

FLEXISPOT MT137

FLEXISPOT 36-inch Standing Desk Converter (Model MT137) Instruction Manual

Height Adjustable Sit-to-Stand Workstation for Dual Monitors and Laptops

[Introduction](#)

[Safety Information](#)

[Setup](#)

[Operation](#)

[Maintenance](#)

[Troubleshooting](#)

[Warranty &](#)

[Support](#)

[Specifications](#)

1. INTRODUCTION

This manual provides instructions for the assembly, operation, and maintenance of your FLEXISPOT 36-inch Standing Desk Converter, Model MT137. This height-adjustable workstation is designed to facilitate seamless transitions between sitting and standing positions, promoting a more dynamic and ergonomic work environment. It accommodates dual monitors and laptops, featuring a wide keyboard tray for enhanced comfort and productivity.

2. SAFETY INFORMATION

Important Safety Instructions:

- Always secure the desk converter to your existing desk to prevent tipping.
- Read and follow all assembly instructions carefully to ensure safe and proper use.
- Do not place your hands near the strut during adjustments. The angle of the strut joints will change during the adjustment of the desktop height and may cause injury.
- Ensure the desk converter is placed on a stable, level surface.
- Do not overload the desk converter. Refer to the specifications section for maximum weight capacities.
- Keep children and pets away from the desk converter during operation.

3. SETUP

The FLEXISPOT Standing Desk Converter is designed for quick and straightforward assembly. Most of the

unit comes pre-assembled.

3.1 Package Contents

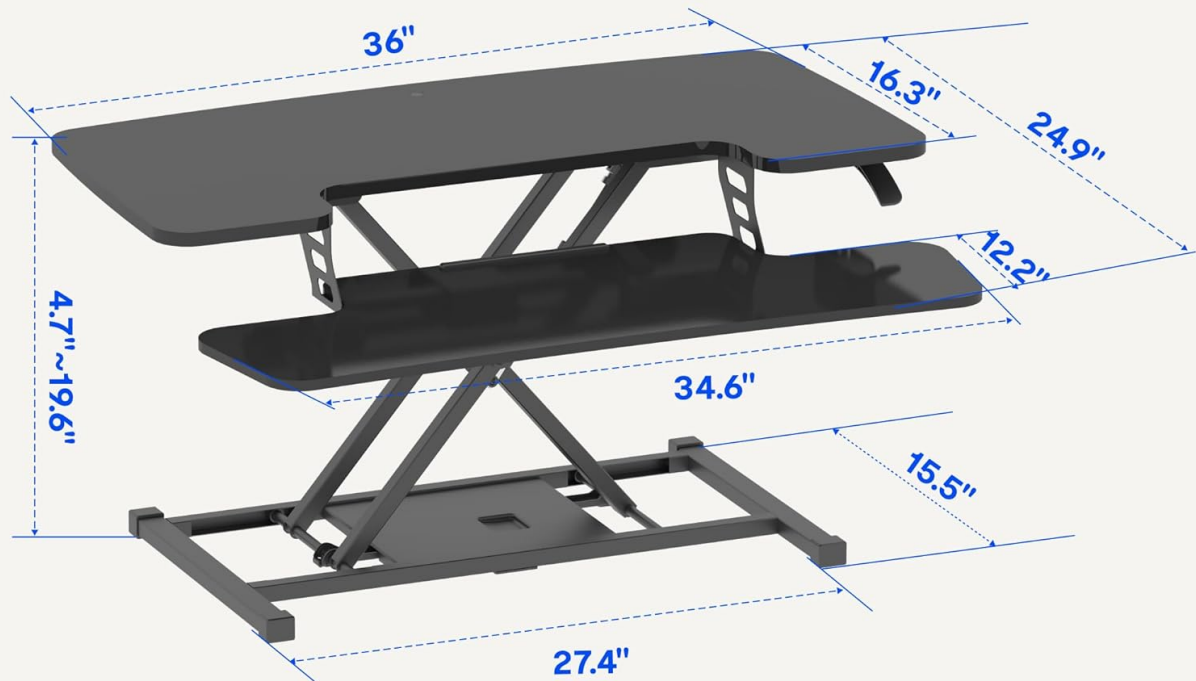
Verify that all components are present before beginning assembly:

- Main Desk Converter Unit
- Keyboard Tray
- Mounting Hardware for Keyboard Tray
- Instruction Manual

3.2 Assembly Steps

1. **Unpack the Unit:** Carefully remove all components from the packaging. Place the main desk converter unit on your existing desk in the desired position.
2. **Attach the Keyboard Tray:** Align the keyboard tray with the designated attachment points on the main unit. Secure the tray using the provided mounting hardware (screws, brackets). Ensure it is firmly attached.
3. **Cable Management:** Utilize the integrated cable management clips (if included) to organize any power or display cables, preventing clutter and ensuring smooth operation during height adjustments.
4. **Place Devices:** Position your monitor(s) or laptop on the upper desktop surface. Place your keyboard and mouse on the attached keyboard tray.

DIMENSIONS



Desktop Load
33LBS



Keyboard Tray Load
6.6LBS

Figure 1: Fully assembled FLEXISPOT Standing Desk Converter with dual monitors and a laptop.



