

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

> [OUKITEL](#) /

> [OUKITEL BT20 Smartwatch User Manual](#)

OUKITEL BT20

OUKITEL BT20 Smartwatch User Manual

The OUKITEL logo is displayed in a light blue rectangular box. The word "OUKITEL" is written in a bold, sans-serif font, with "OU" in orange and "KITEL" in blue.

INTRODUCTION

This manual provides essential information for the proper setup, operation, and maintenance of your OUKITEL BT20 Smartwatch. Please read this guide thoroughly before using the device to ensure optimal performance and longevity. The OUKITEL BT20 is a military-grade rugged smartwatch designed for durability and comprehensive health and fitness tracking.



The OUKITEL BT20 Smartwatch, built for rugged environments.

PACKAGE CONTENTS

Upon unboxing your OUKITEL BT20 Smartwatch, please verify that all items listed below are present:

- OUKITEL BT20 Smartwatch
- Charging Cable

- User Manual (this document)

Your browser does not support the video tag.

Unboxing and initial setup of a similar smartwatch, demonstrating typical package contents and first steps.

PRODUCT OVERVIEW

The OUKITEL BT20 features a robust design with a 1.96-inch AMOLED display. It includes physical buttons for power and navigation, along with sensors on the rear for health monitoring.

Physical Features

- **Display:** 1.96-inch AMOLED screen with 410x502 resolution.
- **Buttons:** Dedicated buttons for power, sport mode, and menu navigation.
- **Sensors:** Optical sensors for heart rate, blood oxygen, and blood pressure monitoring.
- **Durability:** Military-grade construction, 5ATM waterproof rating, dustproof, and drop-resistant.

15 Giorni
Lunga Batteria Durata

350mAh Grande Capacità Batteria & Magnetico Ricarica

15 Giorni Stand-by

10 Giorni Giornaliero Utilizzo

7 Giorni Pesante Utilizzo

350 mAh

POWER

SPORT

The advertisement features a large, detailed image of the OUKITEL BT20 smartwatch. The watch has a black, rugged case with a 1.96-inch AMOLED display showing a green lightning bolt icon and '350 mAh'. The watch is shown from a side-rear perspective, highlighting its physical buttons labeled 'POWER' and 'SPORT'. The background is a scenic mountain landscape with hikers, suggesting outdoor durability. Three orange icons on the left represent different usage scenarios: a power button for 15 days stand-by, a clock for 10 days daily use, and a 24-hour cycle for 7 days of heavy use.

