

## Beafon 101

# BEA-FON SMARTWATCH 101 User Manual

Model: 101

## 1. INTRODUCTION

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This manual provides essential information for the proper setup, operation, and maintenance of your BEA-FON SMARTWATCH 101. Please read it thoroughly before using your device to ensure optimal performance and longevity.



Image 1.1: BEA-FON SMARTWATCH 101, front view with display showing time, date, and activity metrics.

## 2. WHAT'S IN THE BOX

Carefully unpack your BEA-FON SMARTWATCH 101 and ensure all items are present:

- BEA-FON SMARTWATCH 101
- Magnetic Charger
- Quick Start Guide

## 3. SETUP

### 3.1 Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charger to the charging contacts on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer's USB port.



Image 3.1: Front view of the smartwatch, illustrating its design for initial setup.

### 3.2 Powering On/Off

- **Power On:** Press and hold the side button until the screen illuminates.
- **Power Off:** Press and hold the side button, then select 'Power Off' on the screen.

### 3.3 Pairing with Your Smartphone

To unlock the full functionality of your smartwatch, pair it with your smartphone via Bluetooth 5.3. Download the companion app (refer to the Quick Start Guide for app name) from your phone's app store. Follow the in-app instructions to connect your smartwatch.

## 4. OPERATING INSTRUCTIONS

### 4.1 Basic Navigation

The smartwatch features a 1.8-inch touchscreen display. Swipe left, right, up, or down to navigate through menus and features. Tap to select an option. The side button typically acts as a home button or to return to the previous screen.

#### 4.2 Bluetooth Calling

Once paired with your smartphone, the smartwatch supports Bluetooth calling. You can answer, reject, or make calls directly from your wrist.



Image 4.1: Smartwatch screen showing a phone call interface, indicating Bluetooth calling capability.

#### 4.3 Message Display

Receive notifications and messages from your smartphone directly on your smartwatch display. Ensure notification permissions are enabled in the companion app and your phone settings.

#### 4.4 Alexa Integration

The smartwatch is compatible with Alexa. Use voice commands for various tasks, such as setting alarms, checking weather, or controlling smart home devices. Refer to the companion app for Alexa setup instructions.

#### 4.5 GPS Functionality

The smartwatch supports GPS, allowing for accurate tracking of outdoor activities without needing your phone. This feature is particularly useful for running, cycling, and hiking.

#### 4.6 Fitness and Sports Modes

The device offers over 100 sports modes to track various physical activities. It is compatible with Google Fit and Strava for data synchronization. Select your desired activity from the sports menu to begin tracking.



Image 4.2: Smartwatch display showing icons for multiple sports and fitness activities.

#### 4.7 Health Monitoring

The smartwatch provides comprehensive health monitoring features:

- **Heart Rate:** Continuously monitors your heart rate.
- **Heart Rate Variability:** Measures variations in heart rate for deeper health insights.
- **Blood Oxygen (SpO2):** Measures blood oxygen saturation levels.
- **Sleep Monitoring:** Tracks sleep patterns and quality.
- **Pedometer:** Counts steps taken throughout the day.
- **Calorie Consumption:** Estimates calories burned based on activity.
- **Menstrual Cycle Tracking:** Provides tracking for female health.





Image 4.3: Rear view of the smartwatch, highlighting the optical sensors used for heart rate and blood oxygen monitoring.

## 4.8 Music Control

Control music playback on your paired smartphone directly from your smartwatch, including play, pause, skip tracks, and volume adjustment.

## 5. MAINTENANCE

### 5.1 Cleaning

Wipe the smartwatch and strap regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the device. Ensure the charging contacts are clean and dry before charging.

### 5.2 Water Resistance (IP68)

The BEA-FON SMARTWATCH 101 has an IP68 rating, meaning it is dust-tight and protected against immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for activities like swimming in shallow water. However, it is not recommended for diving, high-pressure water activities, or exposure to hot water/steam, which can compromise the seal.

