

MOUNTUP MU0057-L

MOUNTUP MU0057-L Full Motion TV Wall Mount Instruction Manual

Model: MU0057-L

1. INTRODUCTION

This manual provides detailed instructions for the safe and proper installation, operation, and maintenance of your MOUNTUP MU0057-L Full Motion TV Wall Mount. Please read all instructions carefully before installation to ensure correct setup and to prevent damage or injury. Keep this manual for future reference.

The MOUNTUP MU0057-L is designed to securely mount most 42-75 inch flat or curved screen televisions weighing up to 99 lbs (45 kg). It features a 30-inch extension arm, +/-90° swivel, +5°/-10° tilt, and +/-3° leveling for optimal viewing flexibility.

2. SAFETY INFORMATION

WARNING: Failure to read and follow these instructions may result in serious personal injury, property damage, or voiding of warranty.

- **Weight Capacity:** Do not exceed the maximum weight capacity of 99 lbs (45 kg). This mount is intended for use only with the maximum weights indicated. Use with products heavier than the maximum weights indicated may result in instability causing possible injury.
- **TV Size:** This mount is compatible with TVs from 42 to 75 inches.
- **VESA Compatibility:** Ensure your TV's VESA pattern (mounting hole spacing) is within the range of 150x100mm to 600x400mm.
- **Wall Type:** This mount is designed for installation on solid concrete/brick walls or single wood studs. **DO NOT install into drywall alone.**
- **Professional Installation:** If you have any doubts about your ability to safely install this mount, consult a qualified professional.
- **Component Check:** Before installation, verify that all components are present and undamaged. Do not use damaged or defective parts.
- **Tools:** Use appropriate tools for installation.

3. PACKAGE CONTENTS

Please check the package to ensure all parts are included and undamaged. If any parts are missing or damaged, contact MOUNTUP customer service.

- Wall Plate Assembly
- TV Brackets (2)
- Mounting Hardware Kit (various screws, washers, spacers, anchors)
- Bubble Level
- Drilling Template
- Instruction Manual

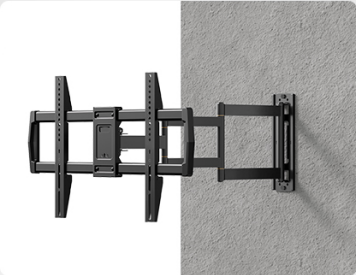
4. SPECIFICATIONS

Specification	Value
Model	MU0057-L
TV Size Compatibility	42 - 75 inches
Weight Capacity	Up to 99 lbs (45 kg)
VESA Compatibility	150x100mm to 600x400mm
Extension from Wall	3 inches (retracted) to 30 inches (extended)
Swivel Range	+/-90°
Tilt Range	+5° / -10°
Level Adjustment	+/-3°
Material	Metal
Color	Black
Item Weight	13.77 pounds

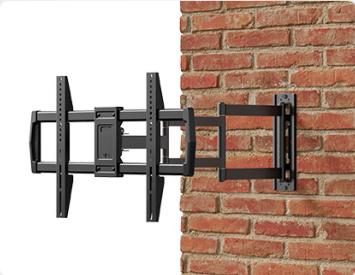
Note: The TV plate is offset approximately 8.5 inches (215mm) from the wall plate center. Consider this when positioning your TV on the wall.

Compatible Wall Types

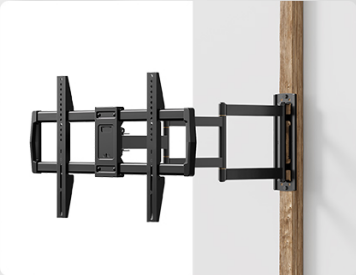
⚠ Do Not Mount on Drywall Alone!