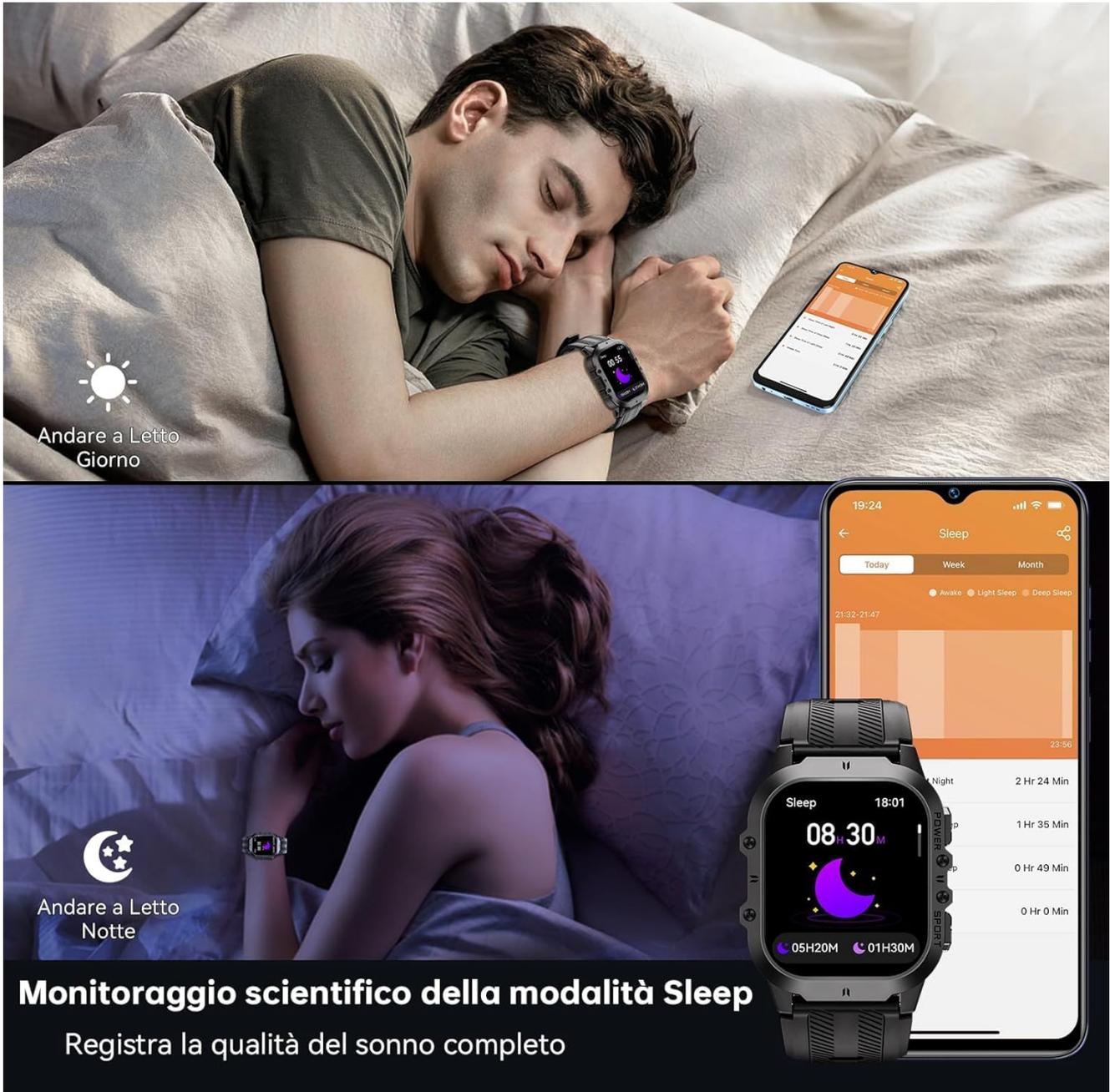
The 1.96-inch AMOLED display of the OUKITEL BT20 Smartwatch.

SETUP

1. Charging the Smartwatch

Before initial use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included).

- **Charging Time:** Approximately 2.5 hours for a full charge.
- **Battery Life:** Up to 15 days in standby, 10 days with daily use, and 7 days with heavy use.



The image is a composite of two scenes. The top scene shows a man sleeping in a bed during the day, with a smartphone on the bed displaying a sleep tracking app interface. A sun icon and the text 'Andare a Letto Giorno' are overlaid. The bottom scene shows a woman sleeping in a bed at night, with a smartwatch on her wrist and a smartphone displaying a detailed sleep tracking app interface. A moon and stars icon and the text 'Andare a Letto Notte' are overlaid. The smartwatch screen shows 'Sleep 18:01', '08:30M', and '05H20M 01H30M'. The smartphone screen shows 'Sleep' with tabs for 'Today', 'Week', and 'Month', and a bar chart showing sleep stages: 'Awake', 'Light Sleep', and 'Deep Sleep'. A table below the chart shows sleep duration for different stages: 'Night' (2 Hr 24 Min), 'Light Sleep' (1 Hr 35 Min), 'Deep Sleep' (0 Hr 49 Min), and 'Awake' (0 Hr 0 Min).

