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> Mobvoi Home Treadmill Plus Incline 6% User Manual

Mobvoi Mobvoi Home Treadmill Plus Incline 6%

Mobvoi Home Treadmill Plus Incline 6% User Manual

Your comprehensive guide to setup, operation, and maintenance.

1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the Mobvoi Home Treadmill Plus Incline 6%. Keep this manual for future reference.

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clear space around the treadmill (at least 2 meters behind and 0.6 meters on each side).
- Do not operate the treadmill on carpet, as this may impede ventilation and lead to motor overheating.
- Keep children and pets away from the treadmill during operation.
- Always attach the safety key clip to your clothing before starting the treadmill. In case of emergency, pulling the safety key will immediately stop the machine.
- Do not use the treadmill if you feel dizzy, faint, or experience any pain. Consult a medical professional.
- Maximum user weight capacity: 265 lbs (120 kg).

2. PRODUCT OVERVIEW

The Mobvoi Home Treadmill Plus Incline 6% is a versatile 3-in-1 fitness machine designed for walking, workstation use, and running. Its compact, foldable design makes it ideal for home and office environments.

Key Features:

- **3-in-1 Functionality:** Seamlessly switch between Walking Mode (0.6-3.8 mph), Workstation Mode (0.6-3.8 mph), and Running Mode (0.6-7.6 mph).
- **Foldable & Portable:** Easily folds flat for storage and features built-in wheels for effortless movement.
- **Powerful & Quiet Motor:** 2.5 HP peak motor operates at less than 60 dB, supporting up to 265 lbs.
- **5-Layered Shock-Absorbing Running Belt:** Designed for comfort and joint protection, with a running area of 40 inches x 16 inches.
- **LED Display:** Tracks speed, duration, distance, and calories burnt.
- **Remote Control & Shortcut Buttons:** Convenient speed adjustments.
- **Smartwatch Connection:** Syncs data with compatible smartwatches for comprehensive fitness tracking.
- **Virtual Training:** Connect to virtual trails for an immersive workout experience.

Included Components:

- Mobvoi Home Treadmill Plus Incline 6% Unit
- User Manual
- Safety Key
- Remote Control
- Phone Mount
- Tool Kit (Open Wrench, 5mm & 6mm L-shaped Wrench Set, Socket Wrench, 4.2 x 16mm Screws)
- Adjustable Feet (x2)
- Lubricant Oil
- Power Cord (5.9 ft)

Package Including



Instruction Manual x1



Phone Mount x1



Safety Lock x1



Remote Control x1



Open Wrench x1



5mm & 6mm L-shaped Wrench Set x1



Socket Wrench x1



Adjustable Foot x2



4.2 x 16mm Screw x2



Lubricant Oil x1



5.9 ft Power Cord x1

Figure 2.1: All components included in the Mobvoi Home Treadmill Plus Incline 6% package.

3. SETUP

3.1 Unpacking

Carefully remove all components from the packaging. Inspect for any damage during transit. If any parts are missing or damaged, contact Mobvoi customer support immediately.

3.2 Assembly

The Mobvoi Home Treadmill Plus Incline 6% requires minimal assembly. Follow these steps:

1. Place the treadmill base on a flat, stable surface.
2. Lift the handrails into the upright position. Secure them using the provided screws and L-shaped wrenches.
3. Attach the phone mount to the designated slot on the console.
4. Ensure all connections are secure before proceeding.

3.3 Placement Considerations

Choose a location that allows for safe and comfortable use. Avoid placing the treadmill on thick carpets, as this can obstruct airflow to the motor and potentially cause overheating. Ensure sufficient clearance around the unit for safety.

4. OPERATING INSTRUCTIONS

4.1 Powering On/Off

Connect the power cord to a grounded electrical outlet and then to the treadmill's power port. Flip the main power switch located near the power cord connection to the 'ON' position. The LED display will illuminate. To power off, flip the switch to 'OFF' and unplug the unit.

4.2 Using the Safety Key

The safety key is a critical safety feature. Attach the red clip to your clothing, and place the magnetic end into the designated slot on the console. The treadmill will not operate without the safety key in place. Removing the safety key will immediately stop the treadmill.

4.3 Operating Modes and Speed Adjustment

The treadmill offers three primary modes:

- **Walking Mode:** Speed range 0.6 - 3.8 mph. Ideal for light exercise or walking while working.
- **Workstation Mode:** Speed range 0.6 - 3.8 mph. Designed for use with a standing desk.
- **Running Mode:** Speed range 0.6 - 7.6 mph. For jogging and running workouts.

Speed can be adjusted using the console buttons or the remote control:

- **Console Buttons:** Use the '+' and '-' buttons to incrementally adjust speed. Shortcut buttons '3' and '6' can instantly set speeds to 1.9 mph and 3.7 mph respectively.
- **Remote Control:** The included remote control allows for convenient speed adjustments from a distance.

