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> [iRest Eye Massager C58S-P Instruction Manual](#)

iRest C58S-P

iRest Eye Massager C58S-P Instruction Manual

Model: C58S-P

1. PRODUCT OVERVIEW

The iRest Eye Massager C58S-P is designed to provide relief from eye strain, improve sleep quality, and reduce discomfort associated with migraines, dry eyes, dark circles, and eye bags. It integrates heat, air pressure compression, vibration, and optional music functions to deliver a comprehensive eye massage experience. The device features a foldable design for portability and an adjustable headband for a comfortable fit.



Image: The iRest Eye Massager C58S-P in pink, alongside its white gift box packaging with a red ribbon.

2. SAFETY INFORMATION

Important Safety Precautions:

- Do not use this device if you have undergone eye surgery, or suffer from glaucoma, cataracts, retinal detachment, or other eye diseases.
- Avoid using the massager while wearing contact lenses or hair accessories that may interfere with its operation or cause discomfort.
- Always place the massager on your eyes before starting the device to prevent potential overpressure from the airbags.
- Use only the power adapter provided with the device. Ensure all electrical safety guidelines are followed during charging and operation.
- The device produces a normal operating noise of less than 52dB during use.

3. GETTING STARTED

3.1. Charging the Device

Before first use, fully charge the iRest Eye Massager. Connect the provided charging cable to the device's charging port and a suitable USB power source. The charging indicator light will illuminate during charging. A full charge typically provides approximately one week of use (based on 15-minute daily sessions).



Image: Close-up of the iRest Eye Massager showing the charging port with a cable connected.

3.2. Adjusting the Headband

The headband is adjustable to ensure a comfortable and secure fit for various head sizes. Adjust the strap to achieve a snug fit without excessive pressure on your eyes or temples.



Image: The iRest Eye Massager showing its adjustable strap for a customized fit.

4. OPERATING INSTRUCTIONS

The iRest Eye Massager features intuitive controls for easy operation. Refer to the button diagram below for control identification.

3 FUNCTION BUTTONS

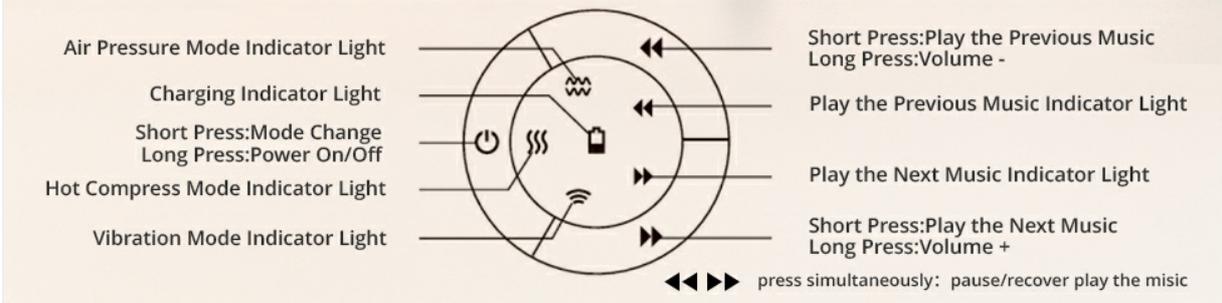


Image: Diagram illustrating the three function buttons, indicator lights (Air Pressure, Charging, Hot Compress, Vibration, Music), and their corresponding actions (Power On/Off, Mode Change, Volume, Music Playback).

4.1. Power On/Off and Mode Selection

- **Power On:** Press and hold the Power/Mode button (usually the central button) for a few seconds until the device powers on.
- **Mode Change:** Short press the Power/Mode button to cycle through the available massage modes.
- **Power Off:** Press and hold the Power/Mode button for a few seconds until the device powers off.

4.2. Massage Modes

The massager offers five distinct modes, combining heat, vibration, air pressure, and music:

5 DIFFERENT MODES

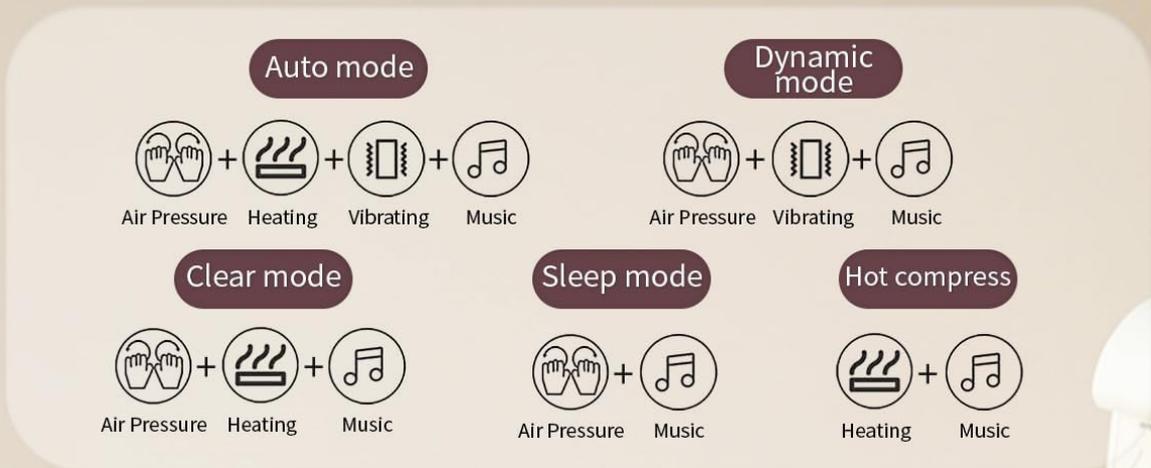


Image: Visual representation of the five massage modes: Auto, Dynamic, Clear, Sleep, and Hot Compress, detailing the combination of air pressure, heating, vibrating, and music for each.

