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AtHope D18

AtHope D18 Ergonomic Cross-Legged Office Chair Instruction Manual

Model: D18 | Brand: AtHope

Introduction

Thank you for choosing the AtHope D18 Ergonomic Cross-Legged Office Chair. This manual provides essential information for the safe and efficient assembly, operation, and maintenance of your new chair. Please read all instructions carefully before use and retain this manual for future reference.



Image: The AtHope D18 Ergonomic Cross-Legged Office Chair, showcasing its unique design with a main seat and a lower footrest, both upholstered in dark brown with a quilted pattern.

Safety Information

- Always follow the assembly instructions carefully to ensure proper setup and stability.
- Be aware of the chair's stability when using it in different sitting positions. Ensure the chair is balanced before shifting posture.
- Do not exceed the maximum weight recommendation of 250 pounds (113 kg).
- Keep children and pets away from the chair during assembly to prevent accidents.
- Regularly check all screws and connections to ensure they remain tight. Retighten if necessary.
- Avoid standing on the chair or using it as a step stool.
- Use the chair on a flat, stable surface to prevent tipping.

Package Contents

Before beginning assembly, ensure all components are present and undamaged. Refer to the included English instructions for a detailed parts list.

- Seat Cushion
- Backrest
- Footrest Assembly
- Central Base Tube with Casters
- Air Rod (Gas Lift)
- Base Plate
- Hexagon Wrench and Screws

Setup & Assembly

Assembly typically takes approximately 15-20 minutes. All necessary tools are included. For a visual guide, please watch the official installation video below.

▶ **Watch video online**
Installation video of D18

Video: Official installation guide for the AtHope D18 chair, demonstrating step-by-step assembly.

Key Assembly Steps:

1. Assemble the central base tube and attach the five split base tubes using the provided screws and hexagon wrench.
2. Insert the five casters into the ends of the split base tubes. Ensure they are deeply inserted for stability.
3. Insert the air rod (gas lift) into the central base tube.
4. Attach the footrest to the air rod at your desired height, ensuring at least one inch from the top of the outer circle of the air rod. Tighten screws to 50% first, then fully tighten.
5. Fix the base plate to the bottom of the seat cushion using the M6x18mm screws. Note the "FRONT" sticker on the seat cushion for correct orientation. Tighten screws to 50% first, then fully tighten.
6. Link the backrest to the seat cushion using the backrest knob until it is secured.
7. Finally, insert the assembled seat cushion and backrest onto the air rod.



Image: A visual representation of the chair's dimensions and the estimated installation time, highlighting that tools are provided.

Operating Instructions

The AtHope D18 chair is designed for versatile seating to support various postures and activities.

Adjustable Height:

Utilize the lever located under the seat to adjust the chair's height. Pull the lever up to raise the seat, and push it down while seated to lower it. This allows for customization to suit your desk height and personal preference.

360-Degree Rotating Footrest:

The innovative footrest rotates a full 360 degrees, allowing you to effortlessly adjust your leg position without needing to move the entire chair. This feature enhances comfort and support for various sitting styles.



Image: A dynamic view of the chair's 360-degree rotating footrest, illustrating its flexibility for different user needs.

Versatile Seating Positions:

This chair accommodates multiple sitting positions, including cross-legged, squatting, or kneeling. The design supports active sitting, which can be beneficial for individuals who need to change positions frequently. The footrest can be extended or tucked in to suit your preferred posture.



Image: A collage illustrating various comfortable sitting positions on the chair, including cross-legged and kneeling, emphasizing its adaptability.

Ergonomic Lumbar Support:

The fixed backrest provides consistent lumbar support, promoting healthy posture and reducing lower back strain during extended periods of sitting.



Image: An illustration demonstrating the ergonomic benefits of the chair, showing support for the back, hips, and legs, with user height and weight recommendations.

▶ **Watch video online**

New Way to Sit, New Way to Live

Video: A short demonstration of the chair's versatility, showing different sitting postures and adjustments.

Maintenance

The AtHope D18 chair is constructed with durable materials for longevity and ease of care.

- **Cleaning:** The soft PU leather seat is water-resistant and stain-proof. Wipe clean with a damp cloth and mild soap. Avoid harsh chemicals that may damage the material.
- **Inspection:** Periodically check all screws and connections for tightness. Retighten any loose fasteners to maintain the chair's stability and safety.
- **Casters:** Ensure the smooth casters are free of debris to allow for silent and effortless movement.



Image: Detailed view of the chair's durable PU leather, emphasizing its waterproof, breathable, easy-to-clean, and scratch-resistant properties.

Troubleshooting

If you encounter any issues with your AtHope D18 chair, please refer to the following common solutions:

- **Chair feels wobbly:** Check all assembly screws and ensure they are fully tightened. Verify that the casters are securely inserted into the base.
- **Height adjustment not working:** Ensure the air rod is correctly installed and the lever mechanism is not obstructed. If the issue persists, contact customer support.
- **Footrest not moving smoothly:** Check for any obstructions or debris around the footrest mechanism. Ensure all connections are secure.

Specifications

Feature	Detail
Brand	AtHope
Model Name	D18
Color	Dark Brown
Product Dimensions	26.5"D x 28.5"W x 34"H
Maximum Weight Recommendation	250 Pounds
Material	PU Leather, Foam, Steel Base, FSC-Certified Wood Frame
Features	Adjustable Height, 360-Degree Rotating Footrest, Lumbar Support, Smooth Casters

Image: An infographic detailing the premium quality components of the chair, such as SGS-certified hardware, smooth casters, a robust gas lift, and a reinforced support base.

Warranty and Support

AtHope is committed to providing quality products and worry-free aftersales service. For any problems or inquiries regarding your D18 chair, please contact our customer support team. You can reach us by logging into your Amazon account, navigating to 'Your Orders', finding your order, and clicking 'Contact Seller'.
Alternatively, you may contact us via:

Email: cs@athopes.com

Phone: +1 (272) 999-2553



Image: AtHope customer support details, including email address and phone number.

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