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> Seed Prebiotic & Probiotic Bundle for Adults and Kids - DS-01 Daily Synbiotic for Women & Men and PDS-08 Pediatric Daily Synbiotic - Digestive Health, Gut Health, Immune Support - 2-Piece Bundle

## Seed DS-01 Daily Synbiotic, PDS-08 Pediatric Daily Synbiotic

# Seed Prebiotic & Probiotic Bundle User Manual

**Brand:** Seed

**Models:** DS-01 Daily Synbiotic, PDS-08 Pediatric Daily Synbiotic

## PRODUCT OVERVIEW

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The Seed Prebiotic & Probiotic Bundle offers a comprehensive approach to gut health for both adults and children. This 2-piece bundle includes the DS-01 Daily Synbiotic for adults and the PDS-08 Pediatric Daily Synbiotic for children aged 3-17.

The **DS-01 Daily Synbiotic** is a clinically validated, broad-spectrum 2-in-1 probiotic and prebiotic. It features 24 probiotic strains and a novel class of non-fermenting prebiotics, formulated to support digestive health, gut barrier integrity, immune health, skin health, heart health, and micronutrient synthesis.

The **PDS-08 Pediatric Daily Synbiotic** is a clinically studied 2-in-1 powdered synbiotic, specifically formulated for ages 3-17. It contains 9 probiotic strains and a fiber-based prebiotic. PDS-08 supports digestive, gut immune, dermatological, and respiratory health, and has been shown to support healthy regularity.



Image: The Seed Probiotic & Prebiotic Bundle, featuring the DS-01 Daily Synbiotic for adults and the PDS-08 Pediatric Daily Synbiotic for children.

## DS-01 DAILY SYNBIOTIC: ADULTS' FORMULA

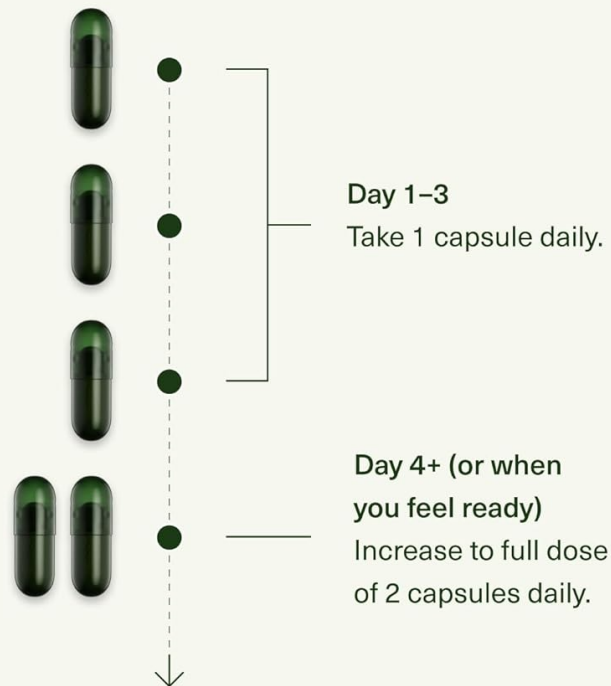
The DS-01 Daily Synbiotic is designed for adults, providing 53.6 Billion AFU (Active Fluorescent Units) of beneficial bacteria. It comes in a convenient capsule form.

### Usage Instructions

If it's your first time taking DS-01, or if it has been more than a week since your last dose, take 1 capsule daily for three days before moving on to 2 capsules daily. You may notice mild gastrointestinal discomfort or changes in digestion during the initial adjustment period. Any discomfort typically resolves within 1-2 weeks as your body adapts.

# Adjusting to DS-01

DS-01 delivers live bacteria to your colon, and this process may cause mild digestive changes like tightness, nausea, or stool changes. These temporary symptoms should resolve within 1-2 weeks as your body adapts.



Questions about adjusting to DS-01? Reach out to Seed directly, we're here to help.

Image: A visual guide for adjusting to DS-01, recommending 1 capsule daily for the first 3 days, then increasing to 2 capsules daily.

## Supplement Facts

The DS-01 Daily Synbiotic contains a blend of probiotic strains targeting digestive health, micronutrient synthesis, dermatological health, and cardiovascular health, along with MAPP Microbiota-Accessible Polyphenolic Precursors™ from Indian pomegranate. It is vegan, free from preservatives, binders, dairy, gluten, and nuts.

## Supplement Facts

Serving Size 2 Capsules

**Amount Per Serving** 53.6 Billion AFU\*

**Digestive Health Probiotic Blend°** 206mg/37.0 Billion AFU\*

*B. longum* SD-BB536-JP, *B. breve* SD-BR3-IT, *L. plantarum* SD-LP1-IT, *L. rhamnosus* SD-LR6-IT, *L. rhamnosus* HRVD113-US, *B. infantis* SD-M63-JP, *B. lactis* SD-BS5-IT, *B. lactis* HRVD524-US, *L. crispatus* SD-LCR01-IT, *L. casei* HRVD300-US, *B. breve* HRVD521-US, *B. longum* HRVD90b-US, *B. lactis* SD-150-BE, *L. fermentum* SD-LF8-IT, *L. rhamnosus* SD-GG-BE, *L. reuteri* SD-RD830-FR

**Micronutrient Synthesis Probiotic Blend°** 46mg/8.05 Billion AFU\*

*B. adolescentis* SD-BA5-IT, *L. reuteri* SD-LRE2-IT

**Dermatological Health Probiotic Blend°** 37mg/3.3 Billion AFU\*

*L. salivarius* SD-LS1-IT, *B. lactis* SD-CECT8145-SP, *B. longum* SD-CECT7347-SP, *L. casei* SD-CECT9104-SP

**Cardiovascular Health Probiotic Blend°** 18mg/5.25 Billion AFU\*

*L. plantarum* SD-LPLDL-UK, *B. lactis* SD-MB2409-IT

**MAPP Microbiota-Accessible Polyphenolic Precursors™** 400mg\*

Indian pomegranate [fruit] (>40% polyphenolic bioactives)

\*Daily Value not established.