Figure 2: Illustration of attaching the keyboard tray to the main unit.

3.3 Assembly Video

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Video 1: Overview of the FLEXISPOT 36 inch Standing Desk Converter, demonstrating its features and assembly process.

4. OPERATING INSTRUCTIONS

The FLEXISPOT Standing Desk Converter features a gas spring system for smooth and effortless height adjustments.

4.1 Adjusting Height

1. **To Raise:** Locate the adjustment lever, typically on the side of the upper desktop. Squeeze the lever and gently lift the desktop to your desired standing height. Release the lever to lock the desk in place.
2. **To Lower:** Squeeze the adjustment lever and apply gentle downward pressure on the desktop. Guide the desktop down to your preferred sitting height. Release the lever to lock the desk in place.

SPACIOUS TWO-TIER DESIGN

Offers large workspace with ergonomic upper tier and low tier



Figure 3: Close-up of the height adjustment lever and gas spring mechanism.



Figure 4: Visual representation of the desk converter's adjustable height range (4.7 to 16.6 inches).

4.2 Dual-Tier Design

The converter features a two-tier design:

- **Upper Desktop:** Designed to hold monitors or a laptop, keeping your screen at an ergonomic eye level.
- **Lower Keyboard Tray:** Provides space for your keyboard and mouse, allowing your wrists to remain in a neutral position. The U-shaped design of the upper deck also allows for a laptop to be placed directly on the keyboard tray if preferred.



Figure 5: The dual-tier design providing ample space for monitors, laptop, keyboard, and mouse.

5. MAINTENANCE

To ensure the longevity and optimal performance of your FLEXISPOT Standing Desk Converter, follow these maintenance guidelines:

- **Cleaning:** Wipe surfaces with a soft, damp cloth. Avoid abrasive cleaners or solvents that may damage the finish.
- **Inspection:** Periodically check all screws and connections to ensure they are tight. Re-tighten if necessary.
- **Movement:** Ensure the gas spring mechanism operates smoothly. If you notice any stiffness or unusual sounds, contact customer support. Do not attempt to lubricate or repair the gas spring yourself.
- **Weight Distribution:** Always distribute weight evenly across the desktop and keyboard tray to prevent strain on the mechanism.

6. TROUBLESHOOTING

If you encounter any issues with your desk converter, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Desk does not adjust smoothly.	Uneven weight distribution or mechanism obstruction.	Redistribute items evenly. Check for any obstructions around the X-frame.
Desk feels wobbly.	Loose connections or uneven surface.	Ensure all screws are tightened. Place the converter on a flat, stable desk.
Keyboard tray is not secure.	Improper attachment during assembly.	Re-check the keyboard tray mounting hardware and ensure it is correctly installed and tightened.

If the problem persists, please contact FLEXISPOT customer support for further assistance.

