



[Manuals.plus](#) /

> [suptek](#) /

> [suptek ML8 Gas Spring Monitor Arm Stand User Manual](#)

suptek ML8

suptek ML8 Gas Spring Monitor Arm Stand User Manual

Model: ML8

[Introduction](#) [Safety Information](#) [Package Contents](#) [Setup Instructions](#) [Operating Instructions](#) [Maintenance](#) [Troubleshooting](#) [Specifications](#) [Warranty & Support](#)

1. INTRODUCTION

Thank you for purchasing the suptek ML8 Gas Spring Monitor Arm Stand. This manual provides detailed instructions for safe installation, operation, and maintenance of your monitor arm. Please read this manual thoroughly before use and keep it for future reference.

2. SAFETY INFORMATION

- Ensure all parts are present and undamaged before assembly. Do not use if any parts are missing or defective.
- Do not exceed the maximum load capacity of 10KG (22 lbs).
- Ensure your monitor is compatible with VESA standards 50x50mm, 75x75mm, or 100x100mm.
- Keep children and pets away during assembly.
- Always use two people for heavy lifting or when attaching the monitor to the arm.
- Adjust gas spring tension **ONLY AFTER** the monitor is mounted. Failure to do so may result in the arm springing up unexpectedly.

3. PACKAGE CONTENTS

Verify that all components are included in your package. If any parts are missing or damaged, please contact customer service.

Your browser does not support the video tag.

Video Description: This video demonstrates the unboxing and lists the components included in the suptek ML8 monitor arm stand package, followed by a step-by-step assembly guide.

The package includes the monitor arm, wooden base, VESA plate, various screws, washers, and Allen

wrenches for assembly. A Japanese instruction manual is also provided.

4. SETUP INSTRUCTIONS

Follow these steps to assemble and install your suptek ML8 monitor arm stand.

4.1. Attach Arm to Base

1. Carefully insert the monitor arm into the designated slot on the wooden base.
2. Secure the arm to the base using the provided screws and Allen wrench. Ensure all screws are tightened securely.
3. Before proceeding, gently push the arm down to release any initial gas spring tension. Remove the velcro strap.



Image Description: This image illustrates the gas pressure adjustment mechanism on the monitor arm. It shows how to turn a screw with an Allen wrench to adjust the tension, with '+' and '-' indicators for increasing or decreasing pressure.

4.2. Attach VESA Plate to Monitor

1. Align the VESA mounting plate with the mounting holes on the back of your monitor.
2. Use the appropriate screws (M4 or M5, depending on your monitor) and washers to secure the VESA plate to the monitor. Tighten firmly but do not overtighten.

4.3. Mount Monitor to Arm

1. With assistance, carefully lift the monitor (with the VESA plate attached) and slide it onto the arm's mounting head.
2. Ensure the monitor is securely seated on the arm. Use the provided screw to lock the VESA plate onto the arm's head.



Image Description: This image compares the suptek ML8's desk-standing base, which requires no drilling, with traditional clamp-style monitor mounts that may not be suitable for desks with drawers, baffles, or underframes.

The suptek ML8 features a stable wooden base, eliminating the need for drilling holes in your desk or wall. This makes installation simple and suitable for various desk types.

5. OPERATING INSTRUCTIONS

The ML8 monitor arm offers extensive adjustability for optimal viewing comfort and increased productivity.

5.1. Adjusting Monitor Position

- **Height Adjustment:** The gas spring mechanism allows for one-touch stepless height adjustment. Gently push or pull the monitor to your desired height.
- **Angle Adjustment:** The innovative multi-axis design allows the screen to be adjusted up 80°, down 80°, left/right 180°, and rotated 360°. This wide range of motion helps reduce eye strain and improves work efficiency.
- **Swivel:** Swivel the monitor up to 180° left or right.
- **Rotation:** Rotate the monitor 360° for portrait or landscape viewing.