Monitoraggio scientifico della modalità Sleep
Registra la qualità del sonno completo

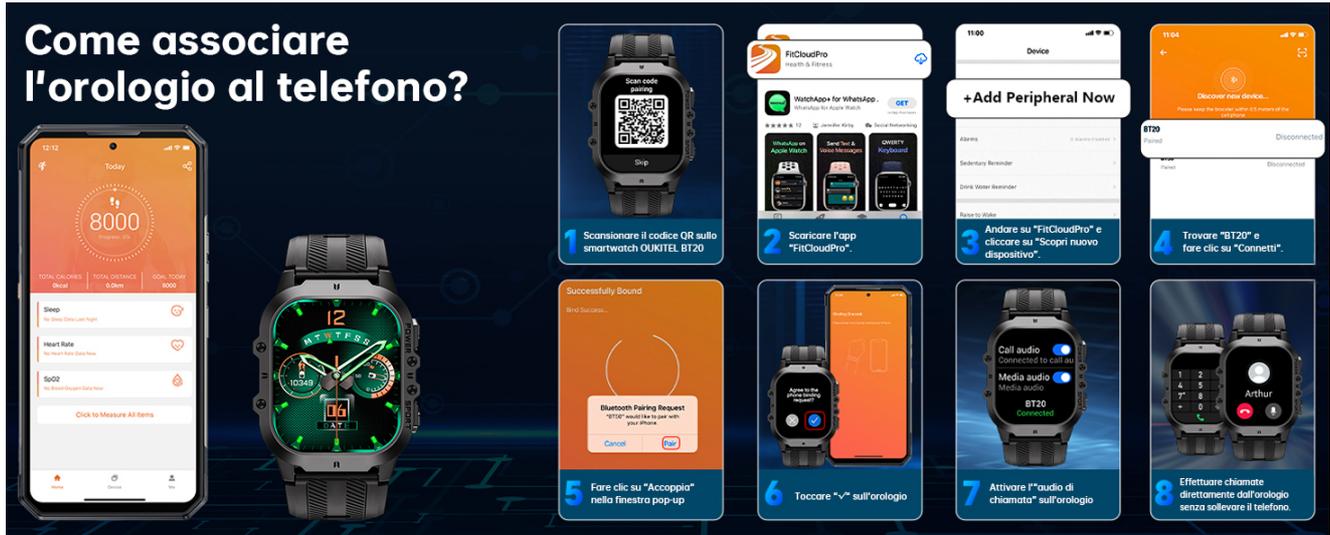
The OUKITEL BT20 Smartwatch displaying its battery capacity and usage estimates.

2. App Installation and Pairing

To unlock the full potential of your OUKITEL BT20 Smartwatch, you need to install the companion app on your smartphone.

1. **Download the App:** Scan the QR code displayed on the smartwatch screen or in the manual to download the 'FitCloudPro' app from your smartphone's app store (iOS/Android). You can also visit <http://fitcloud.hatangsmart.com/qrcode/>.

2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Pairing:** Open the 'FitCloudPro' app, navigate to the device section, and search for 'BT20' to pair. Follow the on-screen prompts to complete the connection.



Steps for installing the companion app and pairing your smartwatch.

OPERATING INSTRUCTIONS

Basic Navigation

- **Swipe Up/Down:** Scroll through notifications and quick settings.
- **Swipe Left/Right:** Access different widgets and main functions (e.g., activity, heart rate, weather).
- **Press Power Button:** Wake/sleep screen, return to home screen.
- **Press Sport Button:** Quickly access sport modes.

Bluetooth Calling

The OUKITEL BT20 supports Bluetooth 5.2 for stable call functionality.

- **Making Calls:** Use the dial pad on the watch or access synced contacts to make calls directly from your wrist.
- **Receiving Calls:** Answer or reject incoming calls directly on the smartwatch.
- **Notifications:** Receive instant messages from various apps (SMS, WhatsApp, Facebook, Instagram, etc.).

24H Salute Monitoraggio

Battito Cardiaco



Pressione Arteriosa



Il Sangue Ossigeno



Bluetooth calling feature on the OUKITEL BT20 Smartwatch.

Health Monitoring

The smartwatch continuously monitors key health metrics.

