

## SubSun WT886774

# Subsun 2024 Upgraded Walking Pad Under Desk Treadmill User Manual

Model: WT886774

## 1. INTRODUCTION

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The Subsun 2024 Upgraded Walking Pad is a compact and versatile under-desk treadmill designed for home and office use. It features a foldable design for easy storage, automatic incline adjustments, and a user-friendly interface. This manual provides essential information for the safe and effective operation and maintenance of your treadmill.

## 2. KEY FEATURES

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- **Foldable Design with Compact Storage:** Features a foldable handlebar and collapsible side handrails, allowing for easy storage in tight spaces. Folded dimensions are 53.9 x 27.2 x 5.5 inches. Equipped with transport wheels for convenient movement.
- **4-Level Automatic Incline:** Offers automatic incline levels of 0%, 5%, 7%, and 9% to simulate varied terrain for diverse workouts, suitable for walking, jogging, or weight loss programs.
- **User-Friendly Console with Touchable Controls:** An intuitive touchable console on the handle provides quick access to speed, incline, and mode settings. The LCD display tracks speed, distance, time, incline, and calories burned.
- **Spacious Running Surface and Quiet Operation:** A 17.32 x 42.52-inch running area accommodates comfortable strides. The low-noise motor ensures a quiet workout. Speed range is 0.6-7.6 MPH, supporting up to 265 lbs.
- **Safety and Convenience Features:** Includes a safety key for emergency stops, a remote control for easy operation, and a table mount for devices.

## 3. SETUP INSTRUCTIONS

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### 3.1 Unpacking and Placement

1. Carefully remove the treadmill from its packaging.

2. Place the treadmill on a flat, stable surface. Ensure there is adequate space around the unit for safe operation.
3. Unfold the handlebar and secure any collapsible side handrails if applicable.



**Figure 3.1:** This image demonstrates the treadmill's foldable design, highlighting its compact folded dimensions of 53.9 x 27.2 x 5.5 inches. It also shows the transport wheels, emphasizing its portability and ease of storage in small spaces.

### 3.2 Power Connection

4. Connect the power cord to the treadmill and then to a grounded electrical outlet.
5. Ensure the power switch (usually located near the power cord input) is in the 'ON' position.

## 4. OPERATING INSTRUCTIONS

### 4.1 Power On/Off

- To power on, press the main power button on the treadmill's console or the power button on the remote control. The LED display will illuminate.
- To power off, press the power button on the remote control or the main power button on the console. For complete shutdown, switch off the main power switch.

### 4.2 Using the Remote Control

- The remote control allows for convenient adjustment of speed and modes without bending down.
- Use the '+' and '-' buttons to increase or decrease the speed.
- Press the 'M' button to cycle through different workout modes (e.g., time, distance, calories).
- The play/pause button starts and stops the treadmill belt.



**Figure 4.1:** This image illustrates the treadmill's quiet operation, showing a user exercising while a baby sleeps peacefully nearby. It also features the remote control, highlighting convenient speed and mode adjustments, and the spacious 17.32 x 42.52-inch running area.

### 4.3 Speed and Incline Adjustment

- The treadmill offers a speed range of 0.6 to 7.6 MPH. Adjust speed using the remote control or console buttons.
- Utilize the 4-level automatic incline (0%, 5%, 7%, 9%) to vary your workout intensity. Adjust incline via the console or remote.

## Treadmill with Auto Incline and **5-9%** **3-Level** Slope Selection



Effortlessly adjust the incline with a motorized system, offering three levels of slope (5-9%) to simulate uphill workouts for enhanced cardio and muscle engagement.

**Figure 4.2:** This image illustrates the treadmill's automatic incline feature, showing a user walking on an inclined surface. The graphic highlights adjustable incline levels of 0%, 5%, 7%, and 9%, simulating varied terrain for enhanced cardio and muscle engagement.

# All-in-One Compact Treadmill

Up to 7.6 mph



**Figure 4.3:** This image displays the treadmill's versatility across different activity modes: working (0.6-2 mph), walking (2-4 mph), and running (4-7.6 mph). It illustrates how the treadmill can be used for various fitness levels and purposes.

## 4.4 Safety Key

- Always attach the safety key clip to your clothing before starting a workout.
- In case of an emergency, pulling the safety key will immediately stop the treadmill.

