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› Sootingot Smart Watch for Kids User Manual

## Sootingot P70

# Sootingot Smart Watch for Kids User Manual

Model: P70

## 1. INTRODUCTION

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Welcome to the user manual for the Sootingot Smart Watch for Kids, Model P70. This smart watch is designed to provide children aged 3-12 with a fun, interactive, and safe wearable technology experience. It features a 1.85-inch HD touch screen, various health monitoring functions, multiple sport modes, and entertainment options. This manual will guide you through the setup, operation, maintenance, and troubleshooting of your new smart watch.



Figure 1: Sootingot Smart Watch for Kids (Blue)

This image displays the main view of the Sootingot Smart Watch in blue, highlighting its vibrant 1.85-inch display and a secondary image illustrating its call notification feature. The watch features a durable blue strap and a sleek rectangular design.

## 2. PACKAGE CONTENTS

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Please verify that all items are present in the package:

- Sootingot Smart Watch (Model P70)
- Charging Cable
- User Manual (this document)
- Watch Band (pre-attached)

### 3. PRODUCT SPECIFICATIONS

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Feature	Description
Model Number	P70
Screen Size	1.85 Inches TFT HD Touch Screen
Waterproof Rating	IP68 (Fearless at 33 feet underwater, suitable for daily use, not deep dives)
Battery Life	~7 Days (Normal use), >25 Days (Standby time)
Charging Time	<2 Hours (Fast charge)
Connectivity	Bluetooth
Operating System Compatibility	Android 9.0+ and iOS 13.0+
Memory Storage Capacity	512 MB
Weight	3.2 ounces

# No APP/Phone Required



## No APP:



Heart rate



Sleep monitoring



IP68 waterproof



And more

## With APP:



98 sports modes



160+ watch faces



Call/Message reminders



And more



Figure 2: Battery and Charging Information

This image illustrates the charging process of the smart watch, along with key battery performance metrics such as normal use time, standby time, and fast charging capability. It also shows compatibility with Android and iOS devices.

## 4. SETUP GUIDE

### 4.1 Initial Charging

Before first use, fully charge the smart watch. Connect the provided charging cable to the watch and a USB power source (e.g., computer USB port or a 5V/1A USB adapter). The watch will display a charging indicator. A full charge typically takes less than 2 hours.

### 4.2 Power On/Off

- **Power On:** Press and hold the side button for approximately 3 seconds until the screen lights up.
- **Power Off:** Press and hold the side button for approximately 3 seconds, then select "Power Off" on the screen.

### 4.3 Initial Setup (Without APP)

The watch can be used directly without a smartphone application. To set up basic functions:

1. **Set Time/Date/Language:** Navigate to the "Settings" menu on the watch. From there, you can adjust the time, date, and select your preferred language (20 languages supported, including English, Spanish, Arabic, etc.).
2. **Explore Features:** The watch comes pre-loaded with features such as a health tracker, camera, video recorder, 22 sport modes, activity tracking, music player, 8 puzzle games, stopwatch, alarm, timer, torch, and calculator.

### 4.4 Optional APP Connection (HanFit App)

For enhanced functionality, including parent control, 100+ sport modes, 160+ customizable watch faces, call/message reminders, storybooks, weather, learning cards, and reward systems, download the "HanFit" app on a compatible smartphone (Android 9.0+ or iOS 13.0+).

1. **Download App:** Search for "HanFit" in your smartphone's app store and install it.
2. **Pairing:** Open the HanFit app, create an account if necessary, and follow the on-screen instructions to pair your smart watch via Bluetooth. Ensure Bluetooth is enabled on both your watch and smartphone.
3. **Customization:** Once paired, you can customize watch faces with your own pictures, manage settings, and access advanced features through the app.

