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> JINXIA Cervical Pillow User Manual

JINXIA JINXIA-RBSY-BLUE

JINXIA Cervical Pillow User Manual

Brand: JINXIA | Model: JINXIA-RBSY-BLUE

1. PRODUCT OVERVIEW

The JINXIA 2024 Upgrade Cervical Pillow is designed to provide ergonomic support for your neck and shoulders, promoting better sleep posture and comfort. Crafted with memory foam and featuring a cooling silk case, this pillow is suitable for various sleeping positions, including back and side sleeping.



Image: The JINXIA Cervical Pillow, highlighting its ergonomic design and suitability for different sleeping positions. The image shows the pillow's unique shape and how it supports the head and neck for both back and side sleepers.

Its contoured design aims to align the spine, alleviate pressure points, and reduce discomfort associated with neck and shoulder pain, snoring, and headaches.

2. SETUP AND INITIAL USE

Upon receiving your JINXIA Cervical Pillow, follow these steps for optimal setup:

1. **Unpack:** Carefully remove the pillow from its packaging. The memory foam may be compressed for shipping.
2. **Allow to Expand:** Place the pillow on a flat surface in a well-ventilated area. Allow 24-48 hours for the memory foam to fully expand and regain its intended shape. Any faint initial odor from the memory foam is normal and will dissipate within this period.
3. **Pillowcase:** The pillow comes with a removable and washable cooling silk case. Ensure it is properly fitted before use.

BREATHABLE & REMOVABLE PILLOWCASE



Image: A detailed view of the pillow's construction, highlighting the skin-friendly fabric, breathable mesh, 5-second slow rebound memory foam, and protective inner cover. This illustrates the quality of materials used in the pillow and its removable pillowcase.

3. OPERATING INSTRUCTIONS (HOW TO USE)

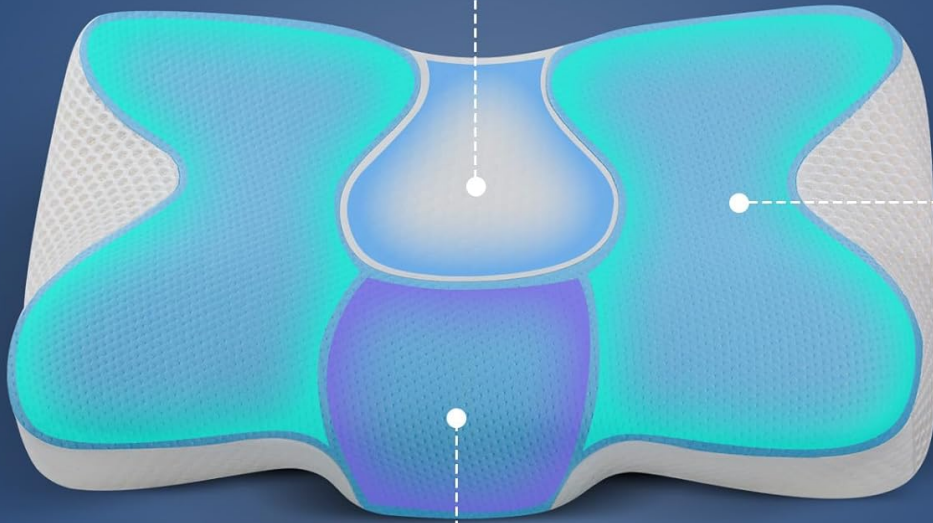
The JINXIA Cervical Pillow is designed with specific contours to support different sleeping positions:

- **For Back Sleepers:** Position your head in the central concave area of the pillow. The higher contours on the sides will cradle your neck, maintaining the natural curve of your cervical spine and providing optimal support.
- **For Side Sleepers:** Utilize the raised side areas of the pillow. Place your head on the higher side, allowing your shoulder to rest comfortably against the mattress. This helps to release shoulder pressure and align your spine.
- **Adaptation Period:** It may take a few nights to adjust to the new ergonomic shape of the pillow, especially if you are accustomed to traditional pillows. Continue using it to allow your body to adapt to the improved posture.

ERGONOMICS NECK PAIN RELIEF PILLOW

Back Sleeping Head Area

Side Sleeping Head Area



Cervical Support Neck Area



SIDE SLEEPERS

Release Shoulder Pressure & Relief Neck Pain

BACK SLEEPERS

Corrected Cervical Spine Curve & Offer Neck Support



Image: An illustrative diagram detailing the ergonomic zones of the pillow, including the back sleeping head area, side sleeping head area, and cervical support neck area. It also shows how the pillow helps side sleepers release shoulder pressure and back sleepers correct cervical spine curve.

