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Snailax SL-545

Snailax SL-545 Shiatsu Foot Massager with Heat Instruction Manual

Model: SL-545

Introduction

Thank you for choosing the Snailax SL-545 Foot Massager. This device is designed to provide a comprehensive foot massage experience, incorporating shiatsu kneading, air compression, and heat therapy. Please read this manual thoroughly before use to ensure safe and effective operation.



Image: Top-down view of the Snailax SL-545 Foot Massager, showcasing its sleek black design and control panel.

Safety Information

Please observe the following safety guidelines:

- Use with caution.
- Do not use on open wounds or irritated skin.
- Avoid prolonged use without breaks to prevent discomfort or overheating.
- Consult a physician before use if you have any pre-existing medical conditions, especially neuropathy or plantar fasciitis, or if you are pregnant.
- Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure,

or prevent any disease or health condition.

Setup

1. Unpack the foot massager and all accessories from the box.
2. Place the massager on a flat, stable surface.
3. Connect the power adapter to the massager's power input port.
4. Plug the power adapter into a suitable electrical outlet.
5. Ensure your feet are clean and dry. It is recommended to wear socks during use for hygiene and comfort.
6. Gently insert your feet into the foot sleeves of the massager.



Image: The Snailax SL-545 Foot Massager box, showing the product, power adapter, and instruction manual.

Operating Instructions

The Snailax SL-545 offers multiple customizable settings. You can control the device using the integrated control panel or the included remote control.

Control Panel & Remote Overview



Image: A detailed diagram of the Snailax SL-545 control panel, highlighting buttons for Timer, Kneading, Air Compression, and Heat.

Power On/Off

- Press the **Power** button on the control panel or remote to turn the device on. The default settings will activate.
- Press the **Power** button again to turn the device off.

Kneading (Shiatsu) Massage

- The massager features shiatsu rollers that mimic a professional massage.
- Press the **Knead** button to cycle through three adjustable speeds: Low (L), Medium (M), and High (H).

Air Compression Massage

- Airbags target the instep, heel, and ankles, providing a compression massage.
- Press the **Air** button to select from three adjustable intensity levels: Low (L), Medium (M), and High (H).
- It is recommended to start with a low intensity for initial uses and gradually increase as comfort allows.

Heat Function

- The massager provides soothing heat therapy.
- Press the **Heat** button to choose from three adjustable heat levels, up to 131°F. The heat function can be used independently.



Image: A woman relaxing with her feet in the Snailax SL-545 Foot Massager, illustrating the three adjustable heat levels (113°F, 122°F, 131°F).

Vibration Function

- The massager includes a vibration feature for added relaxation.
- Press the **Vibration** button to select from three intensity levels: Low (L), Medium (M), and High (H).

Timer Settings

- The device has an auto-off timer.
- Press the **Timer** button to select a session duration of 15, 20, or 30 minutes.

Combining Functions

All massage functions (kneading, air compression, heat, vibration) can be used individually or combined to create a personalized massage experience.

Video: A demonstration of the Snailax Shiatsu Foot Massager with Heat, showcasing its various functions and ease of use.

Maintenance

Cleaning

- The foot sleeves are detachable and washable for easy cleaning.
- Unzip the foot sleeves from the massager.
- Machine wash the sleeves according to fabric care instructions.
- Ensure sleeves are completely dry before reattaching.
- Wipe the main unit with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.



Image: Close-up view of the Snailax SL-545 Foot Massager highlighting the removable and washable foot liners.

Storage

- Store the massager in a cool, dry place when not in use.
- Avoid placing heavy objects on the massager.
- The compact and lightweight design (4.4 lbs) allows for easy storage under a bed or desk.

