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## Mova Fresh Pro

# Mova Fresh Pro Electric Toothbrush User Manual

Model: Fresh Pro (B0DPJW5PHC)

## INTRODUCTION

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This manual provides instructions for the safe and effective use of your Mova Fresh Pro Electric Toothbrush. Please read this manual thoroughly before first use and retain it for future reference.

## WHAT'S IN THE BOX

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**Brush Head x2**



**Electric Toothbrush Handle x1**



**Wireless Charger (Includes USB Cable) x1**



**User Manual x1**



**Brush Head Holder x2**



**Toothbrush Travel Case x1**

**Important Safety Instructions x1**

Image: All components included in the Mova Fresh Pro package: electric toothbrush handle, two brush heads, wireless charger with USB cable, user manual, important safety instructions, two brush head holders, and a toothbrush travel case.

- Electric Toothbrush Handle x1
- Brush Head x2
- Wireless Charger (Includes USB Cable) x1
- User Manual x1
- Important Safety Instructions x1
- Brush Head Holder x2
- Toothbrush Travel Case x1

## SETUP

### 1. Attaching the Brush Head

Align the brush head with the metal shaft on the toothbrush handle and push down firmly until it clicks into place. Ensure the brush head is securely attached before use.

## 2. Initial Charging

Before first use, fully charge the toothbrush. Place the toothbrush handle onto the wireless charging base. Connect the USB cable from the charging base to a compatible USB power adapter (not included). The indicator light on the handle will show charging status. A full charge typically provides up to 30 days of use (based on two minutes of brushing twice daily).



Image: The Mova Fresh Pro Electric Toothbrush handle resting on its wireless charging base, next to its product packaging.

## 3. App Connection (Optional)

Download the Mova Home app from your device's app store. Follow the in-app instructions to pair your toothbrush via Bluetooth for personalized guidance and brushing reports.



## Personalized Guidance for Healthy Oral Habits

Image: A user holding the Mova Fresh Pro toothbrush in one hand and a smartphone displaying the Mova Home app interface in the other, demonstrating personalized guidance for healthy oral habits.

### OPERATING INSTRUCTIONS

#### 1. Powering On/Off and Mode Selection

Press the power button on the handle to turn the toothbrush on. The toothbrush will start in the last used mode. Press the button again to cycle through available modes or adjust intensity via the app. Press and hold the power button to turn the toothbrush off.

#### 2. Brushing Technique

Apply a small amount of toothpaste to the brush head. Place the brush head against your teeth at a slight angle towards the gum line. Move the brush slowly from tooth to tooth, allowing the 3DClean technology to clean each surface. The toothbrush is designed for effective cleaning in one minute, utilizing bristles that vibrate and pulsate in three directions (up-and-down, side-to-side, and rotational).



Image: An illustration demonstrating the Mova Fresh Pro's 3DClean technology, showing the brush head's bristles effectively cleaning tooth surfaces with water and toothpaste.

### 3. Pressure Sensing

The toothbrush features intuitive pressure sensing to help prevent excessive brushing force. If too much pressure is applied, the toothbrush may provide a visual or tactile alert to guide you to a gentler brushing technique.



## Intuitive Pressure Sensing



## Comfortable and Caring Brushing

Image: A person brushing their teeth with the Mova Fresh Pro electric toothbrush, illustrating the comfortable and caring brushing experience provided by its intuitive pressure sensing.

### APP FEATURES

The Mova Home app offers enhanced control and insights into your brushing habits:

- **Personalized Guidance:** Receive real-time feedback and recommendations for improving your brushing technique.
- **Brushing Reports:** View detailed reports on brushing duration, coverage, and pressure applied.
- **Adjustable Vibration Levels:** Customize the vibration intensity to your preference.

### CHARGING

The Mova Fresh Pro features convenient wireless charging. Simply place the toothbrush handle onto the charging base. Ensure the base is connected to a power source. The battery indicator light will confirm charging status. A single charge can last up to 30 days, making it suitable for travel.



## Up to 30 Days On-the-Go

Image: A person packing the Mova Fresh Pro toothbrush and its travel case into a suitcase, highlighting its portability and the benefit of up to 30 days of use on a single charge for travel.

### MAINTENANCE

#### 1. Cleaning the Brush Head

After each use, rinse the brush head thoroughly under running water while the toothbrush is still on to remove any remaining toothpaste and debris. Turn off the toothbrush and remove the brush head. Rinse the brush head and the metal shaft separately. Allow them to air dry.



Image: A detailed diagram of the Mova Fresh Pro brush head, illustrating its multi-directional bristles designed for ultra-deep cleaning, polishing, and stain removal.

