AG1 Classic Formula Refill Pouch: 30 svgs

AG1 Greens Powder Refill Pouch: Daily Foundational Nutrition Manual

Model: Classic Formula Refill Pouch: 30 svgs

Brand: AG1

1. Product Overview

The AG1 Greens Powder Refill Pouch is a daily health supplement designed to provide comprehensive nutritional support. It combines a multivitamin, probiotic, and superfood blend into a single serving, aiming to simplify daily health routines. This product is suitable for various diets, including paleo, keto, low-carb, vegan, vegetarian, and intermittent fasting, with less than 1g of naturally occurring sugar. It is gluten-free, dairy-free, egg-free, peanut-free, lactose-free, and contains no artificial colors, flavors, sweeteners, or GMOs.

AG1 supports whole-body health by addressing nutrient gaps and providing benefits for gut health, digestive regularity, reduced bloating, increased energy, and immune defense. It is third-party certified by NSF International, ensuring rigorous testing for safety and absence of banned substances.



Image: AG1 daily health drink pouch.

2. Setup and Usage Instructions

To prepare your AG1 daily drink, follow these simple steps:

1. **Measure:** Take one level AG1 scoop (12g) of the powder.
2. **Mix:** Add the powder to 8 to 12 ounces of cold water.
3. **Shake:** Shake or stir thoroughly until the powder is fully dissolved.
4. **Enjoy:** Consume your AG1 drink. It is recommended to take it on an empty stomach or as advised by your healthcare professional.

The taste is described as refreshing with subtle sweet highlights of pineapple and vanilla.



Image: Visual guide on how to easily prepare AG1.

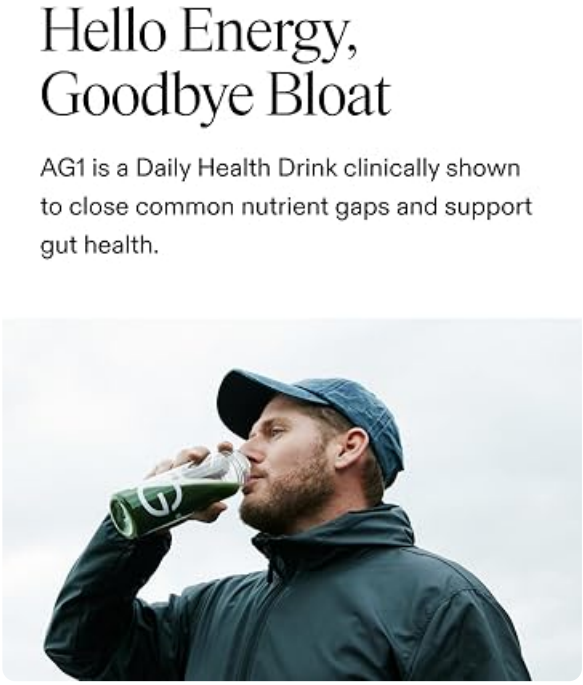


Image: Man drinking AG1 greens powder mixed drink.

3. Ingredients

AG1 contains a comprehensive blend of 75 high-quality vitamins, minerals, superfoods, prebiotics, and probiotics. Key components include:

- **Vitamins:** A (as beta-carotene), C (as ascorbic acid), E (as d-alpha tocopherol succinate), Thiamin (B1), Riboflavin (B2), Niacin, B6, Folate (as 5-MTHF), B12 (as methylcobalamin), Biotin (B7), Pantothenic acid, K2 (as menaquinone-7).
- **Minerals:** Calcium, Phosphorus, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Sodium, Potassium.
- **Alkaline, Nutrient-Dense Raw Superfood Complex (7388 mg):** Organic spirulina, lecithin, organic apple powder, inulin (FOS probiotics), organic wheat grass powder, organic alfalfa powder, organic chlorella powder, organic barley leaf powder, acerola fruit extract, broccoli flower powder, papaya fruit powder, pineapple fruit powder, bilberry fruit extract, beet root powder, rose hip fruit powder, carrot root powder, spinach leaf powder, cocoa bean polyphenol extract, grape seed extract, green tea extract, licorice root powder, lycium berry fruit extract, ginger rhizome powder, slippery elm bark powder, kelp whole plant powder.
- **Nutrient-Dense Extracts, Herbs & Antioxidants (2732 mg):** Alkaline pea protein isolate, citrus bioflavonoids extract, artichoke leaf extract, citric acid (anhydrous), rhodiola root dry extract, eleuthero root extract, rosemary leaf extract, milk thistle seed extract, R,S alpha-lipoic acid, ashwagandha root extract, dandelion whole plant dry concentrate, hawthorn berry extract, beta glucans, policosanol, co-enzyme Q10 (ubidecarenone), stevia leaf powder.
- **Digestive Enzyme & Super Mushroom Complex (154 mg):** Astragalus root powder extract, bromelain (dietary enzyme), burdock root powder, reishi mushroom powder, shiitake mushroom powder.
- **Dairy-Free Probiotic (7.2 billion CFU):** Lactobacillus acidophilus - UALa-01, Bifidobacterium bifidum - UABb-10.