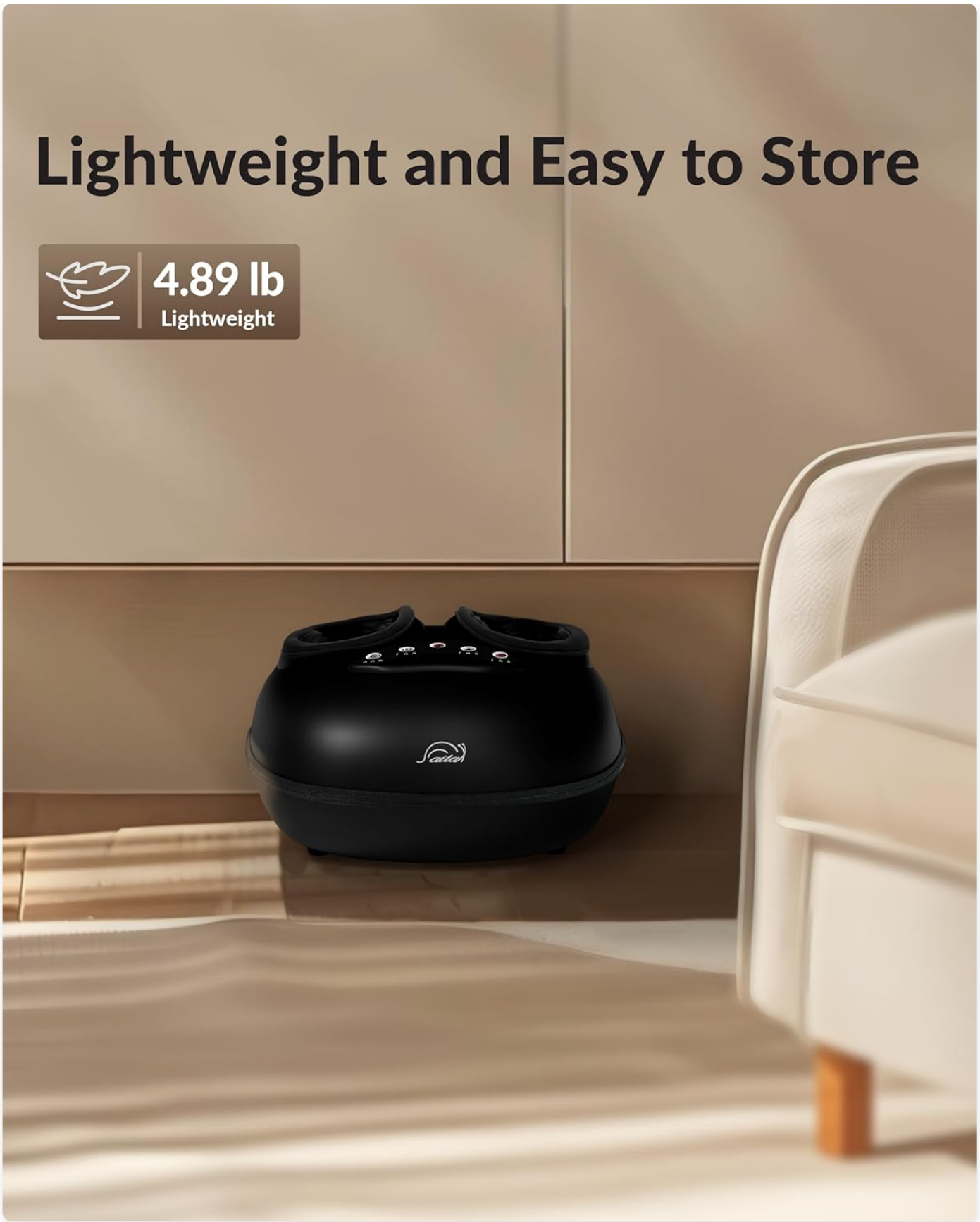


Image: The Snailax SL-545 Foot Massager positioned for storage under a piece of furniture, demonstrating its compact size.

Troubleshooting

- **Device not turning on:** Ensure the power adapter is securely connected to both the massager and a working electrical outlet.
- **Discomfort during massage:** Reduce the intensity levels of kneading, air compression, or vibration. Adjust foot position within the sleeves. If discomfort persists, discontinue use.

- **Heat feels too intense:** Reduce the heat setting or turn off the heat function.
- **Unusual noises:** Discontinue use and contact customer support.

Specifications

Feature	Detail
Product Dimensions	14.65 x 12.4 x 6.69 inches
Item Model Number	SL-545
Item Weight	4.4 Pounds
Material	Polyester
Power Source	Corded Electric
Max Foot Size	Up to US Men's Size 14

Warranty and Support

Snailax offers a warranty for this product. To extend your warranty, please emailsupport@snailax.com with "Warranty" in the subject line.

For further assistance or inquiries, please contact Snailax customer support.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

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