### 5.3 Storage

When not in use for extended periods, store the smartwatch in a cool, dry place. It is advisable to charge the battery to about 50% before long-term storage to preserve battery health.

## 6. TROUBLESHOOTING

If you encounter issues with your smartwatch, refer to the following common solutions:

- **Device not turning on:** Ensure the battery is charged. Connect to the magnetic charger and wait a few minutes before attempting to power on.
- **Cannot pair with smartphone:**
  - a. Ensure Bluetooth is enabled on your smartphone.
  - b. Make sure the smartwatch is within range of your phone.
  - c. Restart both the smartwatch and your smartphone.
  - d. Check the companion app for any specific pairing instructions or error messages.
- **Notifications not appearing:**
  - a. Verify that notification permissions are granted to the companion app on your smartphone.
  - b. Ensure the smartwatch is properly connected via Bluetooth.
  - c. Check the companion app settings for specific app notification toggles.
- **Inaccurate health data:** Ensure the smartwatch is worn snugly on your wrist, with the sensors making good contact with your skin. Avoid wearing it too loosely or too tightly.
- **Short battery life:** Reduce screen brightness, disable unnecessary features, and ensure background app usage is optimized.

For further assistance, consult the companion app's help section or contact customer support.

## 7. SPECIFICATIONS





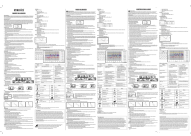
Feature	Specification
Brand	Beafon
Model	101_EU001BS
Display Size	1.8 Inches (4.57 cm)
Display Type	OLED
Resolution	240 x 240
Bluetooth Version	5.3
Water Resistance	IP68
Battery Capacity	300 mAh (Lithium-ion)
Battery Life	5-7 days (typical usage)
Operating System	Wear OS

Feature	Specification
Compatible Devices	Smartphones, Tablets
Special Features	Bluetooth Calling, IP68, Message Display, Alexa Support, GPS
Weight	40 g
Dimensions	16.5 x 7.3 x 3.9 cm (packaging)

## 8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your product or visit the official Beafon website. Keep your proof of purchase for warranty claims.

### Related Documents - 101

	<p><a href="#">Beafon SL860 Silver Line Mobile Phone - Features and Specifications</a></p> <p>Detailed specifications for the Beafon SL860 Silver Line mobile phone, including 4G LTE, WhatsApp, SOS functions, camera details, and multimedia capabilities. Learn about its user interface, display, and connectivity options.</p>
	<p><a href="#">Beafon SL495 Silver Line Mobile Phone - Specifications and Features</a></p> <p>Detailed overview of the Beafon SL495 Silver Line mobile phone, including its specifications, functions, safety features, and package contents. This document provides comprehensive information for potential users.</p>
	<p><a href="#">beafon SL605 Feature Phone - Specifications and Features</a></p> <p>Detailed information about the beafon SL605 feature phone, including its specifications, functions, safety features, and package contents. Discover its large display, SOS button, and ease of use.</p>
	<p><a href="#">TOPFLYtech PioneerX 101 Vehicle GPS Tracker User Manual</a></p> <p>Comprehensive user manual for the TOPFLYtech PioneerX 101 Vehicle GPS Tracker, detailing its features, installation, configuration, and troubleshooting.</p>
	<p><a href="#">HoMedics PX-101-EU Fingertip Pulse Oximeter User Manual</a></p> <p>User manual for the HoMedics PX-101-EU Fingertip Pulse Oximeter, providing instructions on operation, maintenance, specifications, and troubleshooting for measuring blood oxygen saturation (SpO2) and pulse rate.</p>





### [Toddler & Preschooler Sleep Solutions: Easy Tips for Exhausted Parents | Baby Sleep 101](#)

Discover effective sleep solutions for toddlers and preschoolers with easy tips from certified sleep consultant Joleen Dilk Salyn. Address common issues like bedtime battles, night wakings, and nap refusal for calmer nights and happier days.