

Denash Denash8i5ha2bkfx-12

Denash H Band Smart Watch User Manual

Model: Denash8i5ha2bkfx-12

1. INTRODUCTION

Thank you for choosing the Denash H Band Smart Watch. This device is designed to enhance your daily life with its advanced features, including a high-resolution display, long battery life, multiple sports modes, and convenient communication capabilities. This manual provides detailed instructions on how to set up, operate, and maintain your smartwatch to ensure optimal performance.



Figure 1.1: Denash H Band Smart Watch (Orange) with its magnetic charging cable.

2. PACKAGE CONTENTS

Please check the package contents upon unboxing to ensure all items are present:

- 1 x Denash H Band Smart Watch (Orange)
- 1 x User Manual
- 1 x Charging Cable

3. SETUP

3.1 Charging the Smart Watch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer USB port.





Figure 3.1: Rear view of the smartwatch, highlighting the charging contacts and sensors.

The watch features a 380mAh high-capacity battery, ensuring long-lasting battery life after a full charge.

3.2 Powering On/Off

- **Power On:** Press and hold the side button (crown) for a few seconds until the screen lights up.
- **Power Off:** From the watch face, swipe down to access quick settings, or navigate to the settings menu. Locate the power off option and confirm. Alternatively, press and hold the side button and select "Power Off" from the options.



Figure 3.2: Side view of the smartwatch, showing the rotatable crown button used for navigation and power control.

3.3 App Installation (H Band)

To unlock the full potential of your smartwatch, download and install the "H Band" application on your smartphone. The app is available on both iOS and Android app stores. Scan the QR code provided in the physical user manual or search for "H Band" in your app store.

3.4 Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the "H Band" app on your smartphone.
3. Follow the in-app instructions to add a new device. The app will search for available smartwatches.
4. Select your Denash H Band Smart Watch from the list of discovered devices.
5. Confirm the pairing request on both your smartphone and the smartwatch if prompted.
6. Once paired, the watch will synchronize data with the app, including time, date, and notifications.

4. OPERATING INSTRUCTIONS

4.1 Navigating the Interface

The smartwatch features a 2.01-inch full touch HD screen (240x296 resolution) for intuitive navigation.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access different widgets or quick functions.
- **Tap:** Select an item or open an application.
- **Side Button (Crown):** Press to return to the watch face or open the app list. Rotate to scroll through lists or zoom in/out (functionality may vary by app).



Figure 4.1: The smartwatch display showing a detailed watch face with time, date, and world map, demonstrating the high-resolution screen.

4.2 Bluetooth Calling

Once paired with your smartphone, the smartwatch supports Bluetooth calling, allowing you to make and receive calls directly from your wrist.

- **Answering Calls:** When a call comes in, tap the green answer icon on the watch screen.
- **Making Calls:** Access the dialer or contacts list on your watch to initiate a call.
- **Viewing Call Records:** Check your recent call history directly on the watch.

4.3 Sports Modes and Fitness Tracking

The smartwatch accurately records your daily steps, mileage, and calorie consumption using built-in sensors. It offers multiple sports modes to track various activities.

- **Available Modes:** Walking, Running, Cycling, and more.
- **Starting a Workout:** Navigate to the "Sports" or "Workout" app on your watch, select your desired activity, and tap to start.

- **Viewing Data:** Real-time data is displayed during your workout. After completion, detailed statistics are synced to the H Band app on your phone.



Figure 4.2: The smartwatch being worn during a running activity, demonstrating its use for fitness tracking.



Figure 4.3: The smartwatch on a user's wrist during a cycling session, highlighting its versatility for different sports modes.

4.4 Always On Display

The Always On Display feature allows you to quickly view essential information without fully waking the screen. Simply raise your wrist to see the date, time, message notifications, and fitness data.

4.5 Multifunctionality and IP67 Water Resistance

Your smartwatch offers a range of additional functions:

- **WeChat Integration:** Chat directly from your wrist.
- **Voice Assistant:** Use voice commands for various tasks.
- **Weather Updates:** Get real-time weather forecasts.
- **Other Features:** Alarm, stopwatch, timer, find phone, remote camera control, and more.

The smartwatch is IP67 water resistant, meaning it can withstand splashes, rain, and brief immersion in water. It is suitable for daily use and light water-related activities, but not recommended for swimming or diving.

