

HOKA 8

HOKA Bondi 8 Women's Shoes - Instruction Manual

Model: Bondi 8 | Color: Black/White | Size: 6.5

1. PRODUCT OVERVIEW

The HOKA Bondi 8 is a highly cushioned road running shoe designed for maximum comfort and support. It features a balanced, soft ride, making it ideal for everyday runs, long walks, and extended periods of standing. The shoe's design prioritizes cushioning and a smooth transition from heel strike to toe-off.

Key Features:

- **Enhanced Cushioning:** Features a new, softer, and lighter foam for a plush underfoot experience.
- **Extended Heel Geometry:** Provides a smoother ride and improved stability.
- **Breathable Mesh Upper:** Ensures optimal airflow and comfort.
- **Durable Rubber Outsole:** Offers reliable traction and longevity.
- **Wide Base:** Contributes to enhanced stability and a secure footing.

2. SETUP AND FIRST USE

The HOKA Bondi 8 shoes are ready for use right out of the box. Follow these steps for optimal comfort and fit:

1. **Unboxing:** Remove the shoes from their packaging.
2. **Lacing:** Ensure laces are evenly tightened across the foot. Avoid overtightening, which can restrict circulation, or leaving them too loose, which can cause instability.
3. **Initial Wear:** Wear the shoes for short periods initially to allow them to conform to your foot shape.
4. **Sock Choice:** Pair with appropriate athletic socks for moisture-wicking and blister prevention.

3. OPERATING GUIDELINES

The HOKA Bondi 8 is designed for various activities requiring comfort and support. While primarily a road running shoe, its cushioning makes it versatile.

Recommended Use:

- **Daily Running:** Provides ample cushioning for regular road runs.
- **Walking:** Excellent for long walks, casual wear, and standing for extended periods.
- **Light Hiking:** Suitable for basic, dry trails due to good grip and stability. Not recommended for wet or technical

terrain.

- **Gym Workouts:** Can be used for general gym activities that do not require specialized footwear.

Important Considerations:

- Avoid using in excessively muddy or wet conditions to preserve shoe integrity and traction.
- While supportive, these shoes are not designed for highly technical trail running or extreme sports.

4. MAINTENANCE AND CARE

Proper care extends the life and performance of your HOKA Bondi 8 shoes.

- **Cleaning:** Clean regularly with a soft brush or cloth and mild soap. Avoid harsh chemicals or machine washing, which can damage materials.
- **Drying:** Air dry at room temperature. Do not use direct heat sources like radiators or dryers, as this can warp materials.
- **Storage:** Store in a cool, dry place away from direct sunlight.
- **Rotation:** If you run frequently, consider rotating with another pair of shoes to allow the cushioning to fully recover between uses.

5. TROUBLESHOOTING

If you encounter any issues with your HOKA Bondi 8 shoes, consider the following:

Problem	Possible Cause	Solution
Discomfort/Pain	Incorrect sizing, improper lacing, or insufficient break-in period.	Ensure correct size and lacing. Allow more time for break-in. Consult a specialist if pain persists.
Reduced Cushioning	Normal wear and tear, or excessive use without recovery.	Consider shoe rotation or replacement if cushioning is significantly degraded.
Slipping/Poor Grip	Worn outsole, or use in wet/slippery conditions not suited for the shoe.	Inspect outsole for wear. Avoid unsuitable conditions.

6. SPECIFICATIONS

- **Brand:** HOKA
- **Model:** Bondi 8
- **Department:** Womens
- **Material:** Mesh, Rubber (Synthetic-and-rubber fabric type)
- **Sole Material:** Synthetic Rubber
- **Closure Type:** Lace-Up
- **Package Dimensions:** 14 x 9 x 5 inches
- **Item Weight:** 3 Pounds
- **First Available:** May 28, 2024
- **Manufacturer:** Deckers Outdoor Corporation

Size Guide (US Women Shoes):

Brand Size	UK Size	EU Size	JP Size	Heel to toe (in)	Foot Width (in)
5	3.5	36	22	8.7	3.4
5.5	4	36.7	22.5	8.8	3.5
6	4.5	37.3	23	9	3.5
6.5	5	38	23.5	9.2	3.5
7	5.5	38.7	24	9.3	3.6
7.5	6	39.3	24.5	9.5	3.6
8	6.5	40	25	9.6	3.7
8.5	7	40.7	25.5	9.8	3.7
9	7.5	41.3	26	10	3.7
9.5	8	42	26.5	10.2	3.8
10	8.5	42.7	27	10.3	3.8
10.5	9	43.3	27.5	10.5	3.9
11	9.5	44	28	10.7	3.9
11.5	10	44.7	28.5	10.8	3.9
12	10.5	45.3	29	11	4

7. Product Visuals



Top-down view of the HOKA Bondi 8 in Black/White, highlighting the prominent HOKA branding on the side and the cushioned sole design.



Side profile of the HOKA Bondi 8, showcasing the layered sole for cushioning and the sleek black mesh upper.



A detailed close-up of the HOKA logo on the side of the Bondi 8, emphasizing the texture of the mesh upper.



Rear view of the HOKA Bondi 8, illustrating the extended heel geometry and wide base for enhanced stability.

Official Product Videos:

No official seller videos are available for this product at this time.

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the official HOKA website or contact their customer service directly. Details regarding product defects, returns, and exchanges can be found through these channels.

Manufacturer: Deckers Outdoor Corporation

For further assistance, please visit [HOKA Official Website](#).