

Rakiie ESP005

Rakiie Back Support Belt

Model: ESP005

Brand: Rakiie

INTRODUCTION

The Rakiie Back Support Belt, Model ESP005, is designed to provide comprehensive lumbar support and alleviate back discomfort. Featuring an 8-point support system with memory-aluminum bars and flexible SBR material, it aims to stabilize the spine and reduce pressure. The integrated 3D massage pad offers additional relief by promoting blood circulation and reducing muscle fatigue. Constructed with breathable 3D knitted fabric, this belt ensures comfort during prolonged wear, adapting seamlessly to various daily activities.

SAFETY INFORMATION

- Consult a healthcare professional before using this product if you have pre-existing medical conditions, especially related to your back or circulatory system.
- Do not overtighten the belt, as this may restrict circulation or cause discomfort.
- Discontinue use if you experience increased pain, numbness, tingling, or skin irritation.
- Keep out of reach of children.
- This product is not a substitute for medical treatment.

SETUP AND APPLICATION

Follow these steps to correctly apply your Rakiie Back Support Belt:

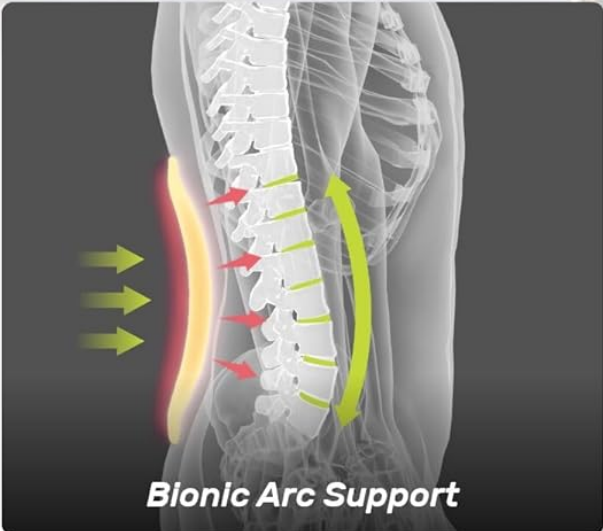
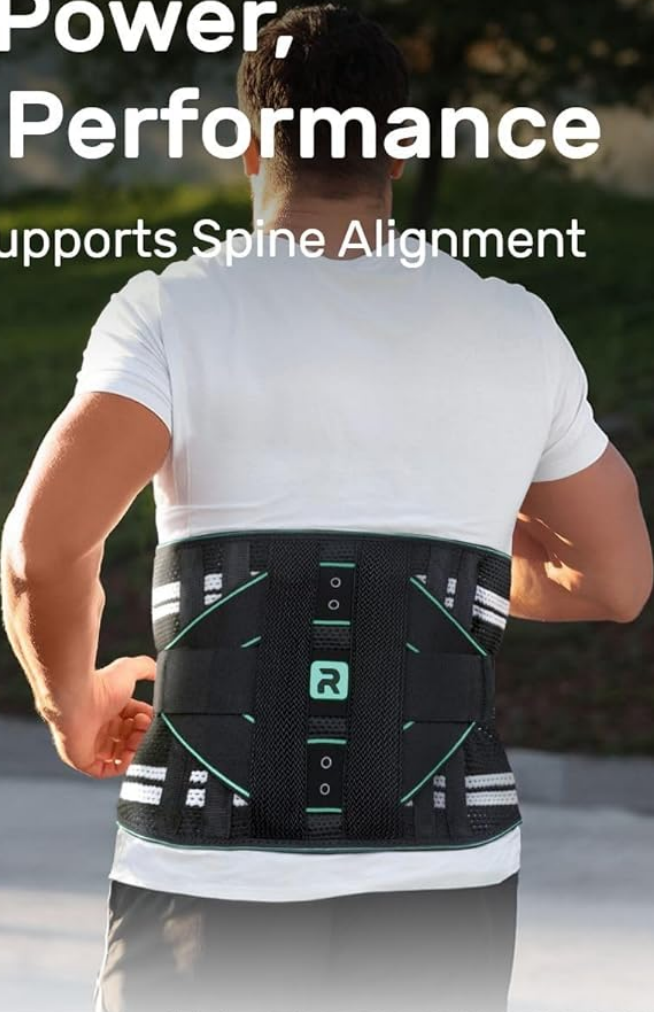
1. **Prepare the Belt:** Ensure the belt is clean and free from any twists.
2. **Position the Belt:** Place the main support panel of the belt against your lower back, centering it over your spine. The bottom edge of the belt should sit just above your hip bones.
3. **Secure the Primary Fastener:** Wrap the main section of the belt around your waist and secure the primary Velcro fastener at the front. Ensure it is snug but comfortable.
4. **Adjust Compression Straps:** Use the two elastic compression straps on the sides to further adjust the level of support. Pull them forward and attach them to the main fastener. Adjust these straps to achieve your desired level of compression and support without causing excessive pressure.

