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> Alera Kempton Ergonomic Mesh Back Office Task Chair User Manual

Alera Kempton

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Model: Kempton (ALEKP42BME17)

INTRODUCTION

Thank you for choosing the Alera Kempton Ergonomic Mesh Back Office Task Chair. This manual provides essential information for the proper assembly, operation, maintenance, and troubleshooting of your new chair. Designed for lasting quality and comfort, the Kempton chair features adjustable lumbar support, seat height, and armrests to help you achieve an ideal seating position. Please read these instructions carefully before assembly and use to ensure safe and optimal performance.

SETUP AND ASSEMBLY

Assembly is required for this chair. Please ensure all components are present before beginning. It is recommended to assemble the chair on a soft, clean surface to prevent damage.

Assembly Steps:

- Unpack Components:** Carefully remove all parts from the packaging and lay them out. Verify that all parts listed in the included parts list are present.
- Attach Casters to Base:** Insert the five casters into the holes at the end of each leg of the chair base. Push firmly until they click into place.
- Insert Gas Lift:** Place the gas lift cylinder into the center hole of the chair base.
- Assemble Seat Mechanism:** Attach the seat mechanism to the underside of the seat cushion using the provided screws. Ensure the front of the mechanism faces the front of the seat.
- Attach Backrest:** Secure the backrest to the seat mechanism using the designated screws.
- Attach Armrests:** Fasten the armrests to the seat assembly using the provided screws. Ensure they are oriented correctly.
- Connect Seat to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder, aligning the center hole of the seat mechanism with the top of the gas lift. Press down firmly.
- Final Check:** Ensure all screws are tightened and all components are securely attached before using the chair.

OPERATING INSTRUCTIONS AND ADJUSTMENTS

The Alera Kempton chair offers several adjustment features to customize your seating experience for optimal comfort and ergonomic support.

1. Seat Height Adjustment

To adjust the seat height, locate the lever on the right side, beneath the seat.

- **To raise the seat:** While standing, pull the lever upwards. The seat will rise. Release the lever at the desired height.
- **To lower the seat:** While seated, pull the lever upwards. The seat will lower. Release the lever at the desired height.

Optimal height allows your feet to be flat on the floor with your knees at a 90-degree angle.

2. Tilt and Recline Adjustment

The chair features a tilt and recline function, allowing for a range of motion.



Image Description: A side view of the Alera Kempton chair showing its backrest in various tilted positions, illustrating the range of motion for recline. This feature allows the chair to mimic the body's natural movement.

- **To recline:** Lean back in the chair. The chair will recline.
- **To lock/unlock tilt:** Locate the lever on the left side, beneath the seat. Push it inwards to lock the tilt in an upright position, or pull it outwards to allow free tilting.

3. Tilt Tension Adjustment

Adjust the resistance of the chair's recline motion using the round knob located beneath the seat, at the front.

- **To increase tension (more resistance):** Turn the knob clockwise.
- **To decrease tension (less resistance):** Turn the knob counter-clockwise.

Adjust tension so the chair supports your back comfortably without pushing you forward or allowing you to recline too easily.

4. Adjustable Lumbar Support

The chair features adjustable lumbar support to maintain correct posture and provide personalized back comfort.



Image Description: A detailed view of the Alera Kempton chair's backrest, highlighting the breathable mesh material, the adjustable lumbar support mechanism, and the contoured padded seat designed for comfort.

- To adjust the lumbar support, grasp the lumbar pad on the backrest and slide it up or down to your preferred position.

5. Adjustable Armrests

The armrests can be adjusted in height and width to provide optimal support for your forearms and shoulders.



Image Description: A close-up view of the Alera Kempton chair's armrest, illustrating its height and width adjustment capabilities. The image also references adjustable seat depth for a customized fit.

- **Height Adjustment:** Locate the button or lever on the side of each armrest. Press it and slide the armrest up or down to the desired height. Release the button/lever to lock.
- **Width Adjustment:** Some armrests may allow for inward/outward adjustment. If applicable, loosen the knob or lever beneath the armrest and slide it to adjust width, then re-tighten.

Adjust armrests so your elbows are at a 90-degree angle when typing, with shoulders relaxed.

MAINTENANCE AND CARE

Regular maintenance helps prolong the life and appearance of your Alera Kempton chair.

- **Cleaning Fabric/Mesh:** For general cleaning, use a soft cloth dampened with mild soap and water. Blot spills immediately. Avoid harsh chemicals or abrasive cleaners.
- **Cleaning Base/Frame:** Wipe metal and plastic components with a damp cloth.
- **Caster Care:** Periodically check casters for accumulated dirt or hair and clean as needed to ensure smooth rolling.
- **Fastener Check:** Every six months, inspect all screws and bolts to ensure they are tight. Re-tighten if necessary to maintain stability and safety.
- **Avoid Overloading:** Do not exceed the maximum weight capacity of 275 lbs.

TROUBLESHOOTING

If you encounter issues with your Alera Kempton chair, refer to the common problems and solutions below.

Problem	Possible Cause	Solution
Chair does not adjust height.	Gas lift malfunction or lever not engaged.	Ensure the height adjustment lever is fully pulled. If the issue persists, the gas lift may need replacement. Contact customer support.
Chair squeaks when moving.	Loose fasteners or friction between components.	Tighten all assembly screws. Apply a small amount of silicone lubricant to moving parts or joints if necessary.
Chair wobbles.	Loose connections or uneven floor.	Check and tighten all screws, especially those connecting the seat to the mechanism and the base. Ensure the chair is on a flat surface.
Casters do not roll smoothly.	Debris caught in casters.	Turn the chair over and remove any hair, dust, or debris from the caster wheels.

PRODUCT SPECIFICATIONS

Key specifications for the Alera Kempton Ergonomic Mesh Back Office Task Chair.

Brand	Alera
Model Name	Kempton
Model Number	ALEKP42BME17
Color	Black

Material	Mesh (Back), Fabric (Seat)
Frame Material	Metal
Product Dimensions (D x W x H)	28.07"D x 29.06"W x 42.6"H
Item Weight	38.14 Pounds
Maximum Weight Recommendation	275 Pounds
Reclining Positions	2
Assembly Required	Yes
UPC	042167002053



Image Description: The Alera Kempton ergonomic mesh back office task chair positioned at a desk in a modern office environment, showcasing its design and suitability for a workspace.

WARRANTY INFORMATION

Specific warranty details for the Alera Kempton Ergonomic Mesh Back Office Task Chair are typically provided at the point of purchase or included with the product packaging. For comprehensive warranty information, including terms, conditions, and duration, please refer to the documentation supplied with your chair or contact Alera customer support directly.

CUSTOMER SUPPORT

Should you require further assistance, have questions about assembly, operation, or need to report a missing part, please contact Alera customer support.

- **Manufacturer Website:** For product information and support, visit the official Alera website.
- **Online Store:** You can also find more information and contact options via the [Alera Store on Amazon](#).
- **Contact Information:** Refer to your product packaging or the official Alera website for the most current customer service contact details (phone, email).

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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