3 in 1 Folding Treadmill Plus

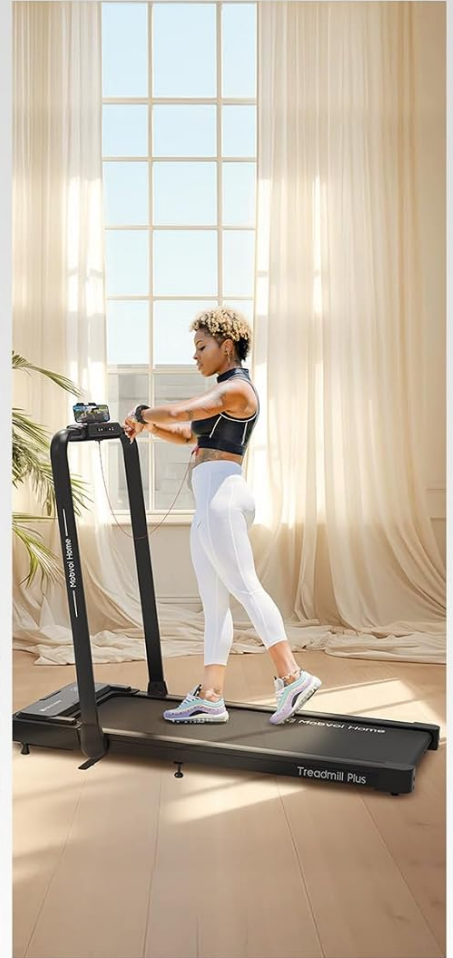


Running Mode

0.6-7.6 mph

Workstation Mode

0.6-3.8 mph



Walking Mode

0.6-3.8 mph

Figure 4.1: The 3-in-1 functionality of the Mobvoi Home Treadmill Plus, illustrating running, workstation, and walking modes.



2 Ways to Adjust Speed

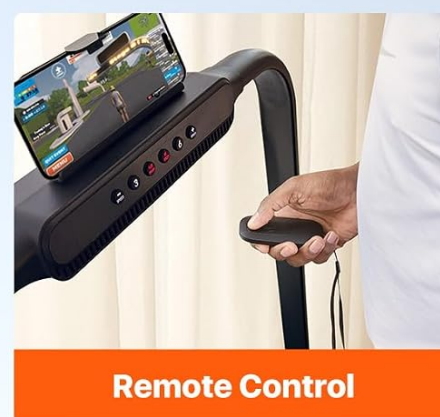


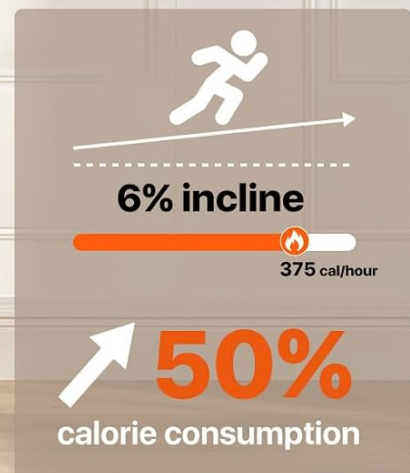
Figure 4.2: The LED display and remote control provide real-time exercise data and convenient speed adjustment.

4.4 Manual Incline Adjustment

The Mobvoi Home Treadmill Plus features a manual incline adjustment from 0% to 6%. To adjust the incline, locate the adjustable feet at the rear of the treadmill. Lift the rear of the treadmill slightly and rotate the feet to raise or lower the incline to your desired level. Ensure both feet are adjusted evenly for stability.

17" x 40.2" Expanded Running Area

An example of typical usage:



50%
calorie consumption

A large white arrow points upwards from the 6% incline diagram to the 50% calorie consumption text.

Manual incline 0% → 6%

Treadmill Plus

Figure 4.3: Manual incline adjustment from 0% to 6% allows for increased calorie consumption during workouts.

