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› 1MORE HQ31 SonoFlow SE Wireless Bluetooth Noise-Canceling Headphones User Manual

1MORE HQ31

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User Instruction Manual

1. INTRODUCTION

Thank you for choosing the 1MORE HQ31 SonoFlow SE Wireless Bluetooth Noise-Canceling Headphones. These headphones are designed to provide a superior audio experience with advanced features such as Hi-Res Audio, QuietMax™ Hybrid Noise Cancellation, and extended battery life. This manual will guide you through the setup, operation, and maintenance of your new headphones.



Image: The 1MORE HQ31 SonoFlow SE headphones in pink, showcasing their over-ear design and sleek finish.

2. SETUP GUIDE

2.1. Unboxing and Components

Upon opening the package, ensure all components are present:

- 1MORE HQ31 SonoFlow SE Headphones
- Charging Cable (USB-C)
- User Manual (this document)

2.2. Charging the Headphones

Before first use, fully charge your headphones. Connect the included USB-C cable to the charging port on the headphones and a compatible USB power source. A full charge provides up to 90 hours of playback. A quick 5-minute charge can provide 5 hours of listening time.

QuietMax™ Hybrid Noise Cancellation Technology

block up to 95% ambient noise



Image: Visual representation of the 90-hour battery life and the fast charging capability (5 minutes charge for 5 hours playtime).

2.3. Bluetooth Pairing

1. Ensure the headphones are charged and powered off.
2. Press and hold the power button until the LED indicator flashes blue and red, indicating pairing mode.

3. On your device (smartphone, tablet, laptop), enable Bluetooth and search for "1MORE SonoFlow SE HQ31" in the list of available devices.
4. Select the headphones to connect. The LED indicator will turn solid blue once connected.

2.4. Dual-Device Connection

The HQ31 SonoFlow SE headphones support simultaneous connection to two Bluetooth devices. This allows for seamless switching between audio sources without re-pairing.



Image: The headphones connected to both a smartphone and a laptop, demonstrating the dual-device connection feature.

2.5. 1MORE Music App

Download the 1MORE Music App from your device's app store for enhanced control and customization.

The app allows you to:

- Select from various preset EQ modes (e.g., Studio, Bass Reducer, Acoustic, Classical, Podcast, Bass Booster, Deep).
- Create custom EQ settings.
- Update headphone firmware.
- Manage noise cancellation modes.

3. OPERATING INSTRUCTIONS

3.1. Basic Controls

The headphones feature intuitive physical buttons for control:

- **Power Button:** Press and hold to power on/off. Short press for play/pause.
- **Volume Buttons (+/-):** Press to adjust volume.
- **Multi-function Button:** Controls noise cancellation modes, call management, and voice assistant activation. Refer to the app for specific button assignments.

3.2. Noise Cancellation (QuietMax™ Hybrid ANC)

The QuietMax™ Hybrid Noise Cancellation technology reduces ambient noise by over 42dB, providing a tranquil listening environment. Activate or deactivate ANC via the multi-function button or the 1MORE Music App.

Up to 90 Hours of Battery Life



5 Mins
of Fast Charging

=



5 Hrs
Playtime

Image: A visual representation of the QuietMax Hybrid Noise Cancellation technology, showing its effectiveness in various noisy environments like home, airplane, train, and cafe.

3.3. Transparency Mode

Enable Transparency Mode to hear your surroundings without removing the headphones. This is useful for staying aware of announcements or conversations. Toggle this mode using the multi-function button or the app.

3.4. Spatial Audio

Experience immersive 360-degree spatial audio, enhancing your gaming, movie, and music experiences by

creating an enveloping soundscape.

Advanced Detail-Rich Sound Experience

40mm strong magnetic driver



Image: A person wearing the headphones, surrounded by circular sound waves, depicting the immersive spatial audio experience.