**Other Ingredients:** Acid-Resistant Vegan Outer [Chlorophyllin] and Inner [Hydro-mellose, Water] Capsules, Organic Rice Fiber, Organic Rice Extract Blend.

If you are attempting to become, or are pregnant or nursing, consult your healthcare provider before use. Keep out of reach of children. Do not use if seal is broken.

Developed by Seed Health, California 90291  
seed.com

For Optimal Use: Take two capsules at once, daily. No refrigeration necessary.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated with  
53.6 Billion AFU



Vegan



No Preservatives



No Binders



Dairy-Tested



Gluten-Tested



Nut-Tested

Image: Detailed Supplement Facts for DS-01 Daily Synbiotic, showing active ingredients and dietary information.

## PDS-08 PEDIATRIC DAILY SYNBIOTIC: KIDS' FORMULA

The PDS-08 Pediatric Daily Synbiotic is a powdered synbiotic formulated for children aged 3-17, providing 20.0 Billion AFU. It is designed to be easily mixed into food or drink.

### Usage Instructions

PDS-08 is unflavored and formulated to blend tracelessly into food, yogurt, water, or purees. Simply pour into food or drink, mix well, and serve. Mealtime may be easiest as it's optimal to consume PDS-08 with food. Enjoy within 30 minutes. Do not mix with hot food or drink.

# Designed With How-Do-I-Get-My-Kid- to-Take-This-Daily in Mind

- 01 Open a PDS-08 sachet
- 02 Pour into food or drink. *Not hot, please.*
- 03 Mix well.  
Food—stir until fully mixed in.  
Drink—thoroughly shake in a closed bottle.
- 04 Enjoy within 30 minutes.  
*Yes this means all of it!*
- 05 Repeat daily.



Image: Step-by-step guide on how to prepare PDS-08 Pediatric Daily Synbiotic by mixing it into food.

## Supplement Facts

The PDS-08 Pediatric Daily Synbiotic contains probiotic strains for gastrointestinal immunity, respiratory health, and dermatological health, along with a prebiotic from chicory root. It is also vegan, and free from preservatives, binders, dairy, gluten, and nuts.

## Supplement Facts

Serving Size 1 Sachet  
(6.30g powder) Per Day

Amount Per Serving		%DV for Children 3 Yrs	%DV for Children 4 Yrs & Up
Calories	15		
Total Carbohydrate	6g	4%*	2% †
Dietary Fiber	5g	33%*	18% †
Total Sugars	<1g	•	•
Includes 0g Added Sugars			

### Probiotic Strains

**Gastrointestinal Immunity / Health Probiotic Blend°** 168mg/19.5 Billion AFU\*  
*L. rhamnosus* SD-GG-IT, *L. acidophilus* SD-NCFM-US, *B. lactis* SD-BI07-US, *B. breve* SD-BR3-IT

**Respiratory Health Probiotic Blend°** 30mg/3.5 Billion AFU\*  
*B. breve* SD-B632-IT, *L. salivarius* SD-LS01-IT

**Dermatological Health Probiotic Blend°** 15mg/1.5 Billion AFU\*  
*B. lactis* SD-CECT8145-SP, *B. longum* SD-CECT7347-SP, *L. casei* SD-CECT9104-SP

**Total Probiotic Enumeration** 24.5 Billion AFU\*

**MAOS Microbiota-Accessible Oligomeric Substrates™ Prebiotic** 6.09g\*  
Molecular weight profiled inulin and fructooligosaccharides from chicory (*Cichorium intybus*) root.

\* Percent Daily Value (%DV) is based on a 1,000 calorie diet.

† Percent Daily Value (%DV) is based on a 2,000 calorie diet.

• Daily Value not established.

AFU = Active Fluorescent Units (viable probiotic cell count) via flow cytometry.

Probiotics remain active without refrigeration.

**Other Ingredients:** Glycerol fatty acid esters (for microencapsulation of certain probiotic strains).

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated with  
20.0 Billion AFU



Vegan



No Preservatives



No Binders



Dairy-Tested



Gluten-Tested



Nut-Tested

Image: Detailed Supplement Facts for PDS-08 Pediatric Daily Synbiotic, showing active ingredients and nutritional information.

## IMPORTANT INFORMATION

### Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## PRODUCT SPECIFICATIONS

<b>Brand</b>	Seed
<b>ASIN</b>	B0DMQL1J79
<b>Date First Available</b>	November 15, 2024
<b>Flavor</b>	Unflavoured

<b>Item Form</b>	Capsule (DS-01), Powder (PDS-08)
<b>Product Benefits</b>	Digestive Health Support

## **WARRANTY AND SUPPORT**

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Specific warranty and detailed support information for this product bundle is not provided in the available data. For any product-related inquiries, support, or warranty claims, please refer to the official Seed Health website or contact their customer service directly.