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BLACK LORD SL9-H

BLACK LORD Walking Pad Treadmill User Manual

Model: SL9-H

INTRODUCTION

Thank you for choosing the BLACK LORD Walking Pad Treadmill. This manual provides essential information for the safe operation, assembly, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before using the treadmill to ensure proper function and to prevent injury.

IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of electric shock, fire, and serious injury, always follow basic precautions when using an electrical appliance, including the following:

- Read all instructions before using this treadmill.
- Keep children and pets away from the treadmill.
- Place the treadmill on a flat, stable surface. Ensure there is at least 2 meters (6.5 feet) of clear space behind the treadmill and 0.6 meters (2 feet) on each side.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Always wear appropriate athletic footwear. Do not use the treadmill barefoot.
- Do not exceed the maximum user weight capacity of 297 lbs (135 kg).
- Unplug the treadmill from the power outlet when not in use, before cleaning, and before performing any maintenance.
- Do not use the treadmill outdoors or in damp or wet locations.
- If you feel faint, dizzy, or experience pain, stop exercising immediately and consult a physician.

PRODUCT OVERVIEW AND COMPONENTS

The BLACK LORD Walking Pad Treadmill is designed for home fitness, offering a compact and efficient way to walk, jog, or run.



Figure 1: BLACK LORD Walking Pad Treadmill in a home setting, demonstrating its compact design and ease of use for walking or light jogging.

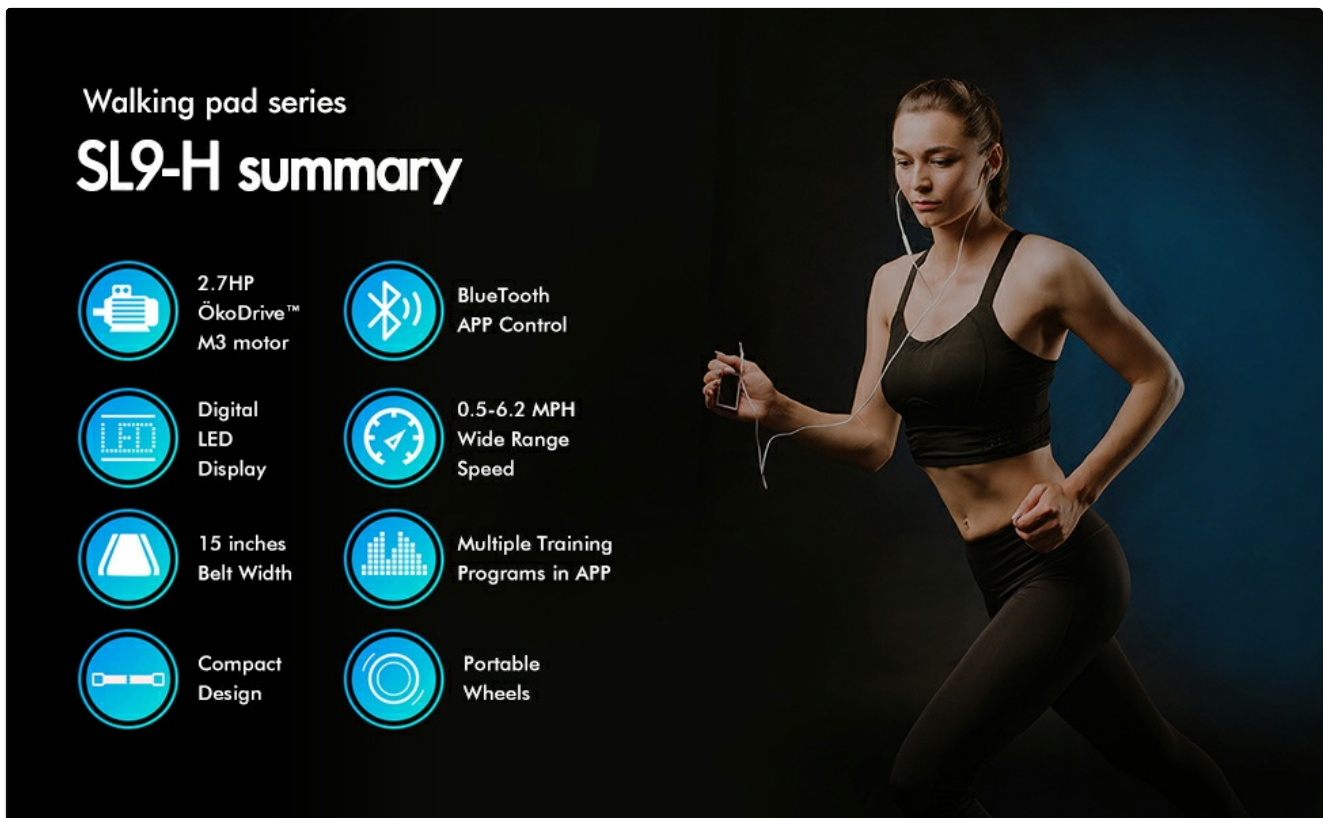


Figure 2: Overview of the SL9-H Walking Pad Series key features, including the 2.7HP motor, digital LED display, 0.5-6.2 MPH speed range, 15-inch belt width, Bluetooth APP control, multiple training programs, compact design, and portable wheels.