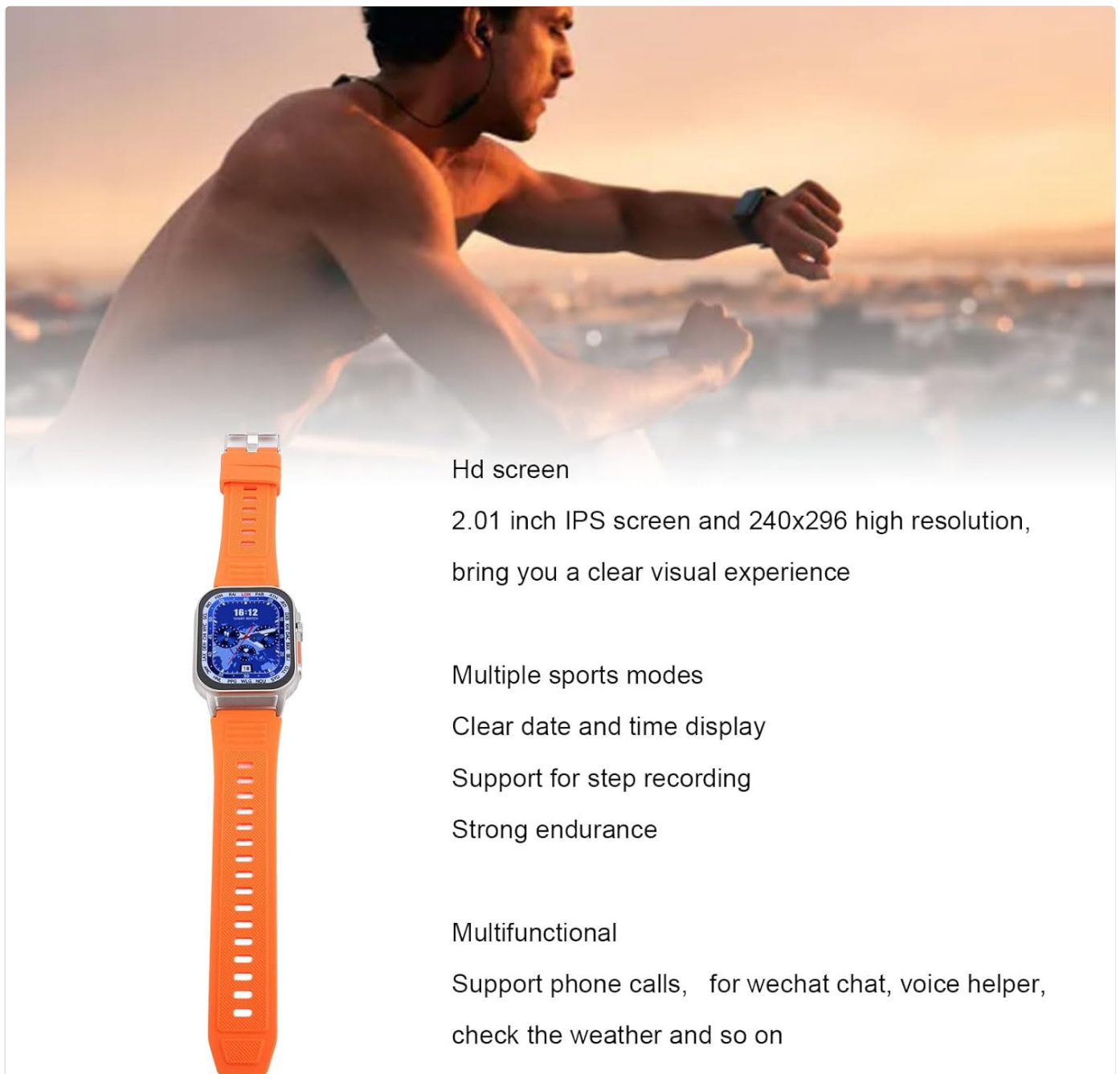


Figure 4.4: An overview of the smartwatch's key features, including HD screen, multiple sports modes, and multifunctional capabilities.

5. MAINTENANCE

5.1 Cleaning

- Wipe the screen and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the watch's finish and components.
- Ensure the charging contacts are clean and dry before charging.

5.2 Storage

- Store the smartwatch in a cool, dry place away from direct sunlight and extreme temperatures.
- If storing for an extended period, ensure the battery is partially charged (around 50%) to prolong its lifespan.