AG1®

Supplement Facts

Serving Size: One Scoop (12g)
Servings Per Container: 30

	Amount per Serving	% DV
Calories	50	
Total Carbohydrate	6g	2%**
Dietary Fiber	2g	7%**
Total Sugars	< 1g	†
Protein	2g	
Vitamin A (as beta-carotene)	555mcg RAE	62%
Vitamin C (ascorbic acid)	420mg	467%
Vitamin E (as d-alpha tocopherol succinate)	83mg	553%
Thiamin (Vitamin B1) (as thiamine hydrochloride)	3mg	250%
Riboflavin (Vitamin B2)	2mg	154%
Niacin (as nicotinic acid, nicotinamide)	20mg NE	125%
Vitamin B6 (as pyridoxine hydrochloride)	3mg	176%
Folate (as 5-MTHF)	680mcg DFE	170%
Vitamin B12 (as methylcobalamin)	22mcg	917%
Biotin (Vitamin B7)	330mcg	1100%
Pantothenic acid (as calcium pantothenate)	4mg	80%
Calcium (as calcium citrate 300mg, calciumcarbonate, calcium phosphate)	118mg	9%
Phosphorus (as potassium phosphate 280mg,calcium phosphate)	130mg	10%
Magnesium (as magnesium glycinate 200mg)	26mg	6%
Zinc (as zinc citrate)	15mg	136%
Selenium (as selenomethionine 5mg)	20mcg	36%
Copper (as copper gluconate 2mg)	195mcg	22%
Manganese (as manganese amino acid chelate 4mg)	400mcg	17%
Chromium (as chromium picolinate)	25mcg	71%
Sodium	45mg	2%
Potassium	300mg	6%

	Amount per Serving	
Alkaline, Nutrient-Dense Raw Superfood Complex	7388mg	†

Organic spirulina, lecithin (65% phosphatides), organic apple powder, inulin (FOS prebiotics), organic wheat grass juice powder (leaf), organic alfalfa powder (leaf), organic chlorella powder, organic barley (Hordeum vulgare) leaf powder, acerola fruit juice powder extract (4:1), broccoli flower powder, papaya (Carica papaya) fruit powder, pineapple fruit concentrate (9:1), bilberry fruit extract (100:1), beet root powder, rose hip (Rosa canina) fruit powder (4:1), carrot root powder, spinach leaf powder, cocoa bean polyphenol extract, grape seed extract (120:1) (std. 95% OPC), green tea (Camellia sinensis) extract (leaf) (10:1), licorice root powder, lycium berry fruit extract (4:1), ginger rhizome powder, slippery elm (Ulmus rubra) bark powder, kelp whole plant powder.

Nutrient Dense Extracts, Herbs & Antioxidant	2732mg	†

Alkaline pea protein isolate, citrus bioflavonoids extract, artichoke leaf extract (15:1), citric acid (anhydrous), rhodiola (Rhodiola rosea) root dry extract (15:1), eleuthero (Eleutherococcus senticosus) root extract (10:1), rosemary leaf extract (4:1), milk thistle seed extract (70:1), R,S alpha-lipoic acid, ashwagandha (Withania somnifera) root extract (5:1), dandelion whole plant dry concentrate (4:1), hawthorn berry extract (10:1), beta glucans, policosanol, coenzyme Q10 (ubidecarenone), stevia (Stevia rebaundiana) leaf powder, Vitamin K2 (as menaquinone-7).