Concrete Wall



Brick Wall



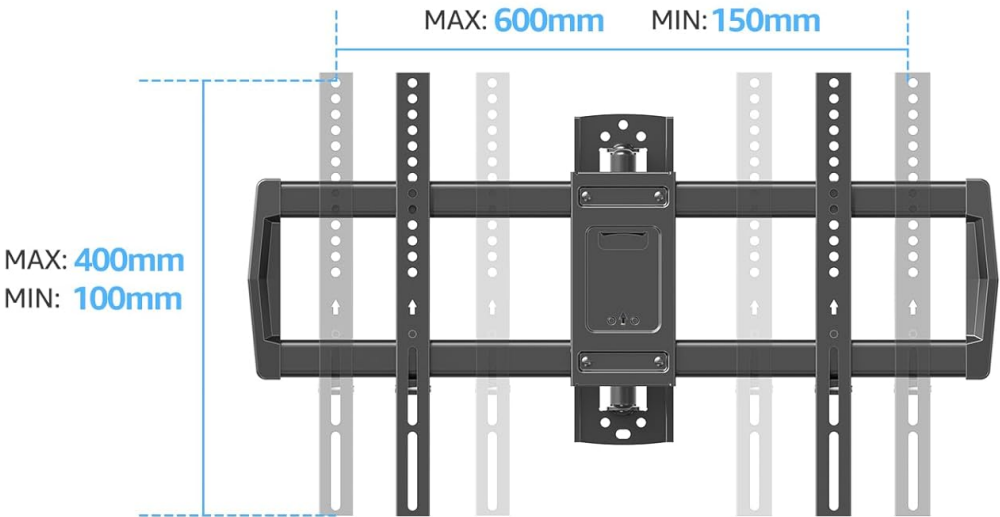
Single Wood Studs

5. INSTALLATION INSTRUCTIONS

5.1 Pre-Installation Checks

1. **Verify TV Compatibility:** Check your TV's size, weight, and VESA mounting pattern. The VESA pattern refers to the four mounting holes on the back of your TV.

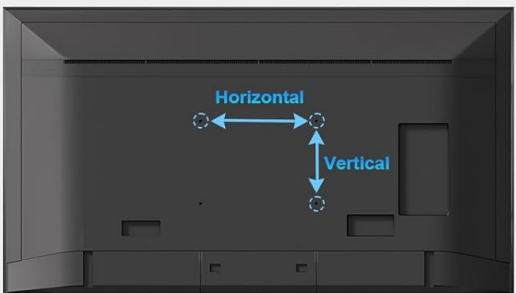
Available VESA Patterns



MAX: 600mm MIN: 150mm

MAX: 400mm MIN: 100mm

TV Mounting Holes



Horizontal

Vertical

VESA=Horizontal×Vertical

150×100mm | 200×100mm | 200×200mm
200×300mm | 200×400mm | 300×200mm
300×300mm | 300×400mm | 400×200mm
400×300mm | 400×400mm | 600×400mm

❌ 100×100mm ❌

Image: Available VESA Patterns and TV Mounting Holes

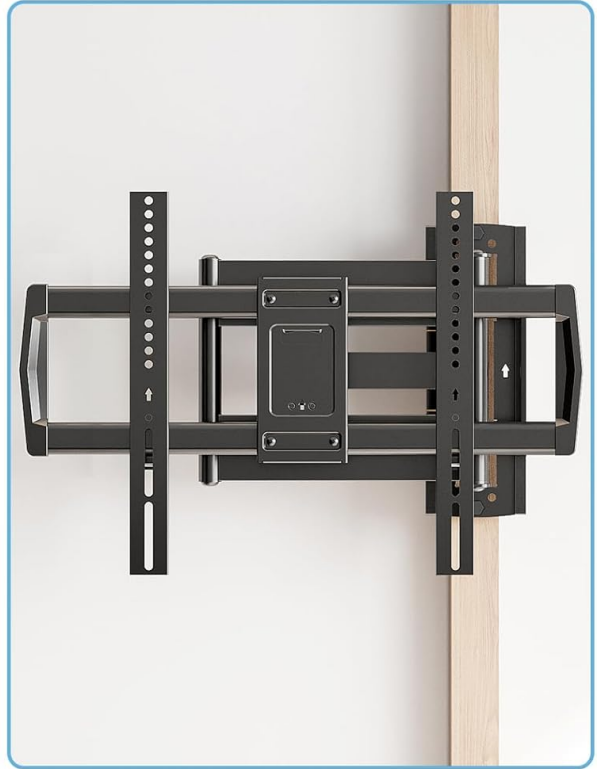
2. **Identify Wall Type:** Determine if your wall is solid concrete/brick or a single wood stud.

Diverse Wall Compatibility

⚠ Do Not Mount on Drywall Alone!



Concrete/Brick Wall



Single Wood Stud

Image: Diverse Wall Compatibility

3. **Check TV Ports:** Ensure the mount will not block any necessary ports on your TV.



Image: Ensure Mount Won't Block Ports

5.2 Step-by-Step Installation

The installation process involves three main steps:

1. **Mount Brackets to TV:** Attach the TV brackets to the back of your television using the appropriate screws, washers, and spacers from the hardware kit. Ensure they are securely fastened.
2. **Install Wall Plate:** Using the provided drilling template and bubble level, mark and drill pilot holes in your wall. Secure the wall plate assembly to the wall with the appropriate anchors and lag bolts.