5.3 Battery Care

- Avoid completely draining the battery frequently.
- Do not expose the watch to temperatures below -10°C (14°F) or above 45°C (113°F), as this can affect battery performance and lifespan.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch does not power on.	Low battery; device frozen.	Charge the watch for at least 30 minutes. If still unresponsive, perform a forced restart by holding the side button for 10-15 seconds.
Cannot pair with smartphone.	Bluetooth off; watch not discoverable; app issue.	Ensure Bluetooth is on for both devices. Restart both the watch and phone. Clear Bluetooth cache on phone. Reinstall H Band app.
Notifications not received.	App permissions; notification settings.	Check H Band app notification permissions on your phone. Ensure notifications are enabled within the H Band app for desired applications. Keep the app running in the background.
Inaccurate fitness data.	Improper wearing; sensor obstruction.	Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. Clean the sensors on the back of the watch.

7. SPECIFICATIONS

Feature	Detail
Model Name	Denash8i5ha2bkfx-12
Brand	Denash
Screen Size	2.01 inch
Screen Resolution	240x296
Battery Capacity	380mAh
Bluetooth Version	BLE5.3
Water Resistance Rating	IP67
App Compatibility	H Band
Product Dimensions	6.3 x 4.33 x 1.18 inches
Item Weight	6.1 ounces
Material	Silicone + Alloy
Color	Orange

53mm/2.08in



41.5mm/1.63in

wrist strap size 270mm/10.62in

Figure 7.1: Key dimensions of the smartwatch, showing its height and width.

8. WARRANTY AND SUPPORT


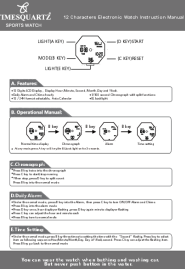
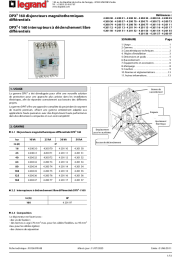

Denash products are manufactured to high quality standards. For information regarding warranty coverage, please refer

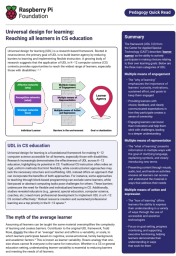

to the warranty card included with your product or contact Denash customer support.

If you encounter any issues or have questions about your Denash H Band Smart Watch, please contact our customer support team. Details for support can typically be found on the product packaging or the official Denash website.

Please retain your proof of purchase for warranty claims.

Related Documents - Denash8i5ha2bkfx-12

	<p>Armitron Adventure MD16388 Digital Watch: Features, Instructions, and Limited Lifetime Warranty</p> <p>Detailed instructions and warranty information for the Armitron Adventure MD16388 digital watch. Learn about its features including time telling, alarms, chronograph, world time, pedometer, and countdown timer. Includes setup, operation, water resistance, battery replacement, and service center details.</p>
	<p>TimesQuartz Sports Watch - 12 Characters Electronic Watch Instruction Manual</p> <p>Instruction manual for the TimesQuartz Sports Watch, covering features, operational modes, chronograph functions, daily alarm settings, and time adjustment procedures.</p>
	<p>Legrand DPX³ 160 & DPX³-I 160: Disjoncteurs Magnétothermiques Différentiels - Spécifications Techniques</p> <p>Fiche technique détaillée des disjoncteurs magnétothermiques différentiels Legrand DPX³ 160 et interrupteurs à déclenchement libre DPX³-I 160. Inclut caractéristiques techniques, installation, dimensions, courbes de déclenchement, et normes.</p>
	<p>SKMEI S4006 Digital Watch: Operating Instructions and User Guide</p> <p>User manual for the SKMEI S4006 digital watch, detailing how to operate its various functions including time, date, alarm, chronograph, and backlight settings.</p>

	<p>Universal Design for Learning: Reaching All Learners in CS Education</p> <p>A guide to Universal Design for Learning (UDL) in K-12 computer science education, focusing on reducing barriers and promoting learner agency through flexible instruction and varied approaches to engagement, representation, and expression.</p>
	<p>WIZCAR E01: User Guide for Apple CarPlay and Android Auto</p> <p>This guide provides detailed information on the WIZCAR E01 system, covering its features, connectivity, compatibility with Apple CarPlay and Android Auto, and technical specifications for enhanced in-car entertainment.</p>