

No More Harsh Wake-ups

Wake up gently to **500lux** sunrise glow
& nature alarm tones up to **110dB**



Figure 5: The sunrise simulation feature provides a gentle wake-up experience by gradually increasing light intensity.

Sunset Sleep Aid & Sound Machine

Activate the sleep aid function to gradually dim the light and lower the volume of selected sleep sounds over a period of 5-120 minutes, or continuously throughout the night. This feature promotes melatonin production and helps you fall asleep naturally. Available sounds include white noise, brown noise, green noise, rain sound, 'Shhh', fan noise, ocean waves, water sound, vacuum noise, Zen, bonfire, and Yoga sounds.

Craft Your Restful Sleep



Sunset Sound
Machine



5-120 min
/ Over Night



One-Press
Start



Figure 6: The sunset sound machine helps craft a restful sleep environment with customizable duration and one-press activation.

11 Soothing Sounds & Your Music

Explore 11 calming sounds to help sleep,
or play your preferred music via Bluetooth



Figure 7: A selection of 11 soothing sounds and Bluetooth music options are available to aid sleep or relaxation.

Bluetooth Speaker Function

Press the Bluetooth button (refer to the quick start guide) to enable Bluetooth pairing. Connect your smartphone or other Bluetooth-enabled device to the RestOnn to play your preferred music or audio.

Night Light & Ambient Light

The device features an amber night light for soft illumination and tranquility. You can adjust the brightness levels of the display and the ambient light using the control knobs or through the app.

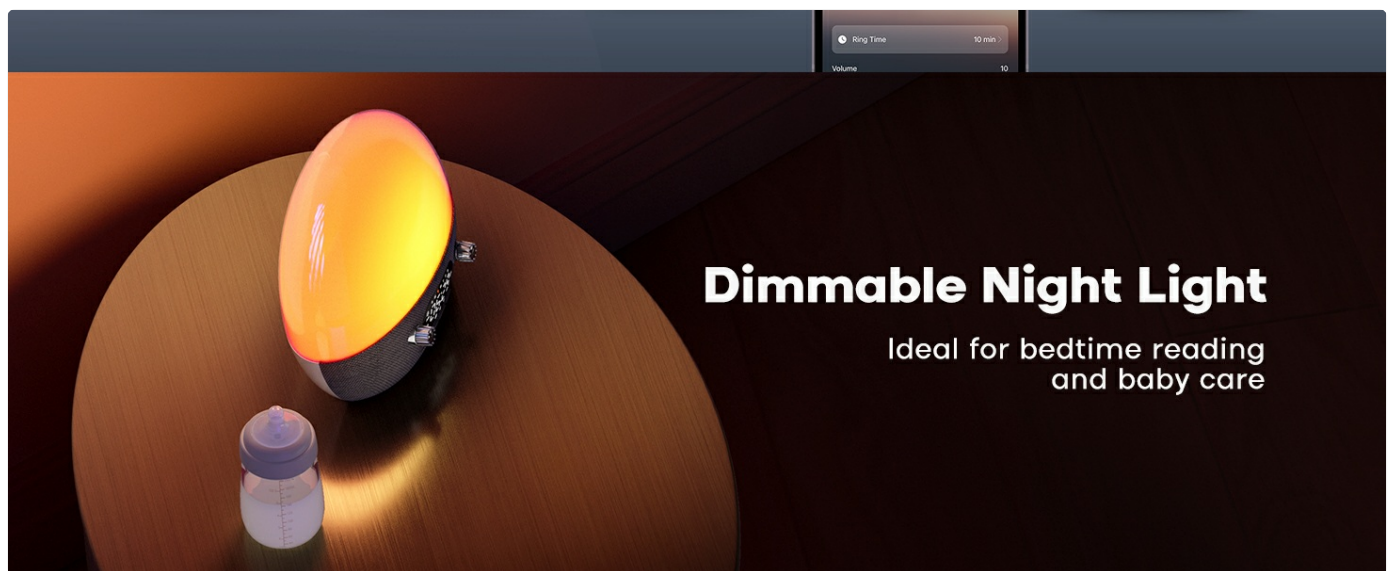


Figure 8: The dimmable night light is ideal for bedtime reading and baby care.

Snooze Function

When the alarm sounds, press the snooze button (refer to the quick start guide) to temporarily pause the alarm for 9 minutes. The alarm will resume after the snooze period.

TROUBLESHOOTING

- **Device not powering on:** Ensure the USB-C cable is securely connected to both the device and the adapter, and the adapter is plugged into a working power outlet.
- **Wi-Fi connection issues:**
 - Verify your Wi-Fi network is 2.4G. The device does not support 5G networks.
 - Ensure the device is within range of your Wi-Fi router.
 - Restart your Wi-Fi router and the RestOnn device.
 - Check the Wi-Fi password entered in the app for accuracy.
- **Alarm not sounding or light not activating:** Check that the alarm is enabled in the settings and the volume is not set to zero. Ensure the sunrise/sunset duration is correctly configured.
- **Bluetooth pairing issues:** Ensure Bluetooth is enabled on your smartphone and on the RestOnn device. Make sure the device is not already paired with another device.

MAINTENANCE

- Clean the device with a soft, dry cloth. Do not use abrasive cleaners or solvents.
- Keep the device away from water and excessive humidity.
- Avoid dropping the device or subjecting it to strong impacts.
- Store in a cool, dry place when not in use for extended periods.

SPECIFICATIONS

Brand:	Dekala
Model Number:	SSM01-S

Color:	White
Display Type:	Digital
Product Dimensions:	6.5"W x 6.5"H
Item Weight:	1.81 pounds
Power Source:	Corded Electric
Frame Material:	Acrylonitrile Butadiene Styrene (ABS)
Special Features:	Sleep Sounds (white noise, brown noise, green noise, rain sound, hushh, pink noise, fan sound, ocean waves, water sound, vacuum noise), Sunrise/Sunset Simulation, Snooze Function, 7-day Programmable Dual Alarms, Night Light & Ambient Light, White Noise Sound Machine, Wake-up Sounds (bird chirping, ocean wave, piano, wind chimes, alarm beep).

WARRANTY AND SUPPORT

The Dekala RestOnn Sunrise Alarm Clock comes with a Manufacturer's Warranty. For warranty claims, technical support, or any inquiries, please contact Dekala customer service directly.

Support Email: support@dekalastore.com

Website: dekalastore.com

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