3. **Hang TV onto Wall Plate:** Carefully lift your TV with the attached brackets and hook them onto the wall plate. Secure the TV to the wall plate using the safety screws or locking mechanisms.



Image: Easy & Quick 3-Step Installation Overview

6. OPERATING AND ADJUSTMENTS

6.1 Extension and Retraction

The mount allows your TV to extend up to 30 inches from the wall and retract to approximately 3 inches, providing flexibility for various viewing positions and saving space when not in use.

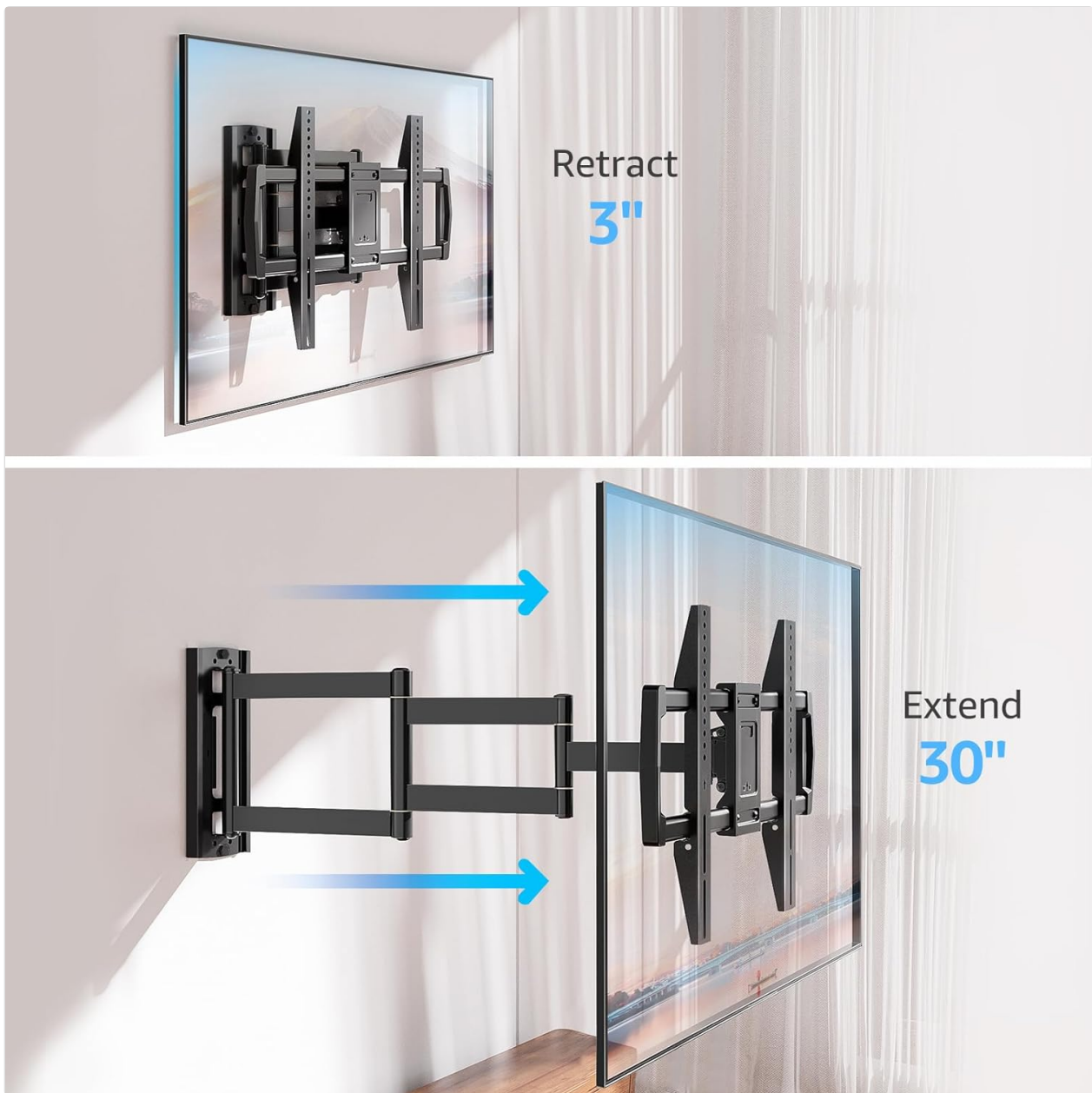


Image: Mount Extension and Retraction

6.2 Swivel Adjustment

The articulating arm allows for a smooth $\pm 90^\circ$ swivel, enabling you to adjust the TV's angle to suit different viewing areas within a room, including corner mounting scenarios.