DESIGN FOR ALL SLEEPING STYLES



Image: Demonstrations of the pillow's design accommodating various sleeping styles: back sleeping, side sleeping, and stomach sleeping. This visual guide helps users position themselves correctly for optimal comfort and support.



Image: A top-down view of an individual resting on the JINXIA Cervical Pillow, demonstrating its comfortable and supportive fit during sleep.

4. MAINTENANCE AND CARE

Proper care will extend the life and effectiveness of your JINXIA Cervical Pillow:

- **Pillowcase Washing:** The cooling silk pillowcase is removable and machine washable. Wash in cold water on a gentle cycle with mild detergent. Tumble dry on low heat or air dry. Do not bleach.
- **Memory Foam Core:** The memory foam core itself is not washable. Do not immerse it in water or machine wash it, as this can damage the foam structure.
- **Spot Cleaning:** For minor spills or stains on the memory foam core, spot clean gently with a damp cloth and mild soap. Allow it to air dry completely before replacing the pillowcase.
- **Ventilation:** Periodically air out the memory foam core in a well-ventilated area away from direct sunlight to maintain freshness.

5. TROUBLESHOOTING

If you encounter any issues with your JINXIA Cervical Pillow, consider the following:

Problem	Possible Cause	Solution
Initial Odor	New memory foam products may have a slight, harmless odor.	Allow the pillow to air out in a well-ventilated room for 24-48 hours before first use. The odor will dissipate.
Discomfort during initial use	Your body may need time to adjust to the new ergonomic shape and support.	Continue using the pillow for a few nights (up to 1-2 weeks). Most users adapt and experience improved comfort. Ensure you are using the pillow correctly for your sleeping position.
Pillow feels too firm/soft	Memory foam's firmness can be affected by room temperature.	Memory foam softens with body heat. Give it time to warm up. If consistently too firm or soft, ensure room temperature is within a comfortable range.

REDUCE PAIN AND IMPROVE SLEEP QUALITY

Say Goodbye to These Troubles



Snoring



Stiff Neck



Shoulder Pain



Headache



Cervical Strain





Before
using the pillow



After
using it for a while



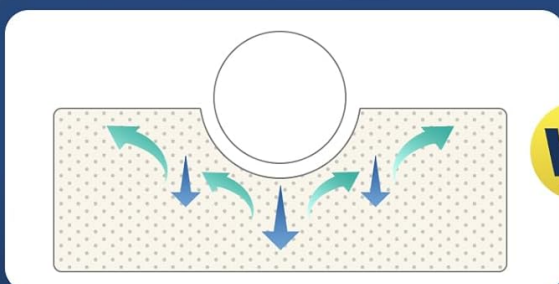
After
long-term use

Image: An illustration showing how the pillow helps reduce pain and improve sleep quality by addressing issues like snoring, stiff neck, shoulder pain, headache, and cervical strain. It includes a visual progression of neck posture before and after using the pillow.

6. SPECIFICATIONS

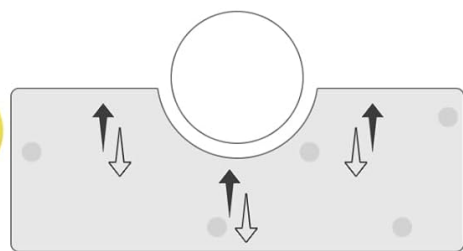
Feature	Detail
Brand	JINXIA
Model Name	JINXIA-RBSY-BLUE
Fill Material	Memory Foam
Pillowcase Material	Cooling Silk Fabric (Removable & Washable)
Color	White Blue
Special Feature	Sleeps on two sides (Ergonomic for Back & Side Sleepers)
Item Weight	3.39 pounds
Package Dimensions	14.88 x 6.97 x 6.93 inches
Recommended Uses	Neck Pillow, for Neck and Shoulder Support

TOP NOTCH ODORLESS MEMORY FOAM



Our Memory Foam

Provides support and releases pressure



Other Memory Foam

Pressure points too dense

Image: A diagram illustrating the dimensions of the JINXIA Cervical Pillow (64cm/25inch length, 36cm/14inch width, 11cm/4.3inch and 14cm/5.5inch heights). It also compares JINXIA's memory foam, which provides support and releases pressure, to other memory foams with dense pressure points.

7. WARRANTY AND SUPPORT

Specific warranty details for the JINXIA Cervical Pillow are not provided in this manual. For information regarding warranty coverage, returns, or customer support, please refer to the retailer's policy where the product was purchased or visit the official JINXIA brand store:

[Visit the JINXIA Store on Amazon](#)

For any product-related inquiries or assistance, it is recommended to contact JINXIA customer service through the official channels provided by the brand or retailer.