# 24/7 Health Tracker

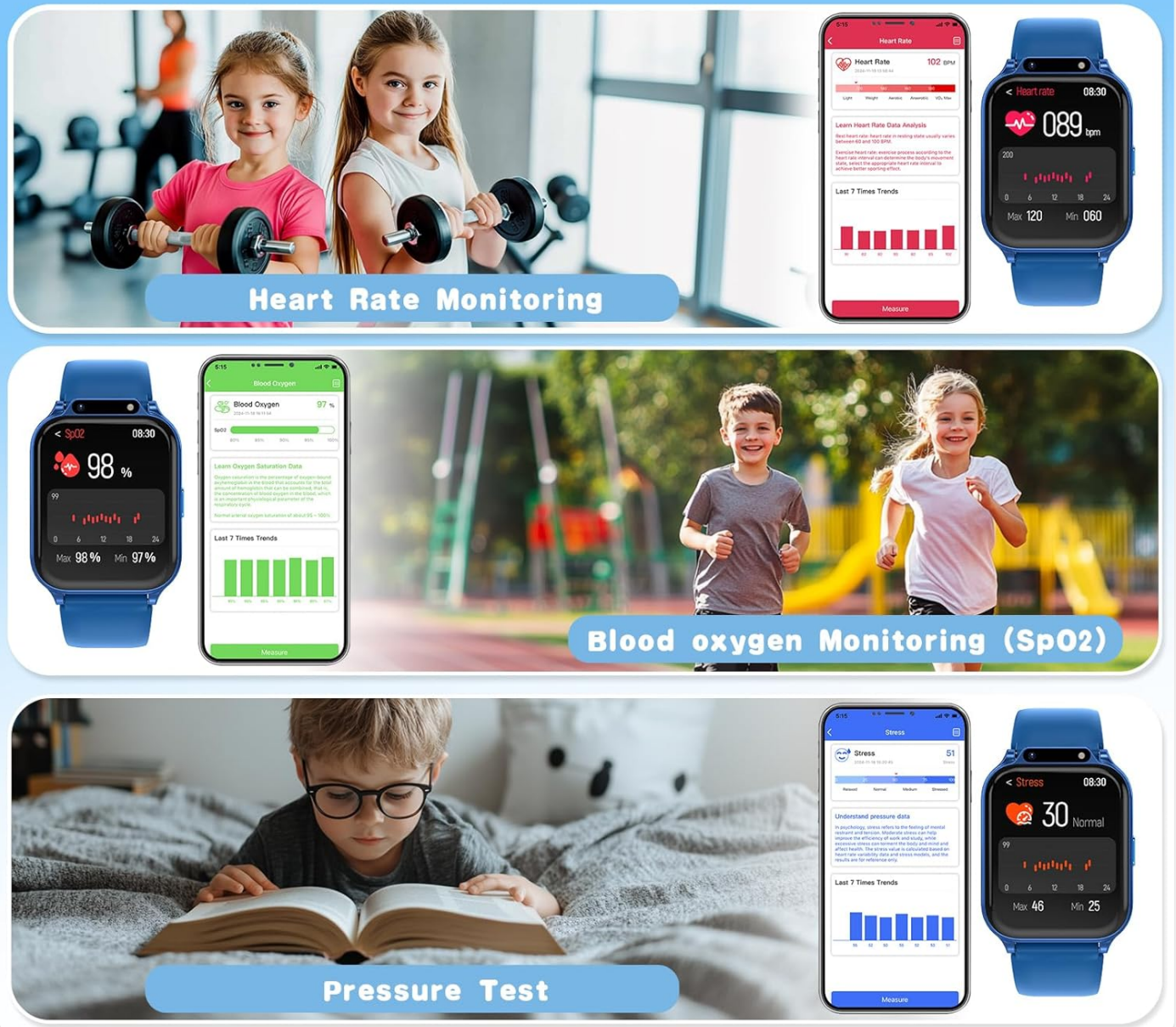


Figure 3: 24/7 Health Tracking Features

This image showcases the watch's health monitoring capabilities, including continuous heart rate, blood oxygen (SpO2), and stress level tracking. It displays how these metrics are presented on the watch screen and within the companion app.