3.5. Hi-Res Audio and LDAC Codec

The HQ31 SonoFlow SE supports Hi-Res Audio and the LDAC codec, ensuring superior sound quality with crystal-clear treble and precise detail. This provides an enhanced listening experience, bringing out every nuance of your audio.

Spatial Audio

enveloping you in a rich soundscape



Image: A person wearing the headphones, with Hi-Res Audio and LDAC logos prominently displayed, signifying advanced sound quality.

3.6. Clear Calls with AI Noise Cancellation

Equipped with dual microphones and AI-driven DNN noise reduction, these headphones ensure your voice is clearly captured during calls, even in noisy environments.

Dual-Mic AI noise cancellation

improve the call
quality performance



Image: A person using the headphones for a call, with text indicating dual-mic AI noise cancellation for improved call quality.

3.7. Gaming Mode

For an optimized gaming experience, activate the low-latency gaming mode, which reduces audio delay to approximately 80ms. This mode can be enabled via the 1MORE Music App.

4. MAINTENANCE

4.1. Cleaning

To maintain the headphones' appearance and hygiene:

- Wipe the earcups and headband with a soft, dry, lint-free cloth.
- Do not use abrasive cleaners, solvents, or spray directly onto the headphones.
- Avoid getting moisture into any openings.

4.2. Storage

When not in use, store the headphones in a cool, dry place, away from direct sunlight and extreme temperatures. If possible, use a protective case to prevent damage.

4.3. Battery Care

To prolong battery life:

- Avoid fully discharging the battery frequently.
- Charge the headphones regularly, even if not used for extended periods.
- Do not expose the headphones to temperatures above 45°C (113°F) or below -10°C (14°F).

5. TROUBLESHOOTING

If you encounter issues with your 1MORE HQ31 SonoFlow SE headphones, refer to the following common solutions:

Problem	Possible Solution
Headphones do not power on	Ensure the battery is charged. Connect to a power source and try again.
Cannot pair with device	Ensure headphones are in pairing mode (flashing blue/red LED). Turn off and on Bluetooth on your device. Clear previous Bluetooth connections on your device.
No sound or low volume	Check volume levels on both headphones and connected device. Ensure headphones are properly connected. Try re-pairing.
Noise Cancellation not working	Ensure ANC mode is activated via the multi-function button or the 1MORE Music App.
Call quality issues	Ensure microphones are not obstructed. Check network signal strength on your phone.

For more detailed troubleshooting or persistent issues, please refer to the 1MORE Music App or the official 1MORE support website.

6. SPECIFICATIONS

Feature	Detail
Model Name	HQ31

Feature	Detail
Noise Control	Active Noise Cancellation (QuietMax™ Hybrid)
Connectivity Technology	Wireless
Wireless Communication Technology	Bluetooth 4
Audio Driver Type	Dynamic Driver (40mm Titanium-Coated Composite)
Frequency Range	20Hz - 20kHz
Battery Life	Up to 90 Hours
Control Method	App, Physical Buttons
Earpiece Shape	Over Ear
Impedance	32 Ohm
Item Weight	15.5 ounces
Package Dimensions	8.74 x 7.01 x 2.6 inches
UPC	190280001566
Included Components	Cable
Compatible Devices	Smartphones, Tablets, Laptops, Desktops, Gaming Consoles, Smart Speakers, Televisions, Car Audio Systems, Cellphones

7. WARRANTY AND SUPPORT

7.1. Warranty Information

1MORE products typically come with a limited warranty covering manufacturing defects. For specific warranty terms and conditions, including duration and coverage, please refer to the warranty card included with your product or visit the official 1MORE website. Keep your proof of purchase for warranty claims.

7.2. Customer Support

For further assistance, technical support, or service inquiries, please contact 1MORE customer support through their official website or the 1MORE Music App. You can also find FAQs and additional resources online.

- **Official Website:** www.1more.com
- **1MORE Music App:** Available on iOS and Android app stores.