# Security for senior

The frame is equipped for safety and makes walking easier.



**Figure 4.4:** This image emphasizes the treadmill's safety and user-friendly features, including a safety key for emergency stops and an intuitive touchable interface on the handle for controlling speed, incline, and workout modes. It depicts a senior user comfortably operating the machine.

## 5. MAINTENANCE

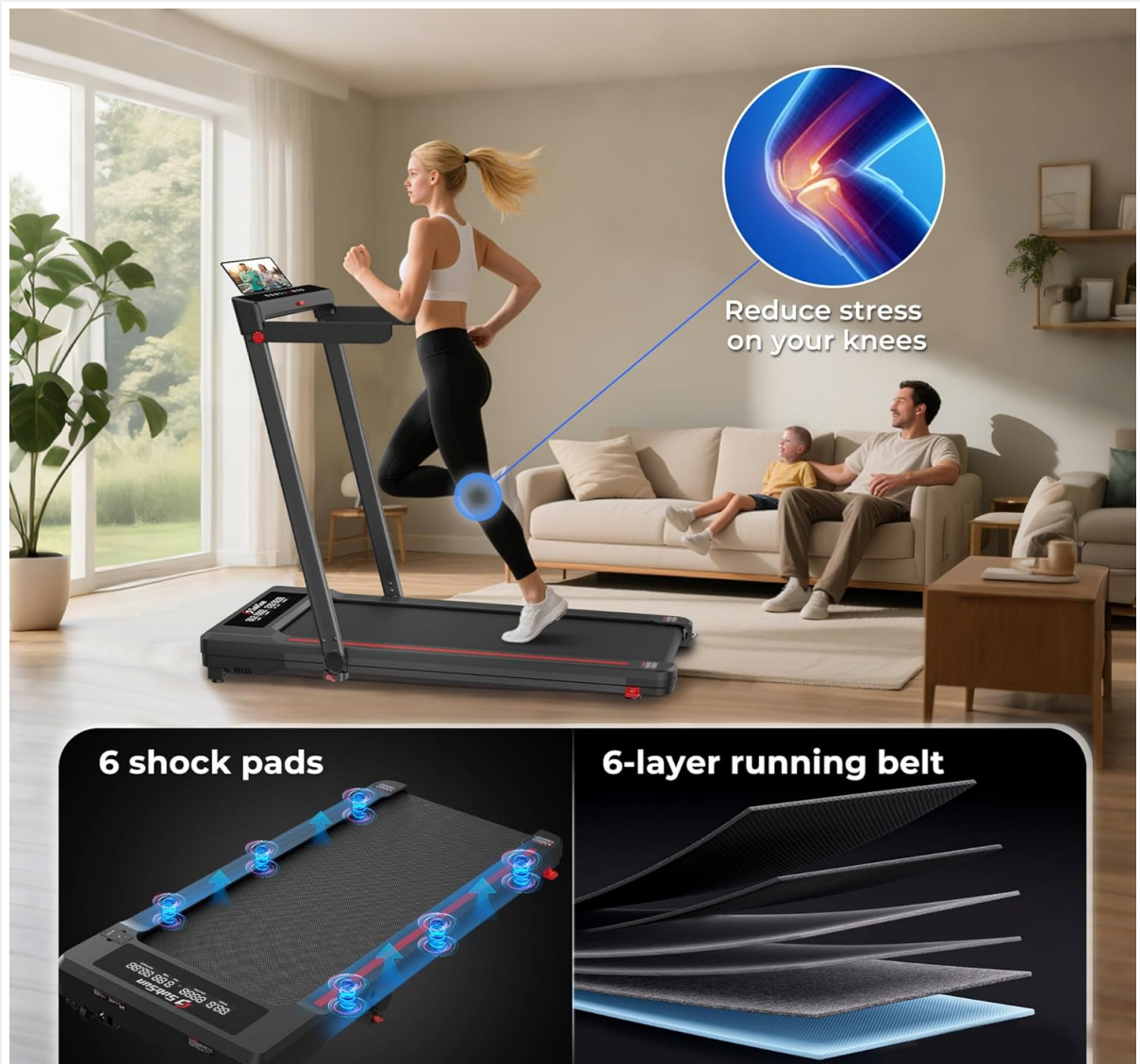
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### 5.1 General Cleaning

- Regularly wipe down the treadmill with a damp cloth to remove dust and sweat. Avoid using abrasive cleaners.
- Keep the area around the treadmill clean and free from obstructions.