4.5 LED Display Information

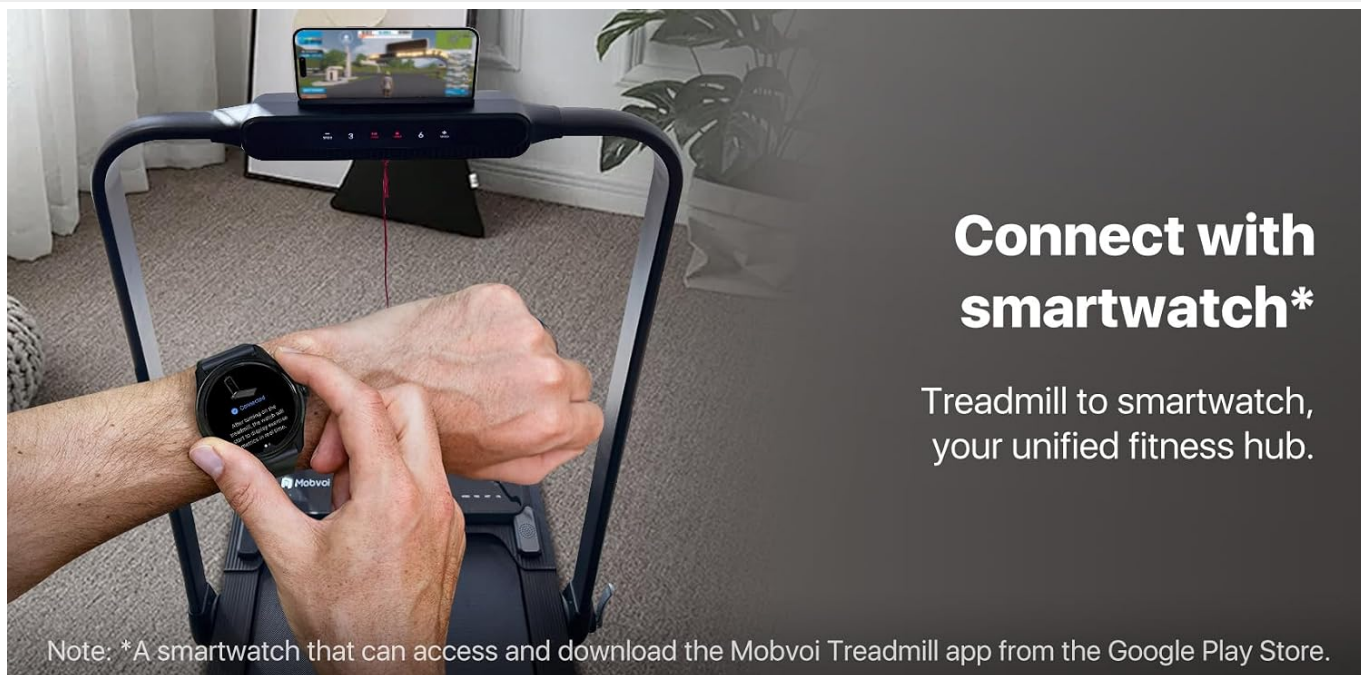
The user-friendly LED display cycles through essential metrics every 5 seconds, including:

- Speed (mph)
- Duration (time elapsed)
- Distance (miles)
- Calories Burned

4.6 Smartwatch Connection & Virtual Training

Enhance your workout by connecting your compatible smartwatch to the treadmill. This allows for seamless data synchronization, providing a comprehensive overview of your fitness metrics including heart rate, steps, and calories burnt, alongside treadmill data like distance and speed.

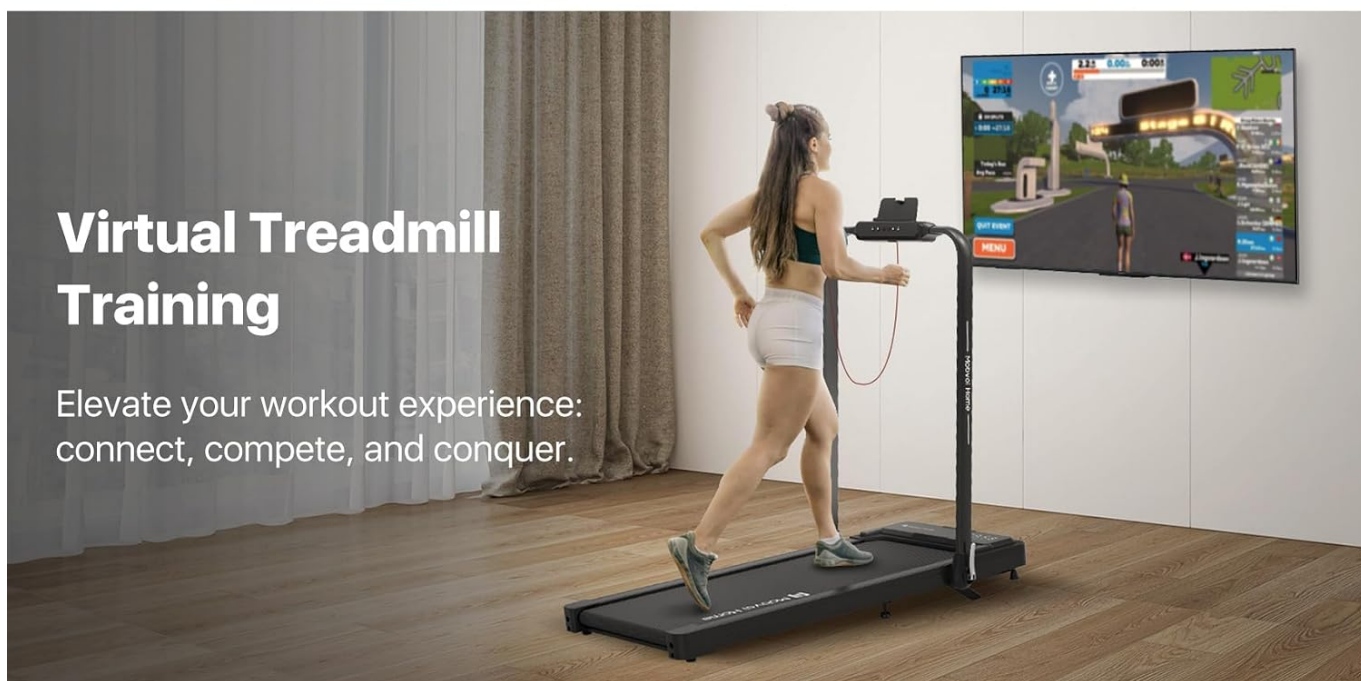
Utilize the virtual training feature by connecting to virtual trails for real-time walking and jogging games, adding an immersive and engaging element to your indoor workouts.