Wide Swivel Range

Swivel $\pm 90^\circ$

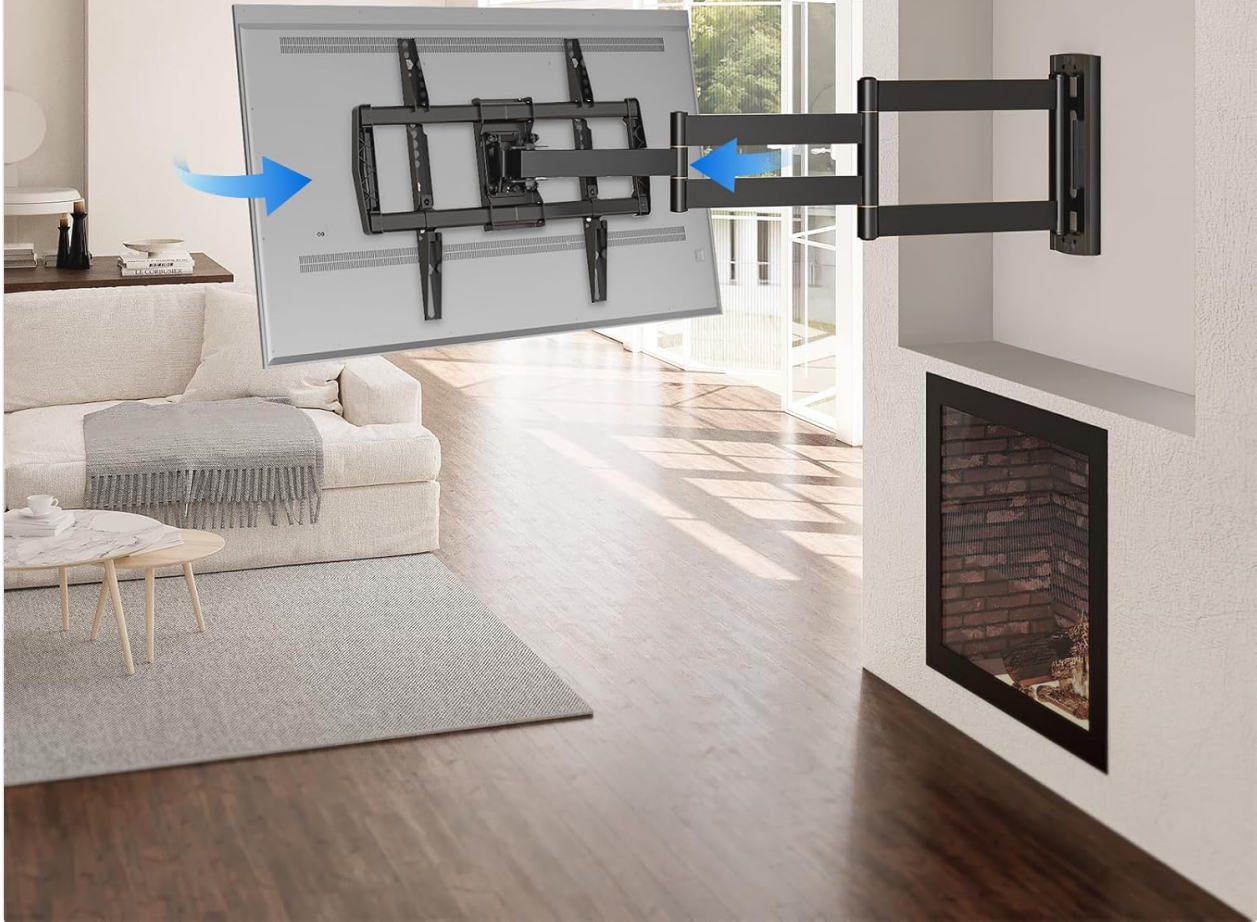


Image: Wide Swivel Range for Corner Mounting

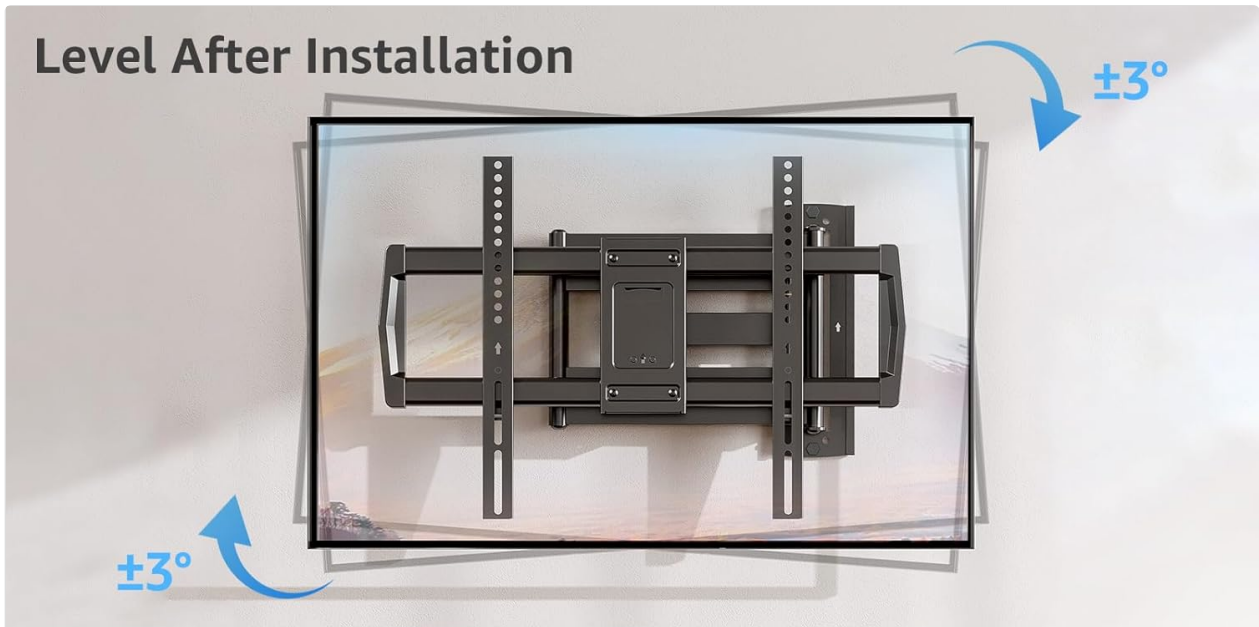
6.3 Tilt Adjustment

Adjust the TV's vertical angle with a $+5^\circ$ - 10° tilt range. This feature helps reduce glare from lights or windows and provides a comfortable viewing angle.

6.4 Leveling Adjustment

After installation, you can make minor horizontal adjustments of $\pm 3^\circ$ to ensure the TV is perfectly level.

