

SSK FG100R

SSK FG100R Left Batter's Foot Guard

MODEL: FG100R

Brand: SSK

Introduction

This instruction manual provides essential information for the proper use, setup, and maintenance of the SSK FG100R Left Batter's Foot Guard. This product is designed to offer protection to the foot and ankle area for left-handed batters in baseball, enhancing safety during play.



Figure 1: The SSK FG100R Left Batter's Foot Guard in navy color.

Product Features

- **Origin:** Manufactured in Japan, ensuring quality craftsmanship.
- **Materials:** Constructed with a durable polyethylene surface, synthetic leather, and a polyester lining for comfort and protection.
- **Weight:** Approximately 12.2 oz (360 g), designed for lightweight protection without hindering movement.
- **Closure:** Features a one-touch buckle design for quick and secure fastening.
- **Strap Type:** Equipped with adjustable straps for a customized and secure fit.
- **Application:** Suitable for high school baseball use.

Setup and Installation

1. **Identify Left Foot:** Ensure the foot guard is correctly oriented for the left foot. The FG100R model is specifically designed for left-handed batters.
2. **Positioning:** Place the foot guard over the top and side of your left foot, covering the ankle and instep area.
3. **Secure Straps:** Utilize the adjustable straps and one-touch buckle system to secure the guard firmly around your foot and lower leg. Ensure the straps are snug but not overly tight, allowing for comfortable movement.
4. **Check Fit:** Move your foot and ankle to confirm the guard stays in place during dynamic movements. Adjust straps as necessary to achieve a secure and comfortable fit.

Operating Instructions

The SSK FG100R Foot Guard is intended for use during baseball games and practices to protect the batter's foot and ankle from impacts, such as foul tips or pitches. Once properly installed, the guard requires no further operation during play. Focus on your batting technique, knowing your foot is protected.

- Always wear the foot guard during batting practice and games.
- Ensure the guard remains securely fastened throughout use.
- Inspect the guard for any damage before each use.

Maintenance

Proper maintenance extends the life of your foot guard and ensures continued protection.

- **Cleaning:** Wipe the polyethylene and synthetic leather surfaces with a damp cloth and mild soap. Avoid harsh chemicals or abrasive cleaners.
- **Drying:** Allow the foot guard to air dry completely after cleaning or exposure to moisture. Do not expose to direct sunlight or high heat, which can damage materials.
- **Storage:** Store the foot guard in a cool, dry place away from direct sunlight when not in use.
- **Inspection:** Regularly inspect straps, buckles, and protective surfaces for signs of wear, tears, or damage. Replace the guard if significant damage is observed to ensure optimal protection.

Troubleshooting

If you encounter issues with your SSK FG100R Foot Guard, consider the following:

- **Guard feels loose:** Re-adjust the straps to ensure a snug fit. The one-touch buckle should be securely engaged.
- **Discomfort during use:** Check if the guard is positioned correctly. Ensure no straps are twisted or digging into your skin. Adjust the fit until comfortable.
- **Visible damage:** If the protective shell is cracked or straps are severely frayed, the guard's protective capabilities may be compromised. It is recommended to replace the product.

Specifications

Model Number	FG100R
Brand	SSK
Sport Type	Baseball
Intended Side	Left Batter
Materials	Surface: Polyethylene + Synthetic Leather, Lining: Polyester
Item Weight	360 Grams (12.2 oz)
Closure Type	One-Touch Buckle
Strap Type	Adjustable
Color (Variant)	Navy
Manufacturing Origin	Japan

Warranty and Support

For specific warranty information regarding your SSK FG100R Left Batter's Foot Guard, please refer to the documentation provided at the point of purchase or contact the retailer directly. SSK products are manufactured to high standards, and any claims should be directed to the official SSK customer support channels or your authorized dealer.

For further assistance or inquiries, please visit the official SSK website or contact their customer service department.