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PureMate PM605

PureMate Rechargeable EMS & TENS Foot Circulation Massager

USER MANUAL

Important Safety Information

Please read all safety warnings and instructions carefully before using this device.

- Do not use if you have a pacemaker.
- Consult your doctor before use if you are: Pregnant, Have sensitive skin, Have heart disease or abnormal blood pressure, Have cancer or DVT, Have metal implants.
- Do not use for more than 60 minutes at a time.
- Not recommended for people with heart conditions, metal implants, pregnant individuals, those with hypertension, children, or individuals with open wounds.



The Gift of Health & Relaxation



Not Recommend For People



Heart Patients



People with Metal Implants



Pregnant Person



People With Hypertension



Kids



People With Wounds

Figure 1: Individuals for whom the PureMate Foot Circulation Massager is not recommended.

This image illustrates specific health conditions and situations where the use of the PureMate Foot Circulation Massager is not advised. Always consult a healthcare professional if you have any concerns.

Product Overview

The PureMate Rechargeable EMS & TENS Foot Circulation Massager is designed to provide comprehensive relief and improve circulation using advanced Electrical Muscle Stimulation (EMS) and Transcutaneous Electrical Nerve Stimulation (TENS) technologies. It features a user-friendly design with a remote control and a large LCD screen for easy operation.



Figure 2: The PureMate Foot Circulation Massager main unit.

This image displays the primary components of the massager, including the foot pads where you place your feet and the integrated control panel for adjusting settings.

Key Features:

- **Advanced EMS & TENS Technology:** Targets muscle pain, improves circulation, and soothes tired feet.
- **Customisable Massage Experience:** Offers 99 intensity levels and 50 unique modes.
- **Full Body Relief:** Includes additional electrode pads for use on the neck, back, joints, and shoulders.
- **Medically Approved:** Promotes blood flow, reduces swelling, and can assist in healing ulcers, particularly beneficial for diabetic patients.
- **Rechargeable & Portable Design:** Equipped with a remote control and large LCD screen for convenience.

Transcutaneous Electrical Nerve Stimulator

EMS + TENS

Medically Certified

60 Minute Timer

50 Modes

99 intensity Levels

Wireless Remote Control

Body pain Treatment

Rechargeable

Please Note: Electronic pulses are not produced when the item is plugged in to charge.

Figure 3: User demonstrating the PureMate Foot Circulation Massager in use, highlighting key features.

This image shows the device in use, emphasizing its portability and the various features such as customizable settings and remote control operation.

Setup

1. **Unpack the Device:** Carefully remove the massager, remote control, and electrode pads from the packaging.
2. **Charge the Device:** Before first use, ensure the device is fully charged. Connect the charging cable to the massager and a suitable power source. The LCD screen will indicate charging status.
3. **Insert Remote Control Batteries:** Open the battery compartment on the remote control and insert the required batteries (usually AAA, check packaging for specifics).
4. **Placement:** Place the massager on a flat, stable surface, such as the floor, where you can comfortably sit and place your feet on the foot pads.

Operating Instructions

Using the Foot Massager:

1. **Power On:** Press the power button on the main unit or the remote control to turn on the device.
2. **Position Your Feet:** Sit comfortably and place your bare feet on the designated foot pads of the massager. Ensure full contact for optimal performance.
3. **Select Mode:** Use the 'Mode' button on the remote control or main unit to cycle through the 50 available massage modes. Each mode offers a different pulse pattern.
4. **Adjust Intensity:** Use the '+' and '-' buttons to adjust the intensity level from 1 to 99. Start with a low intensity and gradually increase until you find a comfortable and effective level.
5. **Set Timer:** The device typically has a built-in timer. Adjust the session duration as desired, up to 60 minutes.
6. **Relax and Enjoy:** Allow the EMS and TENS pulses to stimulate your feet and lower legs.