- **Heart Rate:** 24-hour continuous heart rate tracking.
- **Blood Oxygen (SpO2):** Monitor your blood oxygen levels.
- **Blood Pressure:** Track your blood pressure.
- **Sleep Tracking:** Records sleep status and quality during the night.

50 Metri Impermeabile e per il nuoto

Fino a 50 metri di profondità, godere di più attività acquatiche come il nuoto, il surf e così via

A person is shown swimming underwater, with their arms extended forward. They are wearing a smartwatch on their left wrist. The watch face is visible, showing a heart rate of 160 bpm and a battery level of 100%. The background is a clear blue underwater scene with bubbles and light rays.

5ATM

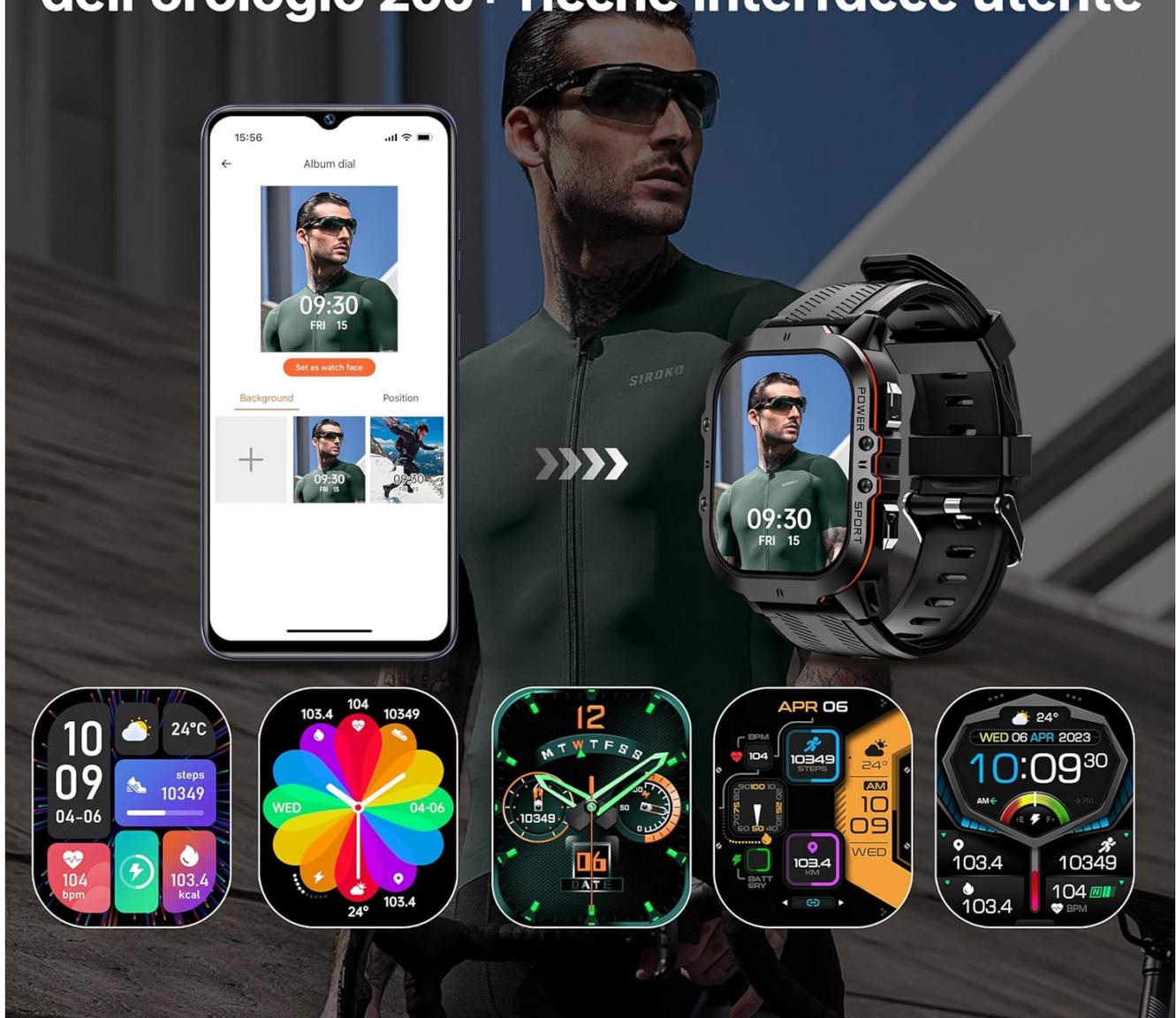
Health monitoring features including heart rate, blood pressure, and blood oxygen.