7. SPECIFICATIONS

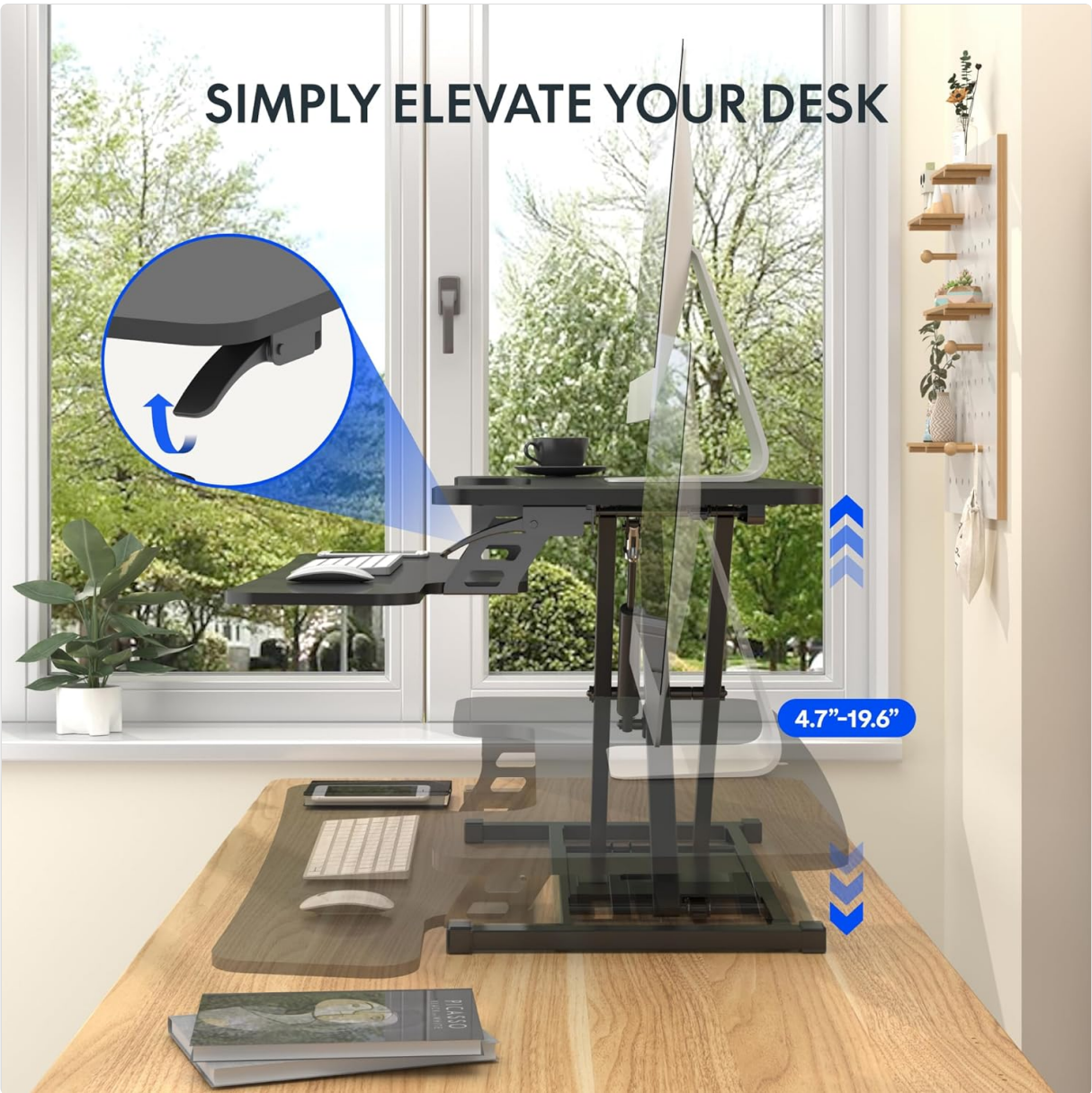


Figure 6: Detailed dimensions and weight capacities of the FLEXISPOT Standing Desk Converter.

Feature	Detail
Brand	FLEXISPOT

Feature	Detail
Model Number	MT137 (MB)
Product Dimensions (D x W x H)	24"D x 35"W x 19.7"H
Color	Black
Style	Modern
Base Material	Metal
Top Material Type	Wood
Item Weight	25.5 Pounds
Minimum Height	4.7 Inches
Maximum Height	19.6 Inches
Upper Desktop Load Capacity	Up to 33 Pounds
Keyboard Tray Load Capacity	Up to 6.6 Pounds
Special Features	Adjustable Height, Ergonomic, Keyboard Tray Included

8. WARRANTY & SUPPORT

8.1 Warranty Information

This FLEXISPOT product comes with a Full Warranty. For specific details regarding the warranty period and coverage, please refer to the warranty card included with your product or visit the official FLEXISPOT website.


8.2 Customer Support






For technical assistance, troubleshooting, or inquiries regarding your product, please contact FLEXISPOT customer support. Contact information can be found on the official FLEXISPOT website or on your product packaging.

Online Resources:

- Visit the official [FLEXISPOT Store](#) for product information and support.

Related Documents - MT137

	<p>FlexiSpot M1B/M1W Sit-Stand Desk Converter Installation Guide</p> <p>Step-by-step installation guide for the FlexiSpot M1B/M1W sit-stand desk converter, including specifications, parts list, safety warnings, and assembly instructions.</p>
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 <p>FLEXISPOT M7L-US Computer Riser</p>	<p>FlexiSpot M7L-US Computer Riser Installation Guide and Warranty</p> <p>Official installation guide and limited warranty information for the FlexiSpot M7L-US Sit-Stand Desktop Workstation. Learn how to assemble, use, and understand the warranty terms for your FlexiSpot computer riser.</p>
 <p>FLEXISPOT EM7L Motorized Computer Riser</p>	<p>FlexiSpot EM7L Motorized Computer Riser Installation Guide</p> <p>Comprehensive installation guide for the FlexiSpot EM7L Motorized Computer Riser. Features include specifications, parts list, step-by-step assembly instructions, troubleshooting tips, and limited warranty information.</p>
 <p>FLEXISPOT ML2B/ML2W Computer Riser</p>	<p>FlexiSpot ML2B/ML2W Computer Riser Installation Guide and Warranty</p> <p>Comprehensive installation guide and limited warranty details for the FlexiSpot ML2B/ML2W Computer Riser. This sit-stand desktop workstation guide covers specifications, parts, assembly steps, usage instructions, and warranty coverage from FlexiSpot.</p>
 <p>FLEXISPOT M3B/M3W Computer Riser</p>	<p>FlexiSpot M3B/M3W Computer Riser Installation Guide and Warranty Information</p> <p>Comprehensive installation guide and warranty details for the FlexiSpot M3B/M3W Computer Riser and Sit-Stand Desktop Workstation. Learn how to assemble, use, and understand the product's coverage.</p>
 <p>FLEXISPOT M2 Series Computer Riser</p>	<p>FlexiSpot M2 Series Computer Riser Installation Guide and Limited Warranty</p> <p>Installation guide and limited warranty information for the FlexiSpot M2 Series Computer Riser (models M2B, M2W, M2RW, M2MG), including specifications, parts, assembly steps, safety warnings, and warranty details.</p>