## 5. OPERATING INSTRUCTIONS

### 5.1 Navigating the Interface

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access different function screens (e.g., activity, health data, apps).
- **Tap:** Select an item or open an application.
- **Side Button:** Press to return to the home screen or wake the watch.

### 5.2 Key Features and Functions

#### Health & Sleep Monitoring

The watch provides 24/7 monitoring of heart rate, blood oxygen, and stress. The sleep monitor tracks various sleep stages (deep sleep, light sleep, awake) to help understand and improve sleep quality. Data can be viewed directly on the watch or in the HanFit app.



Figure 4: Auto Sleep Mode

This image demonstrates the watch's automatic sleep tracking feature, showing a child asleep with the watch and the corresponding sleep data interface on the watch and in the app, detailing deep sleep, light sleep, and awake periods.

### Sport Modes & Activity Tracking

The watch supports 22 built-in sport modes without the app, and over 100+ modes when connected to the HanFit app. It tracks steps, distance, and calories burned. Children can earn virtual gold coins for completing tasks or workout goals, promoting healthy habits.



Figure 5: Tracking Activities and Sport Modes

This image highlights the watch's ability to track physical activities, including steps, distance, and calories, across more than 100 sport modes. It shows a child actively engaged in sports, with the watch displaying real-time activity data.

### Camera & Multimedia

The integrated camera allows children to capture photos and videos. The watch also includes a music player, recorder, and supports various learning cards and storybooks (via app).

# IP68 WATERPROOF

*Fearless at 33 feet underwater*

*No need to take off the watch in daily life*



Figure 6: Capture Precious Memories

This image demonstrates the watch's camera and multimedia functions, showing children using the watch to take photos and highlighting features like recording, playing media, and adding funny stickers to images.

## Class Mode & SOS Function

Parents can set specific "Class Mode" times via the app to disable watch functions, helping children focus. In case of emergency, pressing and holding the side button for 3 seconds will activate an alarm to attract attention.

## Customizable Dials

The 1.85" HD touch screen allows for easy operation. Users can choose from over 160 pre-designed dials or customize their own with favorite pictures using the HanFit app.



Figure 7: Customizable Dials

This image showcases the wide array of customizable watch faces available for the Sootingot Smart Watch, demonstrating how children can personalize their device with different designs and even their own photos.

## 6. CARE AND MAINTENANCE

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### 6.1 Cleaning

Wipe the watch screen and strap regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as they may damage the watch's finish or screen.

### 6.2 Water Resistance (IP68)

The watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily activities like hand washing, showering, and swimming in shallow water. *It is not recommended for deep dives or high-pressure water activities.*

# No APP/Phone Required



## No APP:



Heart rate



Sleep monitoring



IP68 waterproof



And more

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98 sports modes



160+ watch faces



Call/Message reminders



And more



Figure 8: IP68 Extreme Waterproof

This image visually confirms the watch's IP68 waterproof capability, showing it submerged in water and illustrating its suitability for various water-related activities such as hand washing, showering, and swimming, without the need for removal.

## 6.3 Storage

Store the watch in a cool, dry place when not in use. Avoid extreme temperatures and direct sunlight.

## 7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch does not power on.	Low battery.	Charge the watch for at least 30 minutes.

Problem	Possible Cause	Solution
Cannot pair with app.	Bluetooth off; app not installed; watch not in pairing mode.	Ensure Bluetooth is on for both devices. Reinstall app. Restart watch and phone.
Screen unresponsive.	Temporary software glitch.	Restart the watch by holding the side button until it powers off, then power on again.
Inaccurate health data.	Improper fit; sensor obstruction.	Ensure the watch is snug but comfortable on the wrist. Clean the sensor on the back of the watch.

## 8. WARRANTY AND SUPPORT

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### 8.1 Warranty Information

Sootingot products are covered by a standard manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions. Keep your purchase receipt as proof of purchase for warranty claims.

### 8.2 Customer Support

For technical assistance, troubleshooting, or warranty inquiries, please contact Sootingot customer support. Visit the official Sootingot store on Amazon for contact details or frequently asked questions:

[Sootingot Official Store](#)