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Comfytemp K4020

Comfytemp 5000mAh Cordless Red Light Therapy Glove User Manual

Model: K4020 | Brand: Comfytemp

INTRODUCTION

Thank you for choosing the Comfytemp 5000mAh Cordless Red Light Therapy Glove. This device is designed to provide targeted red light and near-infrared light therapy for your hands, wrists, and finger joints. Its dual-sided LED design ensures comprehensive 360° coverage, offering a convenient and effective therapy experience.

IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using this product. Failure to do so may result in injury or device malfunction.

- Consult with a healthcare professional before using this device if you have any pre-existing medical conditions, are pregnant, or are taking medications that may increase light sensitivity.
- Do not use on open wounds, broken skin, or areas with active infections.
- Avoid direct eye exposure to the LED lights.
- Keep out of reach of children.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

WHAT'S INCLUDED

- Comfytemp Red Light Therapy Glove (Model K4020)
- USB Charging Cable
- User Manual

PRODUCT OVERVIEW

The Comfytemp Red Light Therapy Glove features a thoughtful design for effective and comfortable use.

- **Dual-sided 100 LEDs:** Equipped with 100 lamp beads on both the upper and lower sides, providing

360° coverage. It emits 660nm visible red light and 850nm invisible near-infrared light. The red light targets the surface, while near-infrared light penetrates deeper into muscles and joints.

- **5000mAh Cordless Design:** Features a rechargeable 5000mAh battery, offering 80-250 minutes of use on a full charge (80 minutes on the highest setting). This allows for portable use at home or on the go.
- **Unique Zipper Design:** The glove includes a zipper, making it easy to wear, adjust, and clean. It can also be unzipped and laid flat for use on other body areas.
- **Intuitive Controls:** Simple button icons on the control panel allow for easy operation, including mode selection and intensity adjustment.
- **App Control:** The device supports control via a dedicated mobile application, offering convenient features like a customizable auto-off timer.

The graphic compares the Comfytemp Red Light Therapy Glove (left) with other gloves (right). The Comfytemp side is highlighted in orange and features a thumbs-up icon, while the 'Others' side is in grey and features a sad face icon. The Comfytemp glove is shown with its control panel and red LEDs, while the other glove is shown as a simple mesh glove.

Comfytemp	Others
Dual-Sided LEDs	One-Sided LEDs
100 Lamp Beads	50 Lamp Beads
5000mAh Battery	Without Battery
Up to 13W	Up to 6W
Easy to Clean	Hard to Clean
Button & App Dual Control	Only Button Control

Figure 1: Comfytemp Red Light Therapy Glove with its integrated control panel.