5. **Check Fit:** The belt should feel supportive and comfortable, allowing for natural movement without slipping or bunching.

Next-Gen Power, Enhanced Performance

Corrects Posture, Supports Spine Alignment

8X Powerful Support



Bionic Arc Support



8X Surround Support

Figure 1: Man wearing the Rakiie back support belt, demonstrating proper placement and fit.

Move Freely, Effortless Adaptability

Available in Various Sizes for Optimal Fit



Figure 2: Individuals wearing the Rakiie back support belt during various activities, showcasing its adaptability and comfortable fit.

OPERATING INSTRUCTIONS

The Rakiie Back Support Belt is designed for continuous comfort and effective support throughout your day. Its features work together to provide optimal relief:

- **8-Point Support System:** The belt incorporates 4 memory-aluminum alloy bars, 2 elastic springs, and 2 polypropylene

bars to provide robust and stable support to your lumbar region. This system helps maintain the natural curvature of your spine and reduces pressure.

- **3D Massage Pad:** An innovative removable 3D massage pad is included to offer deep massage to the lumbar spine. This feature helps reduce muscle fatigue and promotes blood circulation, enhancing comfort during extended wear.
- **Ergonomic Design:** The belt is ergonomically designed with graduated pressure distribution, ensuring even pressure across different areas for maximum support and comfort.
- **Breathable Fabric:** Made from premium 3D breathable knitted fabric, the belt keeps you cool and dry. This material prevents heat buildup and skin discomfort, making it suitable for all-day use.
- **Adjustable Compression:** The dual elastic compression straps allow you to customize the level of pressure and support according to your individual needs, ensuring a secure and comfortable fit.

Integrated Support Structure

2 PP Bionic Support Stays + 4 Memory-aluminum + 2 Spring Stays



No Replaceable Bars Needed



Figure 3: Diagram illustrating the integrated support structure of the Rakiie back support belt, detailing the internal components that provide 8-point support.

