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Jusgym YR01

Jusgym YR01 Multi-Functional Home Gym Storage Rack User Manual

Model: YR01

1. Important Safety Instructions

Please read and understand all instructions before assembling and using this product. Failure to follow these instructions may result in injury or damage to the product.

- **Weight Capacity:** Do not exceed the maximum weight capacity of 200 lbs (90.7 kg). Distribute weight evenly across all shelves.
- **Assembly:** Ensure all bolts and screws are securely tightened before use. Periodically check and re-tighten fasteners.
- **Placement:** Place the rack on a flat, stable, and level surface. Avoid placing it on uneven ground or near stairs.
- **Children and Pets:** Keep children and pets away from the rack during assembly and ensure they do not climb on or play with the rack.
- **Movement:** When moving the rack, ensure all items are securely placed or removed to prevent them from falling. Lock the wheels once the rack is in its desired position.
- **Inspection:** Before each use, inspect the rack for any signs of damage, loose parts, or wear. Do not use if damaged.

2. Package Contents

Please check to ensure all parts are present before beginning assembly. If any parts are missing or damaged, please contact customer support.

- Main Frame Components
- 3 x Storage Shelves (Mesh)
- 4 x Heavy-Duty Wheels (2 lockable)
- 6 x Removable Hooks
- Assembly Hardware (Screws, Bolts, Wrench)
- Instruction Manual

3. Setup and Assembly Instructions

Follow these steps carefully to assemble your Jusgym YR01 storage rack.

1. **Unpack Components:** Carefully remove all parts from the packaging and lay them out on a clean, soft surface to prevent scratches.
2. **Attach Wheels:** Insert the threaded stems of the four wheels into the designated holes at the bottom of the main frame. Tighten them securely using the provided wrench. Ensure the two lockable wheels are positioned on the same side for easier access.
3. **Assemble Frame:** Connect the vertical frame pieces according to the diagrams in the included manual, securing them with the provided screws and bolts. Do not fully tighten all fasteners until the entire frame is loosely assembled.
4. **Install Shelves:** Slide or place the three mesh storage shelves into their respective slots or onto the support bars within the frame. Ensure they are seated correctly and securely.
5. **Attach Hooks:** Clip the removable hooks onto the side bars of the rack as desired for hanging accessories.
6. **Final Tightening:** Once all components are in place, go back and securely tighten all screws and bolts using the provided wrench.

Your browser does not support the video tag.

Video: How to install YR01 weight rack. This video provides a visual guide to the assembly process for your Jusgym YR01 storage rack.