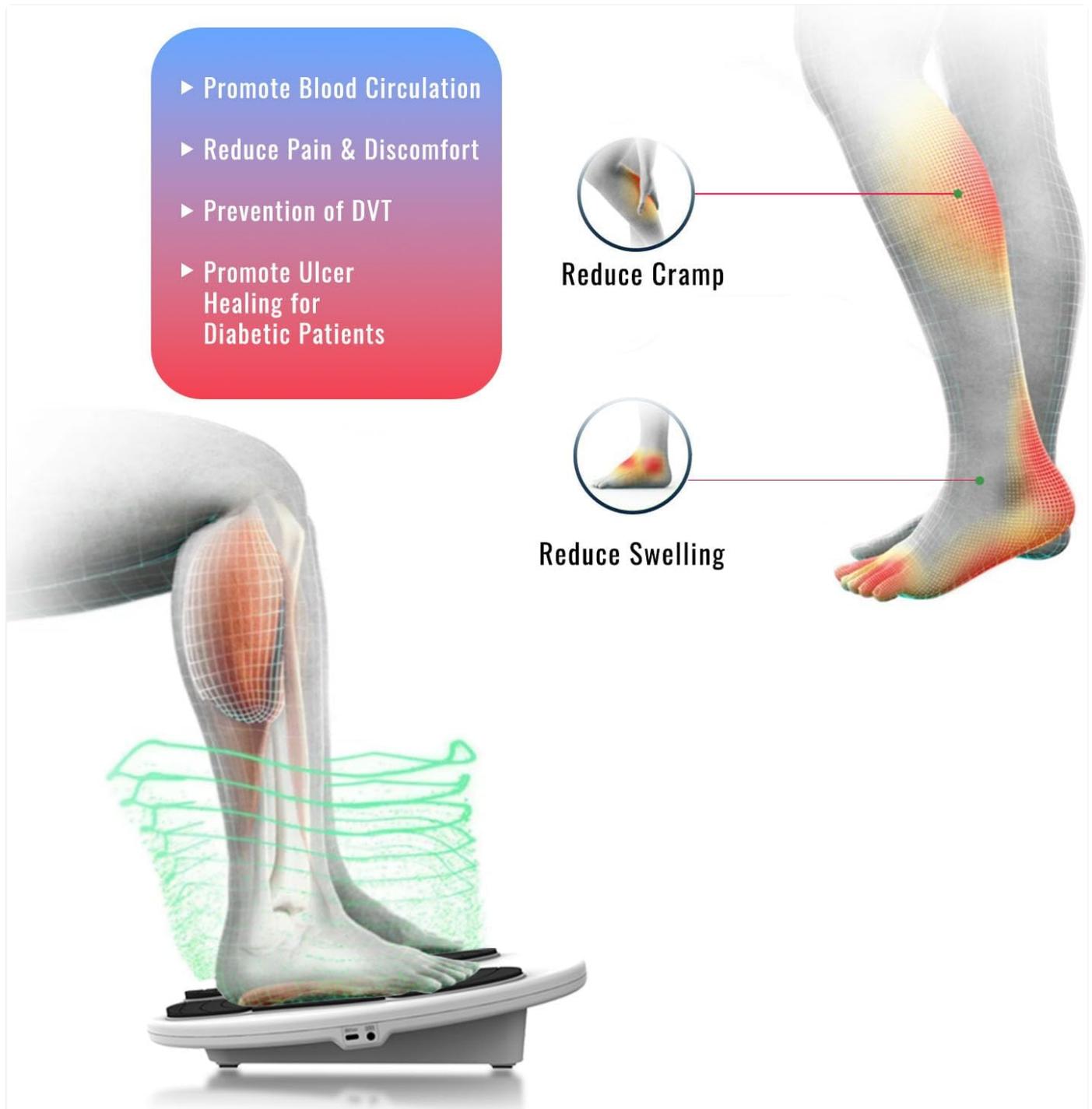


Figure 4: Benefits of using the PureMate Foot Circulation Massager.

This image highlights the therapeutic benefits of the massager, such as improved blood flow, reduced cramping, and decreased swelling,

which contribute to overall leg and foot health.

Using the Electrode Pads for Full Body Relief:

The massager comes with additional electrode pads for targeted relief on other body parts.

1. **Connect Pads:** Plug the electrode pad cables into the designated ports on the main unit.
2. **Apply Pads:** Place the self-adhesive electrode pads directly onto clean, dry skin in areas such as the neck, shoulders, back, arms, legs, or joints.
3. **Adjust Intensity:** Use the dedicated '+' and '-' buttons for body pulse intensity on the remote control to adjust the stimulation level for the pads.
4. **Simultaneous Use:** You can use the foot massager and electrode pads simultaneously, adjusting their intensities independently.

FOOT AND BODY MASSAGE

WITH THE ELECTRODE PADS INCLUDED



NECK & SHOULDER



BACK



ARM & LEG



JOINTS



Figure 5: Application of electrode pads for full body massage.

This image demonstrates the versatility of the device, showing how the included electrode pads can be used to target various muscle groups and joints for pain relief.

RELIEVE FATIGUE THROUGHOUT THE DAY



Figure 6: The PureMate Foot Circulation Massager can be used in various settings, including home and office.

This image illustrates the convenience and portability of the massager, allowing users to relieve fatigue and improve circulation whether at home or in a professional office environment.

Maintenance

- **Cleaning:** Wipe the main unit and foot pads with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Electrode Pads:** After each use, reattach the electrode pads to their protective film to maintain adhesiveness and prolong their lifespan. Replace pads when they lose their stickiness.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures.

Troubleshooting

Problem	Possible Cause	Solution
Device does not power on.	Battery is low or depleted.	Charge the device fully.
No sensation or weak sensation from foot pads.	Feet not making proper contact; Intensity level too low; Device is charging.	Ensure bare feet are fully on pads. Increase intensity. Note: Electronic pulses are not produced when the item is plugged in to charge. Unplug before use.
No sensation or weak sensation from electrode pads.	Pads not adhering well; Pads are worn out; Intensity level too low.	Ensure skin is clean and dry before applying pads. Replace old pads. Increase intensity for body pads.
Remote control not working.	Batteries are dead or incorrectly inserted.	Replace batteries, ensuring correct polarity.
Device beeps with every button press.	This is a normal operational sound.	The beep sound cannot be turned off.

Specifications

Feature	Detail
Brand	PureMate
Model Number	PM605
Product Dimensions	45L x 42W x 17H centimetres
Weight	1.95 kg
Power Source	Corded Electric (Rechargeable)
Colour	Silver
Massager Form	Foot Massager Machine
Intensity Levels	99
Modes	50
Water Resistance Level	Not Water Resistant

Warranty and Support

Specific warranty details for the PureMate Rechargeable EMS & TENS Foot Circulation Massager are not provided in this manual. For information regarding warranty coverage, product support, or to purchase replacement parts (such as electrode pads), please contact PureMate customer service directly.

You can typically find contact information on the product packaging, the PureMate official website, or through the retailer where you purchased the device.