3D Support Pad for Focused Stability

Fits your curve and stabilize lower back

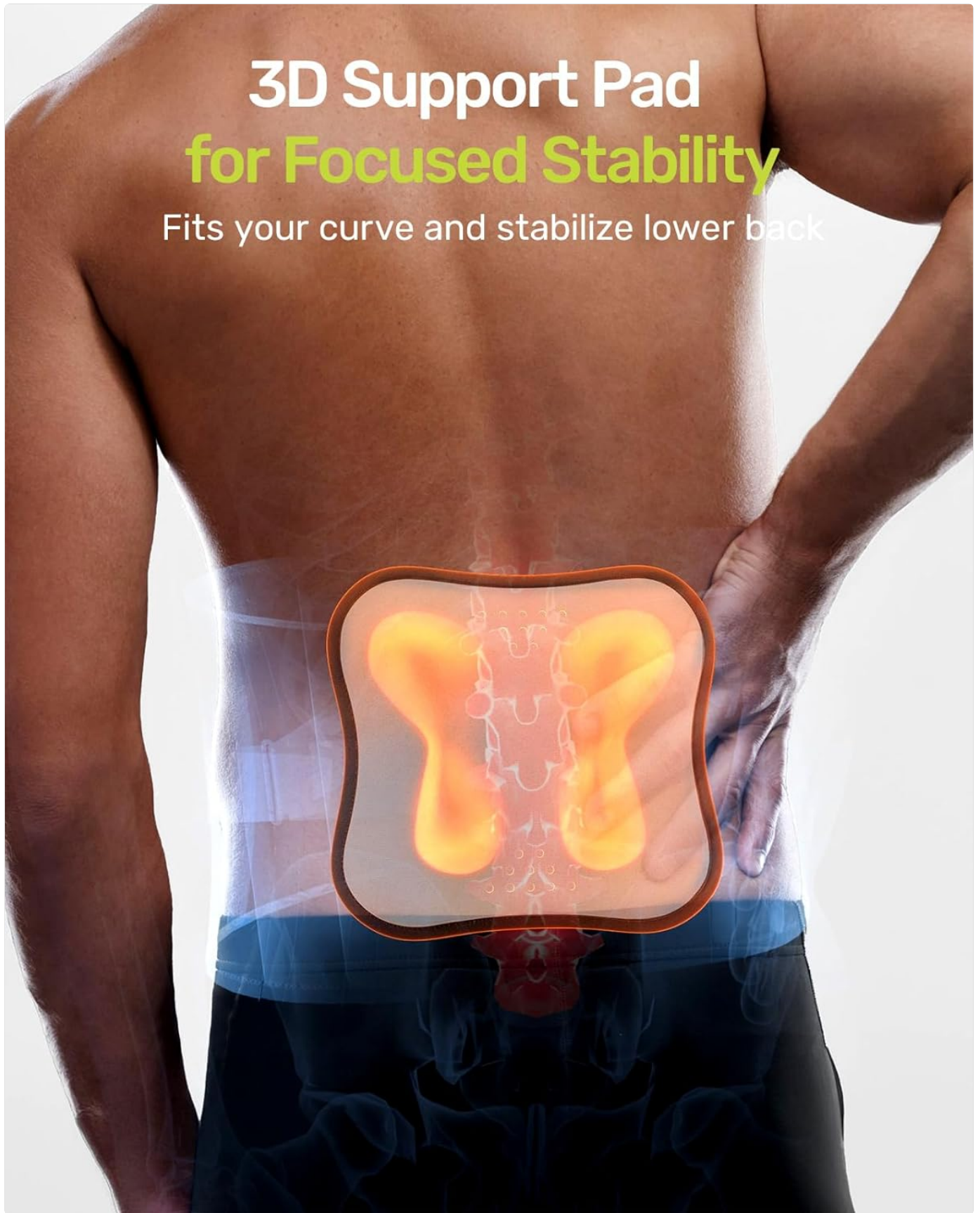
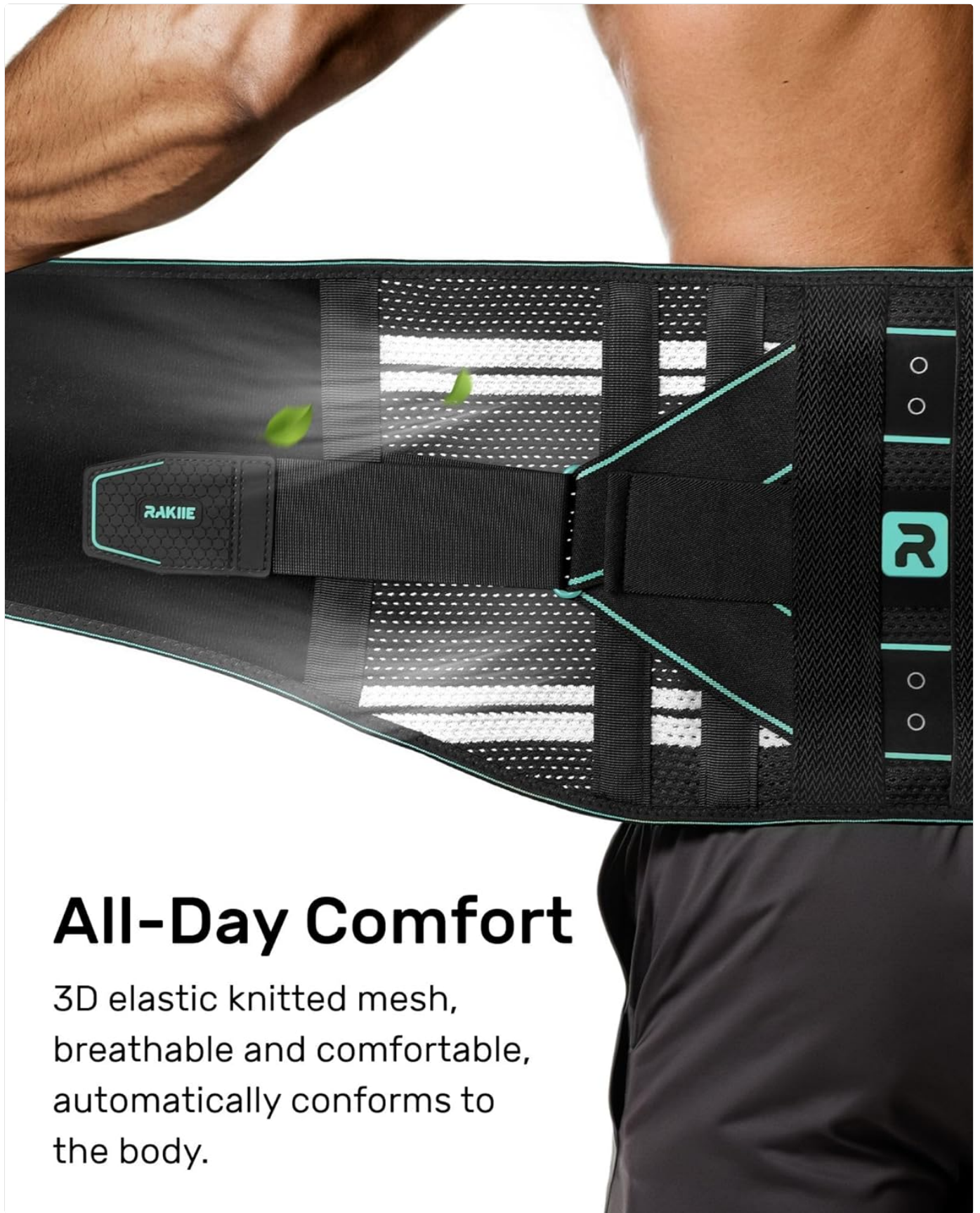


