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LifePro LP-RJVWRB

LifePro RejuvaWrap Infrared Sauna Blanket User Manual

Model: LP-RJVWRB | Brand: LifePro

Important Safety Instructions

Please read all instructions carefully before using the LifePro RejuvaWrap Infrared Sauna Blanket. Failure to follow these instructions may result in injury or damage to the product.

- Consult with a healthcare professional before use if you have any medical conditions, are pregnant, or have implants.
- Do not use the sauna blanket if you have open wounds, skin infections, or severe circulatory issues.
- Ensure the blanket is placed on a flat, heat-resistant surface.
- Do not operate the blanket with wet hands or in a wet environment.
- Keep out of reach of children and pets.
- Do not fold or crease the blanket excessively during operation, as this may damage the heating elements.
- Unplug the blanket from the power outlet when not in use and before cleaning.
- Do not use the blanket for more than 60 minutes per session.
- Stay hydrated by drinking water before and after your sauna session.

Product Overview

What's Included

- LifePro RejuvaWrap Blanket
- Heat Controller with Cables
- 5 Disposable Thermal Detox Wraps
- Carry Bag
- Face Towel



Image: The complete package contents of the LifePro RejuvaWrap Infrared Sauna Blanket, showing the folded blanket, the heat controller, disposable thermal wraps, a carry bag, and a hand towel.

Key Features

- **Full-Body Far Infrared Heat Penetration:** Utilizes advanced carbon fiber wires for deep heat penetration up to 1.5 inches into muscles and body tissue.
- **Adjustable Heat Levels:** Offers 9 heat levels ranging from 95°F to 176°F for customized sessions.
- **Adjustable Session Lengths:** Sessions can be set from 5 to 60 minutes.
- **Compact and Portable Design:** Measures 71" L × 31" W, weighs 16.1 lbs, and folds easily into the included carry bag.
- **Rapid Heat-Up:** Heats up in just 10–15 minutes.
- **Easy-Clean Materials:** Constructed with a PU leather exterior and waterproof PVC inside for simple maintenance.



Image: A visual representation of the LifePro RejuvaWrap Infrared Sauna Blanket's dimensions, highlighting its 71-inch length and 36-inch width for full-body coverage.

Setup

1. **Unpack:** Carefully remove the sauna blanket and all accessories from the packaging.
2. **Placement:** Lay the blanket flat on a heat-resistant surface, such as a bed or floor, ensuring there are no folds or creases in the heating area.
3. **Connect Controller:** Connect the cables from the blanket to the corresponding ports on the heat controller. Ensure connections are secure.
4. **Power Connection:** Plug the heat controller's power cord into a standard electrical outlet.



Image: A woman demonstrating the setup of the LifePro RejuvaWrap Infrared Sauna Blanket by zipping herself into it, with the included carry bag and disposable detox wraps nearby.

Operating Instructions

Powering On/Off

- Press the Power button on the heat controller to turn the unit on.
- Press the Power button again to turn the unit off.

Adjusting Temperature

- Use the "TEMP UP" and "TEMP DOWN" buttons on the controller to select your desired heat level (95°F to 176°F).
- The current temperature setting will be displayed on the controller's screen.



Image: A user enjoying the LifePro RejuvaWrap Infrared Sauna Blanket, accompanied by a visual guide to the 9 available temperature levels and their corresponding therapeutic effects, such as intense heating or soothing the body.

Setting Session Time

- Use the "TIME UP" and "TIME DOWN" buttons to set the duration of your session (5 to 60 minutes).
- The remaining time will be displayed on the controller. The blanket will automatically shut off once the timer expires.



Image: A detailed view of the LifePro RejuvaWrap's heat controller, showing its digital interface for setting temperature and time, along with clearly labeled control buttons.

Usage Recommendations

- Wear loose, comfortable clothing or use the provided disposable thermal wraps to absorb sweat.
- Enter the blanket and zip it up to your neck.
- Relax and enjoy your session. You may read, listen to music, or meditate.
- After your session, carefully exit the blanket and allow your body to cool down gradually.
- Rehydrate by drinking plenty of water.



Image: A man demonstrating the use of the LifePro RejuvaWrap Infrared Sauna Blanket while relaxing on a couch, illustrating its benefits for body detox, calorie burning, and contributing to a slimmer figure.



Image: A man using the LifePro RejuvaWrap Infrared Sauna Blanket on the floor, wearing headphones, with accompanying text detailing how the blanket helps reduce tension, calms the body and mind, improves sleep, and promotes heart wellness.



Image: A woman peacefully asleep in the LifePro RejuvaWrap Infrared Sauna Blanket on a bed, illustrating the convenience and benefits of experiencing a sauna at home for deep healing and relaxation.

Maintenance and Care

- **Cleaning:** After each use, wipe down the interior and exterior of the blanket with a damp cloth. For deeper cleaning, use a mild, non-abrasive cleaner. Ensure the blanket is completely dry before folding and storing.
- **Storage:** Fold the blanket neatly and store it in the provided carry bag in a cool, dry place away from direct sunlight.
- **Avoid Sharp Objects:** Do not use sharp objects near the blanket, as they may puncture the material.
- **Do Not Machine Wash:** The blanket is not machine washable.



Image: A man wiping sweat from his face with a black towel after a session in the LifePro RejuvaWrap Infrared Sauna Blanket, highlighting the blanket's features including even heating, waterproof materials, and non-toxic construction.

Troubleshooting

Problem	Possible Cause	Solution
Blanket not heating.	Power cord not properly connected; controller not turned on; temperature set too low.	Ensure all connections are secure and the controller is plugged in. Press the Power button. Increase the temperature setting.
Controller display is off.	No power to the unit; unit is off.	Check power outlet and connections. Press the Power button to turn on the unit.

Problem	Possible Cause	Solution
Blanket feels too hot/cold.	Temperature setting is incorrect for your preference.	Adjust the temperature using the "TEMP UP" and "TEMP DOWN" buttons.
Automatic shut-off.	Session time has expired; safety feature activated.	This is normal operation if the timer runs out. If it shuts off unexpectedly, unplug and re-plug the unit, then restart. If issues persist, contact customer support.

Specifications

Feature	Detail
Model Name	Sauna
Model Number	LP-RJVWRB
Dimensions (L x W x H)	70.98 x 70.98 x 0.39 inches (unfolded)
Item Weight	16.1 Pounds
Material	Faux Leather, Polyvinyl Chloride, Polyester (Fill)
Heat Levels	9 (95°F – 176°F)
Session Time	5 – 60 minutes
Manufacturer	LifePro
First Available	January 5, 2022

Warranty and Support

LifePro products are designed for durability and performance. For specific warranty details regarding your RejuvaWrap Infrared Sauna Blanket, please refer to the warranty card included with your product or visit the official LifePro website.

If you encounter any issues or have questions about your product, please contact LifePro customer support:

- **Website:** www.lifeprofitness.com
- **Email:** (Check LifePro website for current email)
- **Phone:** (Check LifePro website for current phone number)

LifePro is committed to supporting your wellness journey and provides access to online videos and communities for further guidance and motivation.

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