- **Auto Mode:** Combines air pressure, heating, vibration, and music for a comprehensive experience.
- **Dynamic Mode:** Focuses on air pressure, vibration, and music.
- **Clear Mode:** Integrates air pressure, heating, and music.
- **Sleep Mode:** Utilizes air pressure and music for a gentle, relaxing massage.
- **Hot Compress Mode:** Provides heating and music for soothing warmth.

Each massage session is set for 15 minutes, after which the device will automatically power off to prevent excessive massage.

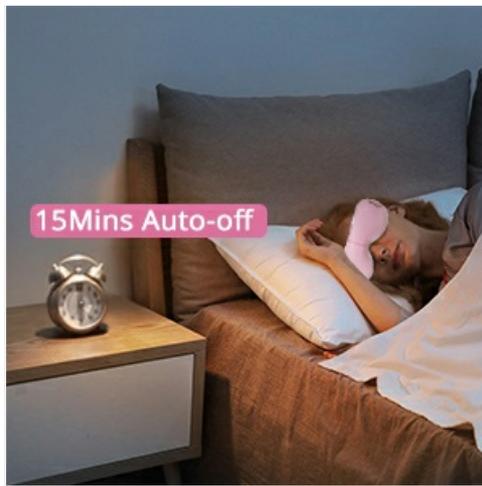


Image: A woman resting in bed wearing the iRest Eye Massager, with an alarm clock indicating the 15-minute auto-off feature.

4.3. Music Functionality

The iRest Eye Massager includes built-in relaxing music tracks. You can also import your own music files (MP3 format) by connecting the device to a computer via the charging cable. Use the music control buttons (previous track, next track, volume up/down) to manage playback.

- **Play/Pause:** Press the previous and next music buttons simultaneously.
- **Volume Up:** Long press the next music button.
- **Volume Down:** Long press the previous music button.
- **Next Track:** Short press the next music button.
- **Previous Track:** Short press the previous music button.

ENJOYABLE MUSIC EXPERIENCE

Enjoy built-in tracks or import your favorite music for a better massage experience



Image: A woman relaxing with the iRest Eye Massager, illustrating the enjoyable music experience with built-in white noise options like Jungle, Wave, Water Flow, and Rain.

5. FEATURES EXPLAINED

5.1. Heat Compression

The built-in heating pads provide a comfortable temperature range of 95°F-115°F (35°C-46°C). This gentle warmth helps to relieve eye fatigue and dry eyes by promoting blood circulation around the eye area.

CONSTANT TEMPERATURE COMPRESS



Image: A person wearing the iRest Eye Massager, with an overlay indicating a constant temperature compress between 95°F-115°F to relieve eye fatigue and improve sleep.



Image: A comparison showing eyes before and after using the massager's heat function, illustrating reduced redness and improved appearance.

5.2. Air Pressure and Vibration

The massager uses gentle air pressure and multi-frequency vibration to simulate traditional massage techniques. It targets acupoints around the eyes, helping to alleviate tension and promote relaxation.

COMPREHENSIVE EYE MASSAGE

Simulate classic massage technique, press acupoints around the eyes to get rid of fatigue



Image: A visual demonstrating the comprehensive eye massage, showing acupoints around the eyes and how the massager simulates pressing these points.

5.3. Portability and Design

The iRest Eye Massager features a 180° foldable design, making it compact and easy to carry. This allows for convenient use at home, in the office, or during travel.



Image: The iRest Eye Massager demonstrating its ability to fold 180 degrees for compact storage and portability.

6. MAINTENANCE

- **Cleaning:** Wipe the surface of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in constant use.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not power on.	Low battery or device is off.	Charge the device fully. Press and hold the Power/Mode button to turn on.
No heat or weak heat.	Hot Compress mode not selected or device malfunction.	Ensure Hot Compress mode is active. If issue persists, contact customer support.
Air pressure feels too strong/weak.	Incorrect mode selected or improper fit.	Try a different massage mode. Adjust the headband for a more comfortable fit. Ensure the massager is placed correctly before starting.
Music volume is too loud/quiet or cannot be turned off.	Volume settings or built-in music.	Long press the previous/next music buttons to adjust volume. To remove built-in music, connect to a computer and delete MP3 files.
Device makes rattling noise.	Internal component issue.	If the noise is excessive or indicates damage, discontinue use and contact customer support.

8. SPECIFICATIONS

- **Model Number:** C58S-P
- **Product Dimensions:** 9.7 x 3.6 x 9.4 inches
- **Weight:** 1.52 Pounds

- **Power Source:** Battery Powered (1200mAh Large Capacity Battery)
- **Material:** Flannel
- **Heat Temperature Range:** 95°F-115°F (35°C-46°C)
- **Automatic Shut-off:** 15 minutes
- **Noise Level:** <52dB
- **Manufacturer:** iRest

9. WARRANTY AND SUPPORT

iRest is committed to providing quality products and customer satisfaction.

- **Warranty:** This product comes with a 1-year warranty.
- **Returns & Exchanges:** Free return and exchange are available within 30 days of purchase.
- **Customer Service:** iRest provides 24-hour customer service for any inquiries or support needs. Please refer to the product packaging or official iRest website for contact information.



Image: A customer service representative with text highlighting 24-hour customer service, free returns and exchanges within 30 days, and a 1-year warranty.