Level After Installation



Tilt to Reduce Glare

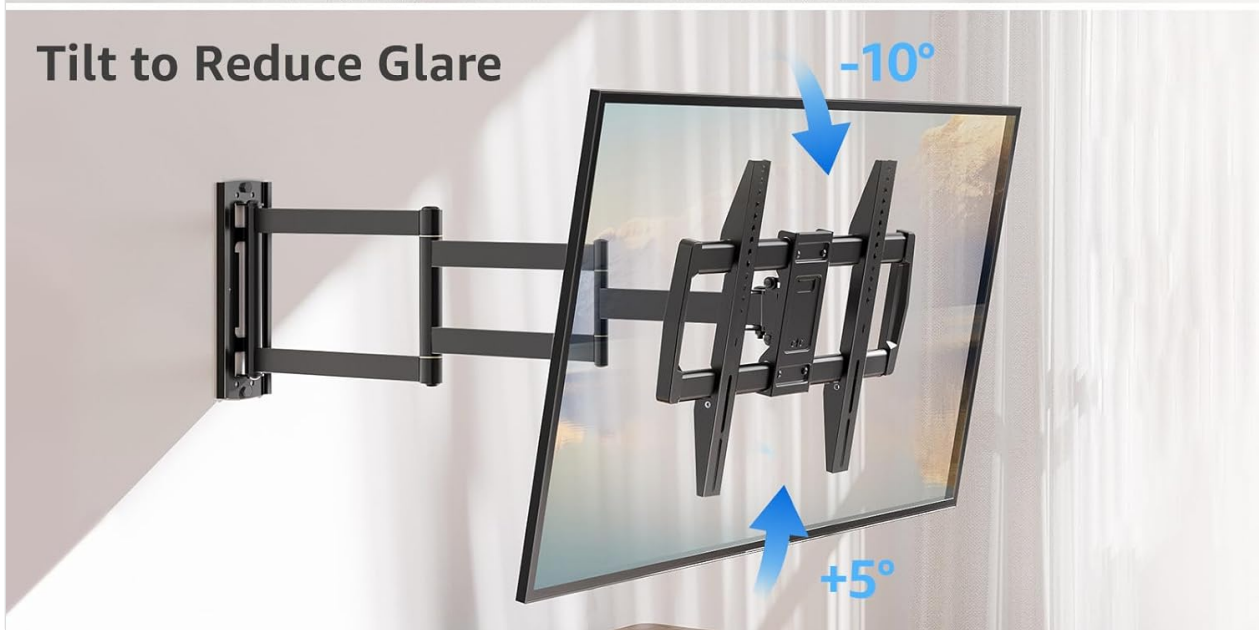


Image: Level and Tilt Adjustments

7. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your TV wall mount.

- **Cleaning:** Wipe the mount with a soft, dry cloth. Avoid abrasive cleaners or solvents that could damage the finish.
- **Fastener Check:** Periodically check all screws and bolts to ensure they remain tight and secure. Re-tighten if necessary.
- **Movement Check:** Test the mount's full range of motion (extension, retraction, swivel, tilt) occasionally to ensure smooth operation.

8. TROUBLESHOOTING

If you encounter issues during or after installation, refer to the following common problems and solutions:

- **TV is not level:** Use the $\pm 3^\circ$ post-installation leveling feature to adjust the TV's horizontal position.
- **Mount feels loose:** Re-check all wall and TV fasteners to ensure they are securely tightened. Do not

overtighten.

- **Difficulty moving the arm:** The mount's joints may be stiff initially. Apply gentle force. If persistent, ensure no cables are snagged.
- **TV not fitting VESA pattern:** Double-check your TV's VESA pattern against the mount's specifications (150x100mm to 600x400mm). If incompatible, the mount cannot be used.

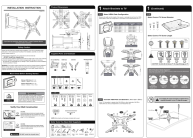




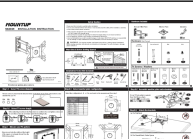
9. WARRANTY AND SUPPORT

MOUNTUP is dedicated to providing quality products and customer satisfaction. While specific warranty details are not provided in this document, MOUNTUP offers comprehensive support.

If you have any questions, require assistance with installation, or need to report a missing/damaged part, please contact MOUNTUP customer service. Experts are available 7 days a week to provide support and advanced technology solutions.

For more information or to contact support, please visit the official MOUNTUP store or website.

Related Documents - MU0057-L

	MOUNTUP MU0057 Full Motion TV Wall Mount Installation Guide Comprehensive installation guide for the MOUNTUP MU0057 full motion TV wall mount. Covers attachment to wood studs and concrete, VESA compatibility, safety, and adjustments for TVs up to 77 lbs.
	MOUNTUP MU0014 TV Wall Mount Installation Guide Detailed installation instructions for the MOUNTUP MU0014 TV Wall Mount, covering safety, hardware, VESA compatibility, wall mounting (wood stud and concrete), and adjustments for full-motion tilting and leveling.
	MOUNTUP YZ2214_WG1.0 TV Wall Mount Installation Instructions Comprehensive installation guide for the MOUNTUP YZ2214_WG1.0 TV wall mount, covering safety precautions, parts list, and step-by-step assembly for wood stud and concrete walls. Includes details on VESA plate attachment, wall plate installation, TV mounting, and adjustment procedures.
	MOUNTUP YZ2206_WG1.0 TV Wall Mount Installation Guide Comprehensive installation instructions for the MOUNTUP YZ2206_WG1.0 TV wall mount, covering setup for wood stud and concrete walls, bracket attachment, and final adjustments for optimal viewing.
	MOUNTUP Full Motion TV Wall Mount Installation Guide - Model YYZZ02 WG1.0 Comprehensive installation instructions for the MOUNTUP Full Motion TV Wall Mount (Model YYZZ02 WG1.0). This guide provides detailed steps for safe mounting on wood studs or concrete walls, including parts lists, diagrams, and adjustment procedures.
	MOUNTUP MU0029 TV Wall Mount Installation Guide Comprehensive installation instructions for the MOUNTUP MU0029 TV wall mount, covering VESA compatibility, wall plate mounting (wood stud and concrete), and final adjustments for flat-screen TVs from 14 to 40 inches.