How Red Light Therapy Works

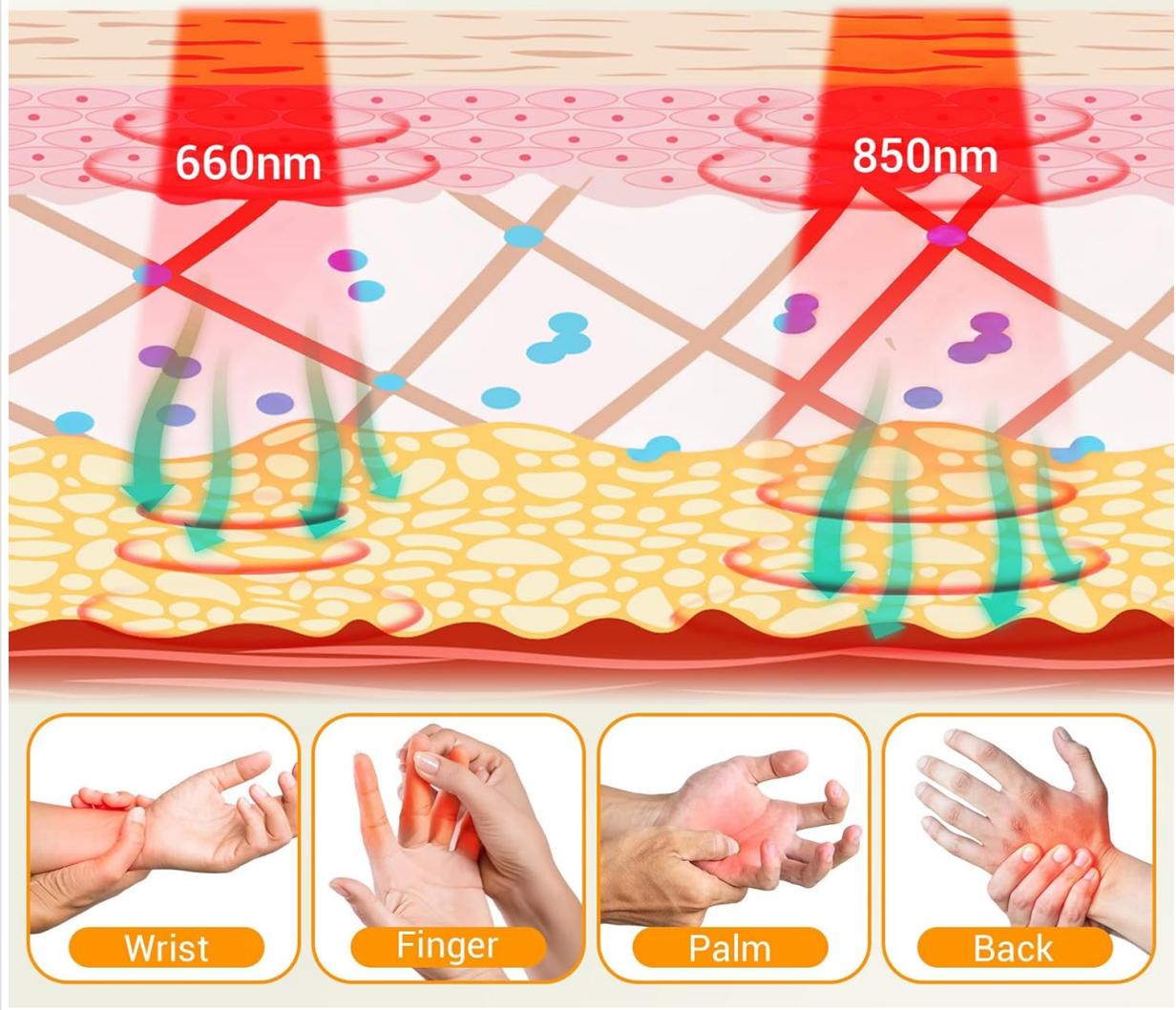


Figure 2: Illustration of red light (660nm) and near-infrared light (850nm) penetration depths for therapy.

SETUP

1. Initial Charging

Before first use, fully charge the device. The charging port is located on the control module. Use the provided USB charging cable to connect the device to a compatible power source (e.g., USB wall adapter, computer USB port).

5000mAh Rechargeable Battery

80-250 Mins



Note: 80 mins using time even at the high level

Figure 3: The control panel displaying battery level and charging port.

The battery indicator on the display will show charging progress. A full charge provides 80-250 minutes of operation, depending on the intensity level used.

OPERATING INSTRUCTIONS

1. Wearing the Glove

1. Place your hand inside the glove.
2. Secure the glove comfortably around your wrist using the adjustable strap to ensure a snug fit.

360° Dual-sided Design with 100 LEDs

Larger Coverage, Greater Light Intensity



Figure 4: Proper placement of the therapy glove on the hand.

2. Power On/Off

- To power on, press and hold the power button on the control module.
- To power off, press and hold the power button again.

3. Mode Selection

The device offers 4 different therapy modes. Press the 'M' button to cycle through the modes:

- **Mode 1:** Red Light (660nm) + Near-Infrared Light (850nm) - Continuous
- **Mode 2:** Near-Infrared Light (850nm) Only - Continuous
- **Mode 3:** Red Light (660nm) Only - Continuous
- **Mode 4:** Pulsating Mode (alternating Red and Near-Infrared)

4. Intensity Adjustment

The device has 9 intensity levels. Use the intensity buttons (up/down arrows) to adjust the light output to your preference.



Figure 5: Control panel for mode and intensity selection.

5. Session Duration

It is recommended to use the glove for 20 minutes per session. Consistent daily use over 3 weeks or more is suggested for optimal results.

APP CONTROL

For enhanced control and customization, download the Comfytemp App from your device's app store. The app allows you to:

- Connect to the device via Bluetooth.
- Adjust modes and intensity levels remotely.
- Set a customizable auto-off timer for your therapy sessions.



Figure 6: Steps for connecting and operating the device via the Comfytemp App.

MAINTENANCE AND CLEANING

The unique zipper design of the Comfytemp Red Light Therapy Glove makes cleaning simple:

- Unzip the glove completely to lay it flat.
- Wipe down the interior and exterior surfaces with a damp cloth or paper towel.
- Ensure the device is completely dry before zipping it back up or storing it.

- Do not immerse the device in water or use harsh chemical cleaners.



Figure 7: The zipper allows for easy cleaning and versatile use.

TROUBLESHOOTING

- **Device not turning on:** Ensure the device is fully charged. Connect it to the charger and allow sufficient time for charging.
- **Lights not visible:** The 850nm near-infrared light is invisible to the naked eye. Only the 660nm red light is visible. If the red light is not visible, check the mode setting and intensity level.
- **App connectivity issues:** Ensure Bluetooth is enabled on your mobile device and the app is updated to the latest version. Try restarting both the device and the app.
- **Localized discomfort:** On first use, some localized comfort might be experienced. If discomfort persists, reduce intensity or discontinue use and consult a healthcare professional.

SPECIFICATIONS

Feature	Detail
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Model	K4020
LED Count	100 (Dual-sided)
Wavelengths	660nm (Red Light), 850nm (Near-Infrared Light)
Battery Capacity	5000mAh Lithium Polymer
Max Power Output	13W
Usage Time (Full Charge)	80-250 minutes
Glove Size	11.8" x 7.5"
Weight	1.23 Pounds
Manufacturer	Shenzhen Yicai Health Technology Co. , Ltd

WARRANTY AND SUPPORT

For warranty information or technical support, please contact Comfytemp customer service through their official website or the contact details provided with your purchase. Keep your purchase receipt for warranty claims.

OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video 1: Overview of the Comfytemp 5000mAh Cordless Red Light Therapy Glove for Hand by The Redhead Rundown.