Connect with smartwatch*

Treadmill to smartwatch, your unified fitness hub.

Note: *A smartwatch that can access and download the Mobvoi Treadmill app from the Google Play Store.



Virtual Treadmill Training

Elevate your workout experience: connect, compete, and conquer.

Figure 4.4: Connect your smartwatch for unified fitness data and engage in virtual training for an elevated workout experience.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your Mobvoi Home Treadmill Plus Incline 6%.

5.1 Cleaning

Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents that could damage the finish.

5.2 Running Belt Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Use the provided lubricant oil and follow the instructions in the separate lubrication guide (if applicable) or apply a small amount under the belt every few months, depending on usage frequency.

5.3 Running Belt Adjustment

If the running belt starts to slip or drift to one side, it may need adjustment. Use the included L-shaped wrenches to turn the tension bolts at the rear of the treadmill. Turn clockwise to tighten the belt or move it to the right, and counter-clockwise to loosen or move it to the left. Adjust in small increments (quarter turns) until the belt is centered and properly tensioned.



Figure 5.1: The 5-layer running belt provides shock absorption for joint protection.

6. TROUBLESHOOTING

This section addresses common issues you might encounter with your Mobvoi Home Treadmill Plus Incline 6%.

Problem	Possible Cause	Solution
Treadmill does not start	Power cord not connected; Main switch off; Safety key not in place.	Ensure power cord is securely plugged in. Turn main switch ON. Insert safety key fully into its slot.

Problem	Possible Cause	Solution
Belt slips or hesitates	Belt too loose; Belt needs lubrication.	Adjust belt tension (refer to Section 5.3). Lubricate the running belt (refer to Section 5.2).
Unusual noise from motor	Loose components; Motor issue.	Check for any loose screws or parts and tighten them. If noise persists, contact customer support.
Display not working correctly	Loose cable connection; Power issue.	Check all cable connections. Power cycle the treadmill (turn off, unplug, wait 30 seconds, plug in, turn on).
Error Code E02 (or similar)	Motor overload or sensor issue.	Turn off the treadmill and unplug it for 5 minutes. Check for any obstructions on the belt. Restart the treadmill. If the error persists, contact customer support.

7. SPECIFICATIONS

Feature	Specification
Brand	Mobvoi
Model Name	Mobvoi Home Treadmill Plus Incline 6%
Product Dimensions (D x W x H)	54.8" x 27.1" x 8.3" (folded)
Item Weight	24.6 Kilograms
Material	Carbon Steel
Maximum Speed	7.6 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	2.5 HP
Maximum Weight Recommendation	265 lbs (120 Kilograms)
Deck Length	39.4 Inches
Deck Width	15.8 Inches
Display Type	LED
Recommended Uses	Indoor
Special Feature	Foldable, Compact Design, Manual Incline (0-6%)
Metrics Measured	Speed, Calories Burned, Time, Distance

8. WARRANTY & SUPPORT

8.1 Warranty Information

The Mobvoi Home Treadmill Plus Incline 6% comes with a **1-year warranty** from the date of purchase. This warranty

covers manufacturing defects and malfunctions under normal use. Please retain your proof of purchase for warranty claims.

8.2 Customer Support

For technical assistance, warranty claims, or any questions regarding your Mobvoi Home Treadmill Plus Incline 6%, please visit the official Mobvoi website or contact their customer service department. Refer to the product packaging or Mobvoi's official channels for the most up-to-date contact information.

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