Key Components:

- **Running Belt:** Multi-layer, anti-slip, and wear-resistant.
- **Motor:** 2.7HP powerful and energy-efficient motor.
- **LED Display:** Shows speed, mileage, pulse, calories burned, and more.
- **Remote Control:** For adjusting speed and power.
- **Handlebar (Optional/Foldable):** Provides support and stability.
- **Portable Wheels:** For easy movement and storage.

SETUP AND ASSEMBLY

The BLACK LORD Walking Pad Treadmill comes largely pre-assembled. Follow these steps for initial setup:

1. **Unpacking:** Carefully remove the treadmill from its packaging. Retain packaging materials for future storage or transport.
2. **Placement:** Place the treadmill on a firm, level surface. Ensure adequate clearance around the unit as described in the safety instructions.
3. **Unfolding (if applicable):** If your model has a foldable handlebar, lift it into the upright position and secure it according to the locking mechanism.
4. **Power Connection:** Plug the power cord into a grounded electrical outlet.
5. **Remote Control:** Ensure the remote control has batteries installed and is ready for use.

Space-saving slim design

Under sofa, bed or against the wall in your favor



Figure 3: The treadmill's slim design allows for convenient storage under furniture like a sofa or bed, highlighting its portability with integrated wheels.

OPERATING INSTRUCTIONS

Powering On/Off:

- To power on, press the power button on the remote control or the treadmill's console.
- To power off, press the power button again. Always unplug the unit when not in use for extended periods.

Adjusting Speed:

- Use the '+' and '-' buttons on the remote control to increase or decrease the speed.
- The speed range is 0.5 - 6.2 mph (approx. 0.8 - 10 km/h).

Take control of your workout

Quick access to adjustments



Figure 4: The remote control provides quick access to power on/off and speed adjustments, allowing users to easily manage their workout intensity.

Using the LED Display:

The integrated LED display provides real-time workout data:

- **Speed:** Current walking/running speed.
- **Mileage:** Distance covered during the workout.
- **Calories:** Estimated calories burned.
- **Time:** Duration of the workout.



Figure 5: The clear LED display provides essential workout metrics such as speed, time, distance, and calories burned, helping users track their progress.

Bluetooth Connectivity and App:

The treadmill features built-in Bluetooth technology to connect with a dedicated fitness app, allowing for advanced tracking and personalized workout plans.

- Download the recommended app (e.g., FitShow) from your device's app store (Google Play or Apple App Store).
- Enable Bluetooth on your smartphone or tablet.
- Open the app and follow the on-screen instructions to pair with your BLACK LORD Walking Pad.
- The app allows you to sync and track workout stats, access studio classes, create sport plans, and track overall fitness progress.