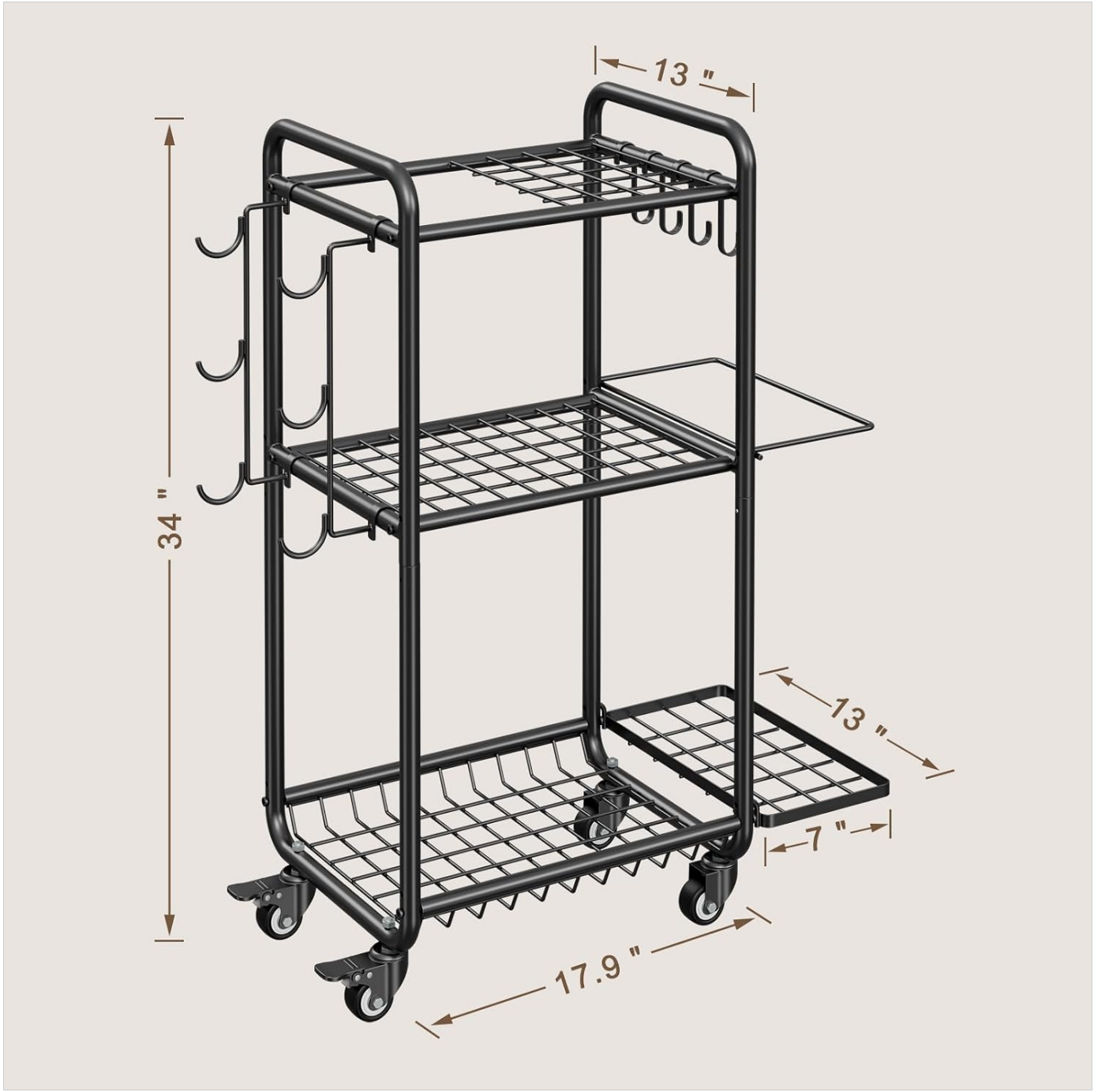


Image: A diagram illustrating the dimensions of the Jusgym YR01 storage rack, showing its height, width, and depth for planning placement.

4. Operating Instructions

The Jusgym YR01 rack is designed for versatile storage of various home gym equipment.

- **Loading Equipment:** Utilize the three tiers for dumbbells, kettlebells, foam rollers, yoga blocks, and other fitness accessories. Distribute weight evenly to maintain stability.
- **Yoga Mat Storage:** The side compartment is specifically designed to hold yoga mats and larger foam rollers vertically.
- **Using Hooks:** The removable hooks can be used to hang resistance bands, jump ropes, towels, ab rollers, and other small accessories.
- **Mobility:** To move the rack, unlock the two lockable wheels. Push or pull the rack to its desired location.
- **Stability:** Once the rack is in position, engage the brakes on the two lockable wheels to prevent accidental movement.

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Video: Jusgym Weight Rack for Home Gym. This video demonstrates the various types of gym equipment that can be stored on the rack and its overall functionality.



Image: An illustration showing how various gym items like foam rollers, ab rollers, dumbbells, and yoga mats can be organized on the Jusgym YR01 rack.



Image: The Jusgym YR01 storage rack fully loaded with various gym equipment, positioned next to a person performing yoga, demonstrating its practical use in a home gym.

5. Maintenance

Regular maintenance will ensure the longevity and safe operation of your storage rack.

- **Cleaning:** Wipe down the rack with a soft, damp cloth as needed. Avoid using abrasive cleaners or solvents that could damage the finish.
- **Fastener Check:** Periodically (e.g., monthly) check all screws and bolts to ensure they are tight. Re-tighten if necessary.
- **Wheel Inspection:** Check the wheels for any debris or hair that might impede their movement. Clean as necessary. Ensure the wheel brakes are functioning correctly.
- **Damage:** If any part of the rack becomes bent, cracked, or otherwise damaged, discontinue use immediately and contact customer support for assistance.

6. Troubleshooting

Problem	Possible Cause	Solution
Rack is wobbly or unstable	Loose fasteners; uneven surface; overloaded	Ensure all screws and bolts are tightened. Move rack to a flat, level surface. Redistribute or reduce weight.
Wheels do not roll smoothly	Debris in wheels; wheel lock engaged	Clean any debris from around the wheel axles. Ensure wheel locks are disengaged.
Wheel brakes do not hold	Brake mechanism obstructed or damaged	Check for any obstructions. If damaged, contact customer support for replacement wheels.