## 2. Cleaning the Handle

Wipe the toothbrush handle with a damp cloth. Do not immerse the handle in water for extended periods, although it is IPX7 waterproof for rinsing.

## 3. Brush Head Replacement

For optimal oral hygiene, it is recommended to replace the brush head every three months, or sooner if the bristles become frayed or worn. The Mova Fresh Pro comes with two brush heads.

## TRAVEL FEATURES

The Mova Fresh Pro is designed for convenience on the go:

- **Travel Case:** A compact and elegant travel case is included to protect your toothbrush and brush heads during travel.
- **Smart Mistouching Protection Mode:** When packed in the travel case, the toothbrush automatically enters a protection mode to prevent accidental power-ups and conserve battery. To exit this mode, press and hold the power button.

## SAFETY INFORMATION

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### WARNING:

- Not intended for use by children.
- Keep out of reach of young children to prevent choking hazard.
- Do not use for purposes other than oral hygiene.
- Use with care to avoid damage to teeth and gums.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## TROUBLESHOOTING

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### Common Issues and Solutions

Issue	Possible Cause	Solution
Toothbrush does not turn on.	Low battery or not charged.	Place the toothbrush on the charging base and ensure it is connected to power. Allow sufficient time for charging.
Toothbrush stops during use.	Low battery.	Recharge the toothbrush.
App not connecting to toothbrush.	Bluetooth is off or pairing issue.	Ensure Bluetooth is enabled on your smartphone. Restart the app and toothbrush, then attempt to pair again. Refer to the app's help section for specific pairing instructions.
Reduced brushing performance.	Worn brush head.	Replace the brush head.

## SPECIFICATIONS

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### Product Specifications

**Model Number:** B0DPJW5PHC

**Product Dimensions:** 5.51 x 1.14 x 1.22 inches

**Item Weight:** 5.22 ounces

**Power Source:** Battery Powered

**Battery:** 1 A battery (included)

**Age Range (Description):** Adult

**Special Feature:** Portable

**Manufacturer:** Mova

**First Available Date:** February 24, 2025

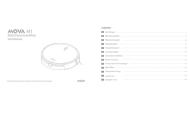
## WARRANTY AND SUPPORT

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For warranty information or technical support, please contact Mova customer service. Refer to the Important Safety Instructions document included in your package for contact details or visit the official Mova website.

Online support: [Mova Official Store on Amazon](#)

## Related Documents - Fresh Pro

	<p><a href="#">MOVA 600/600 Kit/1000 Robotic Lawn Mower User Manual</a></p> <p>Comprehensive user manual for the MOVA 600, 600 Kit, and 1000 robotic lawn mowers. This guide provides detailed instructions on safety, installation, operation, maintenance, and troubleshooting for your MOVA robotic lawn mower.</p>
	<p><a href="#">MOVA 600/600 Kit/1000 Robotic Lawn Mower User Manual</a></p> <p>Comprehensive user manual for the MOVA 600, 600 Kit, and 1000 robotic lawn mowers. Covers safety instructions, product introduction, installation, initial setup, garden mapping, operation, MOVAhome app features, maintenance, battery care, winter storage, transport, troubleshooting, and technical specifications.</p>
	<p><a href="#">Manuale Mova HMH15A: Istruzioni di Sicurezza, Utilizzo e Manutenzione</a></p> <p>Guida completa per il pulitore per pavimenti Mova HMH15A, che copre istruzioni di sicurezza, panoramica del prodotto, installazione, utilizzo, cura, manutenzione, risoluzione dei problemi e specifiche tecniche.</p>
	<p><a href="#">MOVA M1 Robot Vacuum and Mop User Manual   Setup, Operation, Maintenance</a></p> <p>Get the most out of your MOVA M1 Robot Vacuum and Mop. This comprehensive user manual covers everything from initial setup and daily operation to maintenance tips and troubleshooting solutions. Learn about features like smart navigation, app control, and mopping functions.</p>
	<p><a href="#">MOVA M50 Ultra : Aspirateur Eau et Poussière Pliable et Extensible   Nettoyage Agile</a></p> <p>Découvrez le MOVA M50 Ultra, le premier aspirateur eau et poussière pliable et extensible au monde. Offrant un nettoyage agile, une aspiration puissante de 22 000 Pa, et des fonctionnalités intelligentes pour un entretien impeccable de votre domicile.</p>
	<p><a href="#">MOVA E10 Miючий робот-пилосос: Посібник користувача</a></p> <p>Детальний посібник користувача для миючого робота-пилососа MOVA E10. Дізнайтесь про налаштування, експлуатацію, технічне обслуговування та усунення несправностей для забезпечення оптимальної роботи вашого пристроя.</p>