



Manuals.plus /

› AMOVAN /

› AMOVAN Smart Watch E02 User Manual

## AMOVAN E02

# AMOVAN Smart Watch E02 User Manual

Model: E02

## INTRODUCTION

---

This manual provides detailed instructions for the setup, operation, maintenance, and troubleshooting of your AMOVAN Smart Watch E02. Please read this manual thoroughly to ensure proper use and to maximize the functionality of your device.



Figure 1: Front view of the AMOVAN Smart Watch E02, displaying its 2.01" HD screen and a vibrant watch face.

## WHAT'S IN THE BOX

---

Upon opening the package, verify that all the following items are present:

- AMOVAN Smart Watch E02 (with strap)
- Charging Cable
- User Manual (this document)

## SETUP GUIDE

---

### 1. Charging the Smart Watch

Before initial use, fully charge your AMOVAN Smart Watch E02. Connect the provided charging cable to the charging contacts on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer's USB port.

- Ensure the charging pins align correctly with the watch's charging points.
- A charging indicator will appear on the screen.
- Charging typically takes approximately 2 hours for a full charge.



Figure 2: Rear view of the Smart Watch E02, highlighting the heart rate sensor and magnetic charging contacts.

## 2. Powering On/Off

- **To Power On:** Press and hold the side button for a few seconds until the screen illuminates.
- **To Power Off:** Press and hold the side button, then select the "Power Off" option on the screen.

## 3. App Installation and Pairing

To unlock the full potential of your smartwatch, you need to install the companion application on your smartphone (Android or iOS).

1. **Download the App:** Scan the QR code provided in the watch's initial setup screen or search for the designated app name (refer to the watch screen or packaging for the exact name) in the Apple App Store or Google Play Store.
2. **Create an Account:** Open the app and follow the on-screen instructions to create a user account.
3. **Pair the Device:**
  - a. Ensure Bluetooth is enabled on your smartphone.
  - b. Open the app and navigate to the "Add Device" or "Pair Device" section.
  - c. Select "AMOVAN E02" from the list of available devices.
  - d. Confirm the pairing request on both your smartphone and the smartwatch.
4. **Grant Permissions:** Allow necessary permissions (e.g., location, notifications, contacts) for the app to function correctly.

## OPERATING INSTRUCTIONS

---

### Basic Navigation

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select an item.
- **Side Button:** Press to return to the home screen or wake the device. Press and hold for power options or to access quick settings.

### Call Functionality

The AMOVAN Smart Watch E02 supports answering and making calls directly from your wrist when connected to your smartphone via Bluetooth.

- **Answering Calls:** When an incoming call is received, tap the green phone icon on the watch screen to answer.
- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.

### Fitness and Health Monitoring

Your smartwatch is equipped with various sensors to track your health and fitness data.

- **Heart Rate Monitor:** The watch continuously or periodically monitors your heart rate. View real-time data on the watch or detailed trends in the app.
- **Sleep Monitor:** Automatically tracks your sleep patterns, including deep sleep, light sleep, and awake times.
- **Steps Monitor:** Counts your daily steps, distance, and estimated calories burned.
- **Sports Modes:** Choose from over 110 sports modes (e.g., running, cycling, walking) to track specific workout data.

*Note: This device is not a medical device. Health data is for reference only and should not be used for medical diagnosis or treatment.*

### Notifications

Receive notifications from your smartphone directly on your watch. Ensure notification permissions are granted in the companion app.

- Swipe down from the top of the watch face to view recent notifications.

### Water Resistance (IP68)

The AMOVAN Smart Watch E02 is IP68 rated, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as hand washing or light rain. However, it is not recommended for swimming, diving, or hot showers/saunas as steam and hot water can compromise the seal.

## MAINTENANCE

---

### Cleaning Your Smart Watch

- Wipe the watch screen and body with a soft, lint-free cloth.
- For stubborn stains, dampen the cloth slightly with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts regularly with a dry cloth to ensure proper charging.
- If the strap gets wet, dry it thoroughly before wearing to prevent skin irritation.

### Battery Care

- Avoid fully discharging the battery frequently.
- Do not expose the watch to extreme temperatures, as this can degrade battery life.

- Use only the provided charging cable.

## Software Updates

Periodically check the companion app for available software updates. Updates often include performance improvements, new features, and bug fixes. Ensure your watch is sufficiently charged before starting an update.

## TROUBLESHOOTING

---

### Watch Not Powering On

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- Press and hold the side button for 10-15 seconds to attempt a forced restart.

### Unable to Pair with Smartphone

- Confirm Bluetooth is enabled on your smartphone.
- Ensure the watch is within Bluetooth range (typically 10 meters or 33 feet).
- Restart both your smartphone and the smartwatch.
- Clear the Bluetooth cache on your smartphone (if applicable) or forget the device and try pairing again.
- Ensure the companion app has all necessary permissions.

### Inaccurate Health Data

- Ensure the watch is worn snugly on your wrist, but not too tight.
- Clean the sensor on the back of the watch.
- Avoid excessive movement during heart rate measurements.

### Notifications Not Appearing

- Verify that notification permissions are enabled for the companion app in your smartphone's settings.
- Check the app's settings to ensure specific app notifications are enabled for the watch.
- Ensure the watch is connected to your smartphone via Bluetooth.

### Factory Reset

If issues persist, a factory reset may resolve them. This will erase all data on the watch and restore it to its original settings. Consult the watch's settings menu for the "Factory Reset" option.

## SPECIFICATIONS

---

Feature	Detail
Model Number	E02
Screen Size	2.01 Inches (HD Screen)
Battery Capacity	280 Milliamp Hours (Lithium Polymer)
Connectivity	Bluetooth
Operating System	Android Wear 2.0 (Compatible with Android & iOS)
Water Resistance	IP68
Memory Storage Capacity	128 MB
Item Weight	104 Grams (3.67 ounces)
Special Features	Activity Tracker, Heart Rate Monitor, Sleep Monitor, Steps Monitor, 110+ Sports Modes, Answer/Make Call
GPS	GPS Via Smartphone
Shape	Square
Manufacturer	amovan

## WARRANTY INFORMATION

---

AMOVAN products are manufactured to high quality standards. This product is covered by a limited warranty against defects in materials and workmanship. The specific terms and duration of the warranty may vary by region and retailer. Please retain your proof of purchase for warranty claims. For detailed warranty information, refer to the documentation included with your purchase or visit the official AMOVAN website.

## CUSTOMER SUPPORT

---

If you encounter any issues or have questions regarding your AMOVAN Smart Watch E02 that are not covered in this manual, please contact our customer support team. You can typically find support contact information on the AMOVAN official website or through the retailer where you purchased the product.

For further assistance, you may visit the [AMOVAN Store on Amazon](#).