Figure 4: Illustration of the 3D support pad, showing how it conforms to the lumbar curve for focused stability and massage.



All-Day Comfort

3D elastic knitted mesh,
breathable and comfortable,
automatically conforms to
the body.

Figure 5: Close-up view of the Rakiie back support belt's breathable 3D elastic knitted mesh fabric, highlighting its ventilation properties for all-day comfort.

SIZING GUIDE

To ensure the best fit and optimal support, measure your waist circumference at your navel. Do not use your pants size. Refer to the chart below:



Choose Your Size

Measure waist at your navel, not your pants size.

***Size exchange available if not fit.**

S: 28.7-35.8inch (73-91cm)

M: 32.3-39.8inch (82-101cm)

L: 35.8-43.7inch (91-111cm)

XL: 39.4-47.6inch (100-121cm)

XXL: 43.3-52.4inch (110-133cm)



Note : It is recommended to size up when your waist is at the top of your size range.

Figure 6: Sizing chart for the Rakiie back support belt, providing waist measurements in inches and centimeters for sizes S through XXL.

Size	Waist Measurement (inches)	Waist Measurement (cm)
S	28.7 - 35.8	73 - 91
M	32.3 - 39.8	82 - 101

Size	Waist Measurement (inches)	Waist Measurement (cm)
L	35.8 - 43.7	91 - 111
XL	39.4 - 47.6	100 - 121
XXL	43.3 - 52.4	110 - 133

Note: It is recommended to size up if your waist measurement is at the top of a size range.

MAINTENANCE

Proper care will extend the life of your Rakiie Back Support Belt:

- **Cleaning:** Hand wash only. Use mild soap and cold water. Do not bleach.
- **Drying:** Air dry completely. Do not tumble dry, iron, or dry clean. Avoid direct sunlight.
- **Storage:** Store in a cool, dry place away from direct heat and sunlight. Ensure Velcro fasteners are closed to prevent snagging other fabrics.

TROUBLESHOOTING

If you encounter any issues with your Rakiie Back Support Belt, consider the following:

- **Discomfort or Skin Irritation:** Ensure the belt is not overtightened. Check for proper sizing. If irritation persists, discontinue use and consult a healthcare professional.
- **Belt Slipping:** Re-adjust the primary fastener and compression straps to achieve a snug fit. Ensure you have selected the correct size according to the sizing guide.
- **Reduced Support:** Check if the belt is positioned correctly on your lower back. Ensure the fasteners are securely attached. Over time, Velcro may lose some effectiveness; ensure it is clean and free of lint.

SPECIFICATIONS

Feature	Detail
Model Number	ESP005
Brand	Rakiie
Color	Blue
Age Range	Adult
Support System	8-point (4 memory-aluminum bars, 2 elastic springs, 2 polypropylene bars)
Special Features	Removable 3D massage pad, Breathable 3D knitted fabric, Adjustable compression straps
Care Instructions	Hand wash only
Package Dimensions	27.61 x 24.99 x 7.9 cm

Feature	Detail
Item Weight	449 grams

WARRANTY AND SUPPORT

Rakiie products come with a **1-year product protection**. For any questions, concerns, or support needs regarding your Rakiie Back Support Belt, please contact Rakiie customer service. We are committed to providing round-the-clock customer support and hassle-free replacement services to ensure your satisfaction.

Please refer to the contact information provided with your purchase or visit the official Rakiie website for further assistance.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question