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› [COMFIER Shiatsu Foot and Calf Massager \(Model CF-5416\) Instruction Manual](#)

COMFIER CF-5416

COMFIER Shiatsu Foot and Calf Massager

Model: CF-5416

Brand: COMFIER

INTRODUCTION

The COMFIER Shiatsu Foot and Calf Massager (Model CF-5416) provides a comprehensive massage experience for your feet, calves, and even arms. It combines shiatsu kneading, vibration, compression, and heat functions to deliver relaxation and relief. This manual provides essential information for safe and effective use of your massager.

SAFETY INFORMATION

- Always use the massager while seated with your feet properly positioned.
- Do not use on injured, inflamed, or painful areas without consulting a doctor.
- Keep the massager dry and unplugged when not in use.
- Do not leave the massager unattended while in use.
- Always follow the manufacturer's instructions for use and maintenance.
- Consult a doctor before use if you have any medical conditions or are pregnant.

PRODUCT OVERVIEW

The COMFIER Shiatsu Foot and Calf Massager features a user-friendly control panel and a remote for convenient operation. Its design allows for versatile positioning to target different body areas.



Figure 1: COMFIER Shiatsu Foot and Calf Massager with its remote control.

Comprehensive Massage Techniques



Shiatsu
(L/M/H)



Compression
(L/M/H)



Vibration
(Mode I / II)



2 Optional
Auto Modes



Figure 2: Overview of comprehensive massage techniques available: Shiatsu, Compression, Vibration, and two Auto Modes.

SETUP

1. Unpack the massager and all accessories.
2. Ensure the power cord is securely connected to the massager and a suitable power outlet.
3. The remote control comes with a pre-installed battery. Remove any plastic tab to activate it.
4. Adjust the 360-degree rotatable stand to your desired angle for foot, calf, or arm massage. Press the button on the handle to adjust and lock it into position.



**Fits for Feet, Calves
& Arms Massage**

Figure 3: The massager can be adjusted for use on feet, calves, or arms.

OPERATING INSTRUCTIONS

The massager can be operated using the integrated control panel or the included remote control. The remote control can be magnetically attached to the massager for easy storage.

Control Panel Functions:

- **Power Button:** Turns the massager On/Off.
- **Vibration:** Selects between two vibration modes (solid or pulse) or turns vibration off.
- **Compress:** Adjusts compression intensity (Low, Medium, High). Press a fourth time to turn off.

- **Knead:** Adjusts kneading intensity (Low, Medium, High). Press a fourth time to turn off.
- **Heat:** Selects between three heating levels (Low, Medium, High). Press a fourth time to turn off.

Remote Control Functions:

The remote control mirrors the functions of the main control panel, allowing for convenient adjustments without bending over.

- **Power Button:** Turns the massager On/Off.
- **Vibration Button:** Cycles through vibration modes.
- **Compress Button:** Cycles through compression intensities.
- **Knead Button:** Cycles through kneading intensities.
- **Heat Button:** Cycles through heat levels.
- **Auto Mode (Foot/Calf):** Selects pre-programmed massage routines for feet or calves.
- **Pause Button:** Temporarily stops the massage.
- **Sound Button:** Mutes/unmutes operational beeps.

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Video 1: Official COMFIER Shiatsu Foot Calf Massager demonstration, showcasing various features and modes.

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Video 2: Short demonstration of the COMFIER Shiatsu Foot Massager Machine in action, highlighting its compact design and ease of use.

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Video 3: Brief overview of the COMFIER Shiatsu Foot Calf Massager with Heat, emphasizing its suitability for foot sizes up to 14.

Automatic Timer:

The massager has a built-in 15-minute automatic shut-off timer for safety and convenience. This prevents overuse and conserves energy.

VERSATILE USE

The 360-degree adjustable stand allows the massager to be used in various configurations:

- **Foot Massager:** Position flat on the floor for foot massage. Accommodates foot sizes up to men's size 14.
- **Calf Massager:** Adjust the stand to an upright position to insert calves for massage.
- **Arm Massager:** Place on a table and adjust the stand to comfortably insert arms for massage.
- **Footrest with Massage Function:** Can be used under a desk or while relaxing.

Fits for Large Size



Figure 4: The massager is designed to accommodate large foot sizes, up to men's size 14.



Figure 5: The massager can be conveniently used as a footrest with massage functionality while working or relaxing.

MAINTENANCE

- Always unplug the massager before cleaning.
- The fabric covers for the foot/calf compartments are removable via zippers for easy cleaning. Hand wash or machine wash on a gentle cycle with mild detergent. Air dry completely before reattaching.
- Wipe the main unit with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- Store the massager in a cool, dry place when not in use.

TROUBLESHOOTING

- **Massager does not turn on:** Ensure the power cord is securely plugged into both the massager and a working electrical outlet. Check if the power button on the unit or remote is pressed.
- **No heat:** Verify that the heat function is activated on the control panel or remote. Allow a few minutes for the heat to build up.
- **Massage feels too intense/weak:** Adjust the intensity levels (Low, Medium, High) for kneading, compression, and vibration using the control panel or remote.
- **Remote control not working:** Ensure the battery tab is removed and the battery is correctly inserted. Point the remote directly at the massager's sensor.
- **Unusual noises:** Discontinue use and unplug the massager. Contact customer support if the noise persists.

SPECIFICATIONS

- **Product Dimensions:** 19.29 x 13.58 x 9.76 inches
- **Item Weight:** 13.36 Pounds
- **Item Model Number:** CF-5416
- **Power Source:** Corded Electric
- **Material:** Polyester
- **Use For:** Ankle, Calf, Feet
- **Batteries:** 1 CR5 battery required (for remote control)

WARRANTY AND SUPPORT

For warranty information, product support, or to register your product, please refer to the documentation included in your product packaging or visit the official COMFIER website. You may also contact COMFIER customer service for assistance.