Digestive Enzyme & Super Mushroom Complex	154mg	†

Astragalus (Astragalus membranaceus) root powder extract (4:1), bromelain (dietary enzyme), burdock root powder (4:1), reishi mushroom powder, shiitake mushroom powder.

Dairy Free Probiotics 7.2 billion CFU	54mg	†

Lactobacillus acidophilus – UALa-01, Bifidobacterium bifidum – UABb-10

** Percent Daily Value (DV) are based on a 2000 calorie diet.
† Daily Value not established.

Other Ingredients: Natural flavors

Contains: Soy.
This product contains a premium lecithin forphosphatidylcholine and phosphatidulinositol content. It is derived from SOY. This product has been tested and contains NO SOY trypsin inhibitor or other soy proteins.

Image: Detailed view of AG1 Greens Powder Supplement Facts.

4. Benefits

AG1 is formulated to provide comprehensive support for various aspects of health:

- **Gut Health & Digestion:** Supports digestive regularity and helps reduce bloating.
- **Energy:** Contributes to sustained energy levels throughout the day.
- **Immune Defense:** Strengthens the body's natural immune responses.
- **Stress & Mood Balance:** Contains adaptogens to help manage stress and support mood.
- **Brain & Nerve Function:** Provides nutrients essential for cognitive health.
- **Healthy Aging:** Supports overall cellular health and longevity.
- **Nutrient Replenishment:** Fills common nutrient gaps in the diet.



Image: Infographic detailing benefits of AG1 for gut health, energy, stress, and immunity.

5. Specifications

Feature	Detail
Brand	AG1
Item Form	Powder
Age Range Description	Adult
Unit Count	12.6986 Ounce (30 servings)
Package Dimensions	8.23 x 6.54 x 1.77 inches
Weight	14.46 ounces

ASIN	B0DM713QYV
UPC	850041703251
Manufacturer Part Number	UT-1LO3-ZCIJ-FBA

6. Important Safety Information

WARNING: Consuming this product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

This product contains a premium lecithin for phosphatidyl serine and phosphatidyl choline content, which is derived from soy. This product has been tested and contains no soy trypsin inhibitor or other soy proteins.

For adults only. Use only as directed. Please consult with a healthcare professional before use if you are pregnant or nursing, have a medical condition, are taking any medications, or have questions about whether this product is right for you.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

7. Media Gallery

Product Images



AG1 Greens Powder Refill Pouch, 30 servings.



AG1 Greens Powder Refill Pouch with a scoop.



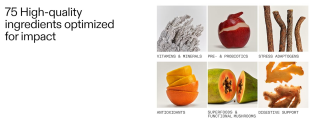
AG1 Pouch with NSF Certified for Sport logo.



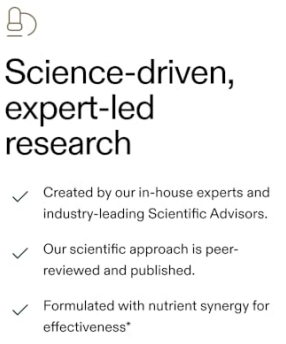
Person enjoying AG1 Greens Powder drink.



Person holding AG1 drink in a kitchen.



75 High-quality ingredients in AG1.



Science-driven, expert-led research.

Official Product Videos

Video: AG1 Customer testimonial. This video features a customer sharing their positive experience with AG1, highlighting its benefits.

Video: How to make AG1 taste AMAZING! This video provides tips and methods for enhancing the taste of AG1 greens powder.

8. Storage

Refrigerate after opening and use within 90 days. The pouch may contain a silica pack for freshness; do not consume the silica pack.

9. Troubleshooting

If you experience any digestive discomfort, ensure you are mixing the powder thoroughly with the recommended amount of cold water. If symptoms persist, consult a healthcare professional.
If your AG1 scoop (1 heaping tbsp) is missing or lost, visitDrinkAG1.com/members or reach out to the Customer Happiness team for a replacement.

10. Warranty and Support

For specific warranty information or further support, please refer to the official AG1 website or contact their customer service directly. Contact details can typically be found on the product packaging or the official brand website.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question