7. Specifications

Feature	Detail
Model	YR01
Brand	Jusgym
Material	Alloy Steel
Product Dimensions (D x W x H)	13.31" x 17.91" x 33.86" (33.8 cm x 45.5 cm x 86 cm)
Item Weight	9.4 pounds (4.26 kg)
Weight Capacity	200 pounds (90.7 kg)
Number of Tiers	3
Wheels	4 (2 lockable)

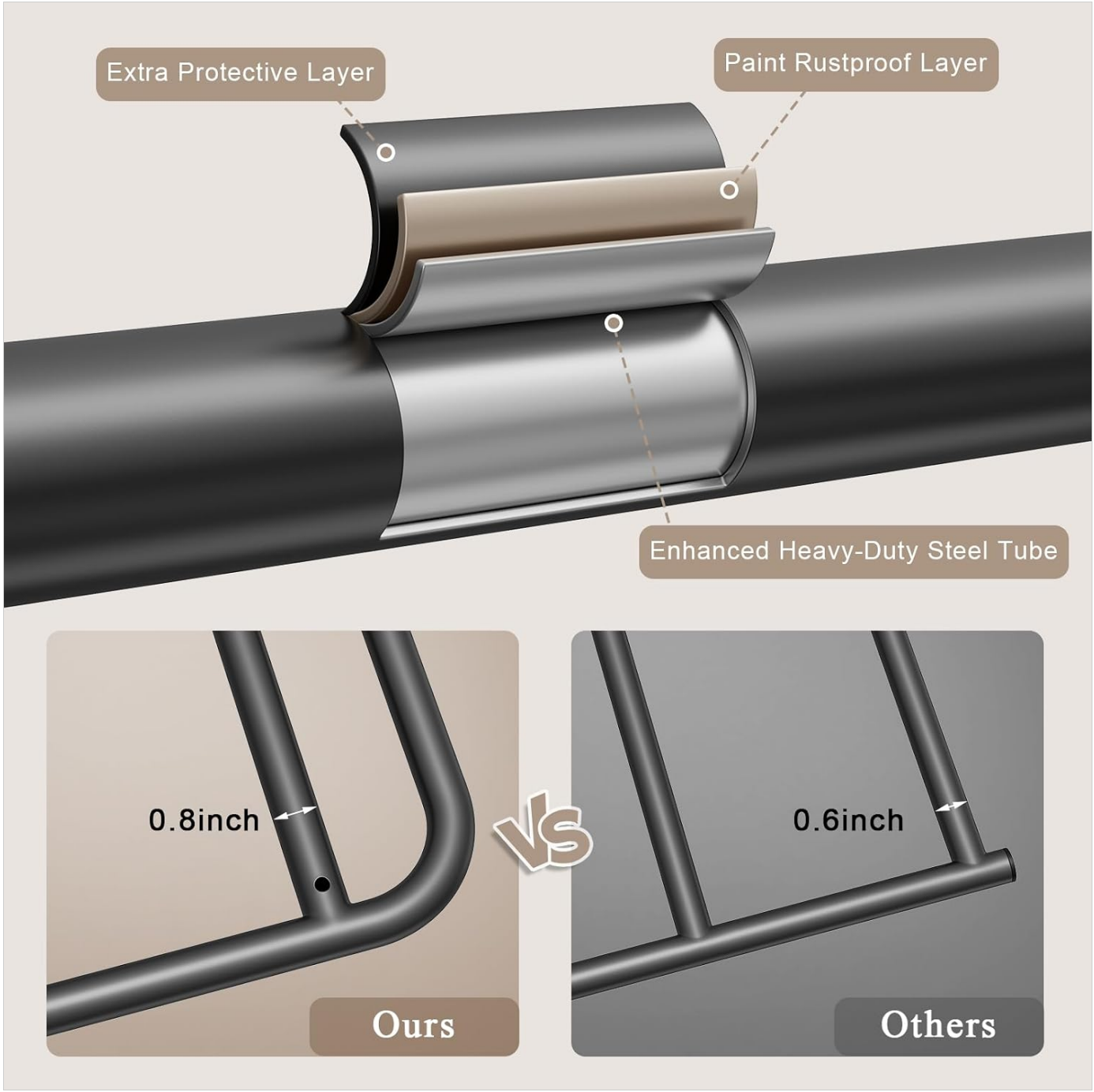


Image: A visual comparison highlighting the 0.8-inch thickness of the Jusgym YR01's steel tubes versus a standard 0.6-inch tube, emphasizing its enhanced durability.



Image: A detailed view of the upgraded heavy-duty wheel for the Jusgym YR01, featuring metal bearings, non-slip material, and a larger brake pedal for improved durability and convenience.

8. Warranty and Customer Support

Jusgym is committed to providing high-quality products and excellent customer service. Your purchase includes a worry-free experience.

- **Worry-Free Purchase:** If you encounter any issues or need assistance with your Jusgym YR01 storage rack, please do not hesitate to contact us.
- **Contact Us:** For support, warranty claims, or any questions, please reach out to our customer support team via email. We aim to respond to all inquiries within 24 hours.

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