### 5.2 Belt Lubrication

- The running belt requires periodic lubrication to ensure smooth operation and prolong its lifespan. Refer to the included lubricant and instructions for proper application frequency.



**Figure 5.1:** This image highlights the treadmill's shock absorption system, featuring 6 shock pads and a 6-layer running belt designed to reduce stress on joints during workouts, promoting a safer and more comfortable exercise experience.



**Figure 5.2:** This image reinforces the treadmill's focus on user comfort and safety, detailing the 6-layer running belt, shock-absorbing pads, and non-slip surface, all designed to protect the user's knees and joints during exercise.

## 6. TROUBLESHOOTING

### 6.1 Common Issues and Solutions

- **Treadmill not powering on:** Check if the power cord is securely plugged into both the treadmill and the wall outlet. Ensure the main power switch is in the 'ON' position. Verify the safety key is correctly placed.
- **Belt slipping or uneven:** The running belt may require adjustment or lubrication. Refer to the maintenance section for lubrication instructions. For belt alignment, consult the detailed instructions in the full manual or contact customer support.
- **Unusual noises:** Check for any loose parts or foreign objects under the belt. Ensure the treadmill is on a level surface. If the noise persists, discontinue use and contact customer support.
- **Remote control not responding:** Check the batteries in the remote control and replace if necessary. Ensure there are no obstructions between the remote and the treadmill's receiver.

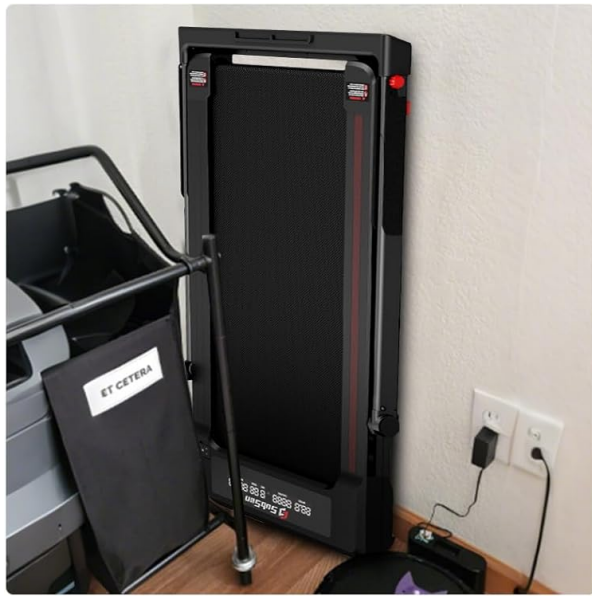
## 7. SPECIFICATIONS

Feature	Detail
Brand	SubSun
Model Name	WT886774
Product Dimensions (L x W x H)	129D x 69.1W x 104H Centimetres
Folded Size	53.9 x 27.2 x 5.5 inches
Item Weight	28.52 Pounds (12.94 kg)
Maximum Weight Recommendation	265 lbs (120.2 kg)
Maximum Speed	7.6 Miles per Hour (12.2 km/h)
Speed Range	0.6-7.6 MPH
Maximum Incline Percentage	9% (4 levels: 0%, 5%, 7%, 9%)
Running Area	17.32 x 42.52 inches
Maximum Horsepower	2.5 Horsepower
Material	Metal, Acrylonitrile Butadiene Styrene (ABS)
Metrics Measured	Calories Burned, Distance, Incline, Speed, Time
Included Components	Lubricant, Power Cord, Remote Control, Safety Key, Tool Kit

## 8. WARRANTY AND SUPPORT

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For warranty information, technical support, or service inquiries, please refer to the warranty card included with your product or contact SubSun customer service. Keep your purchase receipt as proof of purchase.



**Figure 8.1:** This collage of images showcases various storage solutions for the compact treadmill, including upright storage against a wall, under a desk, and flat under a couch, demonstrating its space-saving design for different home environments.