ケーブル管理

スマートなケーブル管理システムで、
デスクの配線を整理整頓。

Image Description: This image highlights the flexibility of the suptek ML8 monitor arm, demonstrating its tilt ($\pm 90^\circ$), swivel (180°), and rotation (360°) capabilities, along with height adjustment range.

Your browser does not support the video tag.

Video Description: This video demonstrates the various adjustments of the suptek ML8 monitor arm, including height, tilt, swivel, and rotation, showcasing its ergonomic benefits.

5.2. Cable Management

The monitor arm includes a cable guide to help keep your desk tidy and organized. Route your monitor cables through the integrated cable management system along the arm.

Product Compatibility



Image Description: This image displays the monitor arm with cables neatly routed through its integrated cable management system, contributing to a clean and organized workspace.

5.3. Device Storage Slot

The wooden base features a multi-functional slot designed to hold smartphones, tablets, pens, or sticky notes. This helps keep your workspace clear and your devices conveniently accessible.

No Drilling Required

Ours



VS

Others



Desk with
drawers

Desk with
baffles

Desk with
underframe

Image Description: This image illustrates the multi-functional slot on the wooden base of the monitor arm, designed to hold small devices like smartphones or tablets, keeping them organized on the desk.

6. MAINTENANCE

- **Cleaning:** The wooden base is water-resistant. In case of spills, simply wipe with a soft, damp cloth. Avoid abrasive cleaners.
- **Inspection:** Periodically check all screws and connections to ensure they remain tight. Retighten if necessary.
- **Gas Spring:** The gas spring is designed for long-term use and generally requires no maintenance. If you notice a change in tension, refer to the gas pressure adjustment section in troubleshooting.

7. TROUBLESHOOTING

7.1. Monitor Does Not Stay in Desired Position (Gas Pressure Adjustment)

The gas spring tension needs to be adjusted to match the weight of your monitor. This adjustment should only be performed **after** the monitor is mounted.

1. After hanging the monitor, push the monitor down with one hand until the arm is horizontal.
2. If the monitor sags or falls: Turn the screw (located on the arm, as shown in the setup image) counter-clockwise (in the + direction) little by little to increase tension.

3. If the monitor rises or springs up: Turn the screw clockwise (in the direction) little by little to decrease tension.
4. Adjust gradually until the monitor stays in place when released.

7.2. Missing Parts

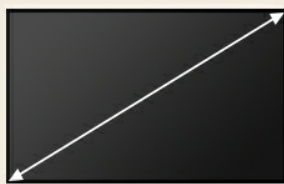
If any necessary parts are missing from your package, please contact customer service immediately for assistance.

8. SPECIFICATIONS

Model Number	ML8
Screen Size Compatibility	17-32 inches
VESA Compatibility	50x50mm, 75x75mm, 100x100mm
Load Capacity	1-10 KG (2.2-22 lbs)
Mounting Type	Tabletop Mount (Freestanding)
Material	Wood (Base), Metal (Arm)
Color	Black
Adjustments	Height, Tilt ($\pm 80^\circ$), Swivel (180°), Rotation (360°)
Base Dimensions	Width: 33cm (11.81in), Length: 53.5cm (21in)

ご購入前の確認

モニターサイズ：
13-32 インチ



モニター重量：
10kg / 22lbs



VESA規格：
75x75mm /
100x100mm

(互換性がない場合は、
VESAアダプターが必要です)



ベースサイズ：
幅：33cm
長さ：53.5cm



Image Description: This image provides key specifications including weight capacity (22 lbs), compatible screen sizes (17-32 inches), VESA compatibility (75x75mm, 100x100mm), and base dimensions (33cm width, 53.5cm length).

9. WARRANTY & SUPPORT

The suptek ML8 Gas Spring Monitor Arm Stand comes with a **1-year warranty** from the date of purchase. For warranty claims, technical support, or if you have any questions regarding your product, please contact suptek customer service through the retailer where you purchased the product or visit the official suptek website for contact information.