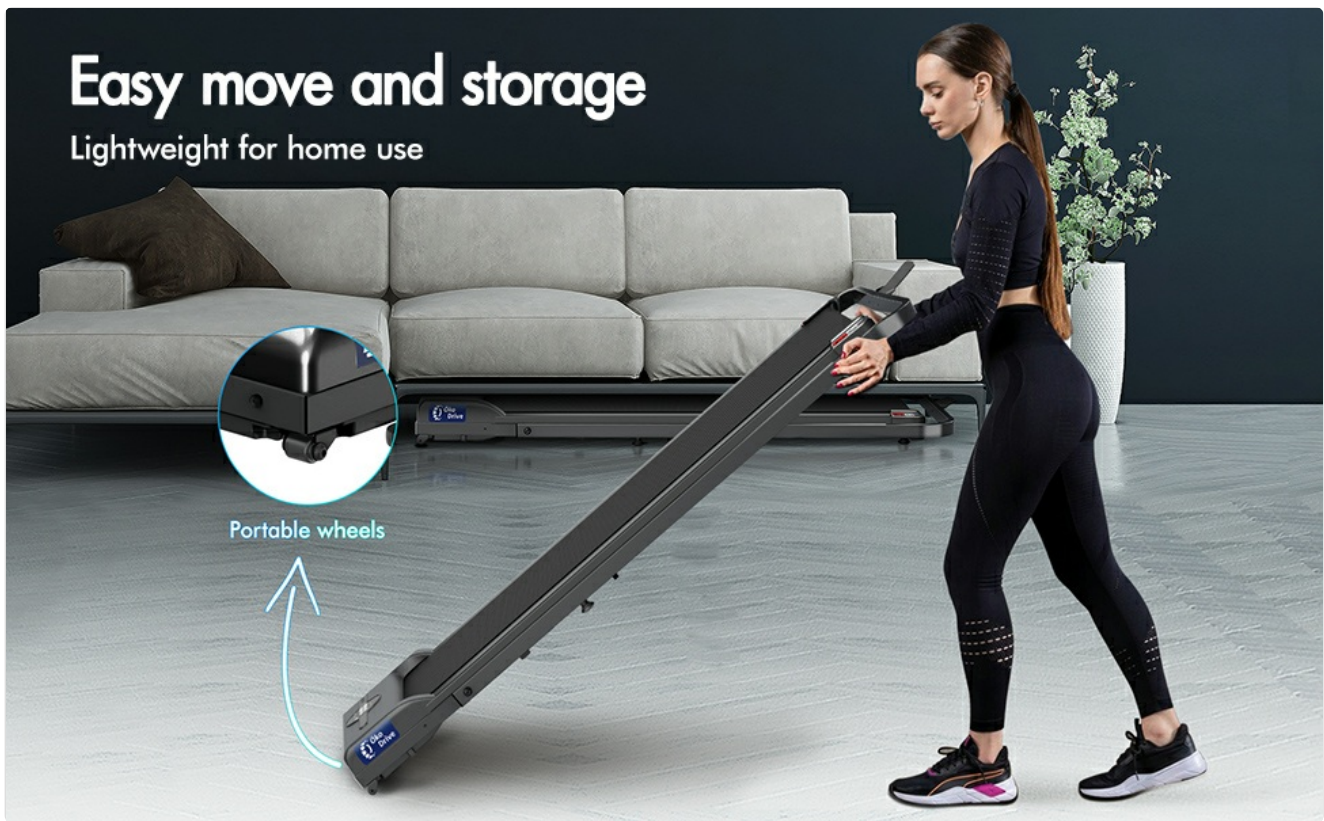


Figure 6: Bluetooth connectivity enables advanced app tracking for personalized workout data, including access to studio classes, sport plans, and detailed stat tracking.

MAINTENANCE AND CARE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

Cleaning:

- Always unplug the treadmill before cleaning.
- Wipe down the treadmill's surfaces with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents, as they may damage the finish.

Running Belt Maintenance:

The BLACK LORD Walking Pad features an innovated 6-layer running belt designed for durability and anti-static properties. It is described as "lubricant free" in some promotional materials, suggesting minimal maintenance for the belt itself.

Innovated 6-layer running belt

Anti-slip, durable and anti-static



Figure 7: The innovated 6-layer running belt provides anti-slip, durable, and anti-static performance, contributing to a comfortable and safe workout experience.

General Care:

- Inspect the treadmill regularly for any loose parts or signs of wear. Tighten any loose bolts or screws.
- Store the treadmill in a dry, cool place away from direct sunlight and extreme temperatures.

TROUBLESHOOTING

If you encounter issues with your BLACK LORD Walking Pad Treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not plugged in; power switch off; circuit breaker tripped.	Ensure power cord is securely plugged in. Check the main power switch on the treadmill. Reset the household circuit breaker if necessary.
Running belt stops or slips.	Belt tension too loose; excessive user weight; motor overload.	Refer to the manual for belt tension adjustment (if applicable, or contact support). Ensure user weight is within limits. Reduce speed or stop for a few minutes to allow motor to cool.

Problem	Possible Cause	Solution
Unusual noise during operation.	Loose components; foreign object under the belt; motor issue.	Check for and tighten any loose screws or bolts. Inspect under the belt for obstructions. If noise persists, contact customer support.
Remote control not responding.	Batteries low or dead; remote not paired.	Replace batteries in the remote control. Refer to the pairing instructions in the app or contact support if pairing is required.

If the problem persists after attempting these solutions, please contact BLACK LORD customer support for assistance.

SPECIFICATIONS

Feature	Detail
Brand	BLACK LORD
Model	SL9-H
Motor Power	2.7 HP
Speed Range	0.5 - 6.2 mph (approx. 0.8 - 10 km/h)
Max User Weight	297 lbs (approx. 135 kg)
Product Dimensions (LxWxH)	49.6" x 21.3" x 40.6" (126 cm x 54 cm x 103 cm)
Material	Alloy Steel
Special Features	Bluetooth Connectivity, Digital LED Display, Portable Wheels



Figure 8: The treadmill features a durable powder-coated steel frame, ensuring sturdy construction and a high weight capacity.

WARRANTY AND SUPPORT

BLACK LORD stands behind the quality of its products. For warranty information, technical support, or service inquiries, please refer to the contact information provided with your purchase or visit the official BLACK LORD website.

Please retain your proof of purchase for warranty claims.