Sports Modes

With over 120 sports modes, the BT20 is suitable for a wide range of activities.

- **Activity Tracking:** Automatically records daily activity data including steps, calories, and distance.
- **GPS Tracking:** Utilizes your mobile phone's GPS for specific movement tracks, viewable in the app.
- **Supported Modes:** Includes mountaineering, skiing, running, hiking, cycling, and more.

Design personalizzato del quadrante dell'orologio 200+ ricche interfacce utente



The OUKITEL BT20 Smartwatch tracking a cycling activity.

Other Functions

The smartwatch offers several convenient features:

- **Camera Remote:** Control your smartphone camera remotely.
- **Weather Updates:** Get real-time weather information.
- **Alarm Function:** Set alarms directly from your wrist.
- **Hydration Reminder:** Receive reminders to drink water.
- **Sedentary Reminder:** Get alerts when you've been inactive for too long.
- **Flashlight:** A built-in flashlight for convenience.

Your browser does not support the video tag.

Demonstration of various smartwatch features including flashlight, battery life, sports modes, and Bluetooth calling.

MAINTENANCE AND CARE

To ensure the longevity and optimal performance of your OUKITEL BT20 Smartwatch, follow these care guidelines:

- **Cleaning:** Wipe the watch and strap regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and dry thoroughly.
- **Water Resistance:** The watch is 5ATM waterproof, suitable for swimming and shallow water activities. *Do not use for deep diving or hot baths.*
- **Temperature:** Avoid exposing the watch to extreme temperatures (below -40°C or very high heat) for prolonged periods.
- **Impact:** While rugged, avoid unnecessary drops or impacts to prevent damage.
- **Charging:** Use only the provided charging cable. Ensure charging contacts are clean and dry before charging.



The OUKITEL BT20 Smartwatch is 5ATM waterproof, suitable for swimming.

TROUBLESHOOTING

If you encounter issues with your smartwatch, refer to the following common solutions:

Problem	Possible Solution
---------	-------------------

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Press and hold the power button for several seconds.
Cannot pair with phone	Ensure Bluetooth is enabled on your phone. Restart both the watch and phone. Make sure the 'FitCloudPro' app is updated.
Inaccurate health data	Ensure the watch is worn snugly on your wrist. Clean the sensor on the back of the watch. Avoid excessive movement during measurements.
Notifications not received	Check app settings to ensure notifications are enabled for desired apps. Verify Bluetooth connection is stable.
Short battery life	Reduce screen brightness, disable continuous heart rate monitoring, or limit frequent notifications.

SPECIFICATIONS

Feature	Detail
Model	BT20
Display	1.96-inch AMOLED, 410 x 502 resolution
Battery Capacity	350 mAh Lithium Metal
Charging Time	Approx. 2.5 hours
Battery Life (Typical)	Up to 10 days
Connectivity	Bluetooth 5.2
Water Resistance	5ATM
Memory	128 MB
Operating System	Android Wear 2.9 (compatible with iOS/Android)
Weight	140 g

WARRANTY AND SUPPORT

OUKITEL products are designed for durability and performance. For warranty information and customer support, please refer to the official OUKITEL website or contact your retailer. Keep your purchase receipt as proof of purchase for warranty claims.

- **Warranty:** Typically includes a manufacturer's warranty against defects.
- **Support:** Online resources, FAQs, and customer service contact